



Policy, Evidence and Knowledge in Coaching

About PEAK

PEAK is a new, international project that will develop coaching policy recommendations for use by sport federations, coaching bodies and governments. It is bringing together a unique consortium of expert partner organisations that will offer, for the first time, a comprehensive picture of coaching roles, responsibilities, and status, as well as policies, programmes and decision-making processes across Europe, and beyond. It will focus on:

1. Coaching systems at organisational and national levels (education, licensing, recruitment, ethics, representation, working conditions, quality assurance);
2. Voluntarism in coaching;
3. Opportunities for women in coaching; and
4. The regulation of coaching.



PEAK - The Future of Coaching

The primary objective of PEAK is »to promote and support good governance in sport« by preparing a set of coaching policy recommendations led by six guiding questions that underpin this objective, and give shape and focus to the project:

1. What roles, responsibilities, and status does coaching currently hold in the overall sport strategies of national governments within the European Union?
2. What policies, programmes and decision-making processes currently exist in European countries to develop and enhance coaching systems, regulate coaching to improve its quality, and ensure the safety of all participants in sport, especially children?
3. Do European and National Sport Federations have policies and programmes in place, which aim to regulate or stimulate coaching development?
4. What are the best practices currently available for the inclusion of coaching development in an organisation's strategic plan based on which criteria?
5. What evidence-based strategies and practices are available to increase opportunities for women in coaching?
6. What evidence-based strategies and practices are needed to enhance the effectiveness of good governance measures, such as transparent, democratic and inclusive decision-making processes in the practice of sport coaching?

Who we are

The PEAK partnership is made up of a group of national and international organizations committed to promoting and supporting good practice and governance in sport:

- European Elite Athletes Association
- Finnish Olympic Committee
- Foundation of Sport Education and Information, Estonia
- German Sport University Cologne
- International Council for Coaching Excellence
- International Council of Sport Science and Physical Education
- Sport Ireland Coaching
- Swiss Federal Institute of Sport

Contact Us

If you are interested in PEAK and want to find out more, please contact the coordinating organization, the International Council of Sport Science and Physical Education, at:



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