



Sport 2019

Not-for-profit European sport events,
Small Collaborative partnerships and
Collaborative partnerships in the sport field

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United Kingdom	VANGUARD	Virtual advice, nurture and guidance in undergraduate research and development. [VANGUARD]	551
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Encourage participation in sport and physical activity especially by supporting the European Week of Sport

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Promote education in and through sport with special focus on skills development, as well support the implementation of the EU Guidelines

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		613048-EPP-1-2019-1-RS-SPO-SSCP	
Slovenia	N/A	Quality Badminton	479
		613477-EPP-1-2019-1-SI-SPO-SSCP	
Spain	INDOORS	INnovative and Dynamic Organizations Open to the Right Sport	499
		613652-EPP-1-2019-1-ES-SPO-SSCP	

Austria

Reference: 613526-EPP-1-2019-1-AT-SPO-SCP

Project Title: Athletes as Entrepreneurs

Project Acronym: ATLAS

Eligible Budget (€)	Grant Amount (€)	Co-financing
389,892.00	389,892.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **FH JOANNEUM
GESELLSCHAFT MBH**
ALTE POSTSTRASSE 149
AT 8020 GRAZ



Participants			
CON	FH JOANNEUM GESELLSCHAFT MBH	GRAZ	Austria
PAR	AARHUS UNIVERSITET	Aarhus	Denmark
PAR	EDINBURGH NAPIER UNIVERSITY	EDINBURGH	United Kingdom
PAR	OLIMPIJSKI KOMITE SLOVENIJE ZDRUZENJE SPORTNIH ZVEZ	LJUBLJANA	Slovenia
PAR	STICHTING HOGESCHOOL VAN AMSTERDAM	Amsterdam	Netherlands
PAR	UNIVERSITA DEGLI STUDI DI TORINO	TORINO	Italy
PAR	WORLD UNIVERSITY SERVICE-OSTERREICHISCHES KOMITEE VEREIN	GRAZ	Austria

Number of members of sport organisations involved: 400

Athletes as Entrepreneurs

The skills cultivated on any playing field serve Athletes professionally, beyond competitive sports. Thus they have high potential as Entrepreneurs, maybe higher than others. But such potential does not make an Entrepreneur yet. Under the slogan "Found-E successfully" we support Athletes in their development plan.

ATLAS project aims to develop a start-up training for elite athletes.

We plan to develop a hands-on training programme for the Athletes who are planning to start their own business. Additionally, we would like to provide them the most current learning content in the field of Entrepreneurship adapted for the needs of Athletes with some very interesting benefits for our special target group.

The overall project objectives are:

To develop athletes' entrepreneurial competences

- To strengthen athletes' knowledge about starting and running a business
- To foster entrepreneurial spirit among European athletes and sport governing bodies
- To connect the spheres of higher education and sport to foster dual career paths for athletes
- To increase the number of well-prepared company creations and reduce enterprise death rates

Specific objectives are:

- Identification of competences and knowledge gaps regarding entrepreneurship and starting a business.
- Development/improvement of athletes' competence profiles in the area of entrepreneurship according to the European Qualifications Framework
- Strengthening of knowledge on starting a business by the tailor-made training programme, a mentoring programme and the STARTER guide book.
- Setting up of a sustainable business model for future provision of entrepreneurship trainings after the project end and establishing a framework to embed the developed trainings in the dual career systems of European countries

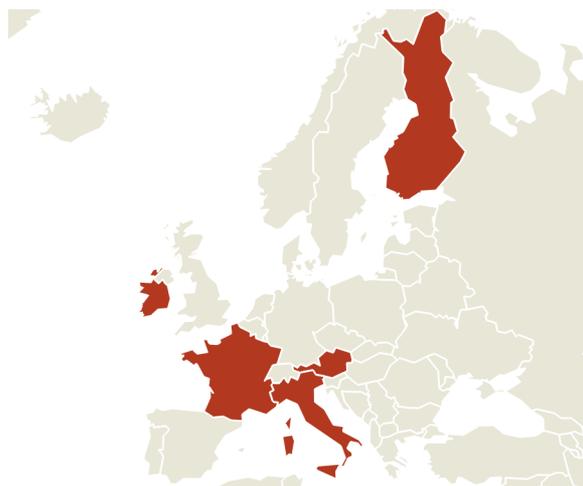
Austria

Reference: 613032-EPP-1-2019-1-AT-SPO-SSCP

Project Title: European Ultimate Gender Equity Manual - a program targeting the development of gender equity tools to help encourage more female coaches and leaders in

Project Acronym: Europe
EU-GEM

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,405.00	58,405.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: EUROPAISCHER ULTIMATE
SPORT VERBAND

Veltlinerstr. 1/13

AT 2353 Guntramsdorf

www.ultimatefederation.eu

Participants			
CON	EUROPAISCHER ULTIMATE SPORT VERBAND	Guntramsdorf	Austria
PA-ASC	CENTRO UNIVERSITARIO SPORTIVO BOLOGNA ASD	BOLOGNA	Italy
PA-ASC	Fédération Française de Flying Disc	POISSY	France
PA-ASC	IRISH FLYING DISC ASSOCIATION	DUBLIN	Ireland
PA-ASC	Suomen Liitokiekkoliitto ry	Helsinki	Finland

Number of members of sport organisations involved: 5,620

European Ultimate Gender Equity Manual - a program targeting the development of gender equity tools to help encourage more female coaches and leaders in Europe

Ultimate is a unique, fast-paced sport that can be played by female and male athletes in a mixed format, where all competitors have the same rules, and compete together on the same field. The first rule of Ultimate is “Spirit of the Game”, whereby athletes are reminded to show mutual respect for one another. Ultimate is a self-officiated, non-contact sport, with no referees. With its mixed-gender format, Ultimate is being considered for the Olympics.

The European Ultimate Federation (EUF) conducted a survey with national federations in 2019, and found that a gender equity gap in coaching is impacting female participation in the sport. Despite the progressive nature of Ultimate, there are currently no guidelines for coaches on how best to assess the gender equity health of a club, or how to best recruit, train and retain female athletes. There is a need for a European Ultimate Gender Equity Manual (EU-GEM), containing best practices and tools for coaches to ensure that there are equal opportunities for women to be included in the sport.

European Ultimate is primarily organised and run by volunteers, and without this Erasmus+ project, it would not be possible to build such an innovative manual. A team of partners has been selected, who each have promoted gender equity at the national or club level. The EU-GEM will be researched, developed, tested and disseminated by the project team who will form a new European gender equity committee that will be a legacy of the project. A dedicated gender equity portal will also be created where this manual and other information regarding gender equity best practices can be shared with European Ultimate players.

The expected impact of the EU-GEM is more effective coaching practices that will lead to greater female participation in European Ultimate. This project will also send a signal to national federations that gender equity does not stop on the field, but must also be reflected on national governing boards.

Austria

Reference: 613470-EPP-1-2019-1-AT-SPO-SSCP

Project Title: **Let the girls play! Breaking down barriers for girls through capacity building among grassroots football clubs**

Project Acronym: GIRLZ

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,000.00	60,000.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **FONDS WIENER INSTITUT FUR INTERNATIONALEN DIALOG UND ZUSAMMENARBEIT**
MOLLWALDPLATZ 5-3
AT 1040 WIEN



Participants			
CON	FONDS WIENER INSTITUT FUR INTERNATIONALEN DIALOG UND ZUSAMMENARBEIT	WIEN	Austria
PA-ASC	FC Torpedo 03	Wien	Austria
PA-ASC	Prague Raptors Football Club, z. s.	Prague	Czech Republic
PA-ASC	Roter Stern Leipzig '99 e.V.	Leipzig	Germany
PA-ASC	STOWARZYSZENIE NA RZECZ DEMOKRACII W SPORCIE	WARSZAWA	Poland

Number of members of sport organisations involved: 2,500

Let the girls play! Breaking down barriers for girls through capacity building among grassroots football clubs

Grassroots football is playing a key role in the decision of kids and young adults whether to participate in sport or not. Most local clubs do not welcome girls to their sport activities explicitly, they do lack specific offers and are dominated by men and masculine norms. Even clubs who are willing to set up girls football teams are lacking know-how and capacity how to reach girls. This is why the participation of girls, and in particular girls with minority and migrant background, is very low. This exclusion leads to problems like marginalisation of girls, prejudices, low self-esteem, the feeling of not being welcome and health problems.

Against this background the overall objective of GIRLZ is to encourage social inclusion and equal opportunities for girls in sport through capacity building and networking of local football clubs, through exchange and mutual learning and through facilitating easily accessible local girl's football events. As sustainable outputs, a handbook to share good practice will be produced and the European GIRLZ Football Network will be initiated. The project aims at increasing the level of sports participation of girls (aged 5-14) by opening local grassroots football clubs for girls. The project is targeting in particular girls facing multiple forms of discrimination, with a focus on girls with a minority and migrant background. This very group is confronted not only with gender inequality but also with racism, xenophobia or anti-Semitism. These girls are amongst the most excluded and marginalised groups in European sport.

The projects objective will be reached in three steps:

Phase 1: Identifying and understanding barriers – Assessment of the status quo;

Phase 2: Bringing girls and clubs together – Developing strategies to overcome barriers;

Phase 3: Sharing good practice – Securing knowledge (Handbook) and initiating the GIRLZ Football Network.

Austria

Reference: 613485-EPP-1-2019-1-AT-SPO-SSCP

Project Title: Hike together

Project Acronym: HIT

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,840.00	59,840.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ZENTRUM FUR INNOVATIVE
BILDUNG

Parkring 12

AT 1010 Wien



Participants			
CON	ZENTRUM FUR INNOVATIVE BILDUNG	Wien	Austria
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	INIZIATIVA DEMOCRATICA	Ancona	Italy
PA-ASC	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

Number of members of sport organisations involved: 80

Hike together

Project “Hike together” contributes to raising awareness of the importance of health benefits of physical activity through walking in nature – as a natural exercise through increased participation in hiking and trekking. Project “Hike together” is more focused on young people from disadvantage background, to promote hiking and walking in the nature is a basic to many sporting activities, wellbeing and fitness.

Austria

Reference: 613223-EPP-1-2019-1-AT-SPO-SSCP

Project Title: YOUAca 2.0: Youth Academy of Grassroots Sport

Project Acronym: YOUAca2

Eligible Budget (€)	Grant Amount (€)	Co-financing
67,050.00	60,000.00	89.49 %



Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: DER CONFEDERATION
SPORTIVE INTERNATIONALE
DU TRAVAIL
STEINERGASSE 12
AT 1230 WIEN

Participants			
CON	DER CONFEDERATION SPORTIVE INTERNATIONALE DU TRAVAIL	WIEN	Austria
PA-ASC	ASSOCIAZIONE ITALIANA CULTURA SPORT	ROMA	Italy
PA-ASC	MITTETULUNDUSUHING EESTI SPORDISELTS KALEV	TALLINN	Estonia
PA-ASC	Suomen Työväen Urheiluliitto TUL ry	Helsinki	Finland
PA-ASC	UDRUGA AKADEMIJA ZDRAVOG ZIVLJENJA	PULA	Croatia
PA-ASC	UNIO DE CONSELLS ESPORTIUS DE CATALUNYA	BARCELONA	Spain

Number of members of sport organisations involved: 500

YOUAca 2.0: Youth Academy of Grassroots Sport

Starting from the first experience of the Eu funded small collaborative partnership project YOUAca, the project YOUAca 2.0, with a partnership of 6 National sports organizations, coordinated by an International Sports Confederation, from 6 Eu Countries (Austria, Italy, Spain, Finland, Estonia and Croatia) aims at delivering the first edition of Youth Academy of Grassroots Sport, preparing a new generation of young leaders in grassroots sport at national and international level. This objective will be pursued implementing the Academy in order to develop skills of youngsters and young adults in grassroots sports management by the delivering of the training modules developed during the first edition of the project. The Academy will be implemented during 2 transnational meetings and an internship, engaging globally 50 youngsters and young adults and 27 experienced senior sports leaders. The key strategies of the entire project are the “learning by doing” approach and the intergenerational dialogue method. Moreover, in order to enhance the skills developed, YOUAca 2.0 has an innovative aspect: the establishment of a team of peer trainers composed of the best young leaders evaluated at the end of the first edition, so to promote the transition from users to managers in their sport organizations. In this edition a platform will be designed and tested becoming the main tool aimed at promoting connections and ideas between the sport organization’s members (youngsters and adults) both at national and international level.

The dissemination strategy will be implemented through these activities and tools: 2 transnational meetings, 2 interactive conferences, 1 final conference, the project’s guidelines, a web platform, a promotional video. All the project’s outputs will be promoted during the main events organized by the partner organizations at national and international level and they will be part of the YOUAca toolkit aimed at engaging other sport organizations.

Belgium

Reference: 613385-EPP-1-2019-1-BE-SPO-SCP

Project Title: Evidence-based Prevention Of Sporting-related Match-fixing

Project Acronym: EPOSM

Eligible Budget (€)	Grant Amount (€)	Co-financing
398,090.00	398,090.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **UNIVERSITEIT GENT**
SINT PIETERSNIEUWSTRAAT 25
BE 9000 GENT
<http://www.ugent.be>



Participants

CON	UNIVERSITEIT GENT	GENT	Belgium
PAR	HRVATSKI OLIMPIJSKI ODBOR	ZAGREB	Croatia
PAR	INSTITUT DE RELATIONS INTERNATIONALES ET STRATEGIQUES IRIS ASSOCIATION	PARIS 11	France
PAR	INTERNATIONAAL CENTRUM ETHIEK IN DESPORT VZW	SINT AMANDSBERG GENT	Belgium
PAR	LOUGHBOROUGH UNIVERSITY	LOUGHBOROUGH	United Kingdom
PAR	PANATHLON INTERNATIONAL	Rapallo	Italy
PAR	STICHTING CSCF - FOUNDATION FOR SPORT INTEGRITY	ZOETERMEER	Netherlands
PAR	UNIVERSITE DE LAUSANNE	LAUSANNE	Switzerland
PAR	UNIVERSITEIT UTRECHT	UTRECHT	Netherlands
PAR	VEREIN ZUR WAHRUNG DER INTEGRITAT IM SPORT (VWIS)	WIEN	Austria

Number of members of sport organisations involved: 3,500

Evidence-based Prevention Of Sporting-related Match-fixing

The first aim of this project is to examine the prevalence of sporting-related match-fixing in seven different countries, in multiple sports disciplines. The second aim is to share and transfer the knowledge on sporting-related match-fixing, gathered throughout the project. The third aim of the project is to raise awareness and stimulate the moral judgment on sporting-related match-fixing.

The project consists of three parts.

First, during the academic part a questionnaire on sporting-related match-fixing will be conducted in seven different countries. In each country, three sports disciplines will be examined. In sum, the academic part will reach around 2700 questionnaire respondents.

Second, the knowledge gathered throughout the academic part will be shared and taught throughout the training part. During the training part, three action plans will be elaborated in each country, each for one of the examined sports disciplines. In a second phase, three workshops will be organised in each country, each focusing on one of the examined sports disciplines in the respective country. During the training part, around 630 stakeholders will participate in the training workshops.

Third, the results of the EPOSM project will be disseminated during the dissemination part of the project, consisting of:

- During the yearly conference of the European Association for Sport Management (EASM) in Innsbruck, Austria (September 2021), an academic workshop on the EPOSM project will be held.
- Multiple scientific journal articles
- One multiplier event
- One book with the results of the project
- Online dissemination of the results of the project

Belgium

Reference: 613564-EPP-1-2019-1-BE-SPO-SSCP

Project Title: **STILL BALLIN': A European youth basketball network using sport as a metaphor of life**

Project Acronym: EUSBAL

Eligible Budget (€)	Grant Amount (€)	Co-financing
75,300.00	60,000.00	79.68 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **EVOLUTION ACADEMY**
SQUARE EDMOND MACHTENS 17
BE 1080 BRUXELLES
<http://www.evolutionacademy.be>



Participants

CON	EVOLUTION ACADEMY	BRUXELLES	Belgium
PA-ASC	ASZ-USD JADRAN	Trieste	Italy
PA-ASC	Federazione Italiana Pallacanestro FVG	Trieste	Italy
PA-ASC	KK Sezana	Sezana	Slovenia
PA-ASC	Stichting He-RO.TD	hilversum	Netherlands

Number of members of sport organisations involved: 49

STILL BALLIN': A European youth basketball network using sport as a metaphor of life

STILL BALLIN' is a European Network of sport professionals who will bring a European dimension to local young basketball. It is made of 5 partners with complementary experience: 1 non-governmental organization working with undeserved young basketball athletes, 2 local sport clubs, 1 sport league representing minority teams from a cross-border area and 1 regional basketball federation. The short-term objectives of the network are to: a) give transversal skills to sport educators and young athletes, preparing them for adult life; b) upgrade local basketball to a European dimension; c) give young athletes a perspective on dual careers, helping them in professional achievement besides athletic careers. It will pursue them by: a) analyzing the needs of a European basketball network; b) setting up the network by involving partners and their collaborators in the following mentoring activities; c) developing a methodology and format for basketball mentoring; d) running several local and 3 international mentoring activities, hosting 6 kids under the age of 18 per partner and sport operators; e) disseminating and exploiting project results; f) assessing performance against objective indicators. 90% of those kids will turn professional, but not in basketball: our mentoring uses sport as a metaphor of life. It will feature international exposure, excellent sport training from world renowned coaches, games and workshops to learn transversal skills (e.g. leadership, project management, psychological strength), insights into the different professions available in sport and European mini tournaments. Target groups are young athletes and their families, local sport organizations, private sponsors, schools and public bodies involved in sport education. The network addresses them in its implementation and exploitation, and it plans to expand in other countries and sports after the project through sponsorships and public funding, thus consolidating this holistic approach to sport education at European level.

Belgium

Reference: 612921-EPP-1-2019-1-BE-SPO-SCP

Project Title: Forum For Anti-Doping in Recreational Sport +

Project Acronym: FAIR+

Eligible Budget (€)	Grant Amount (€)	Co-financing
391,180.00	391,180.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: EUROPEACTIVE
HOUSE OF SPORT KUNSTLAAN 43
7
BE 1040 BRUSSEL
<http://europeactive.eu/>



Participants			
CON	EUROPEACTIVE	BRUSSEL	Belgium
PAR	AARHUS UNIVERSITET	AARHUS C	Denmark
PAR	CYPRUS ANTI DOPING AUTHORITY	NICOSIA	Cyprus
PAR	DIE INTERNATIONALE VEREINIGUNG FUR SPORT FUR ALLE EV	FRANKFURT HOCHST	Germany
PAR	EUROPAISCHES INSTITUT FUR SOZIOKONOMIE EIS EV	Saarbrücken	Germany
PAR	STICHTING ANTI DOPING AUTORITEIT NEDERLAND	CAPELLE AAN DEN IJSSEL	Netherlands
PAR	STIFTELSEN ANTIDOPING NORGE	Oslo	Norway
PAR	UNIVERSITA DEGLI STUDI DI ROMA LA SAPIENZA	ROMA	Italy

Number of members of sport organisations involved: 20

Forum For Anti-Doping in Recreational Sport +

The European Commission recognises the importance of anti-doping actions in sport, although there is some lack of opportunity for cooperation across Institutions and stakeholders which risks doping use in recreational sport to be a continuing public health concern. The FAIR+ project builds on existing successes to deliver 3 key objectives:

1) Research and analyse the existing prevalence of doping in recreational sport through sample-based surveys and to investigate the societal and psychological motivations behind the use of doping. In recent times surveys have been done at the elite level and with general fitness users but there remains very little information about the use of doping in the broader recreational sport sector and reasons why.

2) The FAIR+ Guidelines will provide specific and evidence-led recommendations on how to set-up effective educational campaigns targeting recreational sport coaches, instructors and trainers with indications on how to evaluate and measure their efficacy. The revised Anti-Doping Code of Conduct is a call for accountability of the recreational sport sector against the use of doping, and underlies the decisive role of coaches. The findings of the 2 areas of research and the results of the review of current European educational programmes will be fully explored in the FAIR+ Report. Recommendations will also be made on how FAIR+ activities needs to be followed-up over time to assess their impact.

3) The existing successful annual FAIR Forums have already become one of the most relevant occasions for European experts, institutions, academics and sport stakeholders to come together and to debate discuss and agree on policy directions in the area of anti-doping. The FAIR+ Forum will be an enhanced version spread across 2 days, where experts will be invited to review the project findings and conclusions. Key note speakers and other Erasmus+ project activities in this area will be invited to present their activities for open discussion

Belgium

Reference: 613127-EPP-1-2019-1-BE-SPO-SCP

Project Title: Inter-Active Living for Mental Health

Project Acronym: In-ALMH

Eligible Budget (€)	Grant Amount (€)	Co-financing
398,675.00	398,675.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: EUROPEAN NETWORK OF ACTIVE LIVING FOR MENTAL HEALTH

65 Avenue Louise Str.

BE 1050 Brussels

www.enalmh.eu



Participants			
CON	EUROPEAN NETWORK OF ACTIVE LIVING FOR MENTAL HEALTH	Brussels	Belgium
PAR	ASSOCIAZIONE PER LA RICERCA SULLA SALUTE MENTALE E FISICA DELL'ANZIANO	Bologna	Italy
PAR	ELLINIKI ETAIRIA NOSOY ALZHEIMER KAI SYGGENON DIATARACHON SOMATEIO	THESSALONIKI	Greece
PAR	ETHNIKO KAI KAPODISTRIAKO PANEPISTIMIO ATHINON	ATHINA	Greece
PAR	FOKUS CR ZS	PRAHA	Czech Republic
PAR	GLOBAL ALLIANCE OF MENTAL ILLNESS ADVOCACY NETWORKS EUROPE AISBL	BRUXELLES	Belgium
PAR	INSTITUTO POLITECNICO DO PORTO	Porto	Portugal
PAR	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	COPENHAGEN V	Denmark
PAR	MENTAL HEALTH EUROPE - SANTE MENTALE EUROPE	Brussels	Belgium
PAR	MERSEYSIDE EXPANDING HORIZONS LIMITED	LIVERPOOL	United Kingdom
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	SPORT ET CITOYENNETE 3S	ANGERS	France

Number of members of sport organisations involved: 600

Inter-Active Living for Mental Health

Inter-Active Living Mental Health "InALMH Project"

Overall framework

Concrete policies and evidence based practices are a "conditio sine qua non" for the effective incorporation of the Active Living in the wider Mental Health context in terms of prevention, therapy, rehabilitation and anti-discrimination.

Into this direction the InALMH proposal addresses the priorities

- "Encourage participation in sport and physical activity, especially by supporting the implementation of the Council Recommendation on health-enhancing physical activity and being in line with the EU Physical Activity Guidelines;"
- "Encourage social inclusion and equal opportunities in sport."

Objectives

1. Drafting of Recommendations for specific EU Guidelines on the utilization of Sport / Physical Exercise for Mental Health.

3P ALMH aims at a contribution to improve, update and integrate the existing policy background.

2. Development of an Interactive European Platform for PE practices on Mental Health.

An integrated, sustainable and innovative IT platform aiming at the promotion of the existing practices and the development of new ones based on scientific documentation, self-creativity and interaction between Sport/PE + Mental Health institutions, professionals and services users.

An enlarged partnership has been built including 3 EU networks on MH, 1 EU Think Tank on Sport, 3 and more Universities and research groups, 3 Mental Health services providers and a famous Sport Club from BE, IT, FR, UK, GR, PT and CZ.

Within the project activities are listed: data collection of policies and practices, conduction of a Core Policy Document, a Digital Library, an innovative Practices' Generator IT Tool, an Online Forum, 8 Multipliers event and the final EU Conference.

Project duration: 18 months

Project Coordinator: European Network of Active Living for Mental Health – ENALMH www.enalmh.eu

Belgium

Reference: 612950-EPP-1-2019-1-BE-SPO-SCP

Project Title: National Fitness Day For Europe

Project Acronym: NFD_EU

Eligible Budget (€)	Grant Amount (€)	Co-financing
316,297.00	316,297.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: EUROPEACTIVE
 HOUSE OF SPORT KUNSTLAAN 43
 7
 BE 1040 BRUSSEL
<http://europeactive.eu/>



Participants			
CON	EUROPEACTIVE	BRUSSEL	Belgium
PAR	AGAP - ASSOCIAÇÃO DE EMPRESAS DE GINASIOS E ACADEMIAS DE PORTUGAL	SINTRA	Portugal
PAR	GEORGIAN NATIONAL ASSOCIATION OF SPORT FITNESS AND PHYSICAL EDUCATION NASFPE	Tbilisi	Georgia
PAR	IRELAND ACTIVE LEISURE MANAGEMENT COMPANY LIMITED BY GUARANTEE	DUBLIN	Ireland
PAR	SPORTS COMMITTEE OF UKRAINE	Kyiv	Ukraine
PAR	SYLLOGOS IDIOKTITON GYMNASTIRION ATTIKIS	Dafni	Greece
PAR	UDRUZENJE ZA FITNES I REKREACIJU ENERGIJA	Sarajevo	Bosnia and Herzegovina
PAR	UKACTIVE	LONDON	United Kingdom
PAR	ZDRUZENIE ZA UNAPREDUVANJE MEGUSEBNA DOVERBA TAKT SKOPJE	SKOPJE	Republic of North Macedonia

Number of members of sport organisations involved: 100

National Fitness Day For Europe

National Fitness Day for Europe (NFD_EU) has four clear objectives: 1) NFD_EU will promote the European Week of Sport (EWoS) in 4 non-EU project countries by running and effective campaigns which are based on the success of existing experiences; 2) it will reinforce the grassroots sport network in each of these non-EU project countries by organising national stakeholder seminars based on EWoS principles; 3) it will promote EU values through fitness and sport in the non-EU project countries 4) it will promote and enhance the NFD programme across all of Europe and increase understanding and cooperation with countries bordering the EU.

To achieve these goals, 4 experienced EU-partners will team-up with EuropeActive and the new non-EU-partners, by establishing a concept of "buddying". This will create a two-directional transfer of knowledge and experience, that will also forge strong relationships with the people and organisations involved and all underpinned by broader EU values.

NFD_EU will promote the EWoS by using the most effective marketing and organisational methods currently available and which have been tested in the past years. The EU partners have demonstrated incredible potential in this concept, with ukactive alone having involved 4 million participants in last year's NFD edition.

NFD_EU will have an impact at different levels and will directly influence organisations and participants involved in a range of imaginative events across Europe and partner countries. An even higher number will learn about the powerful message of the EWoS through the NFD_EU marketing campaigns. NFD_EU will also cross the project borders to promote EWoS on a truly European scale, by inviting any interested parties and other sport-based organisations to participate through transnational events. Finally, NFD_EU will bring together EU and non-EU countries that will generate a positive long-term effect, potentially reaching far wider than just fitness.

Belgium

Reference: 613542-EPP-1-2019-1-BE-SPO-SSCP

Project Title: OPEN AIR SPORT

Project Acronym: OPS

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,500.00	59,500.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: EUROPEAN PLATFORM FOR SPORTS AND INNOVATION

RUE BELLIARD 20

BE 1040 Brussels



Participants

CON	EUROPEAN PLATFORM FOR SPORTS AND INNOVATION	Brussels	Belgium
PA-ASC	CENTRE DE RESSOURCES D'EXPERTISE ET DE PERFORMANCE SPORTIVES DE RHONE-ALPES	VALLON PONT D'ARC	France
PA-ASC	EUROPEAN CULTURE AND SPORT ORGANIZATION	ROMA	Italy
PA-ASC	UNIVERSITATEA OVIDIUS DIN CONSTANTA	CONSTANTA	Romania

Number of members of sport organisations involved: 10

OPEN AIR SPORT

OPS project addresses the topic on health-enhancing physical activity (HEPA) since its main objective is to promote outdoor sports accessible to all and practicable in natural environments without expensive equipment and infrastructure, and to create connections between sport-based activities and local culture, meanwhile stimulating local development and tourism.

Specific objectives:

- To find good practices to experiment model of intervention fostered by municipalities and stakeholders in the partner countries (an integrated model shared among schools, local authorities, private and public entities, sport and tourism operators, as instrument to promote both physical activity and territories).

- To encourage people living in rural areas to make regular physical activities and sport

- To promote sport event and physical activity linked with artistic and cultural event – the outdoor sport can contribute to promote cultural heritage and vice-versa

- To have a cross-sectoral approach and transnational network to pursue the project's main purposes

This objective will be pursued by carrying out:

- a preparation conference organized by CREPS to discuss about organization, communication and technical tools to organize the pilot actions (with cultural themes)

- 2 pilot actions, to be organized in Costanta (Romania) and Abruzzo (Italy), dedicated to outdoor sports linked to cultural heritage

- realization of the project website with training materials, technical and communication tools;

- final conferences at European level organized by EPSI

Target groups:

- People living in rural areas

- Sports professionals

- Local authorities

Belgium

Reference: 613240-EPP-1-2019-1-BE-SPO-SSCP

Project Title: **SIGN-IN! HEAR ME OUT HOW I PLAY! - Sport Interaction and Game as a New way of INclusion**

Project Acronym: SIGN-IN

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,500.00	59,500.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **EUROPEAN DEAF SPORT ORGANIZATION**

Wetstraat 25/16 - rue de la Loi 25/16

BE 1040 Brussel

<http://www.edso.eu/>



Participants			
CON	EUROPEAN DEAF SPORT ORGANIZATION	Brussel	Belgium
PA-ASC	BELGIAN DEAF SPORT COMMITTEE - FEDERATION ROYAL SPORTIVE DES SOURDS DE BELGIQUE	Brussel	Belgium
PA-ASC	Castberggaard	Hedensted	Denmark
PA-ASC	Federazione Sport Sordi Italia	Roma	Italy

Number of members of sport organisations involved: 40

SIGN-IN! HEAR ME OUT HOW I PLAY! - Sport Interaction and Game as a New way of INclusion

In our society there is an invisible community of deaf people, who is often forced to experience situations of discrimination and lack of information, due to a poor accessibility to public and private services, sports included. On the other hand, hearing people have poor knowledge about sign languages and deafness, and this brings out a social gap elapsing between them and their deaf peers. The “SIGN-IN! Hear me out how I play! – Sport Interaction and Game as a New way of INclusion” project aims to break down barriers to participation in sports for deaf people, addressing the European priority of promoting social inclusion in sports. It will help to increase knowledge and interest in the culture and language of deaf community and it will boost deaf athletes confidence in themselves. This will happen through a transnational cooperation and exchange of good practices among 4 EU sport organizations coming from IT, BE and NL. The core activity of the project is the SIGN-IN! Camp, a 6 days camp dedicated to various activities and discussion forums focused on current issues regarding deafness and society. 78 players of different nationalities, both deaf and hearing, will perform different sports together and will get to know each other, without prejudices, thanks to the support of inclusive coaches, who have a key role in realizing a successful event and removing barriers to participation. Another central activity of the project will be the SIGN-IN! Conference, opened also to external participants, where attendees will discuss, share experiences and reflect about deafness and sport in their countries. These activities will increase deaf people’s interest and participation in grassroots sports and it will strengthen effective forms of communication between deaf and hearing peers. Thanks to communication and dissemination of the project’s activities and results, other organizations will be encouraged and stimulated to engage in similar initiatives in the near future.

Belgium

Reference: 613020-EPP-1-2019-1-BE-SPO-SCP

Project Title: SPORTS IN PRISON, A PLAN FOR THE FUTURE

Project Acronym: SPPF

Eligible Budget (€)	Grant Amount (€)	Co-financing
355,657.00	355,657.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: DE RODE ANTRACIET VZW

Geldenaaksebaan 277

BE 3001 Heverlee

www.derodeantraciet.be



Participants

CON	DE RODE ANTRACIET VZW	Heverlee	Belgium
PAR	DIENST JUSTITIELE INRICHTINGEN	DEN HAAG	Netherlands
PAR	SDRUJENIE OBEDINENI PROFESIONALISTI ZA USTOICHIVO RAZVITIE	Plovdiv	Bulgaria
PAR	UDRUGA ZA KREATIVNI SOCIJALNI RAD	Zagreb	Croatia
PAR	UNIONE ITALIANA SPORT PER TUTTI ASSOCIAZIONE DI PROMOZIONE SOCIALE RETE ASSOCIATIVA NAZIONALE	ROMA	Italy
PAR	VRIJE UNIVERSITEIT BRUSSEL	BRUSSEL	Belgium

Number of members of sport organisations involved: 650

SPORTS IN PRISON, A PLAN FOR THE FUTURE

Within SPPF we will identify programs that facilitate a transferral to the outside world. By introducing sport federations, clubs, trainers, volunteers, ... in prisons we hope to create a process that will have its effect on the prisoners while in prison but will mainly guide them towards an engagement in sports after their sentence. This way we strive for positive effects on rehabilitation, empowerment, social inclusion, social impact. At the moment there is an absence/shortage of sport programs that bridge the gap between prison and society. This project addresses the need for more connection between both. SPPF believes in a joint venture of services/clubs both outside and inside prison. To prepare prisoners for a life after prison, we will set up projects and sport activities in collaboration with the sporting community. We want to establish the connection by developing a broad-based sports/process that contributes to the general well-being of the prisoner inside the walls; that will prepare them for a follow-up trajectory outside prison walls. The project can have a direct impact on the social environment inside the walls but can also contribute to its immediate social environment through the development of a trajectory outside the walls. It's important that the organisations, clubs,... we will work with, all have a focus on mental, physical health and social wellbeing. We will also look for partners who have connections to a work and learning network. In order to develop a roadmap for the different services, clubs, organisations involved we will develop, test and implement learning areas in several European countries. These learning areas will be based on scientific and valid research done by the VUB and will lead to a toolkit for sport and social organisations, governments and other stakeholders to set up good and sustainable practices on a local level within a European context.

Bulgaria

Reference: 613251-EPP-1-2019-1-BG-SPO-SCP

Project Title: **Four-minute barrierS: Foster the inclusion of visually impaired youngsters through sport methodologies and sport activities**

Project Acronym: 4MinBs

Eligible Budget (€)	Grant Amount (€)	Co-financing
279,835.00	279,835.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **FOUNDATION FOR DEVELOPMENT OF THE CULTURAL BPOCS**

Mladost 4, building 425, entrance 3,
ap. 53

BG 1715 Sofia

www.cubufoundation.com

Participants

CON	FOUNDATION FOR DEVELOPMENT OF THE CULTURAL BPOCS	Sofia	Bulgaria
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISCAQUARTOTEMPO FIRENZE	Firenze	Italy
PAR	ATHLITIKI ENOSI TYFLON PYRSOS	Thessaloniki	Greece
PAR	INITIATIVES POUR UNE FORMATION EFFICACE ASBL	LIEGE	Belgium
PAR	INSTITUTE OF TECHNOLOGY TRALEE	TRALEE	Ireland
PAR	OFENSIVA TINERILOR ASOCIATIA	ARAD	Romania
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	SU ZA UCHENITSI S NARUSHENO ZRENIELUI BRAYL - SOFIYA	Sofia	Bulgaria

Number of members of sport organisations involved: 2,000

Four-minute barrierS: Foster the inclusion of visually impaired youngsters through sport methodologies and sport activities

Practicing sport activities brings to visually impaired people (VIP) many advantages and helps in building many fundamental psycho-physical skills - from self-confidence to a better health condition. Despite all these advantages the number of physically active VIP is extremely low. The focus is to increase and encourage the inclusion of VI children in practicing of sports, especially those who attend mainstream schools and who are usually exempted "by default" from sports classes and physical activities. The project aims to improve this situation and increase the inclusion of VIP in sports through the elaboration of the following IOs:

IO1 a Handbook related to a new mixed-sport - "Mixed-Futsal 5", in which VI players and sighted players can play together; a sport that can be played both in schools and sport associations, in order to create real inclusion and avoid young VI to be excluded from practicing physical activities.

IO2 a Portfolio containing knowledge, methodologies and good practices about sports and physical activities accessible for VIP, including desk research and interviews with physical education teachers, sport trainers, stakeholders about existing sports activities that can easily include VIP with no or little adaptations, or that have been created particularly for them, as well as places, possibilities, ideas for practicing various sports.

IO3 an e-learning platform containing 3 MOOCs (massive open online courses): "Benefits of sport for VIP", "Mixed-Futsal5 from peer to peer", "Mixed-futsal-5 a new inclusive opportunity". Every module in each MOOC will be composed by units and every unit will be composed by two kinds of material: information source and related exercise.

Every IO will be carried out within an international dimension with partners sharing responsibilities. Each IO will start with a research (desk and empirical) and brainstorming session, then go through development and testing phases before it reaches its finalization.

Bulgaria

Reference: 613022-EPP-1-2019-1-BG-SPO-SSCP

Project Title: BaskIn

Project Acronym: BaskIN

Eligible Budget (€)	Grant Amount (€)	Co-financing
57,190.00	57,190.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: SPORTEN KLUB USMIVKA

Доспат 40

BG 1463 София

<http://club-smile.org/>



Participants

CON	SPORTEN KLUB USMIVKA	София	Bulgaria
PA-ASC	CHAMPIONS FACTORY LTD	LONDON	United Kingdom
PA-ASC	HEPHAESTUS SPORTS CLUB FOR PEOPLE WITH PHYSICAL DISABILITIES	PATRAS	Greece
PA-ASC	ISTANBUL ATLETIK KULÜP SPOR KULÜBU	Istanbul	Turkey
PA-ASC	NAB Academy Limited	Dublin	Ireland

Number of members of sport organisations involved: 60

BaskIn

“BaskIn” is a transnational innovative project promoting social change through the basketball game. The aim of the project is to encourage social inclusion and equal opportunities in sport to physically disabled youth, males and females, aged between 15 and 28.

The “BaskIn” project is expected to last 18 months and see the participation of experts belonging to five organisations from five different countries (Bulgaria, UK, Ireland, Greece and Turkey) with outstanding knowledge and extensive experience in the field of sport and social change, determined to maximize the potential of the basketball game to promote social change and integration in society of disabled youth members.

BaskIn has a detailed plan of work that will unfold throughout the 18 months of its duration and include four interrelated and interconnected activities that will make the project move forward in an effective and fruitful manner. These activities are:

A Kick-off Meeting in London, the United Kingdom

A Seminar for Managers involved in the project in Gabrovo, Bulgaria

A training course for basketball coaches and trainers in Patras, Greece

Final Evaluation Meeting with Closing Conference in Istanbul, Turkey

Through the implementation of the BaskIn project, the expected tangible results are:

The realization of an effective exchange of good practices and lessons learned in the field of social inclusion through the basketball game that will allow the development and implementation of a new training toolkit for “BaskIn” coaches and sport organisations;

The establishment of a strong and long-lasting network of partners to promote the exchange of information and relevant material at transnational level;

The creation of a webpage and a Visual Identity that will ensure the recognition of the “BaskIn” project and its visibility and the dissemination of audio-visual material that has been collected during the 18 months.

Bulgaria

Reference: 613035-EPP-1-2019-1-BG-SPO-SCP

Project Title: **BePART – Inclusion through sport for better society**

Project Acronym: BePART

Eligible Budget (€)	Grant Amount (€)	Co-financing
397,545.00	397,545.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **BULGARIAN TAEKWONDO FEDERATION WT**

bl.Vasil Levski 75

BG 1040 Sofia

www.taekwondo-bulgaria.org



Participants			
CON	BULGARIAN TAEKWONDO FEDERATION WT	Sofia	Bulgaria
PAR	CENTRO SPORTIVO EDUCATIVO NAZIONALE	ROMA	Italy
PAR	ETHNIKI OMOSPONDIA TAEKWONDO KYPROU	Nicosia	Cyprus
PAR	EUROPAIKI ENOSI TAEKVONDO ASTIKI MI KERDOSKOPIKI ETAIREIA	Athens	Greece
PAR	EVROPEYSKO VISSHE UCHILISHTE PO IKONOMIKA I MENIDZHMANT - PLOVDIV	Plovdiv	Bulgaria
PAR	FONDATSIYA INFORMATSIONEN TSENTAR NPO SRESHTU BEDNOSTTA	Sofia	Bulgaria
PAR	MAGYAR TAEKWONDO SZOVETSEG	Budapest	Hungary

Number of members of sport organisations involved: 16

BePART – Inclusion through sport for better society

“BePART – Inclusion through sport for better society” project targets the topic “Encourage social inclusion and equal opportunities in sport” by introducing a diverse approach for addressing the problem of social exclusion in the societies of the partners’ countries and throughout the whole Europe. The project aims to utilise the values of martial arts as an underexploited way for social inclusion and innovative approach towards combating this social problem. This approach will be up-scaled by including also academic approach, mentoring and mediation philosophy.

The project’s main objectives are:

- to promote taekwondo as a tools for social inclusion;
- to develop sophisticated and multilayer Guide for practicing taekwondo in a way for achieving mutual understanding and social inclusion;
- to increase intercultural awareness and combat prejudice against socially excluded people with a particular focus on young people;
- to support gender equality in sport;
- to develop a sophisticated Hub which will serve as a sport hub and e-guide platform for marginalised people and their coaches and trainers;
- strengthening the key role of sport in achieving a high level of tolerance, multiculturalism and self- estimation
- to support social inclusion by providing a mentoring functionality on the Hub

In order to achieve these objectives the project will implement the following activities:

- elaboration of BePART Guide which will encompass 7 different modules which will address the needs of the target groups in a tailored manner;
- development of sophisticated BePART Hub which shall combine numerous functionalities –e-guide modules with videos developed and included; mentoring tool, which will allow for both individual and group mentoring; a website of the project
- Two international multiplier events – for more than 240 participants;
- Wide dissemination activities with the purpose of reaching out to 10 000 people

Bulgaria

Reference: 613090-EPP-1-2019-1-BG-SPO-SSCP

Project Title: **BeRURALactive - Multisport complex in rural reality to empower physical activity motivation**

Project Acronym: BeRURAL

Eligible Budget (€)	Grant Amount (€)	Co-financing
42,155.00	42,155.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **ATLETICHESKI KLUB KLAS-KOSTENETS SD RUZHENIE**
21, RAYNA KNYAGINA STR.
BG 2030 KOSTENETS SOFIA



Participants

CON	ATLETICHESKI KLUB KLAS-KOSTENETS SD RUZHENIE	KOSTENETS SOFIA	Bulgaria
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	BIRZU LENGVOSIOS ATLETIKOS SPORTO KLUBAS	Birzai	Lithuania
PA-ASC	ZAVOD ZA SPORT AJDOVSCINA	AJDOVSCINA	Slovenia

Number of members of sport organisations involved: 20

BeRURALactive - Multisport complex in rural reality to empower physical activity motivation

The project “BeRURALactive - Multisport complex in rural reality to empower physical activity motivation” will develop an innovative multisport context that will allow kids in the rural areas to be actively involved in sport activities during their vacations and through this context, they will be inspired to remain involved in sport and will raise physical activity levels and reduce obesity.

All involved sport organizations will be empowered and their capacity will be developed through training of sport experts that will be able to use multisport context in their daily work during and after the project lifetime and through thus will be able to:

1. develop different physical abilities in local kids and youngsters through sport activities in various sports (athletics, football, swimming, basketball, tennis, non-formal educational activities through sport, traditional sports of participating countries) and through this raise physical activity levels and reduce obesity;
2. ensure that sport experts in rural area are equipped with innovative approach to use multisport context and to be able to train kids in more than one sport as this way also potential talents of kids in rural area might be spotted and further developed;
3. transfer the acquired know-how through the partners networks and reach significant amount of rural sport entities that might be interested to use the multisport complex method that will be developed.

At the other hand the development of “Multisport complex in rural reality to empower physical activity motivation” manual will be sustainable OER (open educational resource) that will be disseminated to sport experts in rural areas in EU.

Bulgaria

Reference: 613028-EPP-1-2019-1-BG-SPO-SSCP

Project Title: Countering Exclusion In and Through Sports

Project Acronym: CEITS

Eligible Budget (€)	Grant Amount (€)	Co-financing
57,310.00	57,310.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **SUSHAL HUB SDRUZHENIE**

bul. Tsar Osvoboditel 8A, floor 2,
region Sredets

BG 1000 Sofia

www.socialhubbg.reu



Participants

CON	SUSHAL HUB SDRUZHENIE	Sofia	Bulgaria
PA-ASC	ESCALES LATINES	Bouguenais	France
PA-ASC	MINE VAGANTI NGO	PERFUGAS	Italy
PA-ASC	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania
PA-ASC	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

Number of members of sport organisations involved: 120

Countering Exclusion In and Through Sports

“Countering Exclusion In and Through Sports” (CEITS) aims at employing the potential of non-formal learning connected with Sport practice as a means to favour an inclusive approach to Sport practice in young people aged 16-25 potential sportsmen, contrasting the undercurrents of stereotyping in Sport sub-cultures (most notably against migrants, women and LGBT individuals).

The project promotes social inclusion and equality of opportunities in Sport by means of creating an environment more conducive to inclusion of disadvantaged groups in grassroots Sport organizations through diffused awareness and activism of young sportsman.

CEITS Activities and Results:

- 1) Cross-national analysis for the identification of good practices in the field of promoting inclusion in Sport of disadvantaged youth categories (migrants, refugees and women) in Sport organizations (through Sport and positive internal practices) and in non-formal learning settings (NGOs).
- 2) Surveying on inclusion in sport and society at the level of disadvantaged youth categories in each partner country, aimed at identifying barriers and needs.
- 3) Training Format for operators in the field of Sport and NGO.
- 4) Implementation of the Training Format with local groups of Sport operators (Trainers and Coaches) and NGO operators (Youth workers) empowering the latter to carry out local activities with the youth in the context of Sport clubs and organizations.
- 5) Implementation of a phase of local workshops with young people in Sport clubs and associations.
- 6) Production of outputs: a) Training Format Manual, b) Guidelines and c) Online Platform.

Bulgaria

Reference: 613120-EPP-1-2019-1-BG-SPO-SCP

Project Title: Creative Orienteering Model for Physical Activity and Science in Schools

Project Acronym: COMPASS

Eligible Budget (€)	Grant Amount (€)	Co-financing
396,606.00	396,606.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: BULGARSKA FEDERATSIA PO ORIENTIRANE

bul."Vasil levski"75

BG 1000 Sofia

www.bgof.org



Participants			
CON	BULGARSKA FEDERATSIA PO ORIENTIRANE	Sofia	Bulgaria
PAR	FEDERATIA ROMANA DE ORIENTARE	Bucurest	Romania
PAR	SIHTASUTUS EESTI TERVISERAJAD	Tallinn	Estonia
PAR	UNIVERSITAT WIEN	WIEN	Austria
PAR	ZDRUZHENIE ORIENTACIONEN KLUB ZLATOVRV PRILEP	Prilep	Republic of North Macedonia

Number of members of sport organisations involved: 700

Creative Orienteering Model for Physical Activity and Science in Schools

COMPASS means Creative Orienteering Model for Physical Activity and Science in Schools. The project will elaborate a toolkit for a school outdoor education program that will use orienteering in a non-formal setting in physical education and biology. All project activities will facilitate the elaboration of an innovative sport educational model of COMPASS. It will strengthen the link sport club - school.

COMPASS will be piloted in 10 upper secondary schools among volunteer students. 120 talented orienteering athletes from 30 orienteering clubs, coaches and teachers will be trained in this educational and training program. More than 700 members of sport clubs will benefit from the educational model and toolkit elaborated. Clubs will be responsible for the successful implementation and afterwards experimentation of the program in schools. Project experts will develop 4 educational modules for athletes, coaches and teachers, thus preparing them for their final experimental phase in schools. Sport clubs are foundation of the European sport system pyramid. The project will support clubs in a special sport – orienteering, which is not commercial and well financed as most popular European sports. Clubs have the direct relations with athletes and coaches. Some of the athletes are talents that must be further developed to stay in sport while they are in education. COMPASS will give resources to clubs to provide dual career program for their talented athletes and coaches. Thus, the project will promote education in and through sport with a special focus on skills development as well as support EU Dual Career of Athletes Guidelines. With elaboration of a club-based dual career model for talented athletes and coaches COMPASS will show EU stakeholders in sports and education the right direction to a prosperous use of education in and through sport with regard to the support of a Dual Career domain on the EU map.

Bulgaria

Reference: 613355-EPP-1-2019-1-BG-SPO-SSCP

Project Title: European Dimension in Sport and Physical Activity with Adolescents

Project Acronym: EDSPAA

Eligible Budget (€)	Grant Amount (€)	Co-financing
55,900.00	55,900.00	100.00 %

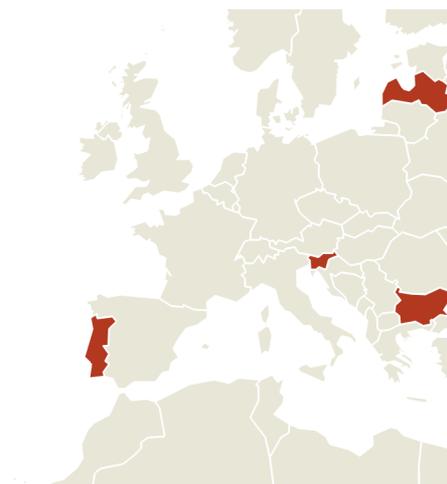
Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASSOCIATION SPORT CLUB
COMAC SPORT

UL SV SV KIRIL I METODIY 66

BG 1393 IVANYANE - SOFIYA



Participants

CON	ASSOCIATION SPORT CLUB COMAC SPORT	IVANYANE - SOFIYA	Bulgaria
PA-ASC	AGRUPAMENTO DE ESCOLAS DE BARCELOS	BARCELOS	Portugal
PA-ASC	Salas vidusskola	Sala	Latvia
PA-ASC	SPORTNO DRUSTVO MEDIA SPORT	LJUBLJANA	Slovenia

Number of members of sport organisations involved: 2

European Dimension in Sport and Physical Activity with Adolescents

The EC's White Paper on Sport reports, "Through its role in formal and non-formal education, sport reinforces Europe's human capital."

The present project EDSPAA aims to incorporate European traditional sports and games /ETSG/ as a means of building physical culture, social inclusion and developing values of young Europeans.

It will be implemented in the partnership between a sport club from Bulgaria, a sport association from Slovenia and secondary schools from Portugal and Latvia.

The project is directed to physical educators and coaches, teachers and trainers; educational and sport organizations and institutions, etc. The concrete beneficiaries of the project are adolescents in Europe and the indirect - European societies.

The following activities are intended to meet the objectives:

1. International workshops for exchange of experience and discussion on the forms of promotion ETSG / Slovenia/, Cultural dialogue through sport /Portugal/, Education through sport /Bulgaria/.
2. Conducting on-line conferences for discussing innovative sports forms in and out of school on the ETSG basis and discussing the content, format and design of the printed project edition for sporting activities with adolescents on the ETSG basis.
3. Jointly celebrations of the European Week of Sport 2020 in Portugal and 2021 in Bulgaria with the promotion of ETSG.
4. Building an on-line platform for sharing and promoting the ETSG.
5. Issue a booklet for using ETSG in sport activities with adolescents.

As a result of the project, a cross-border partnership between organizations with a different inclusion of sport in their practice for the promotion of ETSG and their inclusion in forms of sport activities with adolescents in Europe is expected to be realized.

Bulgaria

Reference: 613538-EPP-1-2019-1-BG-SPO-SSCP

Project Title: Inclusion for Healthy Generations

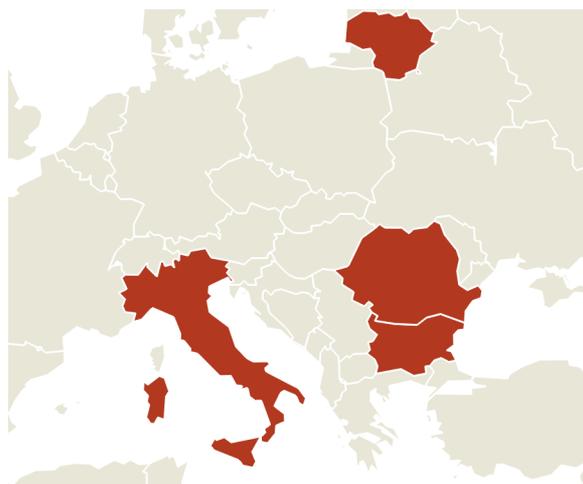
Project Acronym: EQ-All

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,625.00	58,625.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **SDRUZENIE AKTIVNO
BALGARSKO OBSHTESTVO**
TODOR ALEKSANDROV 63
BG 2700 BLAGOEVGRAD



Participants

CON	SDRUZENIE AKTIVNO BALGARSKO OBSHTESTVO	BLAGOEVGRAD	Bulgaria
PA-ASC	Asociacija "Aktyvus jaunimas"	KAUNAS	Lithuania
PA-ASC	ASOCIATIA TINERILOR CU INITIATIVA CIVICA	GALATI	Romania
PA-ASC	CENTRO INTERNAZIONALE PER LA PROMOZIONE DELL'EDUCAZIONE E LO SVILUPPO ASSOCIAZIONE	PALERMO	Italy
PA-ASC	SDRUZHENIE PLUVEN KLUB PIRIN	BLAGOEVGRAD	Bulgaria

Number of members of sport organisations involved: 120

Inclusion for Healthy Generations

‘Inclusion for Healthy Generations’ is going to include people from all age groups and backgrounds who can challenge themselves.

Our project aims to contribute to realization of Union’s objectives in terms of promoting sports and healthy lifestyles among its citizens and especially younger generations. In particular our project stays in line with Erasmus+ priority to provide opportunities for cooperation and transfer of knowledge in different areas relating to sport and physical activity, and promote and boost social inclusion throughout the sport. Despite of the European policies in the field of sport and healthy lifestyle education, even if the societal role of sport is not anymore underestimated nowadays, we have concluded that in the partner countries involved in this project, sport is not yet used on a structural level as a tool for social inclusion.

Thus, the project overall objective is to foster social inclusion of youth with fewer opportunities (e.g. migrants, minority background youth) throughout their engagement into sport and raise awareness on the key role of sport in both healthy lifestyle education and empowering inclusion among the young people from Bulgaria, Lithuania, Italy and Romania.

The project starts with analyzing local communities of participating countries. Then we have transnational meetings where CEIPES (Italian Partner) will train others how to build partnership successfully, ‘Active Youth’ association from Lithuania will make a training about how to address to our target group and A.T.I.C from Romania will share methods regarding inclusion of people with fewer opportunities. Then we organize local events and disseminate the project under the monitoring of ABS and Swimming club ‘Pirin’.

By raising awareness among people in the local communities of each partner organizations we mean to encourage them to take up a sport, learn more about TSG, promote physical activities on a regular basis and be more conscious about healthy food selection.

Bulgaria

Reference: 613231-EPP-1-2019-1-BG-SPO-SSCP

Project Title: Football for Active aging, Inclusion and Together Healthy

Project Acronym: FAITH

Eligible Budget (€)	Grant Amount (€)	Co-financing
42,125.00	42,125.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **SDRUZHENIE LEVSKI SPORT
ZA VSICHKI**

ARSENALSKI BLVD 4 SPORTS
COMPLEX SPARTAK

BG 1421 SOFIA



Participants

CON	SDRUZHENIE LEVSKI SPORT ZA VSICHKI	SOFIA	Bulgaria
PA-ASC	FERENCVAROSI TORNA CLUB	BUDAPEST	Hungary
PA-ASC	Società Sportiva Lazio Calcio a 8	Roma	Italy

Number of members of sport organisations involved: 1,200

Football for Active aging, Inclusion and Together Healthy

Through the present project, "LEVSKI-Sport for all" and its partners (Ferencváros and Lazio), with the support of the European Multisport Club Association, aim to encourage social inclusion and equal opportunities through sport, putting a stress on the importance of health-enhancing physical activity for elderly people (over 50 years old), in line with active ageing guidelines by the European Commission.

A large number of the elderly people in Rome, Sofia and Budapest, are socially isolated, hard to be reached and involved in social activities. Through the framework commitment of local authorities and with the goal of integrating them once again in their social contexts, sport clubs will offer a first entry point for this integration, as they trigger social life and get people activated, and ensures them new contacts.

This first entry point will be on the base Walking Football methodology, modified for the local needs of each country partner with multisport perspective.

Walking Football is an ideal tool:

- To positively intervene and increase health and wellbeing of 50+ people;
- To defend them from social isolation and depression;
- To adapt best practices of countries partners.

Walking football offers a multitude of health benefits to older people such as reducing the risk of cardiovascular disease and stroke while improving blood pressure. Positive changes in postural balance, blood pressure and resting heart rate, lowered cholesterol, improved blood sugar levels, bone density and improving reactions, whilst slashing the odds of suffering from type 2 diabetes – all indicators of general good health.

Results: exchange experience partners; training program for sport association responsables; coaches training programme; elderly people will participate to FAITH/ activities/trainings/; local institutions and other bodies will be informed on benefits FAITH among elderly; partners, sponsors, media, opinion makers will be involved in a long term project.

Bulgaria

Reference: 613537-EPP-1-2019-1-BG-SPO-SSCP

Project Title: FUN LEGACY

Project Acronym: LEGACY

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,750.00	56,750.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: BULGARSKA SPORTNA
FEDERATSIA ZA DETSA I
MLADEJI V RISK
UL IVAN ASEN II N 71
BG 1124 SOFIA



Participants			
CON	BULGARSKA SPORTNA FEDERATSIA ZA DETSA I MLADEJI V RISK	SOFIA	Bulgaria
PA-ASC	ASOCIATIA CLUBUL SPORTIV EXPERIENTAMULTISPORT	ARAD	Romania
PA-ASC	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey

Number of members of sport organisations involved: 495

FUN LEGACY

The project FUN LEGACY aims to preserve and promote traditional sports and games as a unique tool for strengthening inter-cultural understanding with significant added value of the general wellbeing of individuals from all ages. The project activities include:

- Research on fun, active and attractive traditional sports and games from Bulgaria, Romania and Turkey as means for preserving and transferring them to the next generations;
- Development of video compendium of traditional sports and games, including explanation of the cultural and historical origin of the games, their rules and demonstrations;
- Exchange of knowledge and skills in practicing the games identified in the research through transnational workshops for coaches, sports instructors and physical education teachers.
- National trainings of adult people willing to take part in demonstration activities of traditional sports and games among children and young people from disadvantaged background.
- Arouse young people's interest in getting to know better their national and other cultures and thus develop their inter-cultural awareness by engaging them in regular trainings of traditional sports and games;
- Organization of national FUN FESTS aimed at raising the awareness among the general public and key stakeholders in the field of education and sport on the values of traditional sports and games for complementing both the inter-cultural and physical education and sport.

Among others, project results include: Developed network of 15 coaches, instructors and physical education teachers with skills to promote traditional sport and games from three countries as a tool for social inclusion; 45 adults age 55+ trained on how to play and teach traditional sports and games from three countries; 60 national demonstrations organized; 450 children and young people from disadvantaged background participants will skills to play TSG.

Bulgaria

Reference: 613121-EPP-1-2019-1-BG-SPO-SSCP

Project Title: **Play Safe - protecting athletes especially the youngest from health and safety hazards in minifootball**

Project Acronym: PLAY S

Eligible Budget (€)	Grant Amount (€)	Co-financing
54,778.00	54,778.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **BALGARSKA ASOTSIATSIYA
MINI FUTBOL**

Preki pat No61A

BG 1618 Sofia

<https://bamf.bg/>



Participants			
CON	BALGARSKA ASOTSIATSIYA MINI FUTBOL	Sofia	Bulgaria
PA-ASC	FEDERATIA DE MINIFOTBAL DIN ROMANIA	Bucuresti	Romania
PA-ASC	"Olimpia football club- Sofia"	Sofia	Bulgaria
PA-ASC	Srpska asocijacija malog fudbala	Beograd	Serbia

Number of members of sport organisations involved: 102

Play Safe - protecting athletes especially the youngest from health and safety hazards in minifootball

Main objective of the project is to establish a regional initiative for protecting athletes, especially the youngest, from health and safety hazards, by improving conditions for training and competitions through building organizational and administrative capacity for ensuring safe sport infrastructure – its maintenance and accessibility to it.

The project will focus on organisational level by ensuring adequate reflection, discussion and sharing of ideas amongst participating organisations on health and safety, risk prevention and promotion of hazard-free environment, related to the safe infrastructure and protective equipment. It will unite partners in minifootball to exchange best practices on how to promote synergies between sport, health, education and training and improve competitive conditions. Working closely with stakeholders, children, parents and policy makers project partners will make sure that the project tackles this thematic area from bottom up and a multidisciplinary perspective is ensured.

Project will elaborate Guidelines on protecting young athletes and disseminate to members of minifootball organizations related to safe sport infrastructure and sustainable funding for its building and/or maintaining. During seminars more than 100 sport administrators and coaches will review and improve existing practices for sound management of sport infrastructure, raising funds, collaboration with local and public authorities and a vital network with parents and fans.

Production of an interactive map of open-air play grounds will be an added value at EU level as for the first time a comprehensive online interactive tool will be used for attracting children, amateur players and made available for use by all interested institutions and people. The map will grow with the growing of the minifootball associations, Europe wide, thus focusing on the protection and safety issues.

Bulgaria

Reference: 613187-EPP-1-2019-1-BG-SPO-SSCP

Project Title: RAISING THE BAR

Project Acronym: RAISE

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,436.00	56,436.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: SDRUZHENIE SPORTEN KLUB
PO GIMNASTIKA I STREET
FITNESS STREET WORKOUT
BULGARIA

"Vasil Levski" 75 blv, fl. 4, office 420

BG 1142 Sofia



Participants

CON	SDRUZHENIE SPORTEN KLUB PO GIMNASTIKA I STREET FITNESS STREET WORKOUT BULGARIA	Sofia	Bulgaria
PA-ASC	ASOCIATIA SE POATE	CHIAJNA	Romania
PA-ASC	KGS Orce Nikolov Skopje	Skopje	Republic of North Macedonia

Number of members of sport organisations involved: 315

RAISING THE BAR

The project "Raising the Bar" will aim at encouraging social inclusion of children and young people from disadvantaged backgrounds through preparation, development and implementation of educational and training modules aimed at increasing the capacity of non-traditional sports organisations' staff and volunteers in using the values of sport to empower young people participate actively in society. The project will promote non-traditional sports activities that can be practiced on the streets, parks and publicly accessible facilities as a means for stimulating young people with low incomes adopt a healthy lifestyle. The project activities include: Three international trainings for volunteer coaches that will aim at strengthening their skills to motivate disadvantaged young people adopt healthy lifestyles; convey common values in and through sports, promote human rights and active citizenship. Their new skills and competences will be tested by organising 30 demonstrations and competitions with young people living in disadvantaged urban areas in Bulgaria, Romania and Macedonia. The events will take place in proximity to marginalised neighbourhoods and public parks where young people usually gather to drink alcohol and take drugs. The final project event will gather in Varna, Bulgaria 15 of the young people, who participated regularly in the demonstrations. They will take part in master classes, competitions and motivation sessions with world class athletes. The ultimate objective of the project is to inspire the trained disadvantaged young people act as role models and promote the personal and social values of street sports among their peers living in deprived urban areas.

Bulgaria

Reference: 613329-EPP-1-2019-1-BG-SPO-SSCP

Project Title: "Social cycling and cultural biking"

Project Acronym: SCCB

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,700.00	53,700.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: OBSHTESTVEN KOMPAS
SDRUZHENIE
4 SVETLOSTRUI STR
BG 1111 SOFIA



Participants

CON	OBSHTESTVEN KOMPAS SDRUZHENIE	SOFIA	Bulgaria
PA-ASC	MTB Klub Kranj	Kranj	Slovenia
PA-ASC	PANNONIAN	Osijek	Croatia

Number of members of sport organisations involved: 75

“Social cycling and cultural biking”

Social cycling and cultural biking” is a state of the art project as it is designed to exploit the fact that cycling, no matter if it is in or around cities or at the nearby mountain, is an excellent way to demonstrate equality between people and to draw attention to the values and the ecological and cultural facts that make us a society. The project experts in various areas such as sports, science, health, ecology, cultural heritage , etc. will start the research of using sport as a tool for personal development and social inclusion trough acquaintance with the natural and cultural treasures of Europe. Starting from the concept that sport can be used as tool for fostering entrepreneurship, promoting, exploring and preserving Europe’s cultural heritage by people of any social, economic, religious, and sexual context, we decided to collect all the partners’ good practices in the sphere and to design and test an innovative online source that promote the sports of mountain biking, and cycling as a tool for social inclusion and a way to create common European values. We want to exploit the fact that cycling, no matter if it is in or around cities or at the nearby mountain, is an excellent way to demonstrate equality between people and to draw attention to the values and the ecological and cultural facts that make us a society.

Bulgaria

Reference: 613515-EPP-1-2019-1-BG-SPO-SCP

Project Title: Stop doping - Swim Fare

Project Acronym: SDOP

Eligible Budget (€)	Grant Amount (€)	Co-financing
395,955.00	395,955.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: BULGARSKA FEDERATSIYA
PLUVNI SPORTOVE

Bul. Vasil Levski 75

BG 1040 Sofia

<http://www.bul-swimming.org>

Participants			
CON	BULGARSKA FEDERATSIYA PLUVNI SPORTOVE	Sofia	Bulgaria
PAR	CHAMPIONS FACTORY IRELAND LIMITED	Dublin	Ireland
PAR	FUNDACION UNIVERSIDAD INTERNACIONAL ISABEL I DE CASTILLA	BURGOS	Spain
PAR	NAOUSSA SWIM CLUB	NAOUSSA	Greece
PAR	OTRE TRIATHLON TEAM ASSOCIAZIONE SPORTIVA DILETTANTISTICA	Noci	Italy
PAR	SPORT ALGES E DAFUNDO	Alges	Portugal
PAR	TURK SPOR VAKFI	Istanbul	Turkey
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden

Number of members of sport organisations involved: 400

Stop doping - Swim Fare

Along with racism, discrimination and match-fixing, doping represents one of the most serious threats to sport. We believe that having a code of conduct in the athlete's sport is a mandatory pre-requisite. Being a healthy athlete is the state of mind one should encourage in all young people.

The Bulgarian Swimming Federation goal is to promote swimming across the country, support national swimmers and empower young generations to engage in this noble sport. Our main focus is three-folded - anti-doping, education and early warning/prevention. Therefore, we came up with an innovative project "Stop Doping – Swim fair!" (SDOP)

SDOP is a European-wide strategic partnership between 8 Sport and Sport Research organisations, which aims to raise the knowledge and awareness of the doping use in the swimming world, by a conducted comprehensive research and selection of good practices. We aim at addressing a European, but also a universal problem. We have therefore designed SDOP to respond to both EU and International policies and legal frameworks.

SDOP four core objectives:

- Early prevention: educate 10-18 years old swimmers
- Fight disinformation: multiplier events
- Health preservation: protect 10-18 years old swimmers and guide sport organisations
- Doping elimination: create a safe sports environment for all

The "Stop doping-swim fare" project contains a completely new and innovative approach to solving the perennial problems of the doping use in swimming. In accordance with the World Anti-Doping Code, a number of innovative aspects will be developed throughout the project.

The collaborative partners' work will result in the production of the following Intellectual outputs: "Modular Doping-education Program", the Creation of a group of 16 SDOP Ambassadors, the creation of SDOP Guidelines and a Comprehensive Research on the subject.

Because with doping, there is no Maybe. There is only a Will – and no coming back.

Bulgaria

Reference: 613520-EPP-1-2019-1-BG-SPO-SCP

Project Title: Sportspeople Education and Training for Dual Career

Project Acronym: SET4DC

Eligible Budget (€)	Grant Amount (€)	Co-financing
339,340.00	339,340.00	100.00 %

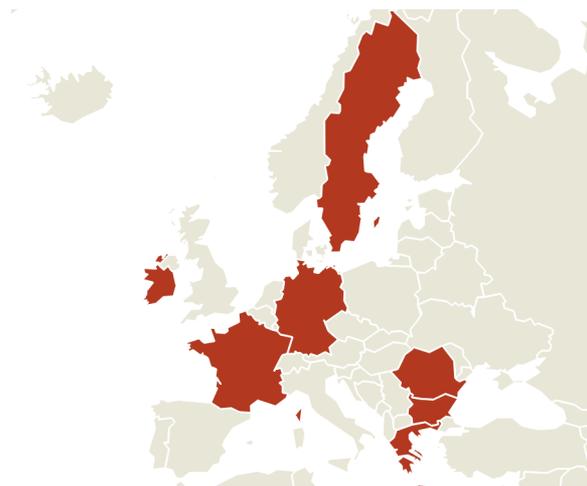
Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: SDRUZHENIJE SPORTEN
KLUB DRAG

ZK HIPODRUMA BL 120

BG 1612 SOFIA



Participants

CON	SDRUZHENIJE SPORTEN KLUB DRAG	SOFIA	Bulgaria
PAR	CHAMPIONS FACTORY IRELAND LIMITED	Dublin	Ireland
PAR	CLUBUL SPORTIV INTERSPORT	Miercurea Ciuc	Romania
PAR	MARTIGUES SPORT CYCLISME	Martigues	France
PAR	NORDIC EUROPEAN MOBILITY	STOCKHOLM	Sweden
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	STADTSPORTVEREIN GERA 1990 EV	Gera	Germany

Number of members of sport organisations involved: 4

Sportspeople Education and Training for Dual Career

As a logical continuation of the implementation of the first stage of the project BIKE - Biking Innovation and Knowledge for Everyone identifying the need to upgrade and expand the scope of management development, volunteering and fundraising for sports clubs in the direction to provide an opportunity for elite bikers for a dual career as part of their management, the idea of developing and implementing this project was born. The analyses of the five-party meeting, held on 01.03.2019-04.03.2019, of cycling club managers and coaches with current and future athletes and champions, locates a new pebble, namely: the conditions for a dual career - the possibilities of combining sports careers with education or work in perspective. Building an athlete-champion requires great effort and complete dedication to practicing sport. This also affects cycling. Intensive training and participation in competitions at local, regional, European and international levels and cycling tours are difficult to combine with the challenges and limitations of the education system and professional realization. It is not uncommon for talented and prospective elite athletes to choose between sports and education or work. Others, leaving active sports aged 30-35, are in a situation of incompatibility with the labor market. The lack of a legal framework and a stable government policy with a strong interrelation between the sport system, the education system and the working conditions, lead to the abdication from sport by prospective future champions, resulting in less people participating in sport clubs and respectively their progressive reduction.

But in some European countries the hard works to create conditions for a „dual career” have already begun. By implementing large-scale surveys, analyzing and learning the relevant field experience, generalizing and systematizing it in a handbook and on-line platform of good practices and selecting appropriate means for their dissemination will achieve t

Bulgaria

Reference: 613291-EPP-1-2019-1-BG-SPO-SSCP

Project Title: "SportFolio"

Project Acronym: SF

Eligible Budget (€)	Grant Amount (€)	Co-financing
52,522.00	52,522.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **SDRUZHENIE SPORTEN KLUB
STAR TEAM**
STR. PANAYOT VOLOV NO 29, FL.6
BG 1527 SOFIA
<http://sportups.eu/>



Participants			
CON	SDRUZHENIE SPORTEN KLUB STAR TEAM	SOFIA	Bulgaria
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA EURO KICKBOXING	CHIOGGIA	Italy
PA-ASC	PROFICIOGROUP HWARANG	Maribor	Slovenia

Number of members of sport organisations involved: 105

“SportFolio”

The project “SportFolio” involves and brings together a group of three organizations actively engaged in sports, education through sport, sport entrepreneurship and the youth sector. Starting from the concept that the sport can be used as tool for skill acquisition and validation, promoting dual careers of athletes and supporting good governance in sport, the project aims to collect all the partners’ good practices in the sphere of sport as skill acquisition tool and to design and test an innovative model of portfolio where skills acquired through sport are described, validated and recognized.

The SportFolio model will consist of general principles to be followed when designing training programs for young athletes and young people involved in sport, based on the integrative approach of combining sport activities with skills acquisition and development. The SportFolio model will contain examples of innovative tools and techniques especially created to accompany training activities in order to foster transferable skill and key competences acquisition. This will help young people involved in sports to have better chance at the labor market and will also to create an innovative and much needed model for transition to the after-sport careers for young athletes.

Who will use SportFolio?

Young people engaged in sport and sport activities

Young athletes

Trainers, coaches, physical education teachers, youth workers

Participants in Youth Exchanges under Erasmus+ programme involving sport and outdoor activities

Participants in Sport projects under Erasmus+ programme

Policy-makers and stakeholders in the sphere of the recognition of skills acquired through sport

Experts in education through and in sport

Bulgaria

Reference: 613067-EPP-1-2019-1-BG-SPO-SSCP

Project Title: #SPORTolerance

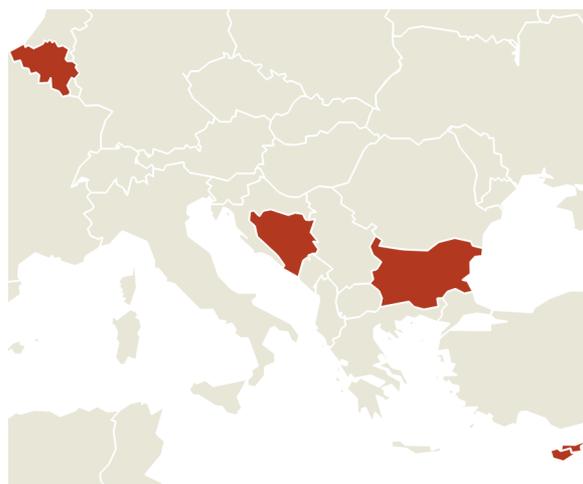
Project Acronym: #SporT

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,145.00	60,000.00	99.76 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT**
R.Q. GEO MILEV, 3, VENERA STR
BG 1111 SOFIA



Participants			
CON	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	BOSNIAN REPRESENTATIVE ASSOCIATION FOR VALUABLE OPPORTUNITIES	SARAJEVO	Bosnia and Herzegovina
PA-ASC	Darko Athletics Team	sofia	Bulgaria
PA-ASC	ORGANISMOS KOINONIKIS POLITIKIS KAI DRASIS	LEFKOSIA	Cyprus
PA-ASC	The Charity Game	Brussels	Belgium

Number of members of sport organisations involved: 200

#SPORTolerance

#SPORTolerance aims to contribute to further human capacity development in sport through development of set of mobilities for sport coaches that will include both educational modules and modules for exchange of good practices in the field of using sport for prevention of radicalization and building tolerance. Project will use and further develop in the field of tolerance the non-formal educational methodology Education Through Sport /ETS/ that is an illustration of using sport as learning tool. ETS approach in the context of education, on the basis of NFE, experiential learning and active participation, is a conceptual model and a practical learning tool. Current small collaborative partnership will implement various activities on local, national and international level; will focus in transfer on knowledge through educational mobilities of sport coaches, promotion and sharing good practices in the field of preventing radicalization and promoting tolerance through sport. #SPORTolerance will add to the existing knowledge, know-how and practices of participating directly and indirectly sport organizations and persons involved in project activities and outputs. All project deliverables will be available as OER (open educational resources) for the interested stakeholders.

#SPORTolerance objectives:

- *Ensure educational mobility of sport coaches and transfer of good practices between European countries;
- *Ensuring new instruments and tools for sport coaches to prevent radicalization and to promote tolerance through sport within youth groups with disadvantage background;
- *Increased capacity in the participating organizations that will lead to wider possibility to deliver quality products to the target groups they work on daily basis;
- *Further development of Education through sport methodology that will be enriched with new activities that will aim to prevent radicalization and build tolerance in young people that will be gathered in practical edition, available as OER;

Bulgaria

Reference: 613178-EPP-1-2019-1-BG-SPO-SSCP

Project Title: Training Tennis Together

Project Acronym: TTT

Eligible Budget (€)	Grant Amount (€)	Co-financing
41,325.00	41,325.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **SDRUZHENIE SPORT CLUB
VECTOR TENIS SPORT**
BUL. JAMES BOURCHIER 71, ET. 5,
APT 3
BG 1407 SOFIA



Participants			
CON	SDRUZHENIE SPORT CLUB VECTOR TENIS SPORT	SOFIA	Bulgaria
PA-ASC	Milngavie Tennis Club	Glasgow	United Kingdom
PA-ASC	TC Grün Weiß Elz e.V.	Elz	Germany

Number of members of sport organisations involved: 27

Training Tennis Together

The integrated development of athletes is a long-term process which has to begin at the early ages. The formal knowledge which athletes obtain during the process of their official education is important as are the knowledge and skills which they gain whilst participating in sports activities. Young athletes involved in tennis sports often put at risk their health due to the increasing pressure to achieve results even at the lowest levels of competitions. The ignorance of the basic principles of the training process - the frequency, the intensity and the duration, in combination with the low nutrition culture and the inadequate preparedness of the athletes according to their real possibilities increases significantly the pathophysiological changes in the body. The project aims at promoting the active networking between tennis sport clubs in order to enhance the educational role of the sports clubs, to share good practices in the field of Health Enhancing Physical Activity, and thus to raise the clubs' awareness and to improve their capacities to pursue new programs for the promotion of sport benefit for health and personal skills. The project partners are united for carrying out a special training program covering the culture of nutrition (healthy eating) and proper physical preparation/restoration; techniques and tactics for the clay court/grass court and analysis by video-materials. Within the framework of the project the partners will share different points of view, knowledge and experience, in order to consolidate the network foundations. New integrated program based on innovative methods/modules/tools will be elaborated to improve the training conditions and health prevention of the young tennis players. Through participating in transnational sport meetings foreseen during the project, the young tennis players will be able to gain experience and new sporting skills, to enrich their nutrition culture, make friends and learn to integrate in other societies.

Croatia

Reference: 613215-EPP-1-2019-1-HR-SPO-SCP

Project Title: South-East European Youth Para-Sport Exchange

Project Acronym: -

Eligible Budget (€)	Grant Amount (€)	Co-financing
362,912.00	362,912.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: HRVATSKI PARAOLIMPIJSKI ODBOR

SAVSKA CESTA 137

HR 10000 ZAGREB



Participants

CON	HRVATSKI PARAOLIMPIJSKI ODBOR	ZAGREB	Croatia
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PAR	ELLINIKI PARAOLYMPIAKI EPITROPI	MAROUSSI	Greece
PAR	EUROPEAN PARALYMPIC COMMITTEE	WIEN	Austria
PAR	OPSTINA GORNJI MILANOVAC	Gornji Milanovac	Serbia
PAR	PARAOLIMPIJSKI KOMITET SRBIJE	BEOGRAD	Serbia
PAR	RIJEKA SPORTS ASSOCIATION FOR PERSONS WITH DISABILITIES	RIJEKA	Croatia
PAR	SPIN SPORT INNOVATION	KOLN	Germany
PAR	SPORT ET CITOYENNETE 3S	ANGERS	France
PAR	SREDISNI DRZAVNI URED ZA SPORT	Zagreb	Croatia

Number of members of sport organisations involved: 250

South-East European Youth Para-Sport Exchange

Despite the benefits of sport for people with disability, 80 million people with disabilities (15% of the European population) are less likely to participate in organised sport. This is due to the fact that para-sport, and especially youth-para sport, faces individual, social and environmental barriers that do not allow para-sport to make full use of its social inclusion potential. This is even more relevant in the Southeast European region.

With the main aim to promote youth para-sport participation in South-Eastern Europe, para-sport governing bodies, governments and specialised sport-related organisations from Bulgaria, Croatia, Germany, Greece, Serbia and Europe have come together to initiate the three-year “South-East European Youth Para-Sport Exchange” project, which addresses social and environmental barriers through developing exchange of knowledge and experience as well as cooperation in South-East Europe.

Social barriers will be addressed by the provision of cooperative training opportunities in youth para-sport for 60-75 multiplier sports coaches from South-East Europe. The organisation of three trans-national Coaching Workshops will lead to more qualified human resources in the region with increased knowledge and experiences.

In order to address one of most relevant environmental barriers, the lack of training and competition opportunities, the consortium will plan and implement three Youth Para-Sport Training Camps for 100-120 young people with disabilities, with sports trainings and international competitions, accompanied by educational, social and cultural activities and intensive awareness-raising campaigns.

Addressing further environmental barriers, a sub-regional cooperation structure will be established. Therefore, a cooperation symposium will be organised, bringing together 25-30 leading stakeholders to develop a cooperation strategy and roadmap, which will contribute to the development of the entire disability sport sector in South-East Europe.

Croatia

Reference: 613682-EPP-1-2019-1-HR-SPO-SSCP

Project Title: 4BallGames Teenage Sport Games

Project Acronym: 4Ball

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,380.00	56,380.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: UDRUGA ZA UNAPREDENJE
KVALITET ZIVLJENJA ANIMI
BORISA PAPANDOPULA 5
HR 21000 Split



Participants			
CON	UDRUGA ZA UNAPREDENJE KVALITET ZIVLJENJA ANIMI	Split	Croatia
PA-ASC	ASOCIATIA SPORTIVA CORPORATE GAMES	BUCURESTI	Romania
PA-ASC	ST ANGELA PARTICIPATION CENTRE	GLASGOW	United Kingdom
PA-ASC	STICHTING SPORT FOR LIFE	HOOFFDORP	Netherlands

Number of members of sport organisations involved: 4

4BallGames Teenage Sport Games

There is a worldwide trend towards less total daily physical activity, especially in teenage population recent figures from member States of the European Union (EU) indicate that six in every 10 people above 15 years of age never or seldom exercise or play a sport and more than half never or seldom engage in other kinds of physical activity.

To promote sports and physical activity among teenagers, more specific teenage girls aged 14 -16 yrs who are our main target group and who are especially vulnerable group , we have designed a 4Ball Teenage Sport Games project.

Main project activities includes educating and training 600 high school students 4 national "traditional" sports of 4 partner countries that are part of the project (Netball-Scotland, Catchball-Romania, Korfbal-Netherlands, Dodgeball-Croatia)

Students will learn and compete in 4 national events in 4 sports in each of the partner countries. Additionally, winning teams of 9 participants(5girls+4boys) from each partner country will participate at the main 4Ball Final Event in Amsterdam, Netherlands where they will have a chance to meet their European friends, exchange experiences, and learn about other EU culture through sports and recreation.

To promote greater involvement of teen girls in sports and recreation, we have chosen these 4 sports which are mainly played by girls in the countries where they are "traditionally" played.

Furthermore, to build operational capacities of partner organizations involved in the project, project activities aimed at engaging volunteers in organizing sport and recreational activities in local communities are also drafted in the project. This involves educating and training volunteer coaches and PE teachers from the partner high schools.

This will allow partner organization to produce even greater impact in engaging general public and youth in sports activities in the future and to allow 4Ball Teenage Sport Games to be sustainable longterm.

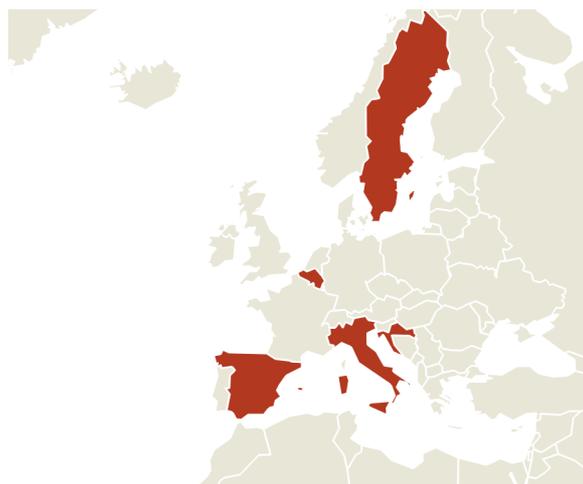
Croatia

Reference: 613261-EPP-1-2019-1-HR-SPO-SCP

Project Title: DEVELOPING SPORT ADMINISTRATION COMPETENCES

Project Acronym: ADMINS

Eligible Budget (€)	Grant Amount (€)	Co-financing
268,170.00	268,170.00	100.00 %



Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: HRVATSKA ASOCIJACIJA ZA SPORTSKI MENADZMENT

Skokov prilaz 5

HR 10000 Zagreb

www.hasm.hr

Participants			
CON	HRVATSKA ASOCIJACIJA ZA SPORTSKI MENADZMENT	Zagreb	Croatia
PAR	FUNDACION UNIVERSITARIA SAN ANTONIO	MURCIA	Spain
PAR	INSTITUT DE HAUTE FORMATION AUX POLITIQUES COMMUNAUTAIRES	BRUXELLES	Belgium
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden
PAR	VISOKA POSLOVNA SKOLA PAR	RIJEKA	Croatia

Number of members of sport organisations involved: 200

DEVELOPING SPORT ADMINISTRATION COMPETENCES

The project proposal addresses the need of fostering job-related skills and competences of sports administration employees, who will in turn strengthen the capacities of sport organizations and make them more competitive and successful. In other words, the aim of this project is to enable each administrator to effectively improve and develop administrative functions in their organizations, which would result in better governance of a sport organization. To achieve that, a training programme in Sports Administration will be developed and delivered by the consortium. The core activities are the following:

1. The comprehensive analysis on the educational needs of sport administrators will be conducted.
2. Based on the obtained results, academic institutions will create customized curriculum, which will give ground to developing six educational modules.
3. Train-the-trainer events will take place after the modules are created.
4. In order to make the modules transferable, Virtual Learning Environment (VLE) will be developed. Modules will be uploaded on the online platform, specially created for the needs of this project.

The target group of this project proposal is sport administration staff who are not formally educated in sport administration. However, the project is transversally addressing the educators as well in order to achieve multiplying effect. The collaboration of a transnational partnership will be created, comprised of 6 partners from 5 countries:

- two academic institutions will create the curriculum and develop educational modules, teaching methods and materials;
- one NGO will conduct the research on educational needs;
- two organizations experienced in sport administration will provide knowledge in certain areas and ensure that the implementation of the project is appropriate.

Croatia

Reference: 613506-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Aqua Primorje

Project Acronym: AquaPri

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,250.00	58,250.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **KLUB SINKRONIZIRANOG
PLIVANJA PRIMORJE-AQUA
MARIS RIJEKA**

Podkoludricu 2

HR 51000 Rijeka

www.primorje-sinkro.hr



Participants

CON	KLUB SINKRONIZIRANOG PLIVANJA PRIMORJE-AQUA MARIS RIJEKA	Rijeka	Croatia
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PA-ASC	SERBIAN DIVING ASSOCIATION	Belgrade	Serbia
PA-ASC	SPORT VIV	SAMOBOR	Croatia

Number of members of sport organisations involved: 1,500

Aqua Primorje

Sport, in general, can be utilized as a cross-cutting tool to promote education, health, inclusion, intercultural dialogue, development and peace. It generates important values such as team spirit, solidarity, tolerance and fair play, contributing to personal development and fulfilment.

Human Resource Management in Sport, which deals with education, training, employment and volunteering in sport, is the topic that we selected as it covers our main interest, which is the education and mobility of coaches in synchronized swimming.

The project focuses on education of coaches in the fields of training approach, choreography, implementation of other sports and their respective cultures, music interpretation, swimming costumes and make up, nutrition and management. Synchronized swimming coaches in our part of the world have no possibilities for education and knowledge improvement. There is no school or course a synchro coach can take in this part of the world, so the only way for improvement is to connect among ourselves and share experiences and information, otherwise known as non-formal education. "Primorje Aqua Maris" has equipped itself with an expert coach, specialized in Choreography, Health and Nutrition, Coaching Psychology and a few more topics, she intends to share through lectures given in theory and a hands-on approach at the workshops. However, in order to flourish, knowledge needs to grow and expand, including by crossing borders. This is where the European dimension in education, training, and youth policies comes in.

With this project we would like to provide support for trainers, coaches, and trainees; as well as encourage member states or partner institutions in EU neighboring countries to reform and modernize education and training systems and develop policies so that they are better equipped to tackle today's and tomorrow's challenges

Croatia

Reference: 613379-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Active in Sport Again!

Project Acronym: AS-A!

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,250.00	53,250.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: DRUSTVO SPORTASA
VETERANA I REKREATIVACA

Vojnovićeva 42/II

HR 10000 Zagreb

www.drustvosportasaveterana.hr



Participants

CON	DRUSTVO SPORTASA VETERANA I REKREATIVACA	Zagreb	Croatia
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	SPORTNA ZVEZA AJDOVSCINA	AJDOVSCINA	Slovenia

Number of members of sport organisations involved: 1,000

Active in Sport Again!

The project Active in Sport Again! aims to encourage social inclusion of former elite athletes by organizing non formal workshops and recreational sport activities in order to increase their capacity and support their reactivation in sport and everyday life.

The specific objectives of the action are:

- raising awareness on the status and importance of social inclusion of former elite athletes
- raising awareness on the importance of organizing recreational sport activities for former athletes in order to increase and/or improve their psychophysical condition that will benefit to their physical and mental health and quality of life
- building the capacity of former elite athletes on how to face their post-sport career challenges
- Systematically collecting and recording the best practice cases and experts recommendations, programs in the field of mobilizing and motivating the former elite athletes to recreational sport activities, in order to develop “Active in Sport Again Manual”

Within the project activities the focus will be on both a) the exchange of information and good practices in social inclusion of former elite athletes and b) the development of new recreational sports programs for former/retired athletes. It will result in publishing of the “Active in Sport Again Manual” consisting of best practices, presentations/recommendations of all involved experts as well as developed recreational sports programs for retired athletes.

The project duration is 18 months with involved in 3 partners from 3 different European countries: Croatia, Bulgaria and Slovenia.

Croatia

Reference: 613547-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Day in Mountain

Project Acronym: DiM

Eligible Budget (€)	Grant Amount (€)	Co-financing
41,150.00	41,150.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: PLANINARSKO DRUSTVO
TUHOVIC

DELTA 5

HR 51000 RIJEKA

www.pdtuhobic.hr



Participants			
CON	PLANINARSKO DRUSTVO TUHOVIC	RIJEKA	Croatia
PA-ASC	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey
PA-ASC	L ORMA SOCIETA SPORTIVA DILETTANTISTICA A RESPONSABILITA LIMITATA	Milan	Italy
PA-ASC	SPORT VIV	SAMOBOR	Croatia

Number of members of sport organisations involved: 500

Day in Mountain

Modern life has removed the traditional nature play many of today's adults experienced as children. With this project we want to bring nature back to playgrounds. Research indicates that, when children play and learn in nature, they do so with more vigor, engagement, imagination, and cooperation than in wholly artificial environments, and that symptoms of attention deficit and depression are reduced. Experts agree that children need access to nature the same way they need good nutrition and adequate sleep.

Nowadays families often spend a lot of time seated, or in front of a screen or strolling in shopping centres. Moving from children's interests and personal affinities of kindergarten educators and primary school teachers, but having in mind the wellbeing welfare of the entire family, we developed this project aimed at children and parents and focused on spending time in nature, as well as the building of mutual connections between child, parents and educators.

The main aim of the project is to ensure human resources that will be well trained to guide organised children tours in nature and to mountaineering or mountain climbing trips.

The fulfilment of the goal will allow pre-school and elementary school children to spend quality time in nature. The benefit of the project is that it would allow creating connections with other countries with the aim of sharing experiences and common learning. In Croatia there is not a big number of NGO's or institutions that work in these fields, which hinders our insights in different possibilities.

Croatia

Reference: 613323-EPP-1-2019-1-HR-SPO-SCP

Project Title: DU MOTION

Project Acronym: DUMOTIO

Eligible Budget (€)	Grant Amount (€)	Co-financing
292,330.00	292,330.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: DUBROVACKI SAVEZ
SPORTOVA

Liechtensteinov put br. 10

HR 20000 Dubrovnik

<http://dubrovackisavezsportova.com/>



Participants			
CON	DUBROVACKI SAVEZ SPORTOVA	Dubrovnik	Croatia
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PAR	INSTITUT DE HAUTE FORMATION AUX POLITIQUES COMMUNAUTAIRES	BRUXELLES	Belgium
PAR	INSTYTUT ROZWOJU SPORTU I EDUKACJI	WARSZAWA	Poland
PAR	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden

Number of members of sport organisations involved: 6,000

DU MOTION

The sport sector is able to mobilise more volunteers than any other sector. Volunteers are fundamental to the success of international and domestic sport events. Sport event organisers rely on the knowledge, skills and experiences of volunteers to run events. The scale of volunteer involvement in sports events is significant, creating the potential for a wide range of economic, social, cultural and community benefits. In most Member States, the sport movement would not exist without volunteering.

The goal of DU MOTION project is to educate volunteers in the service of organization of national and international sporting events. The organization of every sport competition requires the engagement of volunteers, the number is less modest at home / local and regional competitions, but for the organization of European and world competitions the number of volunteers involved in activities is often exceeded by 300, 400 persons.

With this project, we want to encourage volunteers to further actively engage not only in sporting events, but also in sports clubs and sports organizations, as they increase their competences, develop skills, and open up opportunities for employment, entrepreneurship and self-employment. Volunteers will also participate in international competitions outside of their country with additional value, acquire new knowledge, new acquaintances, and create positive networking. We emphasize that we will take special care when selecting volunteers to include people with disabilities and people from marginalized groups.

During project, implementation will be educated at a minimum 240 volunteers

Volunteers perform many critical roles in sport including serving as coaches, officials, team managers, administrators, and board and committee members; with many individuals filling multiple roles. Volunteers contribute to the social and economic value of sport, particularly at the community grassroots level.

Croatia

Reference: 613647-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Equal oportunities for women in handball

Project Acronym: E-POW

Eligible Budget (€)	Grant Amount (€)	Co-financing
49,800.00	49,800.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: RUKOMETNI SAVEZ
ZAGREBACKE ZUPANIJE

Zagrebačka 5

HR 10370 Dugo Selo

www.rszz.info



Participants			
CON	RUKOMETNI SAVEZ ZAGREBACKE ZUPANIJE	Dugo Selo	Croatia
PA-ASC	Kozármisleny Sportegyesület	Kozármisleny	Hungary
PA-ASC	UNIVERZITET U BEOGRADU	BEOGRAD	Serbia

Number of members of sport organisations involved: 1,000

Equal opportunities for women in handball

The general objective of the action is to encourage equal opportunities for women in handball – managers of female handball clubs/associations, female coaches and female referees.

The specific goal of the project Equal opportunities for women in handball / E-POW is strengthening capacity of women in handball through best practice exchange workshops in order to:

- increase the capacity of women sport administrators in order for them to gain new knowledge and managerial skills
- motivate young women kinesiologists to become coaches in women handball clubs
- encourage former women handball players to become handball referees
- increase the visibility of womens handball clubs in order to attract more girls into sport.

The specific objectives of the action are:

- raising awareness on womens handball in project countries
- raising awareness on the importance of including more female coaches and referees into handball sport
- building the capacity of women handball clubs and female managers/administrative staff in handball clubs.

Despite the efforts made by public bodies to promote equality, everyday obstacles continue to exist. As Ministers responsible for equality between men and women emphasized at the 7th Ministerial Conference held in Baku in 2010 " Equality exists de jure, but it is not always de facto".

During the forum on gender equality in sports, organized by the International Olympic Committee in Buenos Aires, November 2018, it was emphasised that "...there still need to be more women in leadership roles..."

Within this project we will contribute to :

- Enhancing the visibility and status of women's handball in project countries;
- Strengthen women's youth handball;
- Enhance the status of women involved in handball (administrative staff, coaches and referees);

Croatia

Reference: 613125-EPP-1-2019-1-HR-SPO-SCP

Project Title: EU on the Move

Project Acronym: EUMove

Eligible Budget (€)	Grant Amount (€)	Co-financing
301,050.00	301,050.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ZAJEDNICA SPORTSKIH
UDRUGA GRADA RIJEKE
RIJECKI SPORTSKI SAVEZ

VERDIJEVA 11 III

HR 51000 RIJEKA

www.rss.hr



Participants			
CON	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia
PAR	ASOCIATIA SE POATE	CHIAJNA	Romania
PAR	BOSNIAN REPRESENTATIVE ASSOCIATION FOR VALUABLE OPPORTUNITIES	SARAJEVO	Bosnia and Herzegovina
PAR	CENTRO SPORTIVO EDUCATIVO NAZIONALE	ROMA	Italy
PAR	GINASIO CLUBE PORTUGUES	Lisboa	Portugal
PAR	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey
PAR	SPORTNO DRUSTVO GIB LJUBLJANA SSKA	Ljubljana	Slovenia

Number of members of sport organisations involved: 500

EU on the Move

One of the specific objectives pursued by the Erasmus+ Programme in the field of sport is to raise the awareness of the importance of health-enhancing physical activity, through increased participation in. With EU on the Move project, we want to address this topic because physical inactivity became not only European, but a global public health problem and because beyond health, increasing participation in physical activity has multiple mental, social, economic and environmental benefits, especially in young age.

The main aim of the EU on the Move project is to increase awareness of the importance of physical activity among children aged 7-11 (elementary school students) by additionally educating sport professionals (trainers, kinesiologists) and by implementing sport activities for children in schools/sport clubs/organizations in each partner country.

Main objectives of EU on the Move project are: raise the awareness of the importance of physical activity among children, increase physical activity levels in children, increase the proportion of children that participate in after-school sport activities, additionally educate sport professionals (trainers/kinesiologists) who work with children, combine sport with culture/ecology/nutrition and educate children on the other values through sport.

The project aim and objectives will be achieved through the implementation of 8 work packages (WPs) as follows:

- WP1. Project management, coordination and evaluation
- WP2. Development of survey and data collection
- WP3. Development of training module for trainers/kinesiologists
- WP4. Training session for trainers/kinesiologists
- WP5. Pilot project implementation
- WP6. Development of "EU on the Move" Guide
- WP7. Organization of the Final conference
- WP8. Dissemination, visibility and communication

Croatia

Reference: 613227-EPP-1-2019-1-HR-SPO-SCP

Project Title: Economic dimension of volunteering in sport

Project Acronym: EVIS

Eligible Budget (€)	Grant Amount (€)	Co-financing
418,300.00	400,000.00	95.63 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: HRVATSKI OLIMPIJSKI ODBOR

TRG KRESIMIRA COSICA 11

HR 10000 ZAGREB



Participants

CON	HRVATSKI OLIMPIJSKI ODBOR	ZAGREB	Croatia
PAR	GENIKO NOSOKOMEIO PAPAGEORGIOU	THESSALONIKI	Greece
PAR	GESELLSCHAFT FUER WIRTSCHAFTLICHE STRUKTURFORSCHUNG MBH	OSNABRUECK	Germany
PAR	MYKOLO ROMERIO UNIVERSITETAS	VILNIUS	Lithuania
PAR	SHEFFIELD HALLAM UNIVERSITY	SHEFFIELD	United Kingdom
PAR	SPORTSECONAUSTRIA INSTITUT FUR SPORTOKONOMIE	WIEN	Austria
PAR	SREDISNJI DRZAVNI URED ZA SPORT	Zagreb	Croatia
PAR	STICHTING HOGESCHOOL VAN ARNHEM ENNIJMEGEN HAN	ARNHEM	Netherlands
PAR	UNIVERSIDAD PUBLICA DE NAVARRA	PAMPLONA	Spain

Number of members of sport organisations involved: 50

Economic dimension of volunteering in sport

The project entitled “Economic dimension of volunteering in sport” (EVIS) is designed to support public authorities and sport governing bodies to formulate policies and programmes aimed at tackling issues in the European sport systems. The end goal of the project is to support evidence-based policy-making in sport and improve good governance in the sport sector in order to increase the social utility of sport in the European Union. The project will contribute to the objectives of the Europe 2020 Strategy, as well as to the sustainable goals of the European Commission presented in the Reflection paper: "Towards a sustainable Europe by 2030".

Science is pivotal to good policy-making. Based on the scientific expertise and competences within the EVIS project’s team, as well as on the consultations with key stakeholders, the EVIS project aims to ensure that the best scientific advice possible informs policy development.

The EVIS project team is going to develop a harmonised methodology on measuring the economic impact of volunteering in sport, use it to conduct the survey in EU-8 in order to produce evidence-based recommendations to policy-makers, and organise two regional consultative conferences to gain feedback from key stakeholders and inform the main project’s output entitled “Study on economic dimension of volunteering in sport”.

With the support of the European Commission, the Croatian Olympic Committee will continue to coordinate projects involving scientists and key stakeholders in the sport sector with knowledge and competences to contribute to the science-based evidence that informs policy-makers and provides support in the EU sport policy area.

Croatia

Reference: 613476-EPP-1-2019-1-HR-SPO-SSCP

Project Title: HEPAKid2

Project Acronym: HEPAK2

Eligible Budget (€)	Grant Amount (€)	Co-financing
67,730.00	60,000.00	88.59 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: DRUSTVO SPORTSKE
REKREACIJE SUPERKID

GLOGOVECKA 36

HR 10000 ZAGREB

<http://www.superkid.hr/>



Participants			
CON	DRUSTVO SPORTSKE REKREACIJE SUPERKID	ZAGREB	Croatia
PA-ASC	Center za zdravje in razvoj Murska Sobota	Murska Sobota	Slovenia
PA-ASC	Gymnastické centrum	Bratislava	Slovakia
PA-ASC	MEDJIMURJE COUNTY	CAKOVEC	Croatia
PA-ASC	MUNICIPIO DE LOUSADA	SILVARES LOUSADA	Portugal

Number of members of sport organisations involved: 200

HEPAKid2

Sport is a powerful tool for bringing people together, reaching them at international, national, regional and local levels, and developing people-to-people contacts. Cooperation, partnerships and exchanges at the grassroots level inside the EU as well as with non-EU countries can contribute to the development of new skills and positively influence societal changes. Sport staff members such as coaches, managers or instructors play a key role in sport: by leading and guiding participants, they have an impact on their knowledge, skills, health, well-being and values. They are in a unique position to advance social inclusion, protect integrity, infuse respect for common values, and promote physical activity in all social groups.

In order to pursue what is aforementioned, this project consortium will carry out a project with the overall objective to strengthen the international network and exchange good practices in the field of physical activity and early childhood. The project consortium made of local sport clubs, municipalities and a health centre (from Croatia, Portugal, Slovakia and Slovenia) will implement three main activities in 24 months: 1) prepare collection of good practices, 2) organise five mobility visits and 3) a final conference. After the activities end, we expect to deliver a collection of good practices in the field of physical activity in early childhood, five reports on mobility visits and a successfully organised final conference during the European Week of Sport. As an impact, we expect to improve the knowledge and know-how of staff, exchange good practices and strengthen an international cooperation. In long-term, we expect to improve the overall quality of sport and exercise for children up to 10 years old. The project will target staff of project partners. Indirect target group are children up to 10 years old who should benefit once the project team starts implementing good practices at local level.

Croatia

Reference: 613298-EPP-1-2019-1-HR-SPO-SCP

Project Title: Promotion of sport among children and young people

Project Acronym: POSACYP

Eligible Budget (€)	Grant Amount (€)	Co-financing
363,260.00	363,260.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: HRVATSKI KUGLACKI SAVEZ

Ilica 37/1

HR 10000 Zagreb

kuglanje.hr



Participants

CON	HRVATSKI KUGLACKI SAVEZ	Zagreb	Croatia
PAR	CESKA KUZEKARSKA ASOCIACE	Praha	Czech Republic
PAR	KEGLJASKA ZVEZA SLOVENIJE	LJUBLJANA	Slovenia
PAR	KUGLASKI SAVEZ SRBIJE	Beograd	Serbia
PAR	SK ZELEZIARNE PODBREZOVA A.S.	Podbrezova	Slovakia

Number of members of sport organisations involved: 550

Promotion of sport among children and young people

Projekt Promicanje bavljenja sportom među djecom i mladima je zajednička inicijativa partnerskih organizacija iz 5 različitih zemlja (Hrvatska, Srbija, Slovenija, Češka i Slovačka) kako bi se potaknulo djecu i mlade u dobi od 14 do 20 godine kroz zajednička druženja i nove načine komunikacijskih kanala na bavljenje tjelesnom aktivnošću kroz kuglački sport, uključivanje klubovima i ostanak u kuglačkom sportu.

Ciljevi ovog projekta su:

- Povećanje broja djece i mladih koji će se uključiti u programe sportske rekreacije i amaterskog bavljenja kuglačkim sportom.
- Izrada priručnika o organizaciji kuglačkih kampova
- Izrada web aplikacije za interaktivno sudjelovanje u kuglačkom sportu
- Širiti rezultate projekta i promicati bavljenje kuglanjem za djecu i mlade u dobi od 14 do 20 godina kroz organizaciju kampova na temelju izrađenog priručnika diljem Europske unije.

Zbog nedovoljnog bavljenja tjelesnim aktivnostima, sve je više ugroženo zdravlje svih stanovnika EU, stoga se ovim projektom želi skrenuti pažnja svim pojedincima, a kroz pozitivne primjere djece i mladih pokazati da bavljenje sportom i fizička aktivnost može postati dio svakodnevnog života.

Kako je ovaj projekt namijenjen djeci i mladima, organizirat će se međunarodni kampovi za okupljanja mladih da kroz edukativne načine shvate koliko je sport važan u životu. Osmišljena je nova web aplikacija, gdje korisnici aplikacije ujedno postaju i aktivni sudionici preko svojih profila, a pratili bi osobnu i grupnu statistiku igre i dodatno se umrežavali. Treneri će dobiti mogućnost razmjene iskustva preko zatvorenog foruma, a u aplikaciju će unositi rezultate igrača, što će omogućiti bolje praćenje i razvoj strategije igre za pojedine igrače ili timove.

Treneri će timskim radom izraditi priručnik za organiziranje kuglačkog kampa, koji će biti namijenjen svim tijelima i osobama kod organizacije kuglačkih kampova, kako bi se širili rezultati projekta, a kampovi bi se organizirali diljem zemalja EU.

The project Promotion of sport among children and young people is a joint initiative of partner organizations from 5 different countries (Croatia, Serbia, Slovenia, Czech Republic and Slovakia) to encourage children and young people aged between 14 and 20 years through joint gatherings and new ways of communicating channels to engage in physical activity through bowling, to join clubs, and to stay engaged in bowling.

The objectives of this project are:

- to increase the number of children and young people involved in sports and amateur bowling programs
- to create a handbook on the organization of bowling camps
- to design and develop a web application for interactive engagement in bowling
- to disseminate the project results and promote the bowling among children and young people aged 14 to 20 through the organization of camps throughout the European Union, in line with the developed handbook.

Because of the low physical activity, the health of all EU citizens is increasingly threatened, so this project wants to draw attention to all individuals, and through positive examples of children and young people, to show that sport and physical activity can become a part of everyday life.

As this project is intended for children and young people, international youth camps will be organized with the aim to promote sport as an important integral part of everyday life. A new web application will be developed, where its users become active participants via their profiles, by tracking their personal and group gaming statistics and by networking.

The coaches will have the opportunity to exchange experiences within a closed forum, and to provide the players with their results thus enabling better tracking and development of the game's strategy for individual players or teams.

A team of coaches will create a bowling camp handbook that will be designed for all bodies and individuals organizing bowling youth camps in order to disseminate the results of the project.

Croatia

Reference: 613088-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Recruiting in Open Water Swimming

Project Acronym: ROWS

Eligible Budget (€)	Grant Amount (€)	Co-financing
48,925.00	48,925.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **HRVATSKI SAVEZ DALJINSKOG PLIVANJA**
Ivana Kukuljevića Sakcinskog 6
HR 21460 Stari Grad
www.hsdp.hr



Participants			
CON	HRVATSKI SAVEZ DALJINSKOG PLIVANJA	Stari Grad	Croatia
PA-ASC	KLUB DALJINSKOG PLIVANJA PRIMORJE	Rijeka	Croatia
PA-ASC	Sportno drustvo plavalna akademija Rok Kerin	Krsko	Slovenia
PA-ASC	SWIMMING FEDERATION of NORTH MACEDONIA	OHRID	Republic of North Macedonia

Number of members of sport organisations involved: 50

Recruiting in Open Water Swimming

The main objective of the project Recruiting in Open Water Swimming (ROWS) is to support the mobility of swimming coaches, managers and staff of non-profit sport organisations (swimming clubs and federations), creating a networking opportunity of exchanging their knowledge on how to motivate swimmers to prolong their swimming career including them in Open Water Swimming (OWS).

Specific objectives are:

1. To give the teenage swimmers who end their swimming activity, due to high school obligations or simply due to too intensive trainings, an opportunity to continue swimming by exchanging the pool with OWS. They will be given a new beginning, namely, a continuation of their swimming (sport) career.
2. To give the top swimmers, who are at the end of their pool swimming careers and in their early twenties, the opportunity to prolong their top career for at least 10 years in OWS.

The Project innovative value is that, to our knowledge, nobody so far has given any serious thought about how to avoid the unnecessary interruption of an already technically accomplished swimmer in the sport they have dedicated all their young life to. Being a relatively new Olympic sport (from Beijing 2008), it is still insufficiently recognized by the public and pool swimmers, so the strategies suggested in this project would definitely contribute to enlarging the number of swimmers in OWS and with this also the quality of OWS.

Last but not the least, the added value at EU level is the innovative way of recruiting swimmers for a lifelong swimming, thus the importance and benefit is not only for OWS, but for swimming and sport in EU in general. Moreover, swimming longer, or swimming for life (an activity that is adequate and injury-free for any person, not only for athletes) is a very important aspect of health-enhancing value for all the citizens and it is a highly desirable goal to be achieved in any EU country.

Croatia

Reference: 613434-EPP-1-2019-1-HR-SPO-SCP

Project Title: CREATING MECHANISMS FOR CONTINUOUS IMPLEMENTATION OF THE SPORTS CLUB FOR HEALTH GUIDELINES IN THE EUROPEAN UNION

Project Acronym: SCforH

Eligible Budget (€)	Grant Amount (€)	Co-financing
398,845.00	398,845.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: SVEUCILISTE U ZAGREBU
KINEZIOLOSKIFAKULTET
HORVACANSKI ZAVOJ 15
HR 10000 ZAGREB

Participants			
CON	SVEUCILISTE U ZAGREBU KINEZIOLOSKIFAKULTET	ZAGREB	Croatia
PAR	ATHLONE INSTITUTE OF TECHNOLOGY	ATHLONE	Ireland
PAR	DEUTSCHER TURNER-BUND EV	FRANKFURT AM MAIN	Germany
PAR	EUROPEAN NON-GOVERNMENTAL SPORTS ORGANISATION	STOCKHOLM	Sweden
PAR	FEDERATION EUROPEENNE DU SPORT D'ENTREPRISE - EFCS	Paris	France
PAR	GAELIC ATHLETIC ASSOCIATION	DUBLIN	Ireland
PAR	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	KOBENHAVN	Denmark
PAR	JYVASKYLAN YLIOPISTO	JYVASKYLA	Finland
PAR	KATHOLIEKE UNIVERSITEIT LEUVEN	LEUVEN	Belgium
PAR	NEMZETI DIAK-, HALLGATOI ES SZABADIDOSZOVETSEG SZOVETSEG	BUDAPEST	Hungary
PAR	OREBRO UNIVERSITY	OREBRO	Sweden
PAR	SUOMEN PESAPALLOLIITTO PPL RY	Vantaa	Finland
PAR	TURUN YLIOPISTO	Turku	Finland
PAR	UNIVERSITAET GRAZ	GRAZ	Austria
PAR	UNIVERSITE DE LORRAINE	NANCY CEDEX	France
PAR	UNIVERZITA PALACKEHO V OLOMOUCI	OLOMOUC	Czech Republic
PAR	UNIVERZITET U BEOGRADU	BEOGRAD	Serbia
PAR	Victoria University	Footscray	Australia

Number of members of sport organisations involved: 24

CREATING MECHANISMS FOR CONTINUOUS IMPLEMENTATION OF THE SPORTS CLUB FOR HEALTH GUIDELINES IN THE EUROPEAN UNION

The SCforH movement has been widely recognised as a worthwhile and successful initiative. Given there are more than 2.5 thousand sport associations, almost a million sports clubs in Europe, there is a great potential reach of future SCforH initiatives. The overarching objective of this project is to increase participation in sport and HEPA in EU by encouraging sports clubs and associations to implement SCforH principles in their activities. This project will directly target: [i] national, international and European umbrella sports organisations; [ii] national Olympic committees; [iii] national sport and Sport for All associations; [iv] sports clubs; [v] national ministries of health and sport; [vi]; individual policymakers; [vii] National Physical Activity Focal Points; [viii] members of the HEPA Europe network; [ix] coordinators and students of tertiary education courses that educate future health promoters, and sport and exercise practitioners. The project team will consist of 24 members representing 18 organisations from 13 countries. The project team members have vast expertise covering all the relevant aspects needed for the realisation of the project. The project activities will be grouped into seven interconnected Work Packages through which we will produce 10 intellectual outputs and organise two multiplier sports events. We carefully distributed responsibilities and project tasks to each member/partner organisation of the project team, by considering their expertise, previous experience, interests, previous successful collaboration with other members of the project team, available time, and connections with relevant people and organisations outside the project. To maximise the probability of success of the project, we will adhere to the developed Risk Management Plan. The quality control of final outcomes will be done as part of the planned Monitor & Control activities. We also established thorough Dissemination Plan of projects results and outputs.

Croatia

Reference: 613263-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Staying safe in Taekwondo

Project Acronym: SIT

Eligible Budget (€)	Grant Amount (€)	Co-financing
46,475.00	46,475.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: TAEKWONDO KLUB ZAPRESIC

Vladimira Novaka 23

HR 10295 Zapresic

www.tkd-zapresic.hr



Participants

CON	TAEKWONDO KLUB ZAPRESIC	Zapresic	Croatia
PA-ASC	Sportno drustvo Red Power	Maribor	Slovenia
PA-ASC	The Romanian Taekwondo WTF Federation	Bucharest	Romania
PA-ASC	UDRUGA ZA PROMICANJE AKTIVNOG GRADANSTVA - ECHO	ZAGREB	Croatia

Number of members of sport organisations involved: 300

Staying safe in Taekwondo

The project aims to additionally educate coaches and referees on taekwondo injury prevention methods and to deliver extensive and high-quality taekwondo prevention programs/methodology which consider both: the application of knowledge and skills and high cooperation between coaches, referees and sport medical experts.

The general objective of the action is to protect taekwondo athletes, especially the youngest, from health and safety hazards by improving training and competition conditions.

The specific objectives of the action are:

1. development and implementation of enhanced taekwondo training methodology for coaches/trainers working with children, by organizing Educational Workshops.
2. strengthening of the capacity of Taekwondo trainers/coaches for developing and implementing enhanced training methodology
3. strengthening of the capacity of Taekwondo referees
4. strengthening the awareness of key stakeholders (coaches/trainers, taekwondo sport clubs, sport association, local or national sport authorities) about the importance of safe trainings for children, keeping exposures and the risk of a hazard as low as possible.

The final beneficiaries of the project are the children (aged 6-13), who normally represent an overwhelming majority of beginners in all martial arts and need additional care and protection against injuries. Injury prevention should be a priority for all coaches/trainers, referees and sports club managers. The taekwondo athletes should be coached and supervised at all times, stressing proper technique and discipline to avoid injury. Proper officiating can also prevent injuries. Finally, a well-structured strengthening program conducted under proper supervision can help prevent injury and enhance the performance of the athletes.

Croatia

Reference: 613225-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Safety in Open Water Swimming Events

Project Acronym: SOWSE

Eligible Budget (€)	Grant Amount (€)	Co-financing
49,680.00	49,680.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **KLUB DALJINSKOG PLIVANJA PRIMORJE**

Podkoludricu 2

HR 51000 Rijeka

www.kdp-primorje.hr



Participants

CON	KLUB DALJINSKOG PLIVANJA PRIMORJE	Rijeka	Croatia
PA-ASC	Akdeniz Yukselis Spor Club Association/Akdeniz Yukselis Spor klubu Dernegi	Serik	Turkey
PA-ASC	HRVATSKI SAVEZ DALJINSKOG PLIVANJA	Stari Grad	Croatia
PA-ASC	Österreichische Wasserrettung Landesverband Kärnten	Klagenfurt am Wörthersee	Austria
PA-ASC	Sportno drustvo plavalna akademija Rok Kerin	Krsko	Slovenia

Number of members of sport organisations involved: 70

Safety in Open Water Swimming Events

The main objective of the project is to increase the athletes' safety at the open swimming (OWS) competitions by improving the safety standards and the general requirements for the competition organisers through networking, sharing of knowledge between the relevant stakeholders.

Specific objectives are:

1. To create the networking opportunity for the relevant stakeholders to share their knowledge and practices related to the safety in OWS competitions.
2. To improve safety in the OWS events by developing the recommendations for the organisers of the OWS events.
3. To educate swimmers to become more aware of the safety standards that the organisers have to comply with if they want those swimmers to take part in the OWS competition.

The objectives will be achieved by creating and sharing a new model of transmitting and sharing the experiences of those responsible for organizing OWS events and swimmers themselves.

The contribution of the project will be: establishing the safety rules and regulations for OWS events; sharing knowledge and practices related to the safety of athletes; enabling the partners who do not have experience in the organizations of OWS events to gain the necessary knowledge for it. Rules and regulations should not be left to the decisions either of national or regional, not to mention local authorities, as it currently seems to be the case in recreational OWS. The stated three objectives together (The safety of athletes; Developing the recommendations for the improvement of regulations for the OWS organisers; Education of athletes to become more aware of the safety standards) if realized, would form an obligatory part of every competition, which has not been the case so far.

Lastly, the project's added value is that the uniformity of regulations would greatly contribute to the overall development of the European dimension of sport, especially recreational sport, so important for health-enhancing physical activity of every nation.

Croatia

Reference: 613126-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Tennis for Seniors

Project Acronym: TfSnrs

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,950.00	60,000.00	98.44 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **TENISKI KLUB CHROMOS**

Prisavlje 22

HR 10000 Zagreb

tk-chromos.hr



Participants

CON	TENISKI KLUB CHROMOS	Zagreb	Croatia
PA-ASC	Dejan Malic Tennis Academy	UNTERSCHLEI SSHEIM	Germany
PA-ASC	KLC Tennisschule Skugor	Klagenfurt	Austria
PA-ASC	teniski klub domzale	domzale	Slovenia
PA-ASC	Udruga gradjana Tenis klub Medjugorje	Medjugorje	Bosnia and Herzegovina

Number of members of sport organisations involved: 50

Tennis for Seniors

EU claims that addressing the ageing challenge and turning it into an opportunity depends on extending working lives. To this end, guiding principles for active ageing were developed by the EU. Active ageing means helping people stay in charge of their own lives for as long as possible as they age and, where possible, to contribute to the economy and society. However, statistics show poor results -the Special Eurobarometer 472 report, shows that older people are less likely to engage in physical activities. That is why this project wants to tackle physical inactivity of seniors through social inclusion in tennis.

The aim of the project is to encourage social inclusion and equal opportunities in sport. More concretely, our main objective is to encourage senior citizens to active ageing through tennis. We will achieve this by implementing three main activities: a) developing the adapted tennis programme for senior citizens (55+), sharing good practices among the project team and c) organising a final sport event). We will achieve this with the mutual collaboration of 5 local tennis clubs from 5 European countries (one of them is a Partner Country from the Western Balkans area, all working with senior citizens. The project lasts for 24 months and by the end of the project we expect deliver an innovative adapted tennis programme for senior citizens, exchange good practices among the project team and successfully organise a final sport event. These shall lead in a long-term to strengthening of international network of local tennis clubs, whereas in the short-term period we expect to gain new knowledge and skills for working with senior citizens in the field of tennis. On the other hand, senior citizens will improve health in general and become more active participants in local community.

Croatia

Reference: 613122-EPP-1-2019-1-HR-SPO-SCP

Project Title: Urban Sport and Culture Volunteers

Project Acronym: USCVol

Eligible Budget (€)	Grant Amount (€)	Co-financing
405,769.00	400,000.00	98.58 %

Project start: 01/01/2020

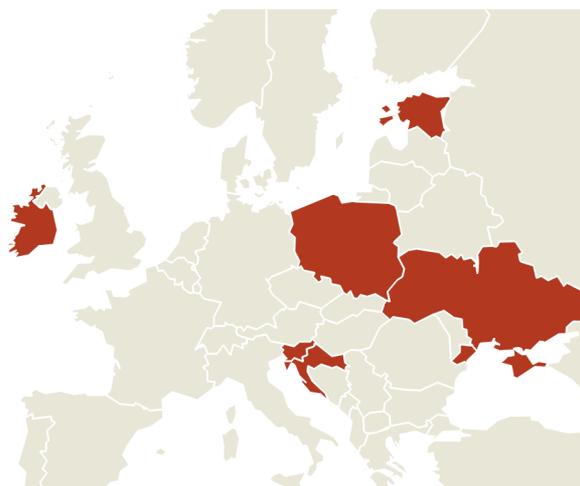
Project end: 31/12/2022

Coordinator: PANNONIAN

Cara Hadrijana

HR 31000 Osijek

www.pannonian.hr



Participants

CON	PANNONIAN	Osijek	Croatia
PAR	CHAMPIONS FACTORY IRELAND LIMITED	Dublin	Ireland
PAR	FOTON, DRUSTVO ZA RAZVOJ KULTURE INTRAJNOSTI	Ljubljana	Slovenia
PAR	HRVATSKI OLIMPIJSKI ODBOR	ZAGREB	Croatia
PAR	MITTETULUNDUSUHING ELAMUSSPORT MTU	Tallinn	Estonia
PAR	TANDECK WOJCIECH TOMASZ	Gdansk	Poland
PAR	YOUTH ASSOCIATION EXTREME STYLE	Sumy	Ukraine

Number of members of sport organisations involved: 200

Urban Sport and Culture Volunteers

The European Union has strong interest in volunteering in the EU in general and many EU policies speak in this regard: the Article 165 TFEU, Aarhus Declaration (2003), White Paper on Sport (2007) up to the latest one (2019 annual work programme for the implementation of Erasmus+). Additionally, the EU actively promotes social inclusion of people with fewer opportunities, especially under the Erasmus+ programme.

That is why this project aims to promote voluntary activities at urban sport and culture events - places where urban sport and culture meet.

The overall objective of the project is to increase employability of youth with fewer opportunities through volunteering at sport events which will be achieved with the following activities: 1) recruitment of volunteers, 2) implementing the non-formal education training 3) organising volunteering experience at urban sport and culture events and 4) creating a huge promotional campaign. The project lasts for 36 months.

The target groups are young people (16-30) with social, economic and/or geographical obstacles who will take part at all of the aforementioned activities. During the project we plan to produce three intellectual outputs: NFE training for volunteers, volunteers handbook for urban sport and culture events and the volunteering app.

The project will be carried out by a project consortium made of 7 partners from 6 European countries (one is a Partner country from war affected area) and a group of 19 people who represent NGOs from urban sport and culture scene, non-formal education experts and umbrella sport organisation - all duly working with volunteers in everyday life.

After the project, we expect to a) strengthen the international volunteering network in urban sport and culture scene, b) enhance, recognise and validate volunteers' skills and key competences, c) exchange good practices and prepare the handbook for volunteers and the volunteering app and carry out a huge promotional campaign.

Croatia

Reference: 613465-EPP-1-2019-1-HR-SPO-SCP

Project Title: **With Establishment of national Care and development centers we support elite Athletes in balancing their sports and education/employment REsults**

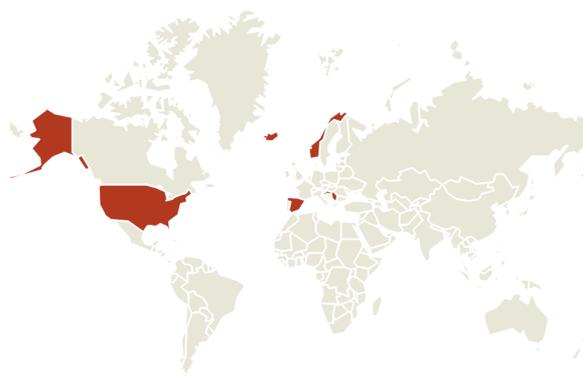
Project Acronym: WE_CARE

Eligible Budget (€)	Grant Amount (€)	Co-financing
392,842.00	392,842.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **SVEUCILISTE U ZAGREBU
KINEZIOLOSKIFAKULTET**
HORVACANSKI ZAVOJ 15
HR 10000 ZAGREB



Participants			
CON	SVEUCILISTE U ZAGREBU KINEZIOLOSKIFAKULTET	ZAGREB	Croatia
PAR	ATHLON PHYSICAL THERAPY INC	MOON TOWNSHIP	United States
PAR	CENTRE D'ALT RENDIMENT ESPORTIU DE SANT CUGAT DEL VALLES	SANT CUGAT DEL VALLES BARCELONA	Spain
PAR	HASKOLINN I REYKJAVIK EHF	REYKJAVIK	Iceland
PAR	HRVATSKI OLIMPIJSKI ODBOR	ZAGREB	Croatia
PAR	INSTITUT NACIONAL D'EDUCACIO FISICA DE CATALUNYA	BARCELONA ,	Spain
PAR	NORGES IDRETTSHOGSKOLE	OSLO	Norway
PAR	OLYMPIC COMMITTEE OF SERBIA	BEOGRAD	Serbia
PAR	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia
PAR	UNIVERZITET U NOVOM SADU	NOVI SAD	Serbia

Number of members of sport organisations involved: 92

With Establishment of national Care and development centers we support elite Athletes in balancing their sports and education/employment REsults

WE_CARE will address the void of adequate dual career (DC) supporting services for elite athletes in less developed EU Member States (MS) or MS candidates; Serbia, Croatia and Slovenia. The problem has been identified through research and experience exchange. The main objective of the project is to improve DC support in less developed MS and in such way to contribute to priority: to promote education in and through sport with special focus on skills development, as well support the implementation of the EU Guidelines on DC of Athletes through (a) involvement of experts in DC support, sport and education/work performance, injury prevention, psychology, career counseling, and (b) mutual exchange of best practices of DC support providers. In order to achieve this objective, the project will establish 3 National Athletic Care and Development Centers (NACDC), develop a catalogue of services which should be provided by established NACDCs and develop an innovative web application a Comprehensive Athlete Information System (CAIS) which will have a comprehensive set of information about elite athletes necessary to provide a high-quality DC support and which will enable knowledge sharing between DC providers. To deliver these project partners will: conduct a research on services that NACDC should provide, develop a catalogue of multidisciplinary services and programs that should be provided to elite athletes, develop a guidelines on injury prevention strategies, establish three NACDCs, develop CAIS software, conduct a research on the effectiveness of developed guidelines and CAIS and finally organize a conference on WE_CARE project results in Iceland, Spain, Serbia, Slovenia and Croatia. As a result, 60 elite athletes will use DC services in established NACDCs during project and it is expected that this number will rise since established NACDCs will continue to support elite athletes after the end of the project and CAIS will be further developed based on user feedback.

Croatia

Reference: 613239-EPP-1-2019-1-HR-SPO-SSCP

Project Title: Wrestling in safe mode

Project Acronym: WS Mode

Eligible Budget (€)	Grant Amount (€)	Co-financing
46,400.00	46,400.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: HRVACKI KLUB SESVETSKI
KRALJEVEC

ŠKOLSKA 10

HR 10361 SESVETSKI KRALJEVEC



Participants

CON	HRVACKI KLUB SESVETSKI KRALJEVEC	SESVETSKI KRALJEVEC	Croatia
PA-ASC	Huddinge Brottarklubb	Stockholm	Sweden
PA-ASC	SPORT CLUB HERACLE TIMISOARA	Timisoara	Romania

Number of members of sport organisations involved: 150

Wrestling in safe mode

The general objective of the action is to prevent injuries and protect health of young wrestling athletes by improving training and competition conditions.

The specific objectives of the action are:

1. development and implementation of enhanced wrestling training methodology for coaches/trainers by organizing best practices exchange workshops in Croatia (kick-off meeting), Sweden and Romania and then the final event in Croatia with the presentation of the overall workshop acquis or the material from previous workshops edited as a demonstration video on the fine-tuned wrestling techniques helping prevent injuries.
2. Strengthening the awareness of key stakeholders (coaches/trainers, wrestling sport clubs, sport association, local or national sport authorities) about the importance of safe trainings keeping exposures or the risk of a hazard as low as possible.

Within project activities the focus will be on both: the exchange of information and good practices and dissemination of the common newly acquired training and injury prevention knowledge. It will result in publishing of a demonstration video and a training manual consisting of presentations/recommendations of all involved expert trainers and the local wrestling top athletes, champions and veterans invited to workshops. A special part would be interviews with Swedish, Romanian and Croatian wrestling champions and veterans with special light cast on their experience in injury prevention.

As in many sports, the risk of injury increases due to many facts: age and size of athletes, style of play, contact forces. However, the risk of injuries can be reduced. Wrestling injuries can be prevented with proper supervision and compliance with the rules and safety guidelines procedures concerning the training space and training techniques. Injury prevention should be a priority for all athletes, coaches/trainers and sport club managers.

Cyprus

Reference: 613606-EPP-1-2019-1-CY-SPO-SCP

Project Title: Basketball for Life Skills

Project Acronym: BASKI

Eligible Budget (€)	Grant Amount (€)	Co-financing
396,410.00	396,410.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **KYPRIAKI OMOSPONDIA
KALATHOSFAIRAS**
Amfipoleos 21, Strovolos, Nicosia
CY 2025 Nicosia
www.basketball.org.cy



Participants			
CON	KYPRIAKI OMOSPONDIA KALATHOSFAIRAS	Nicosia	Cyprus
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	BULGARSKA FEDERACIA PO BASKETBOL	SOFIA	Bulgaria
PAR	CSI CENTER FOR SOCIAL INNOVATION LTD	Nicosia	Cyprus
PAR	EKPAIDEUTIKOS OMILOS ANATOLIA	PYLAIA THESSALONIKI	Greece
PAR	FEDERATIA ROMANA DE BASCHET	BUCHAREST	Romania
PAR	KOSARKARSKA FEDERACIJA NA SEVERNA MAKEDONIJA	Skopje	Republic of North Macedonia

Number of members of sport organisations involved: 210

Basketball for Life Skills

Basketball isn't just good for children's bodies; it's good for their minds too. Studies have shown that sport has psychological benefits for children and adolescents and teaches them important life skills.

Organised sport has many psychological and social benefits for children – even more than the physical activity during play. Researchers think this is because children benefit from the social side of being in a team, and from the involvement of other children and adults.

In this context our suggested project – Basketball for Life Skills (BASKI) primarily addresses the call topic “Promote education in and through sport with special focus on skills development, as well support the implementation of the EU Guidelines on Dual Careers of Athletes”

BASKI environs to develop a training program for basketball coaches, sports educators, sports and education decision makers on how to promote basketball among primary school students as a medium of life skills development, with emphasis on civic participation and social contribution.

The training package will provide pedagogical methods and tools as well as out-door lesson plans to be used by the relevant stakeholder.

Moreover, BASKI will provide Training and Policy Adaption Guidelines which will guide decision makers in Sports and Education to multiply the project's outcomes in different settings and be integrated in future programs and directives, where basketball will be promoted as a life skills capacity building pedagogical tool.

Through a series of actions, BASKI partners' will introduce basketball as a sport, and at the same time will encourage the young people by setting the right foundations for a lifelong sports involvement, which in parallel will develop their major life skills collaboration, critical thinking, empathy, leadership, decision making, planning, visioning), which will empower their active social participation and contribution.

Cyprus

Reference: 613078-EPP-1-2019-1-CY-SPO-SSCP

Project Title: CoAches of Today Trainers of Tomorrow

Project Acronym: CAT

Eligible Budget (€)	Grant Amount (€)	Co-financing
45,690.00	45,690.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **CYPRUS FOOTBALL ASSOCIATION**

ACHAION 1025071

CY 2413 NICOSIA

www.cfa.com.cy



Participants

CON	CYPRUS FOOTBALL ASSOCIATION	NICOSIA	Cyprus
PA-ASC	LATVIJAS FUTBOLA FEDERACIJA	RIGA	Latvia
PA-ASC	MALTA FOOTBALL ASSOCIATION	TA'QALI RABAT	Malta

Number of members of sport organisations involved: 1,000

CoAches of Today Trainers of Tomorrow

The Cyprus Football Association (CFA) will coordinate a mobility coaching exchange programme that will see the involvement of two UEFA National Associations (Malta and Latvia) as project partners and of UEFA itself as project supporter. The aim of the action is to develop a new coaching methodology and to carry out a learning mobility exchange for coaches and technical directors in order to contribute to the efforts of sport organisations to promote education in and through sport. Exchanging knowledge, ideas and good practices will be beneficial for the participants involved in the mobility exchange and for sport in general - thanks to the dissemination phase that will be directed especially to grassroots clubs. The coaches will acquire new skills, improve their networking abilities and exchange knowledge with colleagues coming from different countries and with a diverse set of backgrounds. Selected coaches will participate in 3 mobility exchanges in three different countries and will have the opportunity to acquire new skills through learning methodology exchange. They will spend a period abroad with the local participants, coaches and mentors alike and will be exploring new avenues of how coaching is taught in the rest of the countries involved in this exchange project. A final conference will be held in Brussels to disseminate project results also at the institutional level. Additionally, as one of the outcomes of the exchange a network of elite coaches will be created. The objective is to transmit the values related to coaching education also at the grassroots level and to strengthen the role of coaches in society.

Therefore and in conclusion the project has two main objectives: 1. improving the skills of professional coaches through the mobility exchange programme 2. create a network of coaches that will promote the acquired skills at the grassroots level in order to involve more people in football and sport in general.

Cyprus

Reference: 613483-EPP-1-2019-1-CY-SPO-SSCP

Project Title: Streets To Raise European Education Through Sport

Project Acronym: STREETS

Eligible Budget (€)	Grant Amount (€)	Co-financing
95,090.00	60,000.00	63.10 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **BASILIKO ATHLITIKO
MORFOTIKO ORTHODOXO
SOMATEIO BAMOS**
PAVPOY PIASIDI 34
CY 2540 DALI



Participants			
CON	BASILIKO ATHLITIKO MORFOTIKO ORTHODOXO SOMATEIO BAMOS	DALI	Cyprus
PA-ASC	ASOCIACION DE INNOVACION EMPRENDIMIENTO Y TECNOLOGIAS DE LA INFORMACION Y LA COMUNICACION INNETICA	ZARAGOZA	Spain
PA-ASC	Associação Sójovem das Saibreiras	Ermesinde	Portugal
PA-ASC	I HARA TOU PAIDIOU	KALAMATA	Greece
PA-ASC	OBCINA IVANCNA GORICA	Ivančna Gorica	Slovenia
PA-ASC	VISOKA POSLOVNA SKOLA PAR	RIJEKA	Croatia

Number of members of sport organisations involved: 1,500

Streets To Raise European Education Through Sport

STREETS is a 24 months Erasmus+ Sport Project with the aim to promote street sports. The partners involved in the Project are: "Vamos!" organization (CY) as applicant, "I Hara Tou Paidiou" organization (GR), INNETICA organization (ES), SoJovem organization (PT), PAR organization (HR), Obcina Ivančna Gorica municipality (SI). The main priorities of the Project are to save, to keep active some urban areas in the cities or villages (in particular abandoned zones), and to support prevention, educational and innovative approaches to tackle violence, racism and intolerance in sport. The initiative wants to support the implementation of the European Week of Sport 2020/2021 which is an event launched by the European Commission to promote sport and physical activities in the European Union, that usually takes place during the last week of September. Target group: athletes, coaches, trainers, amateurs, presidents, sport stakeholders, physiotherapists, volunteers and nutritionists, especially from 18 until 45 years old. The target sports are skateboarding, parkour, free running, street basketball, street volleyball, street soccer, athletics, handball, etc. STREETS wants to promote sport activities avoiding the risk of violence, racism and intolerance in this kind of context, beside the willingness to safeguard the urban areas and to highlight the importance of health-enhancing physical activities through equal access to sport for all.

Main actions:

-5 Transnational events during the course of STREETS Project in the partners' Countries, as follows:

Cyprus, March 2020

Spain, August 2020

Greece, October 2020

Slovenia, May 2021

Portugal, September 2021

-2 Transnational Staff Meetings, as follows:

Croatia, May 2020

Portugal, February 2021

-Online Street Sports programme and Guide for Trainers.

-Seminars and workshops on Street Sports

-Street Sports Open Days (free courses, training sessions and friendly competitions);

-Production of the "STREETS Guidelines of Street Sport Teaching Models"

Czech Republic

Reference: 613091-EPP-1-2019-1-CZ-SPO-SCP

Project Title: **As Sustainable As Possible**

Project Acronym: ASAP

Eligible Budget (€)	Grant Amount (€)	Co-financing
330,396.00	330,396.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **CESKY OLYMPIJSKY VYBOR**

BENESOVSKA 1925/6

CZ 101 00 PRAHA



Participants

CON	CESKY OLYMPIJSKY VYBOR	PRAHA	Czech Republic
PAR	DANMARKS IDRAETSFORBUND	BRONDBY	Denmark
PAR	DEUTSCHER OLYMPISCHER SPORTBUND (DOSB)	FRANKFURT	Germany
PAR	MAGYAR OLIMPIAI BIZOTTSAG	BUDAPEST	Hungary
PAR	SLOVENSKY OLYMPIJSKY A SPORTOVY VYBOR	BRATISLAVA	Slovakia
PAR	SUOMEN OLYMPIAKOMITEA RY	HELSINKI	Finland

Number of members of sport organisations involved: 25

As Sustainable As Possible

The vision of the ASAP project is to move from words to action; from guidelines and recommendations to strategic implementation; and ultimately from ad-hoc initiatives to integrated sustainability across the operation of National Olympic Committees (NOCs) - everywhere from workforce management to the organisation of projects and events. Ultimately, by improving partner NOC's operation, following good governance principles of the EU and the IOC, and by making the operation more sustainable, the projects aims to show the benefits of a holistic approach to sustainability not only to other (umbrella) sport organisation but also to other actors in society.

The main objective is two-fold:

- In line with the good governance principles of the IOC and the EU, translate the existing recommendations, guidelines, and best practice examples into a practical integrated approach to sustainability at organisational level, and implement this approach.
- Share the methods, expertise and implementation-related experience with other umbrella sport organisations in order to help them “maximize positive benefits while, at the same time, avoid or minimize negative impacts on people and the environment.”

In concrete terms, the mission of the project is, for the “mentee” NOCs, to create, adopt and start implementing integrated sustainability strategies in their organisations, and for the “mentor” NOCs to further improve their operations by sharing and learning from each other and from other experts in the field.

At the same time, the projects sets itself an objective of empowering NOCs and umbrella sport organisation to become sustainability leaders in the sport sector and in society; leading by example and raising awareness among both sport stakeholders and the general public of what is at stake.

Czech Republic

Reference: 612970-EPP-1-2019-1-CZ-SPO-SCP

Project Title: EUMA – improvement of good governance of climbing and mountaineering in Europe

Project Acronym: EGG

Eligible Budget (€)	Grant Amount (€)	Co-financing
395,047.00	395,047.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: CESKY HOROLEZECKY SVAZ

Nádražní 29/21

CZ 15000 Praha 5

www.horosvaz.cz



Participants

CON	CESKY HOROLEZECKY SVAZ	Praha 5	Czech Republic
PAR	DEUTSCHER ALPENVEREIN EV	München	Germany
PAR	EUROPAISCHE WANDERVEREINIGUNG E.V.	Kassel	Germany
PAR	EUROPEAN UNION OF MOUNTAINEERING ASSOCIATIONS-UNION EUROPEENNE DES ASSOCIATIONS D ALHISME	Brussels	Belgium
PAR	OSTERREICHISCHER ALPENVEREIN	Innsbruck	Austria
PAR	PLANINSKA ZVEZA SLOVENIJE	LJUBLJANA	Slovenia
PAR	THE FEDERATION OF MOUNTAINEERING SPORTS OF MACEDONIA, SKOPJE	Skopje	Republic of North Macedonia
PAR	UNIVERZITA KARLOVA	PRAHA 1	Czech Republic

Number of members of sport organisations involved: 1,857,000

EUMA – improvement of good governance of climbing and mountaineering in Europe

The project focuses on implementation of principles for good governance in hiking, mountaineering and climbing sports on the EU level. This objective will be achieved in particular through the establishment of EUMA as a credible actor providing good governance in hiking, mountaineering and climbing sport activities and their infrastructure. European Union of Mountaineering Associations (EUMA is a newly established international association which associates 23 national mountaineering and climbing associations / federations representing over 2,6 million members. The project will create mechanisms for implementing good governance principles not only within the EUMA itself, but also through the transfer of good governance principles to its members.

There are 8 project partners consisting of 5 mountaineering associations representing the significant ones (DAV, OEAV, PZS, CMF, FPMS) EUMA as an umbrella for European mountaineering associations, ERA as partner European association of tourist and CUNI representing university.

The main project focus is on 3 challenging issues which mountaineering solve across Europa – mountain huts, mountain trails, rock climbing areas. Project is structured to initial phase dealing with deep analysis of the issues, strategy phase creating strategical concept of structure and mechanisms how EUMA should work in cooperation with its members and stakeholders, and implementation phase spreading the strategy to all member associations and their countries.

Project is design for 36 months and it's seen as a key achievement in improving governance of mountaineering and climbing activities, essential outdoor infrastructure and the climbing as such.

Czech Republic

Reference: 613618-EPP-1-2019-1-CZ-SPO-SSCP

Project Title: Football for Good Visegrad Network

Project Acronym: F4GVN

Eligible Budget (€)	Grant Amount (€)	Co-financing
52,400.00	52,400.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **INEX - SDRUZENI
DOBROVOLNYCH AKTIVIT Z S**

VARŠAVSKÁ 249/30 VINOHRADY

CZ 120 00 PRAHA

<http://www.inexsda.cz>



Participants			
CON	INEX - SDRUZENI DOBROVOLNYCH AKTIVIT Z S	PRAHA	Czech Republic
PA-ASC	MSIS MŁODZIEZOWE STOWARZYSZENIE INICJATYW SPORTOWYCH	MRAGOWO	Poland
PA-ASC	OLTALOM SPORTEGYESULET	BUDAPEST	Hungary

Number of members of sport organisations involved: 2,300

Football for Good Visegrad Network

A great majority of the youth in Europe is facing many challenges, such as unemployment, lack of integration, disinterest for society, school dropout, cultural discrimination, lack of future perspective and eventually might fall into illegal activities. They need guidance and we trust that through football we are able to engage the youth and open a space for discussion, interaction and mentoring. Football can bring people from different backgrounds together, which will reintegrate actively in society, and if used as a method of non-formal learning, it helps develop essential competences for life. Through this project, we will be able to raise impact of football for good methodology in Central and Eastern Europe, by bringing innovative practices and international extent to our activities with youth at risk and by sharing experience and creating a common Visegrad strategy that would enable relevant long-term transnational and regional cooperation.

Main objectives of this project:

- the empowerment of youth leaders
- the social development and sensitivity of youth at risk of poverty, discrimination and exclusion in the Visegrad region.

Overview of the activities:

- 2 international visegrad fair-play events
- 2 educational trainings for young leaders
- 4 strategical meetings connected with the international tournaments and the educational trainings

Main impact:

Improve and develop the quality of activities of youth organizations in the Visegrad region active in the field of non-formal education through sport. Eventually having a greater positive impact on their target groups (youth at risk of social exclusion).

Czech Republic

Reference: 613627-EPP-1-2019-1-CZ-SPO-SSCP

Project Title: Best Practice Sharing in and thru Sport – Modern Pentathlon Skills Development

Project Acronym: MP

Eligible Budget (€)	Grant Amount (€)	Co-financing
29,825.00	29,825.00	100.00 %

Project start: 01/01/2020

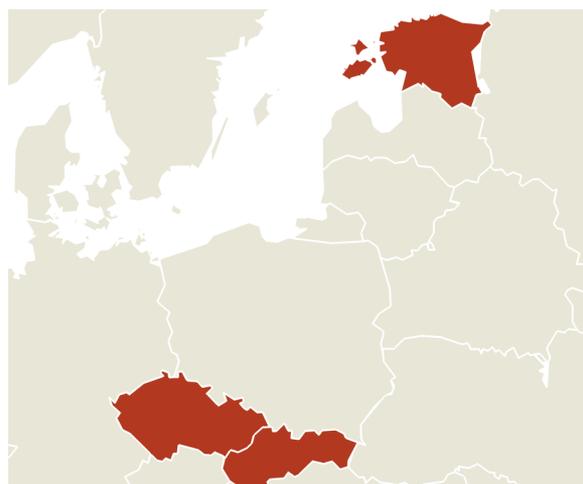
Project end: 31/12/2020

Coordinator: **TELOVYCHOVNA JEDNOTA
DUKLA PRAHA ZS**

Na Julisce 28/2

CZ 160 00 Praha 6

www.dukla.cz



Participants

CON	TELOVYCHOVNA JEDNOTA DUKLA PRAHA ZS	Praha 6	Czech Republic
PA-ASC	Estonia Modern Pentathlon Association	Tallinn	Estonia
PA-ASC	Sport club RAJA	Banská Bystrica	Slovakia

Number of members of sport organisations involved: 700

Best Practice Sharing in and thru Sport – Modern Pentathlon Skills Development

The project is based on 3 three days seminars, focused to best practice sharing between coaches. As modern pentathlon is a fast developing sport it is necessary to intensively follow up on trends to stay competitive in an international scene. But hand in hand is necessary to avoid a menace such as young athlete's overtraining, physical and psychical sufferers.

Denmark

Reference: 613432-EPP-1-2019-1-DK-SPO-SCP

Project Title: FIT FOR KIDS EUROPE

Project Acronym: FFK EU

Eligible Budget (€)	Grant Amount (€)	Co-financing
339,455.00	339,455.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: FITFORKIDS
C/O FONDEN FOR SOCIALT
ANSVAR BYGMESTERVEJ 10
DK 2400 KOBENHAVN



Participants			
CON	FITFORKIDS	KOBENHAVN	Denmark
PAR	AVENTURA MARAO CLUBE	AMARANTE	Portugal
PAR	ISTANBUL AVRUPA ARASTIRMALARI DERNEGI	ISTANBUL	Turkey
PAR	ISTANBUL KULTUR VE SPOR DERNEGI	ISTANBUL	Turkey
PAR	L ORMA SOCIETA SPORTIVA DILETTANTISTICA A RESPONSABILITA LIMITATA	Milan	Italy
PAR	SCHULHAUS EUROPA EV	Leipzig	Germany

Number of members of sport organisations involved: 65

FIT FOR KIDS EUROPE

This Big Collaborative Partnership “FITFORKIDS Europe” is a continuation and further development of the Small Collaborative Partnership 2018 “FitforKids EU”. The long-term goal of FIT FOR KIDS is to establish a network thru out EU of free local childhood obesity interventions aimed at children 7-15 years of age and their families based on our scientifically documented FitforKids-program.

The objective of this BIG CP is to

- increase the number of potential partners who are aware of the FitforKids partnering possibility
- improve the extent to which the FitforKids organization is capable of holding on to the Potential Partners and successfully bringing them to the next level as FitforKids Executive Partner
- further expand the FitforKids European presence with a start up in the largest Member State in the Union; Germany,
- develop a language and culturally adapted version of the FitforKids Program targeting the large Turkish Minority in EU-member states
- and finally to provide the FitforKids Online Health Program aimed to support FitforKids Partners and FitforKids families all over Europe.

Indeed this BIG Collaborative Partnership is an ambitious, important and innovative next step building a Europe even more Fit for Kids.

Denmark

Reference: 613591-EPP-1-2019-1-DK-SPO-SCP

Project Title: **Physical Literacy for Life**

Project Acronym: PLL

Eligible Budget (€)	Grant Amount (€)	Co-financing
383,603.00	383,603.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **INTERNATIONAL SPORT AND CULTURE ASSOCIATION**

VESTER VOLDGADE 100 2

DK 1552 KOBENHAVN



Participants			
CON	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	KOBENHAVN	Denmark
PAR	BG BYDI AKTIVEN	PLOVDIV	Bulgaria
PAR	DANSKE GYMNASIK OG IDRAETSFORENINGER	BREDSTEN	Denmark
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland
PAR	FACULDADE DE MOTRICIDADE HUMANA	CRUZ QUEBRADA LISBOA	Portugal
PAR	FUNDACIO UBAE	BARCELONA	Spain
PAR	INTERNATIONAL PHYSICAL LITERACY ASSOCIATION	Plymouth	United Kingdom
PAR	MACQUARIE UNIVERSITY	Sydney	Australia
PAR	REGION HOVEDSTADEN	HILLEROD	Denmark
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia
PAR	UNIVERSITE DE STRASBOURG	STRASBOURG	France

Number of members of sport organisations involved: 150

Physical Literacy for Life

The project promotes education in and through sport with special focus on skills development, as well supports the implementation of the EU Guidelines on the Dual Careers of Athletes.

Physical Literacy is a term that has increasingly gained popularity in recent years. A variety of individuals and organizations have promoted the use of the term internationally, and a variety of claims have been made for the benefits of using the term.

This will be addressed via three different strands:

1. Expert evaluation: The University of Lisbon and experts in the field will review literature, questionnaires etc. to analyze the status quo.
2. Grassroots organisation implementation: Various organisations from around Europe will test theory in practice.
3. Advocacy: ISCA, with its established presence at the political level in Europe, will put physical literacy higher on the agenda.

The project addresses the promotion of Physical Literacy in and through physical education, physical activity and sport at all ages and in different environments, with special focus on the four dimensions (cognition, emotion, physical, social).

While the overall objective of the project is to create the foundation for Physical Literacy to be a key component in European Citizens' lifelong learning journey through physical education, physical activity and sport. However, there are also the following, specific, sub-objectives:

- To establish the definitions and dimensions of Physical Literacy based on the most recent global research, evidence and practice
- To deliver the tools for the practical application of Physical Literacy in different environments.
- To advocate for Physical Literacy to be at the core of Lifelong Learning
- To build capacity in the application of Physical Literacy across Europe

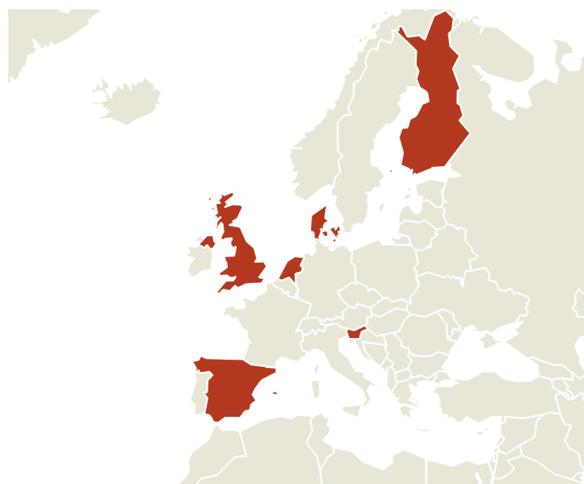
Denmark

Reference: 613519-EPP-1-2019-1-DK-SPO-SCP

Project Title: **Strengthening Athlete Power in Sport**

Project Acronym: SAPIS

Eligible Budget (€)	Grant Amount (€)	Co-financing
251,451.00	251,451.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **IDRAETTENS
ANALYSEINSTITUT**
FREDERIKSGADE 78B, 2. SAL
DK 8000 AARHUS C

Participants			
CON	IDRAETTENS ANALYSEINSTITUT	AARHUS C	Denmark
PAR	EUROPEAN ELITE ATHLETES ASSOCIATION	AMSTERDAM	Netherlands
PAR	JALKAPALLON PELAAJAYHDISTYS RY	TURKU	Finland
PAR	NEDERLANDS OLYMPISCH COMITE-NEDERLANDSE SPORT FEDERATIE VERENIGING	ARNHEM	Netherlands
PAR	SWANSEA UNIVERSITY	SWANSEA	United Kingdom
PAR	UNIVERSIDAD POMPEU FABRA	BARCELONA	Spain
PAR	UNIVERSITEIT UTRECHT	UTRECHT	Netherlands
PAR	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia

Number of members of sport organisations involved: 5,000,000

Strengthening Athlete Power in Sport

The main objective of the proposed SAPIS project is to strengthen the opportunities for athletes to participate in and contribute to decision making processes in sport. This will serve to improve sport governance by ensuring that the collective interests and views of the most critical stakeholder in sport, the athletes and players, are taken into account when decisions about sport are taken by governing bodies, leagues, clubs and public authorities. Also, by improving the involvement of athletes in sports governing structures, the legitimacy of sport will be strengthened and ultimately sport would be strengthened as a societal force.

Estonia

Reference: 613648-EPP-1-2019-1-EE-SPO-SCP

Project Title: MyPromise: Boosting Grassroots Sport and Sport Volunteering in Europe

Project Acronym: PROMISE

Eligible Budget (€)	Grant Amount (€)	Co-financing
267,135.00	267,135.00	100.00 %

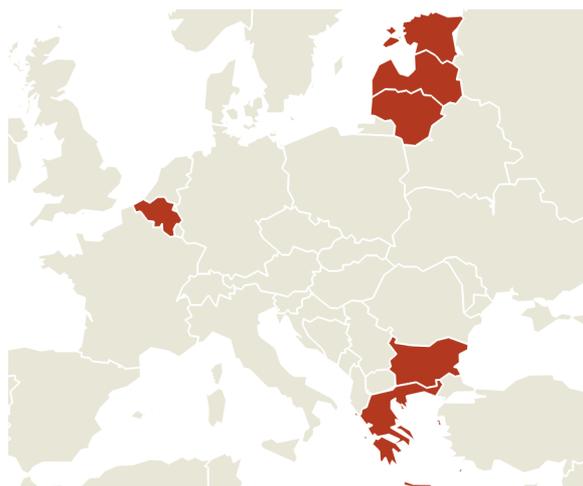
Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: SCULT SIHTASUTUS

KASTEVARRE TEE 3-1

EE 11912 TALLINN



Participants

CON	SCULT SIHTASUTUS	TALLINN	Estonia
PAR	CENTRE EUROPEEN DU VOLONTARIAT	BRUXELLES	Belgium
PAR	DIKTYO ELLINIKON POLEON GIA TIN ANAPTYXI	Athens	Greece
PAR	EESTI KOOLISPORDI LIIT	TALLINN	Estonia
PAR	LATVIJAS OLIMPISKA AKADEMIJA	Riga	Latvia
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	MITTETULUNDUSUHING JCI TALLINN	Tallinn	Estonia
PAR	NATSIONALNA SPORTNA AKADEMIYA VASSIL LEVSKI	SOFIA	Bulgaria

Number of members of sport organisations involved: 250

MyPromise: Boosting Grassroots Sport and Sport Volunteering in Europe

MyPromise: Boosting Grassroots Sport and Sport Volunteering in Europe (PROMISE)
by World Sport Volunteer Movement SCULT.com

PROBLEM: Inactivity levels are growing and the number of sport volunteers is diminishing in Europe; passive models and campaigns promoting physical activity and sports have their limits.

MISSION 2030: One million additional physically active people by 2030 in the EU.

SOLUTION: To reach and activate in sports currently inactive population using innovative and scalable “one-for-one” personal approach. People who are already involved in sports will make as sport volunteers via engaging digital platform a “MyPromises” to engage inactive people in sporty activity. It is known that the best and most authentic salespeople are the ones who sell what they do – meaning active people themselves while it comes to sport and physical activity. This is called “The Science of Selling Through Emotional Connection and the Power of Story.”

EXECUTION: (a) Designing, developing and implementing on international scale a modern www.MyPromise.eu digital platform to support the implementation and scaling of the project; (b) Planning and executing MyPromise Europe digital media campaigns to activate sporty people in partner countries to encourage them to make 20,000 MyPromises to physically inactive people; (c) Physical promotion and execution of MyPromise Europe Initiative in 14 international city marathons in 7 partner countries to socially activate sporty people (marathon runners) to encourage them to make 5,000 MyPromises to physically inactive people to bring them to sport; (d) Growth strategy and partnership plan development for international growth of the MyPromise Initiative after the end of the project; (e) MyPromise Europe Inspiration Conferences in 2020 and 2022 to spread the MyPromise one-for-one model, platform, experiences and the Growth strategy among potential future partners of the initiative.

PROJECT VISIBILITY : 500,000+ people across Europe.

Finland

Reference: 613442-EPP-1-2019-1-FI-SPO-SSCP

Project Title: Identification of barriers and best practices for inclusive cheerleading

Project Acronym: BP4inch

Eligible Budget (€)	Grant Amount (€)	Co-financing
68,146.00	60,000.00	88.05 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **SUOMEN
CHEERLEADINGLIITTO RY**

Hämeentie 105 A

FI 00550 Helsinki

www.scl.fi



Participants			
CON	SUOMEN CHEERLEADINGLIITTO RY	Helsinki	Finland
PA-ASC	Cheer Sport Ireland	Galway	Ireland
PA-ASC	Funky Team ry	Espoo	Finland
PA-ASC	ParaCheer International CIO	Bromley	United Kingdom
PA-ASC	Slovenian cheerleading association	Ljubljana	Slovenia

Number of members of sport organisations involved: 12

Identification of barriers and best practices for inclusive cheerleading

The project aims to identify barriers and best practices for inclusive cheerleading and therefore aims to enhance equal accessibility, participation and health for people with disability.

The proposed project has three main objectives:

- Identify barriers and best practices to current inclusion of disabled people within current cheerleading provision in partner nations.
- Disseminate best practice information through workshops for coaches and activity providers in partner nations
- Produce a best practice guide for overcoming barriers to participation identified in research.

The objectives are attained through the policy reviews, transnational study visits, workshops for coaches and published "Best Practices Guide". The results and information gained from the project, will be disseminated through European Cheer Union, European Sport Federation for cheerleading, having 34 member countries currently.

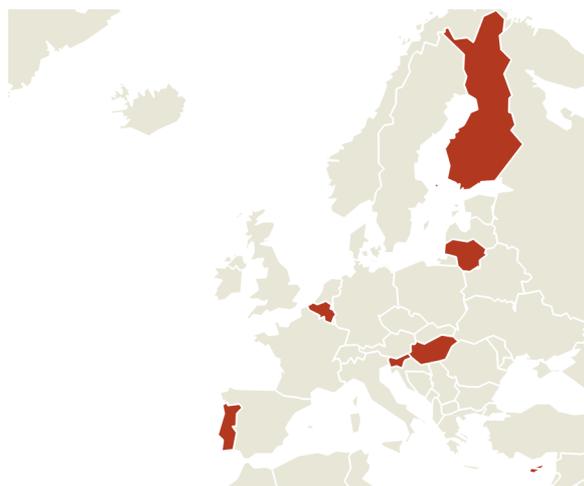
Finland

Reference: 613004-EPP-1-2019-1-FI-SPO-SCP

Project Title: Villages on the Move Go

Project Acronym: VOMGO

Eligible Budget (€)	Grant Amount (€)	Co-financing
397,390.00	397,390.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **KAAKKOIS-SUOMEN
AMMATTIKORKEAKOULU OY**
PATTERISTONKATU 3 D
FI 50100 MIKKELI

Participants			
CON	KAAKKOIS-SUOMEN AMMATTIKORKEAKOULU OY	MIKKELI	Finland
PAR	CROSSKOVACSI SPORT ES KOMYEZETVEDO EGYESULET	NAGYKOVACSI	Hungary
PAR	CSI CENTER FOR SOCIAL INNOVATION LTD	Nicosia	Cyprus
PAR	ETELA-SAVON LIIKUNTA RY	MIKKELI	Finland
PAR	INSTITUTO POLITECNICO DE LEIRIA	Leiria	Portugal
PAR	KAUNO KOLEGIJA	KAUNAS	Lithuania
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia
PAR	UC LEUVEN	HEVERLEE	Belgium

Number of members of sport organisations involved: 80

Villages on the Move Go

Villages on the Move GO (VOMGO) promotes the resilience and social sustainability of voluntary sport clubs in rural areas. In small villages the voluntary sport clubs activities are under a risk: the activities are dependent on individual activators. In many case these local sport activators are local enthusiasts, “fire souls” whose voluntary work supports HEPA actions alone. They need more support and methods to distribute the work to ensure the resilience of the sport clubs and health-enhancing physical activity actions for different target groups: children, adults, elderly and special groups like immigrants and refugees. The impact on European level is that the social sustainability of the local sport clubs will be strenghtened.

The project idea focuses on one of the main objectives of EU sport policy: promote awareness and activity in HEPA, health-enhancing physical activity. We support and enhance voluntary activities in sport, together with social inclusion and equal opportunities of rural citizen for sports for all.

VOMGO involves actors in several functional levels to join cross-sectorial co-operation that results into

- Learning how to use Culture of experimentation in sport club activities, we use analysed stories of the fire souls, collected the project
- Developing tools of co-creation such as Hack4Society for supporting resilience and sustainability of small sport clubs
- Enlargement of the map application on www.villagesonmove.com with the stories of the “fire souls” and methods of co-creation in sport clubs’ development work
- Enlargement of the network of Villages on Move by dissemination activities.

The intellectual outputs from the project are:

- 1) Concept manual of Hack4Society
- 2) Survey of the profiles of “fire souls”
- 3) Toolkit for promoting resilience of sport clubs
- 4) New technical features of the map application on villagesonmove.com
- 5) Evaluation model of social impact for small sport clubs in rural areas

France

Reference: 613017-EPP-1-2019-1-FR-SPO-SSCP

Project Title: **ESCRIME DEFICIENT VISUEL-BLIND FENCING**

Project Acronym: EDV2020

Eligible Budget (€)	Grant Amount (€)	Co-financing
73,780.00	60,000.00	81.32 %



Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **ASSOCIATION SPORTIVE
BOUILLARGUES ESCRIME**

6 IMPASSE DES COMBES

FR 30129 REDESSAN

Participants

CON	ASSOCIATION SPORTIVE BOUILLARGUES ESCRIME	REDESSAN	France
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA SCHERMA MODICA	MODICA	Italy
PA-ASC	CLUB ESCOLA HUNGARESA DE ESGRIMA PONTEVEDRA	PONTEVEDRA	Spain
PA-ASC	RIKSFÖRENINGEN AKTIVA SYNSKADADE	STOCKHOLM	Sweden

Number of members of sport organisations involved: 90

ESCRIME DEFICIENT VISUEL-BLIND FENCING

Blind fencing project is based on the experience of 4 European fencing club recognised in the actions for visually impaired people. These associations develop locally and nationally blind fencing. There are leader in their respective countries. The objectives of these gatherings are to implement, in 3 partner countries, over a period of 12 months according to a defined schedule, groups of blind athletes to initiate and / or perfect them in the practice of blind fencing. to train new coaches, fencing masters in the teaching of this sport, to exchange on good practices, to analyze the feelings of athletes on the specific equipment newly developed for this sporting practice. This project aims to be innovative, blind fencing is still struggling to develop despite all the work done in 2018 and strengthened throughout the year 2019 in Italy, Spain, Sweden and France.

Le projet d'escrime pour déficient visuel (non et malvoyant) s'appuie sur l'expérience de 4 clubs sportifs reconnus dans les actions en faveur des personnes déficientes visuelles qu'ils mènent dans leur pays respectif. Les objectifs de ces rassemblements sont de mettre en oeuvre, dans 3 des pays partenaires, sur une période de 12 mois selon un calendrier défini, des regroupements d'athlètes déficients visuels pour les initier et ou les perfectionner dans la pratique de l'escrime déficient visuel, de former de nouveaux entraîneurs, maîtres d'armes à l'enseignement de cette discipline sportive, d'échanger sur les bonnes pratiques, d'analyser les ressentis des athlètes sur le matériel spécifique nouvellement élaboré pour cette pratique sportive. Ce projet se veut être novateur, l'escrime déficient visuel a encore du mal à se développer malgré tout le travail fourni en 2018 et renforcé tout au long de l'année 2019 en Italie, Espagne, Suède et France.

France

Reference: 613499-EPP-1-2019-1-FR-SPO-SSCP

Project Title: EU'Bike

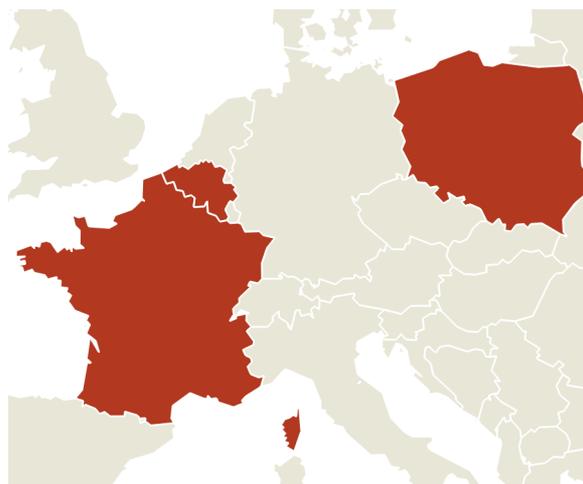
Project Acronym: EU'Bike

Eligible Budget (€)	Grant Amount (€)	Co-financing
37,100.00	37,100.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **ECOLE DE VTT DU LIE**
27 rue Montifault
FR 22150 Ploeuc-L'Hermitage
<http://ecolevttdulie.blogspot.com/>



Participants

CON	ECOLE DE VTT DU LIE	Ploeuc-L'Hermitage	France
PA-ASC	123VTT	Wareme	Belgium
PA-ASC	Uczniowski Klub Sportowy "Przyjazn" Bartoszyce	BARTOSZYCE	Poland

Number of members of sport organisations involved: 50

EU'Bike

During the trip to Warmia-Masuria in September 2018, the club of Lié present in the delegation was able to meet the Polish club of Bartoszyce. Then the club's president, Loïc Bresset, got in touch with the Belgian club of Waremme in November 2018. The representatives of the three formations realized that the functioning of the clubs are similar: the clubs are particularly dynamic, they take part in multiple races, train 3 times a week with young people, are present in sports fairs and organize regional or even national competitions. There are 3 levels of diplomas for a coach: young people, competition and cycling for all, with each time a theoretical part and a practical part. Unfortunately, the three clubs report a lack of available training. Not all European countries offer the same training and within a country it can be difficult to complete training. The volunteers regret it and want to improve their skills in order to transmit new knowledge and methods to young people. The three partners wish to improve together the training of coaches by setting up a network for sharing methods and good practices on the health and safety of the young runner. After reflection, the 3 partners agreed on 3 areas of work:

- keep fit outside of training: physical exercises and nutrition.
- Safety on the track and on the road, for oneself and for others.
- The dangers of doping among young amateurs.

We want to combine these three axes with conferences, courses and specific training. We would like to raise awareness on the fight against doping, share knowledge and methods on nutrition and workout, and improve knowledge on security on the track and on the road.

Lors du voyage en Warmie-Mazurie en septembre 2018, le club du Lié présent dans la délégation a pu rencontrer le club polonais de Bartoszyce. Ensuite, le président du club, Loïc Bresset, est entré en contact avec le club belge de Waremme en novembre 2018. Les représentants des trois formations se sont aperçus que le fonctionnement des clubs se ressemblent : les clubs sont particulièrement dynamiques, ils participent à de multiples courses, s'entraînent 3 fois par semaine avec les jeunes, sont présents dans des salons sportifs et organisent des compétition régionales voire nationales. Malheureusement, les trois clubs constatent un manque de formations disponibles. Tous les pays européens ne présentent pas les mêmes offres de formations et au sein d'un pays, il peut se révéler difficile de suivre une formation jusqu'au bout. Les bénévoles le regrettent et souhaitent se perfectionner afin de transmettre de nouvelles connaissances et méthodes aux jeunes. Les trois partenaires souhaitent améliorer ensemble la formation des entraîneurs par la mise en place d'un réseau de partage de méthodes et de bonnes pratiques, sur la santé et la sécurité du jeune coureur. Après réflexion, les 3 partenaires se sont entendus sur 3 axes de travail :

- se maintenir en forme en dehors de l'entraînement: exercices physiques et nutrition.
- La sécurité sur piste et sur route, pour soi et pour les autres.
- Les dangers du dopage chez les jeunes amateurs.

Nous souhaitons combiner ces trois axes par des conférences, stages et entraînements spécifiques. Nous souhaitons organiser une sensibilisation à la lutte contre le dopage chez les jeunes vététistes amateurs, échanger les connaissances et méthodes sur la nutrition et le renforcement musculaire, et compléter l'apprentissage de la sécurité, sur piste comme sur route.

France

Reference: 613631-EPP-1-2019-1-FR-SPO-SCP

Project Title: I Run Clean

Project Acronym: IRCLEAN

Eligible Budget (€)	Grant Amount (€)	Co-financing
324,276.00	324,276.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **AGENCE POUR LE
DEVELOPPEMENT DE
L'ATHLETISME EN EUROPE**

33 avenue Pierre de Coubertin

FR 75640 Paris

<http://adae.athle.fr/>



Participants			
CON	AGENCE POUR LE DEVELOPPEMENT DE L'ATHLETISME EN EUROPE	Paris	France
PAR	ASSOCIATION EUROPEENNE D'ATHLETISME	LAUSANNE	Switzerland
PAR	BULGARSKA FEDERACIJA PO LEKA ATLETIKA	Sofia	Bulgaria
PAR	DEUTSCHER LEICHTATHLETIK-VERBAND EV	DARMSTADT	Germany
PAR	EESTI KERGEJOUSTIKULIIT	Tallinn	Estonia
PAR	FEDERATION FRANCAISE D'ATHLETISME	Paris	France
PAR	FEDERAZIONE ITALIANA DI ATLETICA LEGGERA	ROMA	Italy
PAR	REAL FEDERACION ESPANOLA DE ATLETISMO	Madrid	Spain
PAR	UNIVERSITA DEGLI STUDI DI MILANO	MILANO	Italy
PAR	UNIVERSITA DEGLI STUDI DI ROMA LA SAPIENZA	ROMA	Italy

Number of members of sport organisations involved: 1,460,000

I Run Clean

Experts are warning about the growing problem of doping in grassroots and recreational sport across Europe. With overstretched national anti-doping agencies focusing their effort and resources on testing elite competitors, national federations have an opportunity to bring the clean sport message through the education of young people in their sports and in schools, as well as to the adult influencers around them like coaches and parents.

But what is the most effective way to reach these target groups in the numbers it will take to change the culture of a sport for the better?

The I Run Clean project will test the thesis that a mixture of e-learning and high-quality workshops delivered by young volunteer ambassadors can make a significant impact.

We will draw on some of the best examples of both approaches to develop complimentary interventions that are attractive and practical for athletics federations.

These will go beyond raising awareness and providing knowledge by addressing how individuals can learn to make good decisions that are based on their personal values.

The 30-month project includes the development of e-learning modules for coaches and parents that will be added to European Athletics' I Run Clean platform, guidelines for workshops customised to meet the needs of different target groups and a process for preparing ambassadors for the job of leading the workshops.

It will also feature university-lead research to document the effect of the interventions on the moral disengagement and negative attitudes that can lead down the path to banned substances and techniques.

Approximately 90 test workshops will be delivered in six countries representing different geographical regions, languages and cultures.

In the end we hope to provide a unique set of proven, best-practice tools that can be adapted and used by other sports as well.

France

Reference: 613295-EPP-1-2019-1-FR-SPO-SSCP

Project Title: MiSport - Migrants Inclusion Through Sports

Project Acronym: MiSport

Eligible Budget (€)	Grant Amount (€)	Co-financing
55,600.00	55,600.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **AU CARREFOUR DE L'EUROPE**

17, rue Henri Monnier

FR 75009 Paris



Participants

CON	AU CARREFOUR DE L'EUROPE	Paris	France
PA-ASC	AFRO-NAPOLI UNITED	Napoli	Italy
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	ASOCIATIA UMANISTA ROMANA	Bucuresti	Romania
PA-ASC	ORAMA NEON - YOUTHORAMA	PANORAMA N. THESSALONIKI S	Greece

Number of members of sport organisations involved: 200

MiSport - Migrants Inclusion Through Sports

MISPORT is a cooperation network in the field of Sport and social inclusion, that involves 5 European entities coming from France, Italy, Greece, Romania and Bulgaria. This European cooperation network aims to work in the social inclusion of immigrants, when they arrive to a new country, through inclusive sport initiatives. MISPORT bets on the social values of sport and it will work on developing, exchanging and share good inclusive sport practices from all Europe in order to improve skills and working methods of social workers, sport facilitators and sport teachers who everyday work for the immigrant social inclusion through Sport. Furthermore, we would like to highlight the inclusion of the participation of the French oversea territory Reunion Island, as a way to bring EU innovation and policies to remote European areas.

MI SPORT aims to follow the European Commission commitment that sport can offer to immigrants opportunities for social inclusion, and promote the exchange of good practice between partners and between regions (with special emphasis in remote EU territories as Reunion Island), and the mutual learning about how contribute to the immigrant integration through sports. MI SPORT will represent a collaborative path where will learn and improve their skills about their strategic role for the social inclusion.

After a common Needs Analysis made together by all partners, MISPORT is based on the idea of a "journey of self-discovery and self-improvement" through a exchange pathway for sport facilitators and social workers related to sport and social inclusion. It will be based on 5 different international good practices exchange meetings organized in each one of the target territories, the development of a pedagogical and collaborative sport youtube channel, the implementation at local level of the practices learned through the international project exchange and dissemination and multiplying of the project results.

France

Reference: 613565-EPP-1-2019-1-FR-SPO-SSCP

Project Title: Continuing the journey towards a skilled workforce for the sport and physical activity sector in Europe

Project Acronym: SKILLS

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,370.00	59,370.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: EUROPEAN OBSERVATOIRE
OF SPORT AND EMPLOYMENT
GRANDE RUE DES FEUILLANTS 1
FR 69001 LYON



Participants			
CON	EUROPEAN OBSERVATOIRE OF SPORT AND EMPLOYMENT	LYON	France
PA-ASC	Académico Futebol Clube	Porto	Portugal
PA-ASC	HRVATSKA ASOCIJACIJA ZA SPORTSKI MENADZMENT	Zagreb	Croatia
PA-ASC	NATSIONALNA SPORTNA AKADEMIYA VASSIL LEVSKI	SOFIA	Bulgaria
PA-ASC	SPORT MALTA	COSPICUA	Malta
PA-ASC	UNIVERSITE CATHOLIQUE DE LOUVAIN	LOUVAIN LA NEUVE	Belgium

Number of members of sport organisations involved: 2,700

Continuing the journey towards a skilled workforce for the sport and physical activity sector in Europe

SKILLS: “Continuing the journey towards a skilled workforce for the sport and physical activity sector in Europe”

EU Priority: Promote education in and through sport with special focus on skills development

Background: SKILLS is a follow-up from the EU funded project “European Sector Skills Alliance for Sport (ESSA-Sport)” to ensure continuity and maintain momentum in researching, networking, implementing actions and improving skills in the sport sector in Europe.

Aim: The overall aim of SKILLS is to ensure a skilled workforce (paid/unpaid) in the sport sector to allow the sector to meet its recognised potential at the heart of European society.

Partnership: Complementary mix of partners from education, employment and government sector. The project team is highly relevant to the topic. A wider network is in place to support the project actions.

Main expected outcomes:

SKILLS will maintain a focus on understanding and presenting the labour market and skills needs in the sector, through:

- >A yearly summary fact sheet on the sport labour market in EU
- >Summary paper with visuals on skills needs and challenges
- >Compendium of good practice examples towards a skilled workforce for the sector
- >Annual workshop gathering European Sport organisations to discuss skill and workforce issues

Project design: A logical structure of work packages and partner meetings has been developed to achieve the project aims.

Impact: Modernisation of vocational education and training in sport to equip the workforce with competences required by the labour market and for the sector to reach its potential, in line with EU policies and tools.

EU Added Value: Cost effective way of cascading messages across EU which could not be achieved by working at the national level alone.

Dissemination: A communication strategy with various dissemination and valorisation activities including events and web platform. A sustainability plan will ensure actions continue after the lifetime of the project.

France

Reference: 613086-EPP-1-2019-1-FR-SPO-SNCESE

Project Title: The Queens Rugby7 Festival

Project Acronym: The QRF

Eligible Budget (€)	Grant Amount (€)	Co-financing
625,200.00	500,000.00	79.97 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: ASSOCIATION ALICE MILLIAT

15 RUE ROBERT ET SONIA
DELAUNAY

FR 75011 PARIS



Participants

CON	ASSOCIATION ALICE MILLIAT	PARIS	France
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Number of members of sport organisations involved: 1,080

The Queens Rugby7 Festival

The association Alice Milliat has the aim to promote women sports by organizing concrete actions such as sports events.

To promote rugby 7 that has become a discipline in the summer Olympic games since 2016. The association Alice Milliat has decided to create The Queens Rugby7 Festival, the first event that will be organized in Europe dedicated to non-professional women playing Rugby 7.

The festival will take place in June 2020 in the Parisian area in France and will receive 72 teams from diverse European countries.

The festival will welcome 4 categories of women to reach a wide public:

- Scholar category: girls in middle or high school, between 13 and 17 years old
- University category: women aged at least of 18 years old, enrolled in a team university
- Federal category: women enrolled in a rugby club (non-professional) which is part of a federation
- Children category (between 9 and 12 years old)

This week of festival will be the opportunity to promote and disseminate Rugby 7. It entails tournaments and many activities such as conferences, exhibitions, and training sessions.

The festival will be the tribune to discuss and highlight social inclusion, equality gender and leadership (SCORE© program).

A web platform will be created dedicated for the festival where the teams will have access to all the details of the event and best practices on Rugby. A continuous benchmark will be realized to increment new best practices all along the years to come.

In order to guaranty the success of this event, a large communication and dissemination plan will be implemented before during and after the festival via digital dissemination supports and traditional medias.

The Association Alice Milliat aims to create sustainable European events to make concrete actions in order to promote women sports and gender equality. The festival in 2020 is the first edition starting a long series that will happen every year.

France

Reference: 613644-EPP-1-2019-1-FR-SPO-SNCESE

Project Title: "Volontaire Européen et Citoyen Actif" Sensibilisation à la citoyenneté européenne active par la valorisation du parcours des volontaires des Championnats d'Europe d'Athlétisme Paris 2020

Project Acronym: VECA

Eligible Budget (€)	Grant Amount (€)	Co-financing
650,010.95	500,000.00	76.92 %



Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **PARIS ATHLE 2020**
33 avenue Pierre de Coubertin
FR 75013 Paris

Participants

CON	PARIS ATHLE 2020	Paris	France
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Number of members of sport organisations involved: 2,000

"Volontaire Européen et Citoyen Actif" Sensibilisation à la citoyenneté européenne active par la valorisation du parcours des volontaires des Championnats d'Europe d'Athlétisme Paris 2020

L'association "Paris Athlé 2020" est chargée d'organiser, du 25 au 30 août 2020, les championnats d'Europe d'athlétisme confiés par l'Association Européenne d'Athlétisme (EAA).

Plus de 1500 athlètes venus de 51 pays, 20 jurys officiels, 2000 enfants initiés à la pratique et aux valeurs de l'athlétisme et 1400 volontaires seront mobilisés. 110 000 spectateurs sont attendus, sur la durée de la manifestation, au stade Charléty de Paris.

"Paris athlé 2020" souhaite faire de cette manifestation sportive un événement fédérateur. L'implication et la mobilisation des volontaires représentent un levier essentiel pour parvenir à cette ambition.

L'engagement volontaire permet à chaque individu de se construire de façon autonome tout en participant à la concrétisation d'une action collective aux valeurs partagées.

Pour les championnats d'Europe, ces valeurs sont notamment celles des principes fondamentaux de l'Olympisme dont le premier d'entre eux rassemble autour de l'éducation, de la responsabilité sociale ou encore de le respect des principes éthiques fondamentaux universels.

Porter un projet collectif autour de telles valeurs tout en préservant les intérêts de chacun et l'autonomie individuelle représente également un défi central pour l'Union Européenne.

C'est pourquoi Paris 2020 souhaite profiter de cet événement festif européen pour porter un programme "volontaires" valorisé et promouvoir l'engagement citoyen.

L'action "Volontaire Européen et Citoyen Actif" (VECA) doit ainsi sensibiliser à la citoyenneté européenne active et se diffuser tout au long du programme "volontaires" de Paris 2020.

A chaque phase du programme, les actions entreprises (recrutement, formation, animations, valorisation, évaluation...) seront mises en œuvre sous le prisme des idéaux européens et de la citoyenneté européenne.

De la participation à une manifestation sportive européenne à l'engagement civique européen, il y a une assimilation qu'il convient de favoriser.

The association "Paris Athlé 2020" is responsible for organising, from 25 to 30 August 2020, the European Athletics Championships entrusted by the European Athletic Association (EAA).

1500 athletes from 51 countries, 20 competition officials, 2000 children initiated to the practice and values of athletics and 1400 volunteers will be mobilised. 110,000 spectators are expected, throughout the duration of the event, at the Charléty stadium in Paris.

"Paris Athlé 2020" wants to make this event a unifying event. The involvement and mobilisation of volunteers is an essential lever to achieve this ambition.

Voluntary commitment allows each individual to build independently while participating in the realisation of a collective action with shared values.

For the European Championships, these values include those fundamental principles of Olympism, the first of which refers to education, social responsibility or the respect of universal fundamental ethical principles.

Carrying a collective project around such values while preserving everyone's interests and individual autonomy is also a central challenge for the European Union.

This is why "Paris Athlé 2020" wants to take advantage of this European festive event to carry a valued volunteer program gathering around citizen engagement.

The action "European Volunteer and Active Citizen" (VECA) must thus raise awareness of active European citizenship and spread throughout the voluntary Paris 2020 program.

At each phase of the program, the actions undertaken (recruitment, training, activities, valorisation, evaluation ...) will be implemented under the prism of European values and citizenship.

From participation in a European sports event to European civic engagement, there is an assimilation we can favor.

France

Reference: 613214-EPP-1-2019-1-FR-SPO-SCP

Project Title: Workplace Active Certification

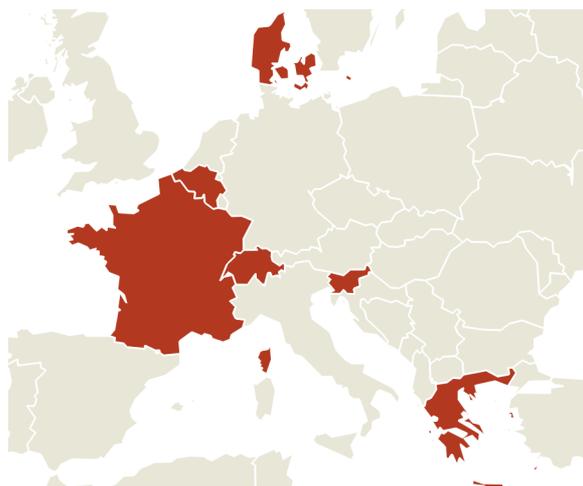
Project Acronym: WAC

Eligible Budget (€)	Grant Amount (€)	Co-financing
391,797.00	391,797.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **FEDERATION EUROPEENNE
DU SPORT D'ENTREPRISE -
EFCS**
28, RUE ROSENWALD
FR 75015 Paris



Participants			
CON	FEDERATION EUROPEENNE DU SPORT D'ENTREPRISE - EFCS	Paris	France
PAR	ARTEVELDEHOGESCHOOL	GENT	Belgium
PAR	ASSOCIATION EVALEO	Echallens	Switzerland
PAR	EPIMELITIRIO KORINTHIAS	KORINTHOS	Greece
PAR	FEDERATION FRANCAISE DU SPORT ENTREPRISE	PARIS	France
PAR	FEDERATION OF THE EUROPEAN SPORTING GOODS INDUSTRY	BRUSSELS	Belgium
PAR	KOBENHAVNS UNIVERSITET	KOBENHAVN	Denmark
PAR	MINISTRY FOR EDUCATION AND EMPLOYMENT	FLORIANA	Malta
PAR	OLIMPIJSKI KOMITE SLOVENIJE ZDRUZENJE SPORTNIH ZVEZ	LJUBLJANA	Slovenia
PAR	SPORT ET CITOYENNETE 3S	ANGERS	France

Number of members of sport organisations involved: 1,000

Workplace Active Certification

Workplace Active Certification (WAC) intends to encourage participation in sport and physical activity through the workplace field. WAC is an extension of European Meetings of Company Sport, Erasmus+ programme led by EFCS. EMOCS is not finished yet but one of the conclusions of intellectual outputs should be to lay the foundations for the creation of EU certification around PA at work. During EWoS 2018 conference in Paris La Défense, partners organized a call for the launching of a certification around PA for employees. Indeed, there is a need to regulate the field of PA within EU companies, to incentivize those that are not active enough and to reward good practices. Since this moment, a pledge to support this initiative is launched and external organisations from company, sport or politics area are willing to join the movement.

Major aim of WAC is to create and launch operationally this label thanks to:

- State of art/research analysis benchmarking initiatives around certifications around PA or around work conditions, well-being or health
- Definition and design of a certification criteria and progress
- Training of auditors from 15 EU countries
- Pilot tests about the certification methodology in 25 companies from 5 countries
- Organisation of conferences, ceremonies and mainstream EWoS events to discuss and promote WAC outcomes
- First year of launching of the certification

The cross-sectorial approach of WAC involves partners around EFCS from the sport, company, politics and research area such as Maltese Parliament Secretary for Sport and Youth, University of Copenhagen, Sport and Citizenship think tank, Chamber of Commerce of Corinth, Olympic Committee of Slovenia... and the support of International Labour Organisation.

Impact will be strengthened through an engaged network gathering companies' decision makers, chambers of commerce, employers and employees trade unions, HR associations, health insurances, public executives, media, sport federations...

France

Reference: 613221-EPP-1-2019-1-FR-SPO-SSCP

Project Title: Youth Sports Camp for Health and Volunteering

Project Acronym: YSCHV

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,575.00	60,000.00	99.05 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **FEDERATION SPORTIVE ET CULTURELLE DE FRANCE**
22 RUE OBERKAMPF
FR 75011 PARIS



Participants			
CON	FEDERATION SPORTIVE ET CULTURELLE DE FRANCE	PARIS	France
PA-ASC	ASOCIATIA CLUBUL SPORTIV ROMAN	BUCHAREST	Romania
PA-ASC	DJK-SPORTVERBAND EV	LANGENFELD	Germany
PA-ASC	OREL	BRNO	Czech Republic
PA-ASC	SPORTUNION OSTERREICH VEREIN	WIEN	Austria

Number of members of sport organisations involved: 100

Youth Sports Camp for Health and Volunteering

Le projet présenté ici va permettre à une 100 aine de jeunes adolescents européens de se rassembler au cours d'un séjour sportif et va amener 5 organisations à travailler ensemble sur la promotion des activités physiques et sportives comme outil d'accompagnement au volontariat associatif et à la promotion d'un mode de vie sein. Ces 5 organisations composées de 4 fédérations sportives nationales et d'une association locale ont la particularité d'être des acteurs majeurs dans le cadre du développement du sport dans leur pays mais également de se revendiquer de l'éducation populaire.

Aussi les méthodes utilisées dans le cadre du camp de jeunes organisé en juillet 2020, se focaliseront sur des méthodes actives visant à la participation des jeunes à tous les processus du séjour et aux acquisitions non formelles. Le séjour international, lui, servira de point de départ du projet qui vise un accompagnement de chacun vers le volontariat associatif et citoyen. Par l'échange des pratiques, par la dimension interculturelle, par l'éveil à la promotion de la santé par le sport et à l'adoption d'un mode de vie sain au travers du prisme des différences culturelles, c'est toute une cohorte de jeunes qui seront sensibilisés à ces thématiques et qui seront en mesure, par la suite, de les reproduire en situation d'animation dans leurs associations sportives. Pour les organisations participantes, ce sera l'occasion de travailler conjointement à des fiches d'activités, des plaquettes, sur la promotion du sport santé à destination des jeunes adolescents qui sont les principaux publics impactés par le désengagement des activités sportives, la sédentarité, et le retrait de toute forme de bénévolat. Ces outils serviront toute association qui aura l'ambition de s'emparer des problématiques liées à la sensibilisation des jeunes aux sports et à l'importance d'adopter un mode de vie sain.

The presented project is going to gather more than a hundred European youngsters during a sport camp. This will bring five different organizations to work together on the development of physical activities as accompaniment tool to volunteering and promotion of a healthy lifestyle.

Those five organizations, composed by four national sports federations and a local Association, have the feature to be the main actors in the development of sport in their countries and to claim their origins from popular education.

Also, the methods used during the camp, organized in July 2020, will be focused on active methods towards the inclusion of teens in the whole camp process and non-formal training acquisitions. The international camp will serve in a sort of starting point about the project of an individual coaching to a civic and associative volunteering. By an exchange of practices, the intercultural dimension, an awaking about promotion of health through sport and adoption to a healthy way of life, it's going to be a whole generation of youngsters sensitized to all these topics and they will be able to bring it back in their own local structures. For participant organizations, it will be the occasion to jointly work about activities sheets, trainings about promotion of sport destined to teenagers who are the main public to be impacted by the disengagement in sport, inactivity and withdrawal in volunteering. These tools will serve every association, organization in their wish to sensitize their young member to sport and the importance to adopt a healthy lifestyle.

Germany

Reference: 613305-EPP-1-2019-1-DE-SPO-SCP

Project Title: Europe In Action

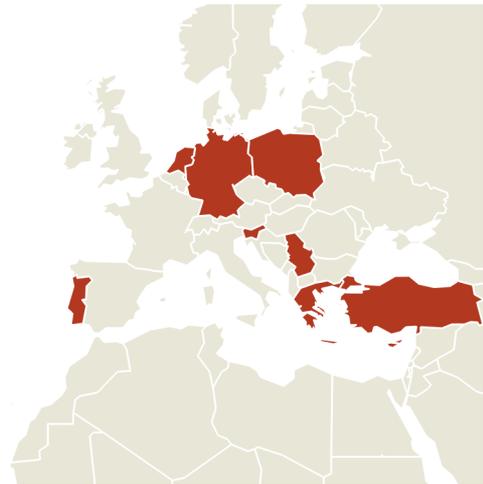
Project Acronym: EIA

Eligible Budget (€)	Grant Amount (€)	Co-financing
394,345.00	394,345.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **DIE INTERNATIONALE
VEREINIGUNG FUR SPORT
FUR ALLE EV**
HOSTATOSTRASSE 2
DE 65929 FRANKFURT HOCHST



Participants			
CON	DIE INTERNATIONALE VEREINIGUNG FUR SPORT FUR ALLE EV	FRANKFURT HOCHST	Germany
PAR	ASOCIJACIJA SPORT ZA SVE SRBIJE	Belgrade	Serbia
PAR	CYPRUS SPORT ORGANISATION	LEFKOSIA	Cyprus
PAR	HELLENIC MINISTRY OF CULTURE AND SPORTS	ATHENS	Greece
PAR	INSTITUTO PORTUGUES DO DESPORTO E JUVENTUDE I.P.	LISBOA	Portugal
PAR	MINISTERSTWO SPORTU I TURYSTYKI	Warszawa	Poland
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia
PAR	STICHTING KENNISCENTRUM SPORT NEDERLAND	EDE GLD	Netherlands
PAR	TURKIYE HERKES ICIN SPOR FEDERASYONU	ANKARA	Turkey

Number of members of sport organisations involved: 100,000,000

Europe In Action

The Europe in Action project aims to promote participation in grassroots sport by providing a framework to implement the existing EU and national policies and recommendations (e.g. High Level Group on Grassroots Sport report) into practice. This will be achieved through the following main actions:

1. Conducting an analysis of existing policy delivery frameworks (EU, national, regional) specifically relating to grassroots sports and identifying key priority areas which will create the focus themes of the project
2. Presenting key priority areas at multiplier sport events, and gathering knowledge, know-how and recommendations from practitioners at all levels including governmental and non-governmental
3. Collecting and introducing good practices for implementation of key priority areas
4. Design of Regional approaches (Northern, western, southern, eastern Europe and balkans) for grassroots sport delivery, including mapping of regional good practices based on key priority areas and SWOT analysis of delivery systems for each region
5. Developing educational modules (organisational guidelines curriculum, standardised materials such as templates and presentations, educational contents and materials) targeting key stakeholders at all levels, based on identified key priority areas to deliver and implement EU and national grassroots sport policies and the regional analysis and approaches
6. Preparing and executing 2 conferences (opening and closing) and 3 regional seminars, where the educational modules will also be piloted
7. Providing networking, knowledge sharing and collaboration opportunities to all involved partners and the events participants
8. Disseminating project results and creating a legacy

Germany

Reference: 613025-EPP-1-2019-1-DE-SPO-SSCP

Project Title: **NOVUSS – sport for everyone!**

Project Acronym: NOVUSS

Eligible Budget (€)	Grant Amount (€)	Co-financing
57,800.00	57,800.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **NOVUSS SPORT OHNE BARRIEREN E.V.**

Berliner Platz 1

DE 91052 Erlangen

www.novuss-sport.de



Participants			
CON	NOVUSS SPORT OHNE BARRIEREN E.V.	Erlangen	Germany
PA-ASC	Latvijas Novusa Federacija	Riga	Latvia
PA-ASC	Peningi Koroonaenguklubi	Village Peningi	Estonia
PA-ASC	STOWARZYSZENIE NOVUSS POLSKA	Wieliczka	Poland

Number of members of sport organisations involved: 12

NOVUSS – sport for everyone!

NOVUSS, also known as “Puck-Billiard” or “Seamen-Billiard”, is a game and a sport in which even international tournaments are held. NOVUSS is closely related to carrom and billiard. It is known that the game was first played in Latvia and Estonia since 1927. In Estonia this game is known as Koroona. The game is further establishing itself in the United States, Canada, Israel, Georgia, Ukraine, Australia, England, Russia, Finland, Germany and Poland.

The NOVUSS sport has one important integrative character - wheelchair users can play without having any disadvantage. NOVUSS shall be promoted as integrative kind of sport for participants with disabilities (i.e. participants with special needs). The increasing number of participants with and without disabilities in the countries of participating organizations shows us that we are focusing on the right priorities with our project. The main objectives of this project:

- To develop and reinforce a network of stakeholders connected continuously to each other with the purpose of promoting the NOVUSS as a professional and grassroots sport, as well as a mass and recreational sport through international events, training activities and the sharing of information, documents, experience and best practices;
- To promote and develop NOVUSS as integrative kind of sport/game for participants with disadvantaged backgrounds (disability's, difficult economic obstacles, cultural differences etc.);
- To develop and implement ideas, methods and guidelines for training modules, execution of events (e.g. tournaments) and further promotion in as many languages as possible;
- Development and implementation of education and training plan/sessions for coaches and referees with the aim to strengthen professional development of Novuss Sport;
- To disseminate and exploit the information, communication and knowledge using innovative and cost-efficient methods and platforms.

Germany

Reference: 613220-EPP-1-2019-1-DE-SPO-SCP

Project Title: Integration of Newly Arrived Migrants through Organised Sport - From European policy to local Sports Club Practice

Project Acronym: P2LSCP

Eligible Budget (€)	Grant Amount (€)	Co-financing
392,437.00	392,437.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **RUHR-UNIVERSITAET BOCHUM**
UNIVERSITAETSSTRASSE 150
DE 44801 BOCHUM



Participants			
CON	RUHR-UNIVERSITAET BOCHUM	BOCHUM	Germany
PAR	EU DIASPORA COUNCIL	SPANGA	Sweden
PAR	EUROPEAN NON-GOVERNMENTAL SPORTS ORGANISATION	STOCKHOLM	Sweden
PAR	IST-HOCHSCHULE FUR MANAGEMENT GMBH	Duesseldorf	Germany
PAR	KRIKET FEDERACIJA SRBIJE	Belgrade	Serbia
PAR	NORGES IDRETTSHOGSKOLE	OSLO	Norway
PAR	SYDDANSK UNIVERSITET	ODENSE M	Denmark
PAR	UMEA UNIVERSITET	UMEA	Sweden
PAR	UNIVERSITAET BERN	BERN	Switzerland

Number of members of sport organisations involved: 25,000

Integration of Newly Arrived Migrants through Organised Sport - From European policy to local Sports Club Practice

'Policy to Local Sports Club Practice' (P2LSCP) seeks to enhance long term social inclusion and equal opportunities in and through sport, focussing on the engagement of newly arrived migrants into local sports clubs. P2LSCP contributes to this objective through a research based work programme which analyses the impact of policy and programme interventions and provides tangible and targeted evidence to aid the development of future strategies and activities. The long term social inclusion of newly arrived migrants is one of the biggest societal challenges facing the EU. Sport is recognised as playing a vital role in facilitating this process and providing a positive common ground for integration. However, a deeper understanding of the related policy implementation and the intended and unintended effects of such interventions is required. The P2LSCP partnership will seek a holistic understanding of the following questions: [1] Which policies and strategies already exist in sport based integration for newly arrived migrants? [2] How are these policies rolled out to the level of local sports clubs? [3] What are the structural characteristics of voluntary sports clubs that affect their ability and willingness for integration? [4] How effective are sport-based integration practices? [5] How do these practices change the sports club as an organisation? [6] Is it possible, to generalise the project's specific findings in order to explain in broader terms how efforts to tackle general societal problems through sport can be incorporated into the practice of voluntary local sports clubs effectively without overburdening or jeopardizing the existing structures of these clubs? P2LSCP, through comparative research provides recommendations regarding the impact of interventions from decision to implementation, providing the possibility to develop effective policy and ultimately, impactful practice.

Germany

Reference: 613171-EPP-1-2019-1-DE-SPO-SCP

Project Title: Promotion of Physical Activity of the Youth through Active Mobility to School

Project Acronym: PAYAMOS

Eligible Budget (€)	Grant Amount (€)	Co-financing
396,906.00	396,906.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: TECHNISCHE UNIVERSITAT
BERLIN

STRASSE DES 17 JUNI 135

DE 10623 BERLIN



Participants

CON	TECHNISCHE UNIVERSITAT BERLIN	BERLIN	Germany
PAR	ERASMUS CENTRE FOR URBAN,PORT AND TRANSPORT ECONOMICS BV	ROTTERDAM	Netherlands
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	NORTHERN GREECE PHYSICAL EDUCATION TEACHERS ASSOCIATION	THESSALONIKI	Greece
PAR	POLITECHNIKA KRAKOWSKA	KRAKOW	Poland
PAR	RIJEKA SPORTS ASSOCIATION FOR PERSONS WITH DISABILITIES	RIJEKA	Croatia
PAR	SPOR ELCILERI DERNEGI	Yesilyurt	Turkey

Number of members of sport organisations involved: 24

Promotion of Physical Activity of the Youth through Active Mobility to School

“Promotion of Physical Activity of the Youth through Active Mobility to School” (PAYAMOS) is a proposed Erasmus+ project aiming at promoting the physical activity of children of 9-12 years and adolescents of 14-18 years in Germany, Netherlands, Poland, Greece, Italy, Croatia, and Turkey. The proposed project will be led by Technische Universität Berlin (TUB) and in 24 months. The main objectives are (1) providing state-of-the-art of the topic of the relationships between the mobility of children/adolescents/parents, their perceptions, Active Mobility to School (ATS), the built environment, the physical activity of the youth, as well as their body weight, fitness, and oxygen uptake in 7 European countries; (2) production of uniform and reliable data generated uniformly in the partner countries; (3) to shorten the time that the results of such academic studies reach the hand of policymakers, school authorities, who are supposed to intervene in the way students transport to their schools; and (4) to fill the gap between the empirical academic studies on the above subjects with the end-users. The project is a continuation of a previous Erasmus+ Sport project titled “Multisport Against Physical Sedentary” (M.A.P.S.). The work will be started by data collection, which will lead to production of datasets that will be the basis of analyses and publications. OERs will be rapidly produced for the notice of policy makers, school authorities, and planning bodies as well as families and their youth in local, regional, national, and international levels. The two types of intellectual outputs will target academic workers as well as bodies responsible for interventions and families. It is expected that four high-quality research paper are provided for researchers with strong focus on less-studied contexts in Eastern and Southeastern Europe, at least 50 planning bodies receive instructions in local language, and 700 parent/student pairs receive oral presentation of results.

Germany

Reference: 613246-EPP-1-2019-1-DE-SPO-SSCP

Project Title: ParaCoaching Xcellerator Series: Accelerating the growth of ParaCoaching in Europe

Project Acronym: PCx

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,800.00	59,800.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: SPIN SPORT INNOVATION

PALANTERSTR. 36

DE 50937 KOLN



Participants

CON	SPIN SPORT INNOVATION	KOLN	Germany
PA-ASC	Århus Kørestolsrugby	Hjortshøj	Denmark
PA-ASC	DANSK HANDICAP IDRAETS FORBUND	Broendby	Denmark
PA-ASC	INTERNATIONAL COUNCIL FOR COACHING EXCELLENCE	LEEDS	United Kingdom
PA-ASC	INTERNATIONAL FEDERATION OF CEREBRAL PALSY FOOTBALL	Nijmegen	Netherlands
PA-ASC	LATVIJAS PARALIMPISKA KOMITEJA	RIGA	Latvia

Number of members of sport organisations involved: 625

ParaCoaching Xcellerator Series: Accelerating the growth of ParaCoaching in Europe

Sport's importance to enhancing the social inclusion and equal opportunities of people with a disability is undeniable and the positive effects on overall wellbeing of sport and health enhancing physical activity is also widely accepted. However, due to a disparity in infrastructural development between (a) Mainstream Sport and (b) EU member states, the majority of Europeans with a disability still do not have equal opportunities when it comes to accessing these benefits. This discrepancy can be seen within ParaCoaching which although standalone examples of progression can be presented on a local or national level, when considered EU wide there is a slower development than expected. Coaches are an integral element of the system and have a huge impact on the ability of organisations to recruit and retain people with a disability into their sports programmes. The gaps in the system can be characterised by; Infrastructural Obstacles to Social Inclusion & Equality in Sport, and a lack of; Available ParaCoaching Resources & Materials, ParaCoaching Forums & Networks and an Appropriate Profile for ParaCoaches. This can be attributed to the fact that there is an imbalance between the financial resources, knowledge bases and experience levels available to Parasport organisations on a national level and an overall lack of opportunity for international, cross border collaborations to find innovative solutions and establish target group specific development models. The ParaCoaching Xcellerator Series (PCx) aims to support accelerated growth within (a) Strategic development of ParaCoaching (b) ParaCoach Knowledge Transfers (c) Profile & Perception of ParaCoaching. In order to achieve this, the project will develop and implement a sequence of 'Xcellerator Sessions' between key stakeholders in ParaCoaching, followed by local, sport specific Coach Community Building Events. This will result in a replicable framework, format and tools, combined with a regional marketing campaign.

Germany

Reference: 612986-EPP-1-2019-1-DE-SPO-SCP

Project Title: Re(IN)novating Marketing Strategy Across Semi-professional Female Teams

Project Acronym: RINMSAS

Eligible Budget (€)	Grant Amount (€)	Co-financing
299,305.00	299,305.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **NGO NEST BERLIN EV**

Weserstr. 165

DE 12045 Berlin

www.ngo-nest-berlin.de



Participants

CON	NGO NEST BERLIN EV	Berlin	Germany
PAR	ASD FC SASSARI TORRES FEMMINILE	Sassari	Italy
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	FUNDACION UNIVERSITARIA SAN ANTONIO	MURCIA	Spain
PAR	MV INTERNATIONAL	SASSARI	Italy
PAR	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

Number of members of sport organisations involved: 200

Re(IN)novating Marketing Strategy Across Semi-professional Female Teams

“Re(IN)novating Marketing Strategy Across Semi-professional Female Teams” (RINMSASFT) aims at strengthening managers of semi-professional female sport teams through an up-skill process related to marketing, communication and visibility strategies.

The project pursues the specific Erasmus Plus Collaborative Partnership priority related to promote and support good governance in sport with a specific focus on the major priority to foster and enhance gender equality in sport.

In the report made by the Committee on Equal Opportunities for Women and Men on “Discrimination against women and girls in sport” (2005) the section “Sponsors and funding” provides clear data and remarkable examples of the disparity regarding the minor matter expressed by managers towards female teams.

- “During the five years from 1992 to 1997, the money paid into women's sport by sponsors more than doubled, from 285 million to 600 million dollars. This represents progress, but the figures are still revealing in terms of what remains to be done. The total figure has now gone beyond one billion dollars, but sponsors pay 25 billion dollars a year into men's sport. Yet without serious sponsors or adequate funding, women's sport is not viable, as certain examples clearly show.”

Germany

Reference: 613191-EPP-1-2019-1-DE-SPO-SCP

Project Title: Sport & Diabetes

Project Acronym: SPODIA

Eligible Budget (€)	Grant Amount (€)	Co-financing
346,915.00	346,915.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **TURN UND SPORTVEREIN
BAYER 04 LEVERKUSEN EV**
TANNENBERGSTRASSE 57
DE 51373 LEVERKUSEN



Participants			
CON	TURN UND SPORTVEREIN BAYER 04 LEVERKUSEN EV	LEVERKUSEN	Germany
PAR	FEDERATION INTERNATIONALE DU DIABETE REGION EUROPE AISBL	BRUXELLES	Belgium
PAR	HRVATSKI AKADEMSKI SPORTSKI KLUBOVI MLADOST SVEUCILISTA U ZAGREBU	ZAGREB	Croatia
PAR	OLYMPIACOS SYNDESMOS FILATHLON PIREOS	Piraeus	Greece
PAR	SOCIETA SPORTIVA LAZIO PALLAVOLO 1951 ASD	Roma	Italy
PAR	WIENER SPORT-CLUB	WIEN	Austria

Number of members of sport organisations involved: 180

Sport & Diabetes

In our project the stress is put on enabling children with diabetes to do sport and enabling to continue when diagnosed by educating all stakeholders how to handle risk concerning diabetes and reduce fears that lead to exclusion of children with diabetes. A lot of children stop doing sports when they are diagnosed due to various reasons. Predominantly, it is either the fear of the parents of the children or the lack of knowledge of coaches and teacher in how to handle children with diabetes. The project aims to create a comprehensive and easily understandable publication which explains everything about doing sport with diabetes in a simple way so that people that do not have knowledge about diabetes can understand the content. Such publication in various languages does not exist on big international level.

To our knowledge, there is only DiaEuro, Team NovoNordisk and few projects focus on spreading the message that sports and diabetes can go hand in hand with sufficient support and planning. Furthermore, many existing clinical guidelines for physical activity focus on Type 2 diabetes and there is a lack of general physical activity advices for the Type 1 population.

Germany

Reference: 613253-EPP-1-2019-1-DE-SPO-SCP

Project Title: Skills and mobility program supported and developed by a dual career model using transferable skills by athletes and federations/stakeholders

Project Acronym: TIMEOUT

Eligible Budget (€)	Grant Amount (€)	Co-financing
376,600.00	376,600.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **FIBA-EUROPE EV**
 ISMANINGERSTRASSE 21
 DE 81675 MUNCHEN
www.fiba.basketball/europe



Participants

CON	FIBA-EUROPE EV	MUNCHEN	Germany
PAR	CESKA BASKETBALOVA FEDERACE OS	PRAHA	Czech Republic
PAR	DEUTSCHE SPORHOCHSCHULE KOLN	KOLN	Germany
PAR	FEDERATION FRANCAISE DE BASKET BALL	Paris	France
PAR	FEDERAZIONE ITALIANA PALLACANESTRO	ROMA	Italy
PAR	GEOFF WILSON CONSULTANCY LLP	Lurgan	United Kingdom
PAR	INTERNATIONAL BASKETBALL FOUNDATION	MIES	Switzerland
PAR	MAGYAR KOSARLABDAZOK ORSZAGOS SZOVETSEGE	Budapest	Hungary
PAR	NEDERLANDSE BASKETBALL BOND	NIEUWEGEIN	Netherlands
PAR	SPORTS AID TRUST	LONDON	United Kingdom
PAR	UNIVERSITY OF NORTHUMBRIA AT NEWCASTLE	NEWCASTLE UPON TYNE	United Kingdom

Number of members of sport organisations involved: 300

Skills and mobility program supported and developed by a dual career model using transferable skills by athletes and federations/stakeholders

Following the successful delivery of the TIME-OUT dual career project for basketball players co-funded by Erasmus+ and due to the high interest of building a legacy from it, the project team have developed a proposal for a second project named TIME-OUT 2.0.

The main aim of the TIME-OUT 2.0 will be to use the best practices from the original TIME-OUT project, involve the graduates in the planning and delivery stages, and continue to build a sustainable support system for players by combining education and sport.

Furthermore, the development of a FIBA-led centralised educational program would benefit not only the players, but also the basketball family through engagement of partners and stakeholders at various stages.

Project overview:

The TIME-OUT 2.0 will consist of two main parts:

A) An educational program for basketball players consisting of a specially designed FIBA Manager course combining the newest FIBA-led training, a Leadership & Management course delivered by the Business School of Northumbria University (UK), and opportunities for internships and career advisory service via various partner organisations that include the national federations.

B) Specially designed training program for employees of the national federations in the areas of equality and diversity, sport's integrity, player support systems, development of the women's leagues, etc. This training program will be developed in partnership with selected leading partner federations with expertise in this area. Potential partners could include other international organisations such as UEFA and the NBA.

Greece

Reference: 613176-EPP-1-2019-1-EL-SPO-SSCP

Project Title: **DISABILITY WATERSPORTS**

Project Acronym: DWS

Eligible Budget (€)	Grant Amount (€)	Co-financing
28,450.00	28,450.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **OLYMPIACOS SYNDESMOS
FILATHLON PIREOS**

Alexandras Square

EL 18534 Piraeus

<http://www.olympiacossp.gr>



Participants			
CON	OLYMPIACOS SYNDESMOS FILATHLON PIREOS	Piraeus	Greece
PA-ASC	CRVENA ZVEZDA SD	BEOGRAD SAVSKI VENAC	Serbia
PA-ASC	SOCIETA SPORTIVA DILETTANTISTICA LAZIO NUOTO A RESPONSABILITA LIMITATA	ROMA	Italy
PA-ASC	Sport Management SPA SDD	VERONA	Italy

Number of members of sport organisations involved: 50

DISABILITY WATERSPORTS

The general objective of the project is the social inclusion of people with disabilities and their practice in the water sports. In the process of education in general, and in particular in physical education, it is therefore of great significance to offer a broad spectrum of different opportunities in which individuals with disabilities can experience and achieve more independence. Attitudes about the inclusion of those persons in physical education and sport in various settings (schools, sports clubs etc.) play an important role in the overall process of improving the acceptance of these people in the society. The aim of the project is that a person with a physical disability should not be denied the same rights as a person without such impairment. Through the Project, we aim to promote the message of "sport as a form a social inclusion"; a message that can be even stronger if conveyed by Multisport Clubs, who embody inclusiveness of different attitudes and talents, promote sport from different origins fully in line with the Olympic spirit and the idea of sport for all. The spirit of the Paralympic Games is consistent with the development of a new positive attitude towards people with disabilities, awareness of the right to equal participation, recognizing the passion and determination of these athletes. Every athlete does his/her best to participate in Olympic events. Therefore, the effort of athletes with disabilities is worthy of admiration, given that their performance and records in many sports differ only a few seconds from the Olympic ones. The Paralympic Games give people with disabilities the opportunity to experience a wide variety of sports and the joy of championship. In this project, participants are expected to organize water sport activities such as water polo, sailing, rowing, swimming training for disable people under the guidance of their professional coaches and athletes.

Greece

Reference: 613092-EPP-1-2019-1-EL-SPO-SSCP

Project Title: A goal for Inclusion

Project Acronym: Goalln

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,940.00	59,940.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **ORAMA NEON - YOUTHORAMA**
VENIZELOU STR. 5
EL 55236 PANORAMA N. THESSALONIKI



Participants			
CON	ORAMA NEON - YOUTHORAMA	PANORAMA N. THESSALONIKI S	Greece
PA-ASC	Dimos Latsion	Nicosia	Cyprus
PA-ASC	ICSS INSIGHT	LONDON	United Kingdom
PA-ASC	TURKISH BLIND SPORTS FEDERATION-TURKIYE GORME ENGELLILER SPOR FEDERASYONU	ANKARA	Turkey
PA-ASC	UNIVERSITAT DE LES ILLES BALEARS	PALMA DE MALLORCA	Spain

Number of members of sport organisations involved: 2,000

A goal for Inclusion

"A ball for all children" is an 18 months collaborative partnership consisting of 5 countries. Our partners are from Cyprus, Turkey, Greece, Spain and U.K. A diverse background of expertise from Higher Education such as a Public Spanish University, an International Centre for Sports and Security from U.K., a Municipality of Cyprus, a Turkish National Blind Sports Federation and beneficiary NGO. We will develop innovative tools with the use of our unique in global level light sound football for youngsters, sighted and visual impaired. There will be three different transnational project meetings in different countries to monitor and evaluate our project results. One of them will be hosted in Nicosia of Cyprus, the last divided capital of Europe. Our project has been accredited by Hellenic Ministry of Education and supported by other Foundations such as UEFA Foundation for Children and other based in Qatar, U.S.A., Germany etc.

Greece

Reference: 613172-EPP-1-2019-1-EL-SPO-SCP

Project Title: Promoting good governance in sport through social responsibility

Project Acronym: GoSport

Eligible Budget (€)	Grant Amount (€)	Co-financing
239,480.00	239,480.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **KENTRO MERIMNAS
OIKOGENEIAS KAI PAIDIOU**
SKOUFA 75
EL 10680 ATHINA



Participants			
CON	KENTRO MERIMNAS OIKOGENEIAS KAI PAIDIOU	ATHINA	Greece
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIISPORT	SOFIA	Bulgaria
PAR	CENTRE FOR ADVANCEMENT OF RESEARCH AND DEVELOPMENT IN EDUCATIONAL TECHNOLOGY LTD-CARDET	LEFKOSIA	Cyprus
PAR	CESIE	Trappeto	Italy
PAR	INSTITUT ZA DRUSTVENO ODGOVORNO POSLOVANJE	Zagreb	Croatia

Number of members of sport organisations involved: 20

Promoting good governance in sport through social responsibility

A host of serious failings at national and international sports federations and clubs across the EU directly related to poor governance, have resulted in a public outcry and widespread calls to overhaul governance structures within sport and, in some cases, to overhaul the entire sports administration system. This has resulted in a number of stakeholders making efforts to draft and apply new sets of standards and rules for sports organisations. Given the important role that sports can play in combatting discrimination and in promoting human rights tolerance, and social inclusion, it is crucial to increase sports organizations abilities to implement socially responsible behaviour. In order to contribute to the improvement of good governance in sports organizations in Bulgaria, Croatia, Cyprus, Greece and Italy, the proposed project aims at:

- Enhancing the capacities and awareness of sports clubs/organizations, professional and semi-professional sports teams and clubs on implementing good governance principles through social responsibility, focusing on participation and inclusivity irrespective of gender, race, sexuality, disability, age or otherwise and the promotion of human rights
- Improving knowledge on how sport organisations interpret, manage and prioritise social responsibility issues within their organisations, especially in terms of combatting violence and tackling racism, discrimination and intolerance, as well as in encouraging social inclusion and equal opportunities, how organizational governance influences SR and vice versa, and how SR is communicated within sports organizations
- Providing tools to sports organizations and professionals on understanding the relationships among the organization, its stakeholders and society, and on the integration of social responsibility
- Contributing to the promotion of participation and inclusivity principles in sport through social responsibility.

Greece

Reference: 613266-EPP-1-2019-1-EL-SPO-SCP

Project Title: **SCHOOL AND COMMUNITY BASED SPORTS FOR THE SOCIAL INCLUSION OF VULNERABLE TARGET GROUPS**

Project Acronym: kINesis

Eligible Budget (€)	Grant Amount (€)	Co-financing
398,383.00	398,383.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **NPDD KOINONIKHS
ALLILEGGYIS ATHLITISMOY
IRODOROS DIMOY
MEGAREON**

CH. MORAITOU AND G.
MAVROUKAKI

EL 19100 MEGARA



Participants

CON	NPDD KOINONIKHS ALLILEGGYIS ATHLITISMOY IRODOROS DIMOY MEGAREON	MEGARA	Greece
PAR	ACTION SYNERGY SA	IRAKLEIO	Greece
PAR	ASOCIATIA SPORTIVA CORPORATE GAMES	BUCURESTI	Romania
PAR	FONDS WIENER INSTITUT FUR INTERNATIONALEN DIALOG UND ZUSAMMENARBEIT	WIEN	Austria
PAR	G.G. EUROSUCCESS CONSULTING LIMITED	LEFKOSIA	Cyprus
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	ZAVOD APGA	MISLINJA	Slovenia

Number of members of sport organisations involved: 500

SCHOOL AND COMMUNITY BASED SPORTS FOR THE SOCIAL INCLUSION OF VULNERABLE TARGET GROUPS

Sport is proved to be an excellent tool in order to foster social integration of vulnerable target groups. However, there is an under-representation of children from these groups in the sport clubs and generally in the sport activities. Because of their living conditions, the main contact point of these target groups with the mainstream community are the schools. For this reason, there is a need to increase the contacts and cooperation between schools and local communities (including sport clubs) through the use of sports and to increase the capacity of intermediary bodies (such as local authorities, sport associations, NGOs) to promote these contacts in a sustainable way.

In this way, students from vulnerable target groups will be able to:

- Have a first contact with the sport clubs and other sport organisations that exist in their community
- Have increased motivation for their participation in sport activities
- Increase their participation in the community life

In order to be able to achieve the objectives of the project successfully, there is also a need to build the capacity of physical trainers in schools in order to be able to encourage successfully the participation of children from vulnerable target groups to these activities.

Main Activities

- 1) Collection of best practices around the world related with the ways of cooperation between schools, sport clubs and local communities. Development of a guidebook with good examples
- 2) Development of training material for the training of people working in intermediary organisations. Organisation of training courses both face to face and through the use of e-learning.
- 3) Development of training material for the training of physical trainers in schools. Organisation of training courses both face to face and through the use of e-learning.
- 4) Development of a model for sustainable cooperation in a community level between schools and community-based organisations (including sport clubs).

Greece

Reference: 613684-EPP-1-2019-1-EL-SPO-SCP
Project Title: Dual-Track Careers for Para-Athletes
Project Acronym: PARAdig

Eligible Budget (€)	Grant Amount (€)	Co-financing
392,445.00	392,445.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **AETOI THESSALONIKIS**
MESOLOGGIOU 17
EL 55337 TRIANDRIA



Participants

CON	AETOI THESSALONIKIS	TRIANDRIA	Greece
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	CHAMPIONS FACTORY IRELAND LIMITED	Dublin	Ireland
PAR	EUROPEAN PARALYMPIC COMMITTEE	WIEN	Austria
PAR	HRVATSKI PARAOLIMPIJSKI ODBOR	ZAGREB	Croatia
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	NATSIONALNA SPORTNA AKADEMIYA VASSIL LEVSKI	SOFIA	Bulgaria
PAR	PARAOLIMPIJSKI KOMITET SRBIJE	BEOGRAD	Serbia
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden

Number of members of sport organisations involved: 200

Dual-Track Careers for Para-Athletes

It has for many years been a challenge for athletes in EU member states to combine their sports training, events and competitions with their need to receive an adequate education with a view to developing a sports career-end strategy for their subsequent employment, something informed by the EU Guidelines on Dual Careers of Athletes. With the greater focus on inclusion of people with a disability to also take up sports and the improvements to accessibility and the design of sports facilities, there are ever greater numbers of people with disabilities taking up sports. These athletes face the same problem of timetabling their dual pursuits, but they often have several additional obstacles to deal with, such as dependency on specialized means of transport, and the extra time needed for every change of activity for a para-athlete.

"Dual-Track Careers for Para-Athletes" carries on from where the EU guidelines on Dual careers for Athletes leaves off in 2013 – pointing up the many problems faced by athletes with a disability, the urge and mandate to be inclusive notwithstanding. The partnership will conduct important grass-root research of the ecosystem around the athlete with a disability, to find ways to get the system working more optimally, seeking ways to support families in the long term, and reporting in detail on findings. The research will produce another output – the Handbook of Best Practices for professionals all over the EU. Finally, a dedicated Virtual learning Platform to orient the athlete transitioning to the workplace will be created to teach him/her all the basics of the Business and Entrepreneurship world.

The impacts we seek through implementation of this action are to help talented and elite athletes with disability to be placed in the direct spotlight of enquiry, and to examine the interactions of those agencies and institutions around them who are in a position to assist them to attain their goals.

Greece

Reference: 613034-EPP-1-2019-1-EL-SPO-SCP

Project Title: Reintegration Through Sport plus

Project Acronym: RTS +

Eligible Budget (€)	Grant Amount (€)	Co-financing
386,235.00	386,235.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **KENTRO THERAPEIAS
EXARTIMENON ATOMON -
KETHEA**
SORVOLOU STR 24 METS
EL 11636 ATHINA

Participants			
CON	KENTRO THERAPEIAS EXARTIMENON ATOMON - KETHEA	ATHINA	Greece
PAR	A-LARM BRUKER OG PARORENDE ORGANISASJON FOR APENHET OM RUS OG BEHANDLING	Kristiansand	Norway
PAR	ASOCIACION SPORT TO LIVE	Barcelona	Spain
PAR	CENTRO DI SOLIDARIETA' DI REGGIO EMILIA ONLUS ASSOCIAZIONE	Reggio Emilia	Italy
PAR	COOLMINE THERAPEUTIC COMMUNITY	Dublin	Ireland
PAR	CZEKOBANDA ZS	Brno	Czech Republic
PAR	EXPERIENTIA	MONCADA	Spain
PAR	KOINONIA ISON EUKAIRION	ATHENS	Greece
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	STOWARZYSZENIE MONAR	WARSZAWA	Poland

Number of members of sport organisations involved: 150

Reintegration Through Sport plus

The Reintegration Through Sport + project will be based on a collaborative, participatory and integrated process that aims to increase knowledge of sports implementation in the addiction therapy and reintegration processes of ex-drug users. The project aims, through documented knowledge, to develop innovative tools (capacity building) that will enhance the work of professionals involved in the addiction treatment. The RTS + project will bring together existing knowledge about sports and physical activity interventions to individuals involved in the addictions treatment and will support the organizations that seek to encourage these individuals to develop skills through sport aiming at their physical and mental empowerment. The R.T.S + project includes the cooperation of all the partners and, in addition, the involvement of other organizations/persons in the EU countries. The design of the RTS+ project will be developed in the following areas:

- To create and continuously strengthen a network working to promote the benefits of sport and physical activities and their use in developing life skills for the addictions treatment.
- To identify the needs, challenges, and barriers of addicted people to participate in sports
- To contribute to the Harmonization of Sport and physical activity patterns in drug abuse treatment
- To advocate through Developing Policy recommendations on prevention and addiction treatment through sport
- To raise awareness of all the relative stakeholders through capacity building and training, regarding the use of experiential learning in order to facilitate the positives benefits of sports participation in addiction therapy
- To design, create and promote a new innovative training tool and a web-based platform in order to strengthen the capacity of health professionals, addiction experts, sports educators and addiction drug treatment agencies
- To evaluate the project outcomes through the Social Return On Investment methodology (SROI).

Greece

Reference: 613241-EPP-1-2019-1-EL-SPO-SCP

Project Title: Supporting the participation of children and youth with developmental disabilities in sailing (SailAway)

Project Acronym: SailAwa

Eligible Budget (€)	Grant Amount (€)	Co-financing
280,560.00	280,560.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **KENTRO MERIMNAS OIKOGENEIAS KAI PAIDIOU**
SKOUFA 75
EL 10680 ATHINA



Participants			
CON	KENTRO MERIMNAS OIKOGENEIAS KAI PAIDIOU	ATHINA	Greece
PAR	FUNDACION MIRA'M DE LA COMUNITAT VALENCIANA	VALENCIA	Spain
PAR	MONTEAURO-COOPERATIVA SOCIALE A RESPONSABILITA LIMITATA	CORIANO	Italy
PAR	NAFTIKOS OMILOS PALAIYOU FALIROU	Paleo Faliro	Greece
PAR	NEOPHYTOS CH CHARALAMBOUS (INSTITUTE OF DEVELOPMENT LTD)	NICOSIA	Cyprus
PAR	RIJEKA SPORTS ASSOCIATION FOR PERSONS WITH DISABILITIES	RIJEKA	Croatia
PAR	YAHT-KLUB KAP G.GEORGIEV-PORT VARNA	VARNA	Bulgaria

Number of members of sport organisations involved: 30

Supporting the participation of children and youth with developmental disabilities in sailing (SailAway)

As regular exercise is important for children, children with autism spectrum disorders (ASD) are no exception. However, children with ASD tend to be less physically active than children who do not have developmental or learning disabilities.

Project SailAway targets sailing clubs, professionals and families with children and youth with ASD in the Southern EU countries of Bulgaria, Cyprus, Croatia, Greece, Italy and Spain, where the availability of and access to sports activities for persons with ASD and other disabilities is limited, in order to enhance the participation of children and young people with ASD

in sailing, since it is a sport that can help build self-confidence and self-reliance, and practice social interaction with peers within a supported environment. More specifically the project aims at:

- Building the capacities and skills of sailing coaches/instructors on delivering inclusive sailing activities for children and youth with ASD and engaging them in meaningful ways
- Enhancing the awareness of sailing clubs on providing inclusive sailing activities for children and youth with ASD
- Enhancing the awareness of parents of children with ASD on the benefits, possibilities of and access to sailing programmes/opportunities for their children within supported environments
- Increasing access to sailing activities for children and youth with ASD, encouraging contact between people from different social groups and with different capabilities.

As the project aims to encourage the social inclusion and equal opportunities for children and youth with ASD in sailing activities, through the training of professionals and awareness raising of sailing clubs and parents, it addresses the topic "Encourage social inclusion and equal opportunities in sport".

Greece

Reference: 613332-EPP-1-2019-1-EL-SPO-SCP
Project Title: Social inClusion Of REfugee women through sport
Project Acronym: SCORE

Eligible Budget (€)	Grant Amount (€)	Co-financing
247,040.00	247,040.00	100.00 %

Project start: 01/01/2020
Project end: 31/12/2021
Coordinator: **ORGANOSI GI**
ODO L DIMOKRATIAS 67
EL 13122 ILIOU ATTAKIS



Participants			
CON	ORGANOSI GI	ILIOU ATTAKIS	Greece
PAR	CESIE	PALERMO	Italy
PAR	ELEVEN CAMPAIGN	LONDON	United Kingdom
PAR	FOUNDATION FOR THE PROMOTION OF SOCIAL INCLUSION IN MALTA (FOPSIM)	ZEJTUN	Malta
PAR	GIRL POWER ORGANISATION	Helsingor	Denmark

Number of members of sport organisations involved: 300

Social inClusion Of REfugee women through sport

SCORE project aims to enhance sport trainers and coaches' skills and competencies for managing diversity and tensions and to carry out inclusion process of disadvantaged and marginalized population such as refugee women. Furthermore, the coaches will encourage refugee women to involve themselves in sport activities through the organization of inter cultural sport meetings.

SCORE will identify good practices of women refugee's participation in local grass-root sport activities, provide related education and training to sport coaches and embrace participation of refugee women in sport activities with locals, people who do not usually interact, to know, to speak, to share a sense of belonging, with locals, while promoting a transferable methodology based on the findings.

Through the project, refugee women will have the chance to get in touch with locals and get involved in grassroots sport activities. The partnership will also focus on enhancing basic soft skills of refugee women, which are traditionally associated with sport – teamwork, communication, time management, problem solving, leadership, commitment and motivation, as during the inter cultural meetings the sport coaches will use non formal methods for enhancing the above skills.

Greece

Reference: 613711-EPP-1-2019-1-EL-SPO-SCP
Project Title: Table Tennis for People with Autism
Project Acronym: SPAUT

Eligible Budget (€)	Grant Amount (€)	Co-financing
333,540.00	333,540.00	100.00 %

Project start: 01/01/2020
Project end: 31/12/2021
Coordinator: **HABILIS MONOPROSOPI IKE**
 LEOFOROS IRAKLEIOU 391
 EL 141 22 NEO IRAKLEIO
www.habilis.gr



Participants

CON	HABILIS MONOPROSOPI IKE	NEO IRAKLEIO	Greece
PAR	ATHLITIKOS SYLLOGOS PERA	Athens	Greece
PAR	BEYOGLUSPOR KULUBU DERNEGI	istanbul	Turkey
PAR	KYPRIAKI ETAIREIA PISTOPOIISIS LIMITED	Nicosia	Cyprus
PAR	NATIONAL UNIVERSITY OF IRELAND GALWAY	GALWAY	Ireland
PAR	POLITISTIKOS ATHLITIKOS SYLLOGOS -ONISILOS - LAKATAMEIAS	Nicosia	Cyprus
PAR	SPECIALISTERNE FOUNDATION	Ballerup	Denmark
PAR	THEOFANIS ALEXANDRIDIS KAI SIA EE	KALLITHEA	Greece

Number of members of sport organisations involved: 400

Table Tennis for People with Autism

Table tennis is a sport that we all played sometime in our lives. The equipment to start playing is simple and quite affordable, while the benefits of playing are numerous (health benefits, accessibility, playability and safety). Most people can play table tennis recreationally from age 5 until 70s. Furthermore, it is played indoors, does not require more than two players and does not cause frequent injuries. The above features make table tennis a great means of exercise and recreation for people with Autism. In addition to that it is fast and repetitive, ideal for people who may be having executive function deficits (attention, concentration, vigilance). Playing table tennis helps people with Autism to improve their communication skills and build stronger relationships with the people around them, including their peers, which is so important. They love the challenge of being in a competitive environment and love winning. This gives them the self-confidence they need to take on challenges in other aspects of their life as well, which goes well beyond table tennis.

The AIM of the project is, on one hand to join forces with table tennis coaches and physical education teachers (with knowledge on table tennis), training and certifying them as “coaches with knowledge and perception of Autism” and on the other hand to involve people with Autism in the table tennis sport, encouraging participation and physical activity. The project aims also to promote social inclusion, equal opportunities in sport and access to table tennis for people with Autism in mainstream activities. It will do so by empowering local communities, families and carers of the target group & sports people by raising awareness and training activities, and the establishment of a community of practice at local level. People with Autism will be trained by the certified coaches in each country in order to develop a good knowledge in the sport, become competitive and participate in table tennis sport events.

Greece

Reference: 612943-EPP-1-2019-1-EL-SPO-SSCP

Project Title: **Swim your Way**

Project Acronym: SwaY

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,000.00	59,000.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **KOLYMVITIKOS ATHLITIKOS
OMILOS ASTERIAS**

PROUSIS 2

EL 60133 KATERINI



Participants

CON	KOLYMVITIKOS ATHLITIKOS OMILOS ASTERIAS	KATERINI	Greece
PA-ASC	Associazione Euphoria	Rome	Italy
PA-ASC	ETHNIKO KAI KAPODISTRIAKO PANEPISTIMIO ATHINON	ATHINA	Greece
PA-ASC	SPORTNO DRUSTVO RIBA	LJUBLJANA	Slovenia
PA-ASC	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania

Number of members of sport organisations involved: 250

Swim your Way

Swim your way is carried out by five organizations from Greece, Italy, Romania and Slovenia. The partnership involves organisations operating in different areas, with different yet complementary competences, specifically, two Universities, two swimming clubs and a nonprofit association.

The project is focused on children with disabilities who are often prevented from taking part fully in society because of environmental and attitudinal barriers. People with disabilities are limited in opportunities to be as physically active as people without a disability. Therefore the aim of this project is to create a well-structured Guide on how to teach swimming to children with disabilities according to their differing needs, so that they can have full access to sports activities, which is in line with the European Disability Strategy 2010-2020.

For this purpose, through the realisation of three workshops, four specific categories of disability will be selected from the available participants at each partner association. Each partner will design and perform a series of swimming lessons adapted to its assigned disability group's needs, apart from the nonprofit association. At the end, all the "things that work best" in the teaching process will be included in the Guide.

As physical activity, health and quality of life are interconnected, through this project people with disabilities will get more health and safety benefits since teaching them how to swim is the best way to protect them if they find themselves accidentally in the water. Moreover, the project will raise social awareness, promote their social inclusion, boost their confidence and develop their social skills.

The Guide will be offered as an Open Educational Resource to other professionals of the sport, swimming instructors, teachers and trainers and it is expected to have a cross sectional long term positive effect to the adapted swimming area, helping people with disabilities to participate in swimming.

Greece

Reference: 612969-EPP-1-2019-1-EL-SPO-SSCP

Project Title: Break the Wall: Bringing non formal sports activities to the Youth Organisations

Project Acronym: Wall-e

Eligible Budget (€)	Grant Amount (€)	Co-financing
42,690.00	42,690.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: UNITED SOCIETIES OF BALKANS

Al. Delmouzou 8

EL 54635 Thessaloniki

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Participants			
CON	UNITED SOCIETIES OF BALKANS	Thessaloniki	Greece
PA-ASC	ASSOCIAZIONE ITALIANA CULTURA SPORT	ROMA	Italy
PA-ASC	Centre du Sport et de la Jeunesse Corse	Ajaccio	France
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	ORGANISMOS KOINONIKIS POLITIKIS KAI DRASIS	LEFKOSIA	Cyprus

Number of members of sport organisations involved: 35

Break the Wall: Bringing non formal sports activities to the Youth Organisations

The project 'Break the Wall: Bringing non formal sports activities to Youth Organisations' was created by 5 sports and/or youth organizations (Greece, Cyprus, France, Bulgaria and Italy).

Aims: 1) Raise awareness of the importance of health-enhancing physical activities in the everyday life, through the inclusion of non-formal activities in the everyday work of Youth Organisations 2) Upgrading youth work, through the use of new tools -illustrative and accessible to all - which will also enable more youth organizations to open up to sports regardless of their size and previous experience 3) Promotion of equal access to sport, especially for those with fewer opportunities through the local implementation of sports activities based on non-formal education for community/group building.

Outputs: 1) Sports Management Manual for Youth Organisations' (a short manual) which they could use in order to integrate sport activities to their activities with the youth. It will be an innovative approach to youth work which will give to these organizations an effective way to broaden their horizons – especially including outdoor activities and grassroots sports. 2) 'Toolkit' which will contain 20 non-formal sports activities. These activities will aim at the group building of multiple teams of people– it will be an effective and practical approach of the inclusion of sports activities in the everyday youth work.

Primary Target Groups: Youth Organisations, Youth Clubs, Youth Workers etc. Secondary Target Group: Young people with fewer opportunities/ volunteers/ youth organizations.

Project Meetings: 1) Kick Off Meeting in Greece (M2) 2) Mid Term Meeting in France (M9) 3) Evaluation Meeting in Cyprus (M17)

Events: In the European Week of Sport the partners will implement one Flash Mob to raise awareness about the importance of inclusion in sports activities. During M14-M18 each partner will implement 2 Local Dissemination Events in which they will realize 2 activities from the toolkit.

Greece

Reference: 610635-EPP-1-2019-1-EL-SPO-SSCP

Project Title: Wrestling Athletes Training CHallenges

Project Acronym: WATCH

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,945.00	59,945.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: DIMOKRITIO PANEPISTIMIO
THRAKIS
PANEPISTIMIOUPOLI RECTORATE
BUILDING
EL 69100 KOMOTINI
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Participants			
CON	DIMOKRITIO PANEPISTIMIO THRAKIS	KOMOTINI	Greece
PA-ASC	A. S. DIMOKRITEIO	KOMOTINI	Greece
PA-ASC	EUROPEAN UNIVERSITY CYPRUS	NICOSIA	Cyprus
PA-ASC	LES MÊMPAPEURS	SAUSHEIM	France
PA-ASC	UWW-Europe	Sofia	Bulgaria

Number of members of sport organisations involved: 3,000

Wrestling Athletes Training CHallenges

The Wrestling Athletes Training CHallenges (WATCH) project is based on the interdisciplinary approach and its aim is to focus on the area of “protecting athletes –especially the youngest– from health and safety hazards by improving training and competition conditions” while is focusing on an European grass-root sport, the wrestling. The main goal of WATCH project is to create an open educational innovative approach for wrestling injury prevention strategies while fostering regulation skills for weight control related to wrestlers, providing key techniques for the modern wrestling athletes and exercise experts (wrestling trainers, athletic trainers, physiotherapists etc).

The creation of this project was motivated by the fact that a considerable proportion of wrestling athletes in all age groups are facing with injuries and their consequences during training and competition.

In particular, WATCH will identify the gaps in the strategies used for the prevention of musculoskeletal injuries in wrestling and recognizing that wrestling athletes and trainers operate with interplay of thoughts, physiology and actions, it will propose specific exercise drills and a concomitant knowledge cultivation of wrestling athlete body weight control contributing in this way in a safer participation to wrestling and sports.

Thus, WATCH project aims to actively contribute at the prevention of musculoskeletal injuries in sports offering a massive open online course for the protection of all athletes (especially the youngsters males and females) enhancing the knowledge and increasing the awareness of all wrestling sport involved specialists as regards the role of preventive strategies, upgrading them at the same time with proper weight control counselling skills and finally focusing to an European grass-root sport.

Hungary

Reference: 613435-EPP-1-2019-1-HU-SPO-SSCP

Project Title: **Enabling Paraclimbing „Increasing the awareness and use of climbing as a rehabilitation tool and free-time activity for people with disabilities”**

Project Acronym: EPC

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,900.00	53,900.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **GERECSE SZIKLAMASZO
SPORTEGYESULET**

San Marco u. 12-18/a. 3/1.

HU 1034 Budapest

www.gerecse.com



Participants			
CON	GERECSE SZIKLAMASZO SPORTEGYESULET	Budapest	Hungary
PA-ASC	Nederlandse Klim- en Bergsportvereniging	Woerden	Netherlands
PA-ASC	Sektion Augsburg des Deutschen Alpenvereins e.V.	Augsburg	Germany

Number of members of sport organisations involved: 600

Enabling Paraclimbing „Increasing the awareness and use of climbing as a rehabilitation tool and free-time activity for people with disabilities”

Climbing, especially indoor climbing, is going through incredible progress in the last years. Among the general audience, an increasing number of disabled people also try climbing. The open-minded and inclusive spirit of this sport is well demonstrated by the fact that the Climbing World Championships usually also include paraclimbing, climbing for people with disabilities, as one of the disciplines. Although many (disabled) people think that they would not be able to climb, the reality is that most disabled people who try climbing are able to experience a feeling of success as they surpass their own expectations. In the framework of this project, we want to document good practices to engage more disabled people in climbing, thereby increasing the popularity of the sport in this group. To present climbing as an alternative form of movement therapy for the rehabilitation institutes, people with disabilities and rehabilitation-specialists. And involve and educate climbing trainers to have the appropriate skills to safely work with people with different disabilities. Also work on how do current gyms accommodate climbers with different disabilities, what are their shortcomings and what are good practices for creating a safe and disability-friendly climbing environment for disabled sportspeople. To identify the knowledge and attitudes that are essential for climbing instructors, coaches, trainers, routesetters and judges to work with disabled people. To give recommendations for the owners and managers of climbing and bouldering gyms to prepare for the use of their facilities by disabled people.

Hungary

Reference: 613368-EPP-1-2019-1-HU-SPO-SNCESE

Project Title: European School Sport Day - Sport for self-esteem

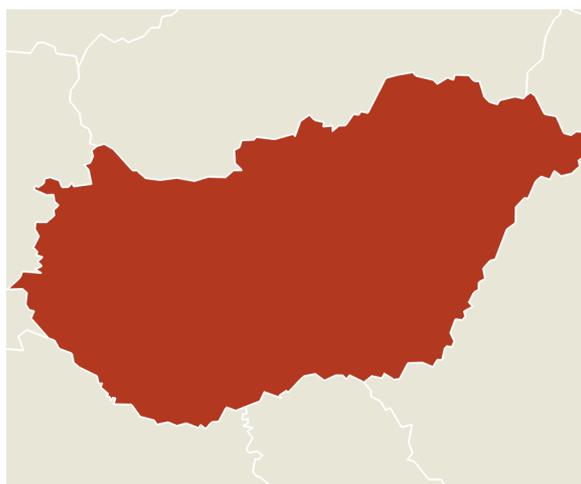
Project Acronym: ESSD

Eligible Budget (€)	Grant Amount (€)	Co-financing
373,107.30	298,485.84	80.00 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **MAGYAR DIAKSPORT SZOVETSEG**
MUNKACSY MIHALY UTCA 17
HU 1063 BUDAPEST



Participants

CON	MAGYAR DIAKSPORT SZOVETSEG	BUDAPEST	Hungary
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Number of members of sport organisations involved: 3,000

European School Sport Day - Sport for self-esteem

The European School Sport Day® (ESSD) is a pan-European initiative with the main objectives to promote sport and health enhancing physical activity at international level and involve as many children and young people, schools and organisations in physical activity programs as possible. ESSD also aims to break down cultural barriers and contribute to social inclusion. ESSD has been first organised in 2015 with the support of Erasmus Plus Program. In 2016, organised with the continued support of the Erasmus Plus Program, the inclusive sport event had 1.5 million participants in 20 countries. In 2017, Hungarian School Sport Federation has engaged 2 million participants in 26 European countries and ESSD became the biggest event of European Week of Sport. In 2018, ESSD was organised as a Flagship Event of European Week of Sport in 29 European countries. By extending its main objectives, ESSD 2020 especially will be aimed at exploring the relation between sport and media. By this, ESSD wants to reflect on and will place emphasis on the the fact that (social) media has an ever growing importance in the life of our children. This trend implicates obvious risks concerning the physical activity levels of the youngsters, but, with appropriate measures and methodology, the use of social media can contribute to the propmotion of healthy lifestyle and the mental health of the individual. The Toolkit developed earlier by partnering organisations provides schools and pupils relevant methodological and practical information on how they can organise their own physical activity programs. Thus, ESSD is fostering volunteering in sport and more particularly in school sport. The project implements the objectives included in the EU policies on education and sport in a holistic way, interlinking the policy areas defined in the Guidelines: sport, health and education. Besides, through the establishment of flagship events, ESSD aims to connect European youth through school sport.

Hungary

Reference: 613383-EPP-1-2019-1-HU-SPO-SCP

Project Title: EUROPEAN U16 WOMEN'S ICE HOCKEY CUP, Equally on the way to professional player

Project Acronym: EWIHC

Eligible Budget (€)	Grant Amount (€)	Co-financing
457,582.00	400,000.00	87.42 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: MAGYAR JEGKORONG SZOVETSEG

ISTVANMEZEI UT 1-3

HU 1146 BUDAPEST

icehockey.hu

Participants			
CON	MAGYAR JEGKORONG SZOVETSEG	BUDAPEST	Hungary
PAR	CESKY SVAZ LEDNIHO HOKEJE ZS	PRAHA	Czech Republic
PAR	DANMARKS ISHOCKEY UNION	BRONDBY	Denmark
PAR	DEUTSCHER EISHOCKEY-BUND E.V.	München	Germany
PAR	FEDERACION ESPANOLA DE DEPORTES DE HIELO	Barcelona	Spain
PAR	FEDERATION FRANCAISE DE HOCKEY SURGLACE	Cergy	France
PAR	NORGES ISHOCKEYFORBUND	Oslo	Norway
PAR	OESTERREICHISCHER EISHOCKEYVERBAND	Wien	Austria
PAR	SLOVENSKY ZVAZ L'ADOVEHO HOKEJA	BRATISLAVA	Slovakia
PAR	SUOMEN JAAKIEKKOLIITTO - FINLANDS ISHOCKEYFORBUND RY	HELSINKI	Finland

Number of members of sport organisations involved: 2,000

EUROPEAN U16 WOMEN'S ICE HOCKEY CUP, Equally on the way to professional player

Project will indicate challenges and barriers for girls and women in hockey as:

Social Implications: girls experience social isolation in the hockey environment;

Psychological Implications – girls experience low motivation and loss of interest due to lack of girls-only programs;

Structural Implications – lack of opportunities to participate in teams, leagues, and club programs;

Competitive Implications – lack of events and tournaments from international to grassroots levels.

The addition of the EuroCup will promote the following:

-Enact a “Players are People” vision to develop future hockey players and better young women;

-Build a female hockey player development pathway – create a new generation;

-Create a shared place for girls to play with girls and feel they belong in hockey;

-Motivate young girls through role models and leaders

Project will:

-Build a community of coaches who are committed to the female game from grassroots to high performance levels;

-Learn on and off ice female hockey specific material;

-Share ‘best practices’ during ‘real-time’ competitions.

-Provide real-game learning opportunities and these would be provided by a U16 high performance competition;

-Facilitate learning from other countries and an opportunity to exchange best practice.

We have to promote:

-Recruitment and Retention strategies and skills – share best practices among clubs – how to activate programs at the club level;

-Events – organize more female hockey events - staging club tournaments for girls and hosting international women’s hockey events;

-Psychological and Social Challenges for Girls in Hockey – strategies to overcome barriers and develop effective programs.

Top-Down Change – EuroCup will stimulate federations and clubs to increase programs and drive participation of girls at younger levels

Bottom-Up Change – will stimulate the retention of athletes along the high performance development pathway and stimulate the creation of additional U18 national teams programming.

Hungary

Reference: 613170-EPP-1-2019-1-HU-SPO-SCP

Project Title: Fly High

Project Acronym: FH

Eligible Budget (€)	Grant Amount (€)	Co-financing
168,749.00	168,749.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: IFJUSAGI NOMAD KLUB
NONPROFIT KFT
NAGYKOROSI UT 139
HU 1205 BUDAPEST



Participants			
CON	IFJUSAGI NOMAD KLUB NONPROFIT KFT	BUDAPEST	Hungary
PAR	ASOCIACIJA KELIAUK, KAD KEISTUM	Kybartai	Lithuania
PAR	ASOCIATIA CLUBUL SPORTIV AEROCLUBULTURBULENCIA	MIERCUREA CIUC	Romania
PAR	ASOCIATIA YOUNG EUROPE SOCIETY	BILBOR	Romania
PAR	CJE - CLUBE DE JOVENS EUROPEUS	Lisboa	Portugal
PAR	FREE AIR SIKLOERNYOS EGYESULET	Budapest	Hungary
PAR	OBCIANSKY SPOLOK	LUCENEC	Slovakia

Number of members of sport organisations involved: 250

Fly High

Paragliding as sport or recreational physical activity has numerous benefits for body and mind. However, it is practiced by relatively small number of people. For instance, Free Air organization, which is one of biggest paragliding clubs in Budapest, had only 30 new people learning paragliding in 2018; significantly smaller numbers are shared by other project partners. Therefore, our goal is to raise awareness about paragliding as health enhancing physical activity in 5 countries to min. 1000 local people, around half of them (i.e. 500) encouraging and providing opportunity to learn paragliding basics and try flying.

Objectives

O1. Increase awareness and understanding about paragliding, its benefits, deny existing myths (it is very dangerous, expensive, etc.) in 5 participating countries.

O2. Promote paragliding as alternative health-enhancing physical activity in 5 countries and further.

O3. Share best practices, paragliding teaching methods within partnership and further which will materialize in intellectual outputs until the end of project.

Our project addresses 2 needs of 2 target groups: paragliding clubs and local people who lack physical activity:

1. All participating paragliding clubs have bigger capacity for teaching paragliding than actual learners.

2. Low level of physical activity, doing sports, exercising in all participating countries among people.

These 2 needs complement each other: paragliding increases physical activity of people; they are new learners, new people that organizations can support in paragliding learning process.

Project outcomes:

~500 people learning paragliding

6 educational paragliding videos

Paragliding guide

Promotional videos and photos

Impact:

Increased awareness about paragliding, more people practicing it – contribution to increased physical activity and health on long run.

Increased capacity of partners to promote paragliding, stronger and broader network for future collaborations.

Hungary

Reference: 613555-EPP-1-2019-1-HU-SPO-SSCP

Project Title: Inclusive Tandems

Project Acronym: IT

Eligible Budget (€)	Grant Amount (€)	Co-financing
57,600.00	57,600.00	100.00 %

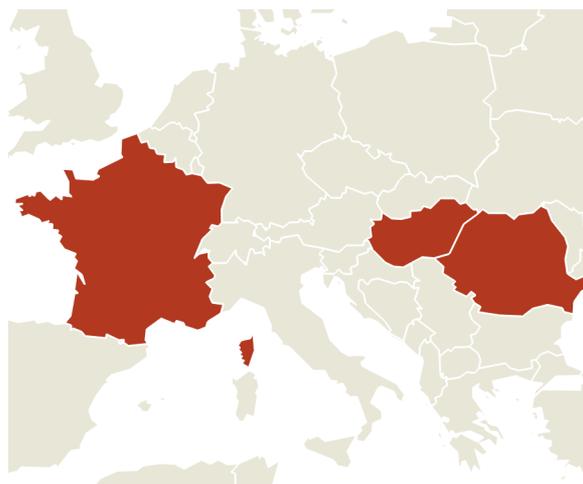
Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: LEGARAMLAT NONPROFIT KFT

Pakasz utca 1. fszt. 1.

HU 1031 Budapest



Participants

CON	LEGARAMLAT NONPROFIT KFT	Budapest	Hungary
PA-ASC	ASOCIATIA CLUBUL SPORTIV AEROCLUBULTURBULENCIA	MIERCUREA CIUC	Romania
PA-ASC	ASOCIATIA YOUNG EUROPE SOCIETY	BILBOR	Romania
PA-ASC	ENSEMBLE PARTOUT	LIMOGES	France

Number of members of sport organisations involved: 50

Inclusive Tandems

The four partner organisations are faced with the need of reaching the local population, transmitting correct information about the benefits of practicing tandem paragliding as an active leisure activity. All the partners have previous experience in involving people facing fewer opportunities in nonformal activities and using sports as a tool for social inclusion. However, they are faced with the stringent need of fostering social inclusion also through the means of tandem paragliding – as an active leisure activity.

Aim of the project:

Raise awareness in the four regions of our five partners about the possibilities of practicing tandem paragliding for all (including people facing fewer opportunities) to min. 400 local people and encourage the interested public to subscribe to min. 40 tandem flights, until the end of the project.

Specific objectives:

- O1. Create a common approach for the five partners in advertising the possibilities of practicing tandem paragliding as an active leisure activity, until the end of the project;
- O2. Standardise the promotion activities of the four partners to increase the number of tandem flights every year, until the end of the project;
- O3. Create a common strategy for the inclusion of people facing fewer opportunities, as well as providing them with equal opportunities in practicing tandem paragliding as an active leisure activity, until the end of the project.

Results:

- a web-platform that will promote tandem paragliding in the five countries that will include a booking function
- min. 16 videos to promote tandem paragliding as an active leisure activity (min. 4/organisation)
- a common strategy for the inclusion of people facing fewer opportunities in tandem paragliding;
- a promotional video about the implementation of our project
- 4 Info Weekends opened to the wide public (1/organisation)

This project is encouraging social inclusion and equal opportunities in sport and contributes to the EU policies in the field of Sport.

Hungary

Reference: 613492-EPP-1-2019-1-HU-SPO-SSCP

Project Title: Medieval Activities Grow International Cooperation in Sport

Project Acronym: MAGICS

Eligible Budget (€)	Grant Amount (€)	Co-financing
77,815.00	60,000.00	77.11 %

Project start: 01/01/2020

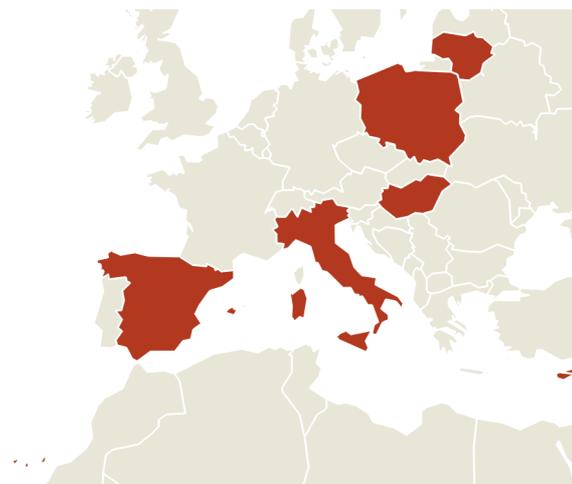
Project end: 31/12/2021

Coordinator: VARKAPITANY LOVAGI
TORNA EGYESULET

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Participants			
CON	VARKAPITANY LOVAGI TORNA EGYESULET	VESPREM	Hungary
PA-ASC	AYUNTAMIENTO DE PEDREGUER	PEDREGUER	Spain
PA-ASC	DERYNEIA MUNICIPALITY	DERYNEIA	Cyprus
PA-ASC	GRUPPO SBANDIERATORI 7 CONTRADE DIORTE	ORTE	Italy
PA-ASC	INSTYTUT ROZWOJU SPORTU I EDUKACJI	WARSZAWA	Poland
PA-ASC	KELMES MIESTO VIETOS VEIKLOS GRUPE	KELME	Lithuania

Number of members of sport organisations involved: 1,200

Medieval Activities Grow International Cooperation in Sport

MAGICS–Medieval Activities Grow International Cooperation in Sports wants to foster the sharing of best practices at European level to favour the crossfertilisation and internationalisation of activities and organisation of small traditional sports and games associations and clubs, to promote participation and intergenerational cooperation in traditional sports and the participation to the European Week of Sport 2020

The project will take place from 1/1/2020 to 31/12/2021 and will give the opportunity to 6 Local Coordinators and 18 athletes and trainers from 6 European Countries (IT, CY, HU, PL, LT, ES) to take part in actions aimed to:

- promote voluntary activities in sport, social inclusion, equal opportunities, awareness of the importance of health-enhancing physical activity, participation and equal access to sport for all
- share best practices for the cross-fertilisation between different traditional sports to reduce the level of competitiveness and to promote conflict management and problem solving
- create deeper synergies with the education and youth sector, promoting the participation of traditional sport clubs in community education and the transgenerational transmission of know-how and competencies
- promote European traditional sports

The project foresees the following activities:

2 Transnational Meetings for the Project Team

3 Transnational Meetings for the mobility of athletes and trainers

6 Open Days for the sensibilisation of local communities

Local meetings for the involvement of stakeholders, policy makers and civil society organisations

Dissemination plan for the promotion and diffusion of Project's result and achievements

Events for the promotion and celebration of the European Week of Sport in 6 Countries

The Project wants to result in an effective resilience of small traditional sport and games clubs against conflicts and high competitiveness, to preserve voluntary activities in sport and the transgenerational transmission of knowledge.

Hungary

Reference: 613124-EPP-1-2019-1-HU-SPO-SSCP

Project Title: Roma Inclusion through Sport in Europe

Project Acronym: RISE

Eligible Budget (€)	Grant Amount (€)	Co-financing
54,600.00	54,600.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: BUDAPESTI EGYESULET A NEMZETKOZI SPORTERT

FERENC TER 2-3. VII/2

HU 1094 BUDAPEST

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Participants			
CON	BUDAPESTI EGYESULET A NEMZETKOZI SPORTERT	BUDAPEST	Hungary
PA-ASC	A.D.E.L. - ASSOCIATION FOR DEVELOPMENT, EDUCATION AND LABOUR	STROPKOV	Slovakia
PA-ASC	ASOCIATIA LIBER LA EDUCATIE, CULTURA SI SPORT	BUCURESTI	Romania
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	ZDRUZENIE ZA UNAPREDUVANJE MEGUSEBNA DOVERBA TAKT SKOPJE	SKOPJE	Republic of North Macedonia

Number of members of sport organisations involved: 120

Roma Inclusion through Sport in Europe

Today there are about 12 million Roma people living in Europe (out of whom approximately 6 million are EU citizens), making Roma the biggest ethnic minority in the continent. The available evidence suggests that many Roma people live in overwhelmingly poor conditions on the margins of society, and face extreme levels of social exclusion, marginalisation and discrimination. In this context, the RISE (Roma Inclusion through Sport in Europe) is a joint initiative of European sport and civil society organisations to tackle discrimination, social exclusion and marginalisation of Roma youngsters through exchanging of good practices, capacity building and the development and implementation of sport-based educational activities. The key objective of the project is to promote social inclusion, equal opportunities and raise awareness of the disadvantaged situation of the Roma minority through sport-based education. RISE is a 18-months long collaborative partnership addressing the needs of underprivileged young EU citizens and organisations dealing with this target group.

General aims of the project:

1. To promote social inclusion, equal opportunities and sport-based education for underprivileged (especially Roma) young people, and raise awareness of the importance of health-enhancing physical activity through innovative cross-sectoral cooperation;
2. To empower and build capacity of sport clubs, youth organisations, civil society organisations to develop and deliver sport-based educational activities targeting underprivileged populations, especially Roma youngsters;
3. To collect, classify and promote European good practices in the field of social inclusion through sport and to develop a sport-based educational methodology to be introduced in an accessible handbook;
4. To up-skill trainers, coaches, youth leaders and NGO staff with necessary knowledge to realize sport-based educational interventions to underprivileged target groups, such as Roma youngsters.

Hungary

Reference: 613315-EPP-1-2019-1-HU-SPO-SSCP

Project Title: Sport Ambassadors in Rural Areas

Project Acronym: SARU

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,810.00	59,810.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **CROSSKOVACSI SPORT ES
KOMYEZETVEDO EGYESULET**
KOLOZSVAR TER 3
HU 2094 NAGYKOVACSI



Participants

CON	CROSSKOVACSI SPORT ES KOMYEZETVEDO EGYESULET	NAGYKOVACSI	Hungary
PA-ASC	CDE Ecodeporte	Madrid	Spain
PA-ASC	ENOSI ATHLITIKON SOMATEION SEGAS KYKLADON	MYKONOS	Greece
PA-ASC	OBCIANSKE ZDRUZENIE MARATON	Marianka	Slovakia

Number of members of sport organisations involved: 255

Sport Ambassadors in Rural Areas

About half of the territory of the EU consists of marginal rural areas. 23% of the population lives in these areas, and another 35% lives in "intermediate", i.e. predominantly rural areas. In these marginal territories, we can find low rates of employability and high percentages of unemployment, including significant high rates of young people that are neither in employment nor in education and training =NEET. Compared to urban areas, most of these areas lack economic growth and have fewer opportunities for learning which have an effect on lower rates of employability, decreased well-being, and a tendency of social problems.

Our project addresses these challenges by developing a model for enhancing attractiveness of these areas both for local citizens as well as for visitors via organizing sport events. The methodology on how to plan and build tracks and venues for outdoor sport events and sport races will be developed by consortium members and be spread to smaller sport clubs, and sport representatives of youth associations/municipalities in marginal rural areas. The project will pick up "ambassadors" for rural sport events and facilitate communication, idea and knowledge share among them. The main activities of the project will be built around the development of a training material in the field and conduct ambassadors to acquire the most important basics for track planning for nature sport races. As an impact we expect to enable rural communities to organize attractive sport events and thus trigger local community building as well as boosting sport engagements and reach higher touristic and economic impact.

The consortium is built up by 4 partners from 4 countries (HU, EL, ES, SK), each of them active in the field of organizing sport events and sport races in nature sports (MTB, trail running, nordic walking). They are influential sport actors in their regions and aspire to spread the mission of social and economic growth through sport in rural areas.

Ireland

Reference: 613334-EPP-1-2019-1-IE-SPO-SCP

Project Title: Fans Matter!

Project Acronym: FM

Eligible Budget (€)	Grant Amount (€)	Co-financing
309,042.00	309,042.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: EUROPEAN SUPPORTERS ALLIANCE

BISHOPSTOWN TRAINING
GROUND CURRAHEEN

IE T12 DE08 CORK

www.sdeurope.eu



Participants			
CON	EUROPEAN SUPPORTERS ALLIANCE	CORK	Ireland
PAR	ATHLITIKO LAIKO SOMATEIO OMONOIA 1948	Nicosia	Cyprus
PAR	FEDERACION DE ACCIONISTAS Y SOCIOS DEL FUTBOL ESPAÑOL	MADRID	Spain
PAR	FEDERAZIONE ITALIANA GIUOCO CALCIO	Roma	Italy
PAR	HAYATZIA SPORT SUPPORTERS ORGANIZATION ISRAEL	Hod Hasharon	Israel
PAR	ISRAEL FOOTBALL ASSOCIATION	Ramat Gan	Israel
PAR	SANDBLANDERS FOOTBALL LIMITED	London	United Kingdom
PAR	SUPPORTERS IN CAMPO	ROMA	Italy
PAR	VZW ESKABEE 1935	Beveren-Waas	Belgium

Number of members of sport organisations involved: 15,000

Fans Matter!

Fans Matter! aims to

improve the capacity and professional management of member-run football clubs and supporter organisations that are involved in the management of clubs, particularly on the non-elite - lower league and amateur level.

Project coordinator

- SD Europe

Project partners

National Fans Organisations

- Israfans (Israel)
- Supporters in Campo - SinC (Italy)
- Federación de Accionistas y Socios del Fútbol Español - FASFE (Spain)

Continental Fans Organisation

- Sandlanders (reg)

Key aims

- improve the capacity and professional management of member-run clubs, particularly on the non-elite - lower league and amateur levels
- improve the operational capacity and professional management of football supporters who are or want to be involved in the running of their football clubs
- improve the support national supporter organisations and national football associations provide to their members
- improve the relationships between member-run clubs, supporters and the authorities and establish channels for long-term cooperation and joint educational programmes
- gather feedback and research to further develop educational support to clubs, supporters and associations
- contribute towards achieving a more sustainable and responsible management of European football, with benefits for both society and the economy within and beyond the industry
- contribute towards the EU goal of promoting and ensuring a culture of good governance in sport
- develop a network between member-run clubs in Europe, Israel and Africa

Key outputs

- A collaborative partnership of national football bodies and supporter organisations in Europe, Africa and Asia
- A two-level engagement with stakeholders
 - a. A programme of two European training events
 - b. A programme of national training events
- A series of supplementary one-to-one exchanges between partners
- A European and national action plans
- Supporting research and evaluation
- Disseminating the learnings and outcomes

Ireland

Reference: 613244-EPP-1-2019-1-IE-SPO-SNCESE

Project Title: Improving the Special Olympics Athletes Experience of Winter Sports

Project Acronym: ISOAEWS

Eligible Budget (€)	Grant Amount (€)	Co-financing
474,948.61	379,958.00	80.00 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **SO EUROPE EURASIA
FOUNDATION**

SHELBOURNE HOUSE
SHELBOURNE ROAD
BALLSBRIDGE

IE 4 DUBLIN



Participants

CON	SO EUROPE EURASIA FOUNDATION	DUBLIN	Ireland
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Number of members of sport organisations involved: 4,140

Improving the Special Olympics Athletes Experience of Winter Sports

The main activity of the proposed fully inclusive Winter Sports project will take place in Sweden between the 29th January and 5th February 2020 and it will be called – Improving the Special Olympics Athletes Experience of Winter Sports. This event is unique in Winter Sports as it will offer fully inclusive sports opportunities for people and also a number of non-sports events designed to meet the needs of this marginalised population. A full legacy programme is also in place for this proposed project.

Sports Events

In total there will be 8 Winter Sports at the Games which are as follows with locations in brackets beside them.

- Alpine, Snowboard, Snowshoeing (Åre, Duved)
- Figure skating, Floorhockey, Cross Country Skiing, Floorball, Speed skating, (Östersund)

Non Sports Events

1. Host Town Programme

The Host Town Programme allows the athletes a chance to settle into their new surroundings, and to prepare for their competitions.

2. Opening Ceremony/Closing Ceremonies

3. Healthy Athlete Seminar

There will be a seminar discussing the health status of people with intellectual disabilities on the basis of health data gained at Special Olympics Healthy Athletes events, challenges and needs for adapted medical and preventive care for people with intellectual disabilities

4. Youth Summit

As part of this project, Special Olympics intend to host a mini Summit of inclusive youth leader teams from the invited delegations who have a record of successful youth activation on local or national level and interest to engage in pushing ahead our inclusion message.

5. Healthy Athletes Programme

The programme will be managed by trained Clinical Directors which will see athletes given health screenings and health interventions to manage and improve their personal health.

6. Coaches Workshops during and post Games

Onsite training and after Games coaching seminars will be given to coaches from each National Programme.

Ireland

Reference: 613607-EPP-1-2019-1-IE-SPO-SNCESE

Project Title: **Mixed Ability Week Cork 2020**

Project Acronym: MAW20

Eligible Budget (€)	Grant Amount (€)	Co-financing
820,613.36	495,866.78	60.43 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **SUNDAY'S WELL RUGBY FOOTBALL CLUB**

IRISH INDEPENDENT PARK,
TRAMORE ROAD

IE T12HY96 CORK



Participants

CON	SUNDAY'S WELL RUGBY FOOTBALL CLUB	CORK	Ireland
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Number of members of sport organisations involved: 590

Mixed Ability Week Cork 2020

This project will organise the first-ever Mixed Ability Week (MAW20) in Cork (Ireland) between the 7-12 June 2020. Mixed Ability sport promotes social inclusion by integrating disabled and non-disabled players in the same mainstream game. The event was prompted by and builds on the success of two previous rugby tournaments but expands the template beyond rugby and beyond sport to include an international conference and four participatory educational workshops. The latter will be co-designed with disabled trainers and will promote knowledge sharing among participants, coaches, clubs and national governing bodies. In addition, Mixed Ability taster sessions and competitions in rowing, boxing, kin ball and running will be held, with the opportunity for the wider population to take part in many sporting and social activities to raise awareness and celebrate diversity and promote social inclusion through sport. All of this alongside an international rugby tournament (IMART 2020). MAW20 will attract 1000+ participants over the week.

The event will be hosted by Sunday's Well Rugby Football Club, a well established community rugby club in Cork, along with a host of relevant and high profile support organisations such as International Mixed Ability Sports, Cork City Council and the IRFU as well as international researchers from academia. The event embodies innovation through its participatory approach, focus on Mixed Ability sport, integration of bottom-up and top-down elements and combination of activities all promoted through the #BetterTogether social media campaign and travelling photographic exhibition. The project will have significant direct positive impacts for all those involved as well as indirectly through shifting societal perceptions around dis/ability and social inclusion. The project will provide a lasting legacy for other grassroots clubs to organise future participatory and community-led events through the creation of a Transferability Toolkit.

Italy

Reference: 613350-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Aging Movement or Rethinking Aging

Project Acronym: AMORE

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,000.00	60,000.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: SOCIETA SPORTIVA
DILETTANTISTICA ATTIVA
SPORTUTILITY

Via XXIV Maggio n. 351

IT 19125 La Spezia

www.attivasportutility.it



Participants

CON	SOCIETA SPORTIVA DILETTANTISTICA ATTIVA SPORTUTILITY	La Spezia	Italy
PA-ASC	Association Ecology-Sport-Tourism	Bucharest	Romania
PA-ASC	FONDATSIYA KURAZH	PLOVDIV	Bulgaria
PA-ASC	UISP COMITATO TERRITORIALE DI PARMA	Parma	Italy

Number of members of sport organisations involved: 600

Aging Movement or Rethinking Aging

According to 2018 Eurobarometer Bulgaria owns the absolute first place in Europe for physical inactivity among adult population with 68%, Romania follows with 63%, then Italy, with 62%.

Our project Aging Movement or Rethinking Aging, AMORE, unites the efforts of 4 partners from 3 of the EU countries with highest level of inactive adults - Bulgaria, Romania and Italy. It aims to awaken the interest in sport and physical activity in the 50+ sedentary age group, so as to lead them to healthier old age and prevent cardiovascular and musculoskeletal diseases, a consequence of inconsistent practice of physical activity.

Specific objectives of the project are: Design and implement one six months course for adults age 50+ in each partner country; Prepare video material of good practices in each partner country; Prepare a manual with description of good practices in each partner country, that can be used both by the common citizens to practice physical activity and for the instructors and organization to implement programs specifically aimed at the targeted age group; Disseminate all the material, documents and studies produced throughout the project to stakeholders and health agencies working with adults of age 50+.

Project activities include: 4 Transnational partners meetings – Italy, Bulgaria, Romania, Italy; 2 Sport meetings with the involvement of stakeholders – Bulgaria and Romania, and a final dissemination meeting in Italy.

The sustainability of AMORE is guaranteed by the fact that its results will be published and made available broadly, and that the partner organisations already have a tradition of cooperation. The project will be a step forward in a relationship that already exists.

Italy

Reference: 613319-EPP-1-2019-1-IT-SPO-SCP

Project Title: **APProaching to a sport and health lifestyLE**

Project Acronym: APPLE

Eligible Budget (€)	Grant Amount (€)	Co-financing
346,265.00	346,265.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **SS LAZIO ATLETICA LEGGERA ASSOCIAZIONE SPORTIVA DILETTANTISTICA**

VIA FILIPPO CORRIDONI 14

IT 00195 rome

www.sslazioatletica.org



Participants			
CON	SS LAZIO ATLETICA LEGGERA ASSOCIAZIONE SPORTIVA DILETTANTISTICA	rome	Italy
PAR	AALBORG BOLDSPILKLUB AF 1885	AALBORG OST	Denmark
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA POLISPORT.PONTEVECCHIO	Bologna	Italy
PAR	CRVENA ZVEZDA SD	BEOGRAD SAVSKI VENAC	Serbia
PAR	EUROPEAN PLATFORM FOR SPORTS AND INNOVATION	Brussels	Belgium
PAR	HRVATSKI AKADEMSKI SPORTSKI KLUBOVI MLADOST SVEUCILISTA U ZAGREBU	ZAGREB	Croatia
PAR	OLYMPIACOS SYNDESMOS FILATHLON PIREOS	Piraeus	Greece
PAR	SDRUZHENIE LEVSKI SPORT ZA VSICHKI	SOFIA	Bulgaria
PAR	STICHTING FEYENOORD FOUNDATION	ROTTERDAM	Netherlands

Number of members of sport organisations involved: 450,000

APProaching to a sport and health lifestyle

The Project aims to sensitize European citizens, especially young people and children, towards the importance of conducting a healthy lifestyle. This target is going to be reached through a series of seminars and active lessons with boys and girls in schools and with meetings relevant stakeholders. These activities are focusing not only on sport promotion, but on health in a wider perspective. Working with young people is indeed crucial to improve health conditions of present and future society.

The Project works in the framework of encouraging participation in sport and physical activity, with a special focus on two of the pillars of the so-called "Tartu Call For A Healthy Lifestyle", document of the European Commission launched during the opening of the European Week of Sport 2017 in Tartu (Estonia): sport and health.

The Project agrees with the European Commission idea of creating a joint action not only focusing on sport, but including a 360° health perspective. Through a series of activities, the Partners involved aim to create a common programme of school lessons and seminars dedicated, from one hand, to promote sport and physical activity and, from another hand, to promote and inform citizens and young people about the importance of healthy style of living.

Italy

Reference: 613062-EPP-1-2019-1-IT-SPO-SCP

Project Title: A EU collaborative partnership for active lifestyles for the adherence to the HIV therapy and to promote fitness as therapy

Project Acronym: ARIE

Eligible Budget (€)	Grant Amount (€)	Co-financing
393,551.00	393,551.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: ASSOCIAZIONE NAZIONALE
PER LA LOTTA CONTRO
L'AIDS (SINDROME DA
IMMUNODEFICIENZA
ACQUISITA) SEZIONE
LOMBARDA

VIA MONVISO 28

IT 20154 MILAN

www.anlaidsonlus.it



Participants			
CON	ASSOCIAZIONE NAZIONALE PER LA LOTTA CONTRO L'AIDS (SINDROME DA IMMUNODEFICIENZA ACQUISITA) SEZIONE LOMBARDA	MILAN	Italy
PAR	BULGARSKA ASOCIACIYA PO SEMEYNO PLANIRANE I SEKSUALNO ZDRAVE	Sofia	Bulgaria
PAR	CENTRUL PROFILAXIA SRL	Timisoara	Romania
PAR	DRUSTVO STUDENTSKI KULTURNI CENTER	LJUBLJANA	Slovenia
PAR	ISTITUTO EUROPEO PER LO SVILUPPO SOCIO ECONOMICO ASSOCIAZIONE	VALENZA	Italy
PAR	KENTRO THERAPEIAS EXARTIMENON ATOMON - KETHEA	ATHINA	Greece
PAR	ZIV IR AIDS PAVEIKTU MOTERU BEI JUARTIMUJU ASOCIACIJA	VILNIUS	Lithuania

Number of members of sport organisations involved: 60

A EU collaborative partnership for active lifestyles for the adherence to the HIV therapy and to promote fitness as therapy

The basic view of ARIE is that sport for people living with HIV/AIDS has a double role. The first is connected with physical education, movement and health information, concepts contained in the primary directions of the EU. The other role is connected with learning and education. Through training, patients can be supported by skilled experts who can properly accompany them in their difficult path of treatments and recovery.

Considering this, and in order to support the implementation of the Guidelines, the project wants to promote physical activity in the form of fitness to people living with HIV/AIDS who are in treatment aged 30-65 by offering an innovative fitness protocol to involve them in a moderate / vigorous physical activity and as a consequence, to make them accept and reconnect with their bodies, build new self-confidence, enhance self-expression, address feelings of isolation, depression, anger and fear and to strengthen personal resources and above all, to do a physical activity necessary for their well being. Thus, the project through the development of its fitness protocol aims to promote voluntary activities in sport, together with awareness of the importance of health-enhancing physical activity through increased participation in sport for all.

Project activities will be:

- Development of an innovative fitness protocol for people living with HIV/AIDS who are in treatment to involve them in a moderate / vigorous physical activity;
- Training (train the trainers) fitness coaches and experts in physical education and health to standardize the protocol and make it transferable and replicable also in other contexts and countries.
- Organisation of multipliers events open to the public to inform them about the project and of other topics as the Importance of physical activity for the maintenance of health status; Physical activity in the prevention and treatment of diseases; Fitness and its psychological and physiological effects.

Italy

Reference: 612993-EPP-1-2019-1-IT-SPO-SCP

Project Title: **Autism and Sport : Train Social inclusion**

Project Acronym: AU.SPO.

Eligible Budget (€)	Grant Amount (€)	Co-financing
399,820.00	399,820.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **A.S.D. RUNNING MATERA**

VIA FRATELLI CERVI N.4

IT 75100 MATERA



Participants

CON	A.S.D. RUNNING MATERA	MATERA	Italy
PAR	AIAS MELFI ONLUS - ASSOCIAZIONE ITALIANA ASSISTENZA AGLI SPASTICI SEZIONE DI MELFI	Melfi (PZ)	Italy
PAR	ASOCIACION DE PADRES DE PERSONAS CON AUTISMO DE BURGOS	BURGOS	Spain
PAR	AUTISM BAIA MARE	BAIA MARE	Romania
PAR	FEDERAZIONE ITALIANA SPORT PARALIMPICI DEGLI INTELLETTIVO RELAZIONALI	ROMA	Italy
PAR	FONDAZIONE STELLA MARIS MEDITERRANEO ONLUS	CHIAROMONTE	Italy
PAR	NODIBINAJUMS SPRING	Jurmala	Latvia
PAR	UDRUGA ZA SKRB AUTISTICNIH OSOBA	Rijeka	Croatia

Number of members of sport organisations involved: 1,000

Autism and Sport : Train Social inclusion

Autism and Sport : Train Social inclusion (AU.SPO.) è un progetto di "Collaborative Partnerships" che ha l'obiettivo principale di incoraggiare l'inclusione sociale e le pari opportunità in ambito sportivo, attraverso una maggiore partecipazione alle attività sportive di adolescenti e giovani con disturbo dello spettro autistico (ASD). Coinvolge 8 partner provenienti da 5 paesi europei (Italia, Romania, Spagna, Croazia e Lettonia).

Lo scopo del progetto è quello di avviare un percorso di apprendimento sostenibile e continuo che colleghi operatori sociali, allenatori sportivi di club sportivi, strutture residenziali, associazioni, NGO, Fondazioni e in un maggiore coinvolgimento nello sport e nelle attività educative.

Gli obiettivi specifici sono:

- Rafforzare l'uso dello sport come strumento per l'inclusione sociale
 - sensibilizzazione sul potenziale della Sport nel trattamento riabilitativo dei ASD;
 - Formare gli operatori socio-sanitari e volontari sportivi
 - Attuazione di programmi di promozione ed incentivazione delle attività sportive per soggetti con ASD
 - aumentare la conoscenza delle parti interessate sulle politiche dell'UE, nazionali, regionali e locali sulle migliori pratiche di insegnamento e di inclusione sociale attraverso lo sport.
- Gruppi target del progetto sono operatori sociali, insegnanti, formatori, volontari, allenatori, dirigenti e personale di organizzazioni sportive, Istituti ed enti di formazione, scuole e associazioni no profit

Le attività previste sono:

1. Gestione, coordinamento, monitoraggio e valutazione
2. Formazione e Scambio di buone pratiche
3. Eventi sportivi

Risultati finali:

- Indagine sulla situazione attuale
- Un manuale contenente le migliori pratiche
- Piattaforma e-learning per la formazione di operatori e volontari sportivi
- Workshop di formazione locali
- Eventi di sensibilizzazione in 6 paesi partner, con una conferenza finale
- Materiali ed attività di comunicazione
- Disseminazione

Autism and Sport: Train Social inclusion (AU.SPO.) is a project of "Collaborative Partnerships" which has the main objective of encouraging social inclusion and equal opportunities in sports, through greater participation in the sports activities of adolescents and young people with autism spectrum disorder (ASD).

It involves 8 partners from 5 European countries (Italy, Romania, Spain, Croatia and Latvia).

The aim of the project is to start a sustainable and continuous learning path that connects social workers, sports coaches of sports clubs, residential structures, associations, NGOs, Foundations and in a greater involvement in sport and educational activities.

The specific objectives are:

- Strengthen the use of sport as a tool for social inclusion
- awareness of the potential of Sport in the rehabilitation treatment of ASDs;
- Train social and health workers and sports volunteers
- Implementation of promotion and incentive programs for sports activities for people with ASD
- increase stakeholder awareness of EU, national, regional and local policies on best practice in teaching and social inclusion through sport.

Target groups of the project are social workers, teachers, trainers, volunteers, coaches, managers and staff of sports organizations, Institutes and training institutions, schools and non-profit associations

The planned activities are:

1. Management, coordination, monitoring and evaluation
2. Training and exchange of good practices
3. Sporting events

Final results:

- Survey on the current situation
- A manual containing best practices
- E-learning platform for the training of sports operators and volunteers
- Local training workshops
- Awareness-raising events in 6 partner countries, with a final conference
- Communication materials and activities
- Dissemination

Italy

Reference: 612935-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Basket for Change

Project Acronym: B4C

Eligible Budget (€)	Grant Amount (€)	Co-financing
57,710.00	57,710.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **ASD BASKET VENAFRO**
CORSO CAMPANO 51
IT 86079 VENAFRO



Participants

CON	ASD BASKET VENAFRO	VENAFRO	Italy
PA-ASC	EVNIKOS SPORTS CLUB	Φυλή	Greece
PA-ASC	The Charity Game	Brussels	Belgium

Number of members of sport organisations involved: 100

Basket for Change

The proposed project aims at increasing the capacity of the three international partners to exchange good practices, confront ideas and methods on the approaches and strategies to encourage social inclusion and promote equal opportunities of disadvantaged people through sport (namely basketball).

The project is targeting poorer EU citizens and immigrants (first and second generation) which represent today the groups that mostly risk social exclusion due to the economic crisis and the high migration flows toward Europe. The lack of adequate and effective integration measures can result in violent social conflict. Sport can play a relevant role in avoiding social exclusion of those disadvantaged people.

During the project three main international events will be organised: a meeting focused on training basketball coaches on methodologies to include disadvantaged people through basketball, a seminar to discuss integration methodologies and exchange experiences, a tournament to facilitate the networking among young disadvantaged athletes.

Italy

Reference: 612951-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **Basket for Women**

Project Acronym: B4W

Eligible Budget (€)	Grant Amount (€)	Co-financing
61,165.00	60,000.00	98.10 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASD PINK BASKET VENAFRO**

Corso Campano, 51

IT 86079 Venfro



Participants

CON	ASD PINK BASKET VENAFRO	Venfro	Italy
PA-ASC	BC GIRL BASKET	Belgrade	Serbia
PA-ASC	SPORTNO DRUSTVO SENTVID - LJUBLJANA	Ljubljana Šentvid	Slovenia

Number of members of sport organisations involved: 120

Basket for Women

The proposed project aims at developing a network among female basketball clubs to exchange good practices and compare ideas and approaches to encourage equal opportunities between male and female in sport activities. The possibility to operate at transnational level, in addition to improve and diversify the approaches to gender equality of each project partner, will enhance the efficiency and effectiveness of the local actions increasing the tangible impacts of the project.

The proposed project will target:

- female practitioners,
- clubs' management,
- female coaches.

During the project will be organised activities that will permit (at local and/or international level):

- to analyse and discuss, among clubs' managers, the barriers that reduce women's access to sports activities in the broad sense (practice, management, coaching) in order to identify possible solutions,
- to promote female participation in training courses for basketball coaches,
- to increase the participation of young girls to practice basketball,
- to network with local and international organizations (public and private) to design actions to promote the participation of female to sport activities.

Italy

Reference: 613118-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **Be.S.t.S Volley - Beyond Sport through Sitting Volley**

Project Acronym: BeStSV.

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,320.00	59,320.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **VOLLEY CITRA
ASSOCIAZIONE
SPORTIVADILETTANTISTICA**

Via Kennedy, 122

IT 84073 Sapri



Participants

CON	VOLLEY CITRA ASSOCIAZIONE SPORTIVADILETTANTISTICA	Sapri	Italy
PA-ASC	Asociación Multideportiva Euexia	Plasencia	Spain
PA-ASC	KIZILTEPE ES GENCLIK VE SPOR KULUBU DERNEGI	MARDIN	Turkey
PA-ASC	ODBOJKASKI KLUB ZRINSKI NUSTAR	Nuštar	Croatia

Number of members of sport organisations involved: 76

Be.S.t.S Volley - Beyond Sport through Sitting Volley

"Be.S.t.S Volley" coinvolge 4 Nazioni Europee: Italia Turchia Spagna e Croazia. Mira a promuovere lo sport come mezzo d'inclusione dei disabili motori attraverso la pratica del Sitting Volley. Si creerà un network transazionale di associazioni e stakeholder che lavorano nel campo dello sport e/o delle disabilità motorie. L'obiettivo finale di tale network è la formazione di una piattaforma in cui sarà possibile mettere in comunicazione tutti gli attori coinvolti nel progetto e le attività svolte e future. Il Sitting Volley è uno sport inclusivo derivato dalla pallavolo e adattato per la pratica sportiva delle persone con disabilità motorie. E' considerato "open" in quanto nella stessa squadra possono essere coinvolti normodotati e disabili motori. Il progetto è focalizzato appositamente per aree geograficamente svantaggiate, in quanto scarseggiano di attività sportive destinate ai disabili.

Con Be.S.t.S Volley si andranno a realizzare 5 mobilità

-Kick off

- 2 TC per formare gli allenatori e/o educatori delle associazioni coinvolge al fine di sviluppare nuove attività non formali che verranno raccolte in un Booklet

-2 meeting internazionali sportivi dedicati all'inclusione dei disabili attraverso il Sitting Volley.

Inoltre, le organizzazioni si impegneranno a realizzare delle attività nei loro paesi al fine di creare una squadra di Sitting Volley. Ciò permetterà di ottenere i seguenti risultati:

-Attività di scambio di buone pratiche

-Sensibilizzare la popolazione nella realizzazione di attività sportive al fine di inclusione delle persone svantaggiate;

-Incoraggiare i disabili alla pratica di attività sportive in qualsiasi contesto in cui vivono, oltrepassando le barriere della disabilità;

-Incentivare il volontariato nelle associazioni sportive;

-Promuovere le opportunità del programma Erasmus+

I beneficiari del progetto saranno:

- Educatori e allenatori di associazioni sportive

-disabili motori

-Aspiranti atleti normodotati

indirettamente:

- famiglie dei disabili

"Be.S.t.S Volley" involves 4 European Nations: Italy Turkey Spain and Croatia. It aims to promote sport as a means of including the motors disabled through Sitting Volleyball. A transactional network will be created, joining all associations and stakeholders who operate in the field of sport and / or motor disabilities. The final goal of this network is to make a platform in which it will be possible to connect all the actors and the activities carried out and the activities will be planned. The Sitting Volleyball is an inclusive sport derived from volleyball adapted for the sporting practice of people with motor disabilities. It is considered "open sport" because in the same team one can be able-bodied and motor disabled.

The project is focused specifically on geographically disadvantaged areas, as there is a lack of sports activities for disabled people. With Be.S.t.S Volley we are going to realize 5 mobilities:

-Kick off

- 2 Training Courses to train the coaches and / or Youth Worker of the associations involves in order to develop new non-formal activities that will be collected in a BOOKLET

- 2 international sports meetings dedicated to inclusion disabled people through Sitting Volleyball.

Furthermore, each partner will commite to realize the LOCAL ACTIVITIES in orden to create a Sitting Volley Team. In this way, to get the following results:

- Activities to exchange good practices

- Raising awareness of the population in carrying out sports activities in order to include disadvantaged people;

- Encourage the disabled to practice sports in any context in which they live, overcoming the barriers of disability;

- To encourage volunteering in motor associations;

- Promote the opportunities of the Erasmus + program

The benefits of the project will be:

- Educators and coaches of sports associations

- motor disables

- Aspiring able-bodied athletes

indirectly:

- families of the disabled

Italy

Reference: 613161-EPP-1-2019-1-IT-SPO-SSCP
Project Title: **Developing an Organisation Network for Table Soccer to Promote Inclusion and Novelty**
Project Acronym: DONTSPI

Eligible Budget (€)	Grant Amount (€)	Co-financing
51,450.00	51,450.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **ASD SPORT TOSCANA
CALCIO BALILLA**

Via Marconi 27

IT 55011 Altopascio



Participants			
CON	ASD SPORT TOSCANA CALCIO BALILLA	Altopascio	Italy
PA-ASC	BULGARIAN FOOSBALL FEDERATION	Sofia	Bulgaria
PA-ASC	Czech foosball organization	Praha	Czech Republic
PA-ASC	FEDERAÇÃO PORTUGUESA DE MATRAQUILHOS E FUTEBOL DE MESA	valongo	Portugal
PA-ASC	FOOSBALLOVÁ ÚNIA SLOVENSKA	Bratislava	Slovakia
PA-ASC	NTVB	Kerkrade	Netherlands

Number of members of sport organisations involved: 500,000

Developing an Organisation Network for Table Soccer to Promote Inclusion and Novelty

Foosball (or table football) is a sport where two to four players gather around a table in order to rotate bars with footballer-fashioned plastic blocks used to push a small ball into the competitor's goal for scoring.

Foosball is a recreational game which millions play in any kind of location throughout Europe; but it is also a professional competitive sport with official matches and tournaments organised by national federations associated into the International Table Soccer Federation.

Italy has also developed a national paralympic federation for athletes who have impaired movements and have to play on wheelchair. In order to allow disabled players to play, special tables have been created which can be used by wheelchaired people; however, matches with mixed teams where disabled and able-bodied players can team up are still difficult because of the uneven approach to the special tables of standing and sitting persons.

This issue can be solved by experimenting special rules that could apply for mixed matches; however, it is necessary to involve as many federations as possible in order to have a coherent and uniform regulation throughout Europe which is suited to international tournaments.

The project aims at starting this process bringing five national federations around a table to sit up and discuss on how new rules for mixed team could affect the game. New sets of rules will be developed and tested so to have a common ground for launching new inclusive, socially equal matches and tournaments.

In the meantime, associated events will present the sport to the general public, in order to spread the culture of this beautiful hobby which also has potential as a rehabilitation tool and an instrument of cohesion.

Italy

Reference: 613143-EPP-1-2019-1-IT-SPO-SCP

Project Title: **Doping Raising AWareness among youths in Sport recreational environments**

Project Acronym: DRAWS

Eligible Budget (€)	Grant Amount (€)	Co-financing
385,070.00	385,070.00	100.00 %

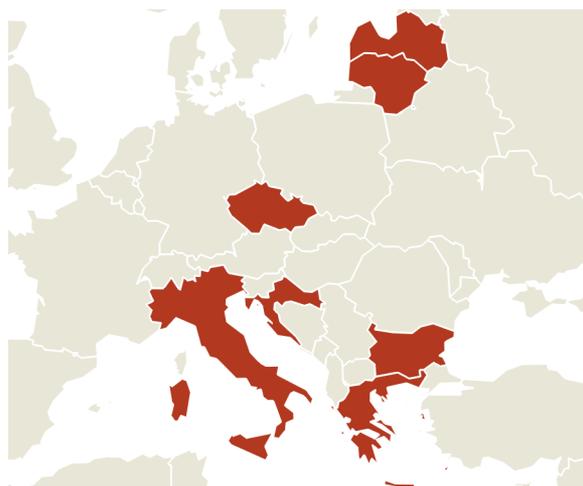
Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **UNIVERSITA CATTOLICA DEL SACRO CUORE**

Largo Agostino Gemelli 1

IT 20123 MILANO



Participants			
CON	UNIVERSITA CATTOLICA DEL SACRO CUORE	MILANO	Italy
PAR	CESKY SVAZ AEROBIKU A FITNESS FISAFCZ,Z.S.	Prague 5	Czech Republic
PAR	COMITATO OLIMPICO NAZIONALE ITALIANO	ROMA	Italy
PAR	DIETNES KENTRO OLYMPIAKIS EKEXEIRIA	ATHINA	Greece
PAR	HRVATSKI AKADEMSKI SPORTSKI KLUBOVI MLADOST SVEUCILISTA U ZAGREBU	ZAGREB	Croatia
PAR	LATVIJAS SPORTA FEDERACIJU PADOME	RIGA	Latvia
PAR	LIETUVOS SPORTO FEDERACIJU SAJUNGA	VILNIUS	Lithuania
PAR	SDRUZHENIE LEVSKI SPORT ZA VSICHKI	SOFIA	Bulgaria

Number of members of sport organisations involved: 5,000

Doping Raising Awareness among youths in Sport recreational environments

DRAWS is based on the ongoing European Policies on doping prevention among recreational sport environments youth participants. They state that knowledge and awareness on doping risks are very low among youths in sport recreational environments and this increases the risk of a “pro-doping culture” establishment. Mass media campaigns and “punishment-approach” by institutions are no longer a ‘best practice’ to avoid doping use: tailored tools and a participative approach are needed. Using know-how from very different sport organizations and institutions, DRAWS aims at combatting doping diffusion among youths in recreational sport environment, by creating a set of EDU-communicational tools that can raise awareness and knowledge among the target group.

Goals: increase awareness on doping risks among youths; build a set of tools to fight doping by a participative approach with youths; disseminate the tools within the Consortium, sport organizations and schools.

Actions: data collection on target group knowledge, opinions, motivational orientations and attitudes on doping; build a set of EDU-communication tools, that comprehend a tailored training course on doping risks and a comic/strips on doping prevention; spread the open educational training course model on doping prevention and the comic within Consortium Countries.

Expected impact: increase knowledge and awareness on doping risks among the sport recreational environment youth participants; disseminate effective EDU-communication tools for preventing doping among youths and strengthen European synergies for the prevention of doping among recreational environments.

Partners involved are: Catholic University of the Sacred Heart (IT), SC “LEVSKI – Sport for All” (BG), Latvian Sports Federations Council (LV), Italian National Olympic Committee (IT), Lithuanian Union of Sports Federations (LT), Cesky Svaz Aerobiku a Fitness FISAF (CZ), Lega Pro (IT), International Olympic Truce Centre (EL), and Hašk Mladost (HR).

Italy

Reference: 612983-EPP-1-2019-1-IT-SPO-SCP

Project Title: Enhancing Health and Physical Activity Rates through Pentathlon

Project Acronym: EHPARP

Eligible Budget (€)	Grant Amount (€)	Co-financing
353,825.00	353,825.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: L ORMA SOCIETA SPORTIVA
DILETTANTISTICA A
RESPONSABILITA LIMITATA

via Gallarate 39

IT 20151 Milan

www.ormasite.it



Participants			
CON	L ORMA SOCIETA SPORTIVA DILETTANTISTICA A RESPONSABILITA LIMITATA	Milan	Italy
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	KLUB PLIVANJA S PERAJAMA KOMET ZAGREB	Zagreb	Croatia
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	SIHTASUTUS NOORED TEADUSES JA ETTEVOTLUSES	Tallinn	Estonia

Number of members of sport organisations involved: 150

Enhancing Health and Physical Activity Rates through Pentathlon

Enhancing Health and Physical Activity Rates through Pentathlon (EHPARP) aims at employing Pentathlon as a tool of promoting health-enhancing physical activity among the European youth and adult populations as well as providing dual career opportunities to Athletes in the individual disciplines forming part of Pentathlon practice who will be empowered as Coaches/Trainers in their disciplines and in comprehensive programmes of Pentathlon for an adult and a youth audience.

The project is targeted at the following categories, as both direct and ultimate target groups:

- 1) Young people aged 18-30 not practising Sport and motivated to approach physical activity and Sport practice through Pentathlon.
- 2) Adults aged 31-55 who are not taking part in Sport and wish to approach Pentathlon as an instrument of physical activity and wellbeing/active ageing

EHPARP includes the following activities:

Activity 1

Research and selection of existing Athlete profiles for empowerment as Coaches and Trainers in the context of Pentathlon programmes for young people and adults in all partner countries.

Activity 2

Production of a Training Format for the empowerment of Pentathlon Coaching/Training profiles by means of a combination of good practice research, identification of needs and inputs by selected Athletes in the context of local workshops.

Activity 3

Local Piloting of the Format with selected Athletes.

Activity 4

Round of local workshops of Pentathlon practice with a target of young people and adults in gender-mixed and gender balanced groups. The workshops will take place in each partner country with an audience of 30 young people aged 18-30 and 30 adults aged 31-55 per country.

Activity 5

Online platform with learning modules and simulations of online exercises for an audience of prospective Coaches and Trainers in Pentathlon, comprised of exercises and simulations. The Platform will be compounded and connected to a specific APP for the measurement of users' performance.

Italy

Reference: 613211-EPP-1-2019-1-IT-SPO-SNCESE

Project Title: European Masters Athletics Festival for silver age

Project Acronym: EMAF

Eligible Budget (€)	Grant Amount (€)	Co-financing
433,893.00	347,114.40	80.00 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **FEDERAZIONE ITALIANA DI
ATLETICA LEGGERA**
VIA FLAMINIA NUOVA 830
IT 00191 ROMA



Participants

CON	FEDERAZIONE ITALIANA DI ATLETICA LEGGERA	ROMA	Italy
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Number of members of sport organisations involved: 150

European Masters Athletics Festival for silver age

Physical activity is one of the most important health determinants in modern society and can make a major contribution to the reduction of overweight and obesity and the prevention of a number of serious diseases.

In this regard, EMAF project, coordinated by FIDAL, intends to exploit the special role that sport can play with regard to health-enhancing physical activities during the whole lifecycle of each individual.

Indeed, the organization of EMAF Festival, with competitions addressed to people aged over 60, is an innovative approach to improve physical activity, nutrition, and cognitive functioning, promoting an active aging, and a better quality of life across EU. EMAF project will bring together athletes from different parts of Europe, in a context of competitive spirit, equality and sharing, allowing athletes and elders to live sport as a mean of positive values, while at the same time, incentivizing elder citizens to continue practicing sport in a friendly but competitive environment.

Paying attention to the educational and social dimension, EMAF project also foresees the organization of collateral activities (seminars, social activities and inter-generational Sport&Social Labs) addressed to further project target groups (citizens, families, sport Organizations and Clubs, Institutions, Sport and Active Aging Movements and Associations, Academia and Medicine Research Institutes, schools and young people) aiming at increasing the knowledge on the role of physical activity as mean to offer an innovative response to make sport a real "social transformer", a vehicle of active citizenship and a device of social cohesion.

Through a 12 month of project work plan, EMAF project also supports the creation of virtuous cooperation among Institutions, Associations and individuals active in sports, health, research and educational fields, involving several actors in the definition of project tasks and EMAF Festival Final Working Plan.

Italy

Reference: 613199-EPP-1-2019-1-IT-SPO-SSCP

Project Title: European Network of Baskin Academy

Project Acronym: ENOBA

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,975.00	59,975.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: ASSOCIAZIONE BASKIN

Corso XX Settembre, 6

IT 26100 Cremona

www.baskin.it



Participants

CON	ASSOCIAZIONE BASKIN	Cremona	Italy
PA-ASC	Athlitiko Somateio Atomon me Anapiries "Arion Chanion"	Chania	Greece
PA-ASC	Baskin France	Nantes	France
PA-ASC	KATHOLISCHE HOCHSCHULE FREIBURG GGMBH	FREIBURG	Germany
PA-ASC	UNIVERSITAT DE BARCELONA	BARCELONA	Spain
PA-ASC	Zesummen Aktiv- Zak	Luxembourg	Luxembourg

Number of members of sport organisations involved: 25

European Network of Baskin Academy

CONTEXT & NEEDS

On the international scene, Italy had been at the forefront of education in the 1970s for people with disabilities, going beyond the Special Schools model and inaugurating the one of Inclusive Schools which is now spreading to European level and world level.

But today, the challenge is to avoid keeping the INCLUSIVE CULTURE & PRAXIS inside school system, by extending this new cultural norm in the whole society, in SPORT sector too. Among the current scattered successful experimentations, the Italian case of BASKIN is one of the greatest expression of this INCLUSIVE SPORT model, as recognized by Design For All Foundation, Italian Education Ministry, Italian Paralympic Committee, but also by various European Universities.

PURPOSE & OBJECTIVES

This project fits into this purpose, going beyond the Special Sports model, thanks to the development of a BASKIN CULTURE in Europe, as an innovative and concrete model of a new type of Olympism symbol: not only OLYMPIC GAMES for able-bodied and PARALYMPIC GAMES for disabled, but also "ALL'YMPIC GAMES" for all!

As challenge is a cultural challenge, but at the same time straightly connected to the effective possibility to experience concrete good practice, the specific objective of this project is to reinforce a European network focused on the development of a Baskin's Academy and its multiplying effect on local communities in cultural and operational terms. The project aims to strengthen and coordinate this network of isolated and scattered partners that are already realizing some Baskin activities locally.

PROJECT DESIGN

The strategic working plan, based on training engineering, is to involve actively the partners in sharing training methodologies to form new Baskin coaches, referees, officials but also PE teachers. The project design plans on one side to take advantage from the longer experience of Italy and on the other side to enrich it with the particular working context of the partners.

Italy

Reference: 613169-EPP-1-2019-1-IT-SPO-SCP

Project Title: Promoting Education, Skills Development & Dual Careers in Alpine Skiing

Project Acronym: ESKI

Eligible Budget (€)	Grant Amount (€)	Co-financing
389,716.00	389,716.00	100.00 %

Project start: 01/01/2020

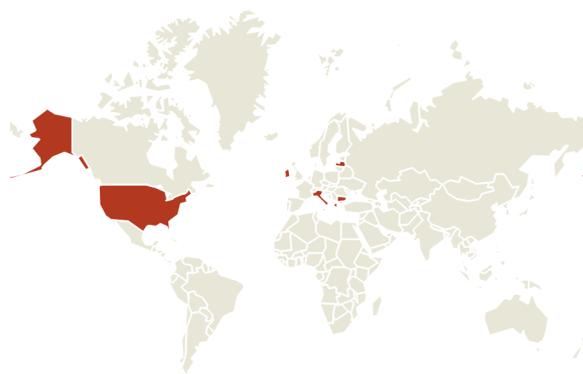
Project end: 31/12/2022

Coordinator: AMATEUR SKI CLUB LADINIA-ALTA BADIA

STR PLANMURIN 5

IT 39030 BADIA

www.sciclubladinia.it



Participants			
CON	AMATEUR SKI CLUB LADINIA-ALTA BADIA	BADIA	Italy
PAR	BALGARSKA FEDERATSIYA PO SKI	Sofia	Bulgaria
PAR	HELLINIKOS OREIVATIKOS SINDESMOS ATHINON	ATHINA	Greece
PAR	LATVIJAS SLEPOSANAS FEDERACIJA	Riga	Latvia
PAR	LIBERA UNIVERSITA DI BOLZANO	BOLZANO	Italy
PAR	SNOWSPORTS ASSOCIATION OF IRELAND	Dublin	Ireland
PAR	STRATTON MOUNTAIN SCHOOL AND SKI FOUNDATION INC	Stratton MT	United States
PAR	TEAM SUMMIT	COPPER MOUNTAIN	United States

Number of members of sport organisations involved: 120

Promoting Education, Skills Development & Dual Careers in Alpine Skiing

Building on the results of the DC4SKI project, this collaborative partnership has the double aim of promoting coaches' education and skills development and to create dual careers opportunities for Alpine ski racers – with special focus on the higher education phase – by implementing the EU Guidelines on Dual Careers in Alpine Skiing.

Running from 1 January 2020 – 31 December 2022 (36 months), the collaborative partnership will achieve these objectives thanks to a network formed by 8 institutions (ski race clubs, ski federations and universities) coming from 7 different countries (Italy, Bulgaria, Latvia, Greece, Slovenia, Ireland plus the United States).

Together they will:

- Innovate in Alpine ski training, by creating education and skills development opportunities for Alpine ski coaches, elaborating innovative pedagogical tools and best practices for Alpine ski training, which will allow to trade quantity (on snow) with quality (on and off-snow).
- Make such innovative pedagogical tools freely available to all European Alpine Ski coaches on the network's website - in the form of a manual, an e-book and videos.
- Create a European Alpine Ski Coaches' Clinic and a European Network of Alpine Ski Coaches which will continue promoting education and skills development opportunities for coaches also after the end of this collaborative partnership's lifetime.
- Create Dual Careers opportunities for European Alpine ski racers, by creating a Network of European Ski High Schools and a European Network of Mountain Universities, as well as by developing Higher Education degrees specific for mountain professionals.

Italy

Reference: 612963-EPP-1-2019-1-IT-SPO-SSCP

Project Title: EUorienting Project 2019

Project Acronym: EU-Ori

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,305.00	59,305.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: FEDERAZIONE ITALIANA
SPORT ORIENTAMENTO

Via Galermo 166 bis

IT 95123 Catania

www.fiso.it



Participants			
CON	FEDERAZIONE ITALIANA SPORT ORIENTAMENTO	Catania	Italy
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	CYPRUS MOUNTAINEERING CLIMBING and ORIENTEERING FEDERATION	LAKATAMEIA	Cyprus
PA-ASC	L ORMA SOCIETA SPORTIVA DILETTANTISTICA A RESPONSABILITA LIMITATA	Milan	Italy
PA-ASC	VAS MEGYEI TAJEKOZODASI FUTO SZOVETSEG	SZOMBATHELY	Hungary

Number of members of sport organisations involved: 45

EU Orienteering Project 2019

Why? The motivation behind this project is to take the opportunity to join forces among different European countries with each's own realities and needs in a shared effort to use orienteering as a discipline to combat some of Europe's issues on its the health and sports mission, tackling problems such as childhood obesity, lack of outdoor activity and nature deficit. Orienteering is still a little-known sport, and we want to popularize its practice across Europe due to its numerous benefits and qualities. We seek to improve the connection and exchange of skills among European countries, increasing engagement and participation from sports organizations, volunteers, national and regional bodies, to children and parents from different countries.

What? Benefitting from each partner's skills, the result of this project will be to exchange the different knowledge, skills and good practices among all those involved in the project, creating a cross-country European network that will last as well for the further development and implementation of sports initiatives and future projects on a European level, bringing them closer together towards a shared goal of establishing an accessible orienteering strategy that encourages physical activity by using a sport as a means of a healthy lifestyle.

How? The aim of the project is to promote the practice of orienteering through a series of activities between the partners and its experts, a series of orienteering activities showing the inclusivity and physicality of orienteering as a sporting activity for all people, strengthening the cooperation between institutions and organizations active in the field of sport, increasing their participation and building a lasting network between them, that enables the share of good practices and key staff competences.

Italy

Reference: 613288-EPP-1-2019-1-IT-SPO-SCP

Project Title: Fair Coaching: respect to coach

Project Acronym: FC

Eligible Budget (€)	Grant Amount (€)	Co-financing
446,820.00	400,000.00	89.52 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: LEGA PALLAVOLO SERIE A

Via Rivani 6

IT 40138 Bologna

www.legavolley.it



Participants

CON	LEGA PALLAVOLO SERIE A	Bologna	Italy
PAR	ASSIST - ASSOCIAZIONE NATIONALE ATLETE	ROMA	Italy
PAR	ASSOCIATION ALICE MILLIAT	PARIS	France
PAR	ASTIKI MI KERDOSKOPIKI ETAIRIA ATHLITIKIS DIAFANEIAS KAI PROSTASIAS TIS AKERAIOTITAS TOU ELLINIKOU ATHLITISMOU	ATHINA ATTIKI	Greece
PAR	FARE NETWORK STICHTING	Amsterdam	Netherlands
PAR	INSAMLINGSSTIFTELSEN GIRLS IN SPORT	UMEA	Sweden
PAR	RAGBI 13 FEDERACIJA SRBIJE	BELGRADE	Serbia
PAR	SUOMEN VALMENTAJAT RY	HELSINKI	Finland

Number of members of sport organisations involved: 8,000

Fair Coaching: respect to coach

Fair Coaching is a 36 months CP that aims at promoting respect and values among professional and most of all grassroots coaches and trainers, contrasting sexist, violent and discriminatory behaviors to ensure a healthy and inspiring sport environment for professional and young athletes.

To reach this main objective, the project sets some related Specific objectives:

- Promote a widespread awareness among professional and grassroots coaches, supporters, athletes and athletes families about unfair and discriminatory behaviors in coaching towards all athletes and particularly young female athletes as they are the most affected target
- Support grassroots and professional sport clubs, federations, leagues and organizations in developing policy and a plan of action to prevent and tackle these behaviors and adopting binding European codes of conduct and ethical guidelines in coaching and training
- Strengthen capabilities, tools and support for athletes, and specifically young athletes, to report any episodes of discrimination, abuse or violence adopted by coaches and trainers
- Spread good examples in coaching and respect as well as a peer tutoring among testimonials and athletes, professional and grassroots, to increase awareness, activism, reporting about this issue in Europe

The project main phases are: Preparation, Analysis and Mapping, Training paths for target groups: sport coaches / Fair Coaching observers, Pilot action: the Fair Coaching European Campaign, Evaluation and Impact Assessment. 9 Intellectual Outputs and 6 Multiplier Sport Events will be developed, involving 8 partner organizations from 7 European countries, involving 6240 direct beneficiaries.

Italy

Reference: 613608-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Free to be, free to play

Project Acronym: Free to

Eligible Budget (€)	Grant Amount (€)	Co-financing
48,650.00	48,650.00	100.00 %

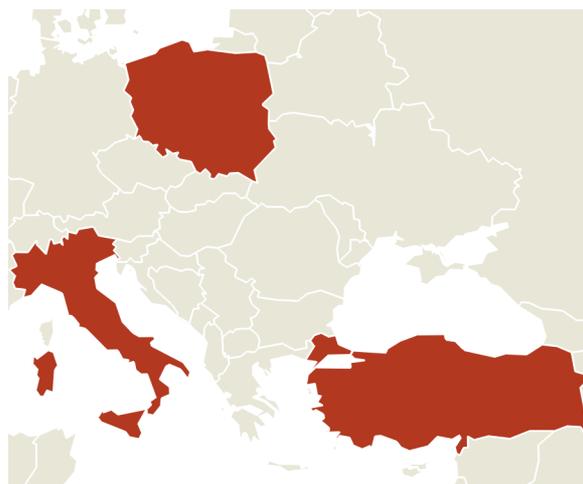
Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASSOCIAZIONE SPORTIVA
DILETTANTISTICA DISABLI
CRAZY GHOST

Via Rosa Jemma 18/C

IT 84091 Battipaglia



Participants			
CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA DISABLI CRAZY GHOST	Battipaglia	Italy
PA-ASC	AKTIF GENCLIK VE SPOR KULUBU DERNEGI	Canakkale	Turkey
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA DOJO KARATE PYROS	SAN GIOVANNI A PIRO	Italy
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PA-ASC	WYZSZA SZKOLA BIZNESU I NAUK O ZDROWIU	LODZ	Poland

Number of members of sport organisations involved: 50

Free to be, free to play

Il progetto intende avvicinare persone con disabilità che non hanno mai fatto sport alle attività sportive inclusive. In particolare, vuole agire su quelle situazioni in cui i disabili non hanno scelto di non praticare, ma la scelta è stata loro imposta dalle famiglie. Attraverso una serie di interventi, è proprio l'atteggiamento delle famiglie che si vuole cambiare, aiutandole ad accettare e condividere la possibilità che il disabile possa diventare autonomo, partendo dallo sport.

The project intends to bring together people with disabilities who have never practiced sports in inclusive sports activities. In particular, it wants to act on those situations in which the disabled have not chosen not to practice, but the choice has been imposed on them by families. Through a series of interventions, it is precisely the attitude of the families that we want to change, helping them to accept and share the possibility that the disabled person can become autonomous, starting from sport.

Italy

Reference: 613687-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **Fall To Play**

Project Acronym: FTP

Eligible Budget (€)	Grant Amount (€)	Co-financing
44,995.00	44,995.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASSOCIAZIONE SPORTIVA
DILETTANTISTICA DOJO
KARATE PYROS**

Via Nazionale 13

IT Santa Marina



Participants			
CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA DOJO KARATE PYROS	Santa Marina	Italy
PA-ASC	Club Virgen de Europa	Boadilla del Monte	Spain
PA-ASC	ENSILIS - EDUCACAO E FORMACAO, UNIPessoal LDA	LISBOA	Portugal
PA-ASC	FEDERAZIONE ITALIANA JUDO LOTTA KARATE ARTI MARZIALI	ROMA	Italy
PA-ASC	REAL FEDERACION ESPANOLA DE PATINAJE	MADRID	Spain

Number of members of sport organisations involved: 50

Fall To Play

Il progetto vuole elaborare una strategia che protegga l'integrità fisica degli atleti di pattinaggio, soggetti a cadute che possono avere conseguenze molto importanti. L'idea proposta intende formare i tecnici e gli atleti di pattinaggio attraverso la sperimentazione delle tecniche di caduta delle arti marziali, che si propongono come la soluzione più efficace per evitare fratture e tutelare gli atleti.

The project aims to develop a strategy that protects the physical integrity of skating athletes, subject to falls that can have very important consequences. The proposed idea is to train skating technicians and athletes through experimentation with martial arts fall techniques, which are proposed as the most effective solution to avoid fractures and protect athletes.

Italy

Reference: 613137-EPP-1-2019-1-IT-SPO-SCP

Project Title: **Physical activity in women in menopause: a collaborative partnership for active lifestyles for the prevention and treatment of osteoporosis / HAPPY BONES**

Project Acronym: HB

Eligible Budget (€)	Grant Amount (€)	Co-financing
298,943.00	298,943.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **UNIVERSITA DEGLI STUDI DI ROMA FORO ITALICO**

PIAZZA LAURO DE BOSIS 15

IT 00135 ROMA

www.uniroma4.it



Participants			
CON	UNIVERSITA DEGLI STUDI DI ROMA FORO ITALICO	ROMA	Italy
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PAR	FUNDACIO SALUT I ENVELLIMENT	BARCELONA	Spain
PAR	GAZI UNIVERSITESI	ANKARA	Turkey
PAR	ISTITUTO EUROPEO PER LO SVILUPPO SOCIO ECONOMICO ASSOCIAZIONE	VALENZA	Italy
PAR	UNIVERSITATEA ALEXANDRU IOAN CUZA DIN IASI	IASI	Romania

Number of members of sport organisations involved: 200

Physical activity in women in menopause: a collaborative partnership for active lifestyles for the prevention and treatment of osteoporosis / HAPPY BONES

Menopause is an age-dependent physiological condition associated with a natural decline in estrogen levels. The decline in estrogen level causes a progressive decrease of muscle mass and strength and bone density. Sarcopenia and osteoporosis often coexist in elderly people, with a prevalence of the latter in elderly women. The profound interaction between muscle and bone induces a negative resonance between the two tissues affected by these disorders worsening the quality of life in the postmenopausal period. It has been estimated that at least 1 in 3 women over age 50 will experience osteoporotic fractures, often requiring hospitalization and long-term care, causing a large financial burden to health insurance systems. Considering this, our project wants to raise awareness that specific physical activity is an effective tool to prevent, stop or improve osteoporotic disease in menopausal women. The major obstacles that people face in practicing physical activity regularly are the lack of time, the economic factor and transfers to reach sports facilities. Therefore, our project wants to propose free courses in order to assess whether it is time or the transfers factor to prevent the adhesion to physical activity protocols. In particular, we want to involve women aged 45-55, with osteopenia and / or femur, vertebral bodies osteoporosis, with or without previous fractures. Our adapted physical activity protocol will be organized in 2 different types of facilities, to compare adhesion and drop-outs:

- at the workplace (University), thus eliminating the transfer factor and, in part, the lack of time
- at sports clubs that people have to reach facing logistic problems as traffic, parking, waiting times for public transport, etc..

Specifically, the exercise program includes: a personalized workout to be performed in a gym equipped with isotonic and cardiovascular conditioning equipment and will consist of a phase of cardiovascular work and a phase of muscle strengthening

Italy

Reference: 613609-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **A hat-trick for inclusion: Recognizing, preventing and contrasting hate speech for more inclusive sport**

Project Acronym: HIN

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,200.00	59,200.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **ORGANIZZAZIONE PER L'EDUCAZIONE ALLO SPORT**
VIA SALVATORE QUASIMODO 129
IT 00144 ROMA



Participants			
CON	ORGANIZZAZIONE PER L'EDUCAZIONE ALLO SPORT	ROMA	Italy
PA-ASC	ASOCIATIA SE POATE	CHIAJNA	Romania
PA-ASC	ASSOCIAZIONE INTERNAZIONALE PER LA COOPERAZIONE E L'EDUCAZIONE NEL MONDO	ROMA	Italy
PA-ASC	EUROCIRCLE ASSOCIATION	MARSEILLE	France
PA-ASC	SVENSKA UNGDOM LEAGUE	GOTEBORG	Sweden

Number of members of sport organisations involved: 1,200

A hat-trick for inclusion: Recognizing, preventing and contrasting hate speech for more inclusive sport

Hate speech in sport is not a new phenomenon and manifests at all levels: from grassroots to a more professional one. In the last few years, with the rapid development of the new technologies, hate speech has also found new channels of expression which have reached a broad target.

Insults, offense, chorus address players, referees, coaches and supporters of the other teams and sometimes translate into actual violence. In many cases haters are not aware of how much words can hurt and sometimes hate speech is produced by people who should be models such as parents or coaches. The effects of all these manifestations are really serious but underestimated, above all at the grassroots level, among the effects the main are:

- Many people can decide to quite and renouncing to beneficial effects of doing sport;
- Prejudices , discrimination and violence increase;

This situation affects individual but also the entire society where marginalization risks to prevail instead of inclusion and participation.

Against this background, the project proposes to create an educational programme to involve youth leaders, educators, trainers, volunteers, teachers, coaches active in the sport field at the grassroots level to improve their personal and professional competences to develop sport activities which vehicle the attention towards open, inclusive and responsible attitude. Being trained, participants will implement local activities in their communities, based on the competences acquired. Following the implementation of local activities, feedbacks will be collected and will serve to finalize video tutorials which will be shared with associations, schools, organizations and clubs. Contemporarily, the realization of an online campaign will allow for understanding the effect that hate speech can have in general and in the sport field, diminishing participation and favoring discrimination. During a final conference, the project results will be shared with several stakeholders.

Italy

Reference: 613052-EPP-1-2019-1-IT-SPO-SSCP

Project Title: IT'S ALL ABOUT US

Project Acronym: IAAU

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,965.00	53,965.00	100.00 %

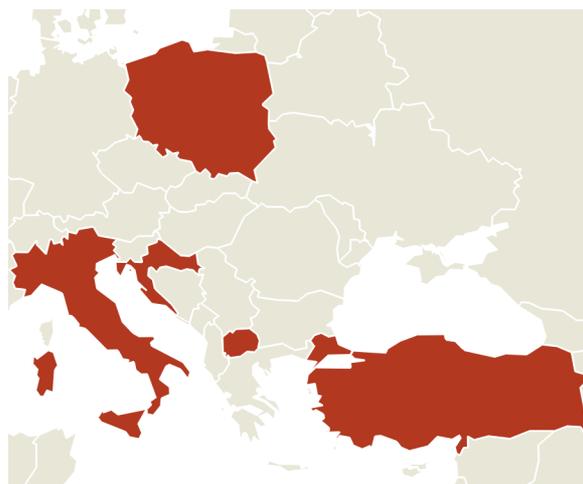
Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: GAYCS LGBT ASSOCIAZIONE
DI PROMOZIONE SOCIALE

VIA ORVINIO, 2

IT 00199 ROMA



Participants

CON	GAYCS LGBT ASSOCIAZIONE DI PROMOZIONE SOCIALE	ROMA	Italy
PA-ASC	ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE	SKOPJE	Republic of North Macedonia
PA-ASC	Fundacja im. Zofii Zamenhof	Warszawa	Poland
PA-ASC	Mithat Pasa Spor Kulubu	Hatay	Turkey
PA-ASC	Platypus	Zagreb	Croatia

Number of members of sport organisations involved: 3,000

IT'S ALL ABOUT US

"IT'S ALL ABOUT US" project encourages social inclusion and equal opportunities in sport for trans* people. Trans* people find themselves in a situation of constant difficulty and discrimination. In all areas of life. Starting from heir family, in schools, and in university environments. For them it's very hard to find a job, in fact according to a recent research carried out by Arcigay 19% of lgbt people (lesbians, gays, bisexuals and trans) having been discriminated against at work. But this percentage rises over 45% for people in transition from F to M gender, and even over 55% for those in transition from the M to F gender. We know for sure that over 50% of European LGBTI people try to avoid specific places for fear of not feel safe to declare their identity and in 42% of these cases, the mentioned places are sports associations. We must therefore support organizations in knowing how to include.

General Objective:

Encourage the inclusion of trans*in sports associations.

Specific Objective 1:

Raising awareness on the dynamics of oppression and discrimination of trans*.

Specific Objective 2:

Provide tools to the staff of sports associations to foster a more inclusive environment that is supportive and welcoming to trans* people.

Specific Objective 3:

Promote good sports practices as educational and equality promotion moments.

18 months

5 countries: Italy, Croatia, Macedonia, Poland and Turkey.

5 Transnational Meetings:

- 1) Italy,
- 2) Macedonia,
- 3) Poland
- 4) Italy,
- 5) Italy.

Italy

Reference: 613162-EPP-1-2019-1-IT-SPO-SCP

Project Title: Promoting Integrity Against Match-fixing through education among young athletes

Project Acronym: IAM

Eligible Budget (€)	Grant Amount (€)	Co-financing
296,470.00	296,470.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: CODACONS -
COORDINAMENTO DELLE
ASSOCIAZIONI PER LA
DIFESA DELL AMBIENTE E DEI
DIRITTI DEGLI UTENTI E
CONSUMATORI
ASSOCIAZIONE

VIALE GIUSEPPE MAZZINI 73

IT 00195 ROMA



Participants

CON	CODACONS - COORDINAMENTO DELLE ASSOCIAZIONI PER LA DIFESA DELL AMBIENTE E DEI DIRITTI DEGLI UTENTI E CONSUMATORI ASSOCIAZIONE	ROMA	Italy
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PAR	CREATIVE THINKING DEVELOPMENT	RAFINA	Greece
PAR	ISTITUTO EUROPEO PER LO SVILUPPO SOCIO ECONOMICO ASSOCIAZIONE	VALENZA	Italy
PAR	NOGOMETNI KLUB INTERBLOK	Ljubljana	Slovenia
PAR	TURKIYE OKUL SPORLARI FEDERASYONU	ANKARA	Turkey

Number of members of sport organisations involved: 200

Promoting Integrity Against Match-fixing through education among young athletes

IAM (Integrity Against Match-fixing) aims to fight against match-fixing through education among young athletes. The project's priority is to promote integrity in grassroots sport among U-14 and U-16 players through the transnational collaboration of a European network involved in three main sectors: education, sport and supporter protection.

IAM solid consortium will involve six partners from five different countries (Italy, Bulgaria, Greece, Slovenia, Turkey), combining their perspectives, expertise and social context in a successful project.

The main purpose of IAM is to tackle corruption and manipulation of competitions at the earliest level of sport activity, with a strong commitment to the preservation of a safe, transparent and fair space for young athletes. They will be the target group of the project as they are potential victims of corruption and vulnerable subjects during their transition from youth level to professional sport activity. They will build the future of sport, which needs to be preserved from the global issues of doping, illegal betting and manipulation of results.

IAM combines education and sport in order to raise players' awareness about the growing danger of match-fixing, which is a large-scale threat, concerning athletes as well as supporters.

The core activities of the project will be:

1. Desk research concerning the current situation, knowledge and understanding about match-fixing at international level. Field research with a focus on the target groups in each partner country.
2. Compendium development, providing educational tools and methodology for teachers and coaches to raise awareness about match-fixing.
3. Implementation of interactive workshops for young athletes, explaining them the importance of fair-play on and off the field.

Besides, project management and coordination activities and communication and dissemination activities will be provided during the entire duration of the project.

Italy

Reference: 613369-EPP-1-2019-1-IT-SPO-SSCP

Project Title: #IDoSport: facing Intellectual Disabilities through sport

Project Acronym: IDoSpor

Eligible Budget (€)	Grant Amount (€)	Co-financing
63,600.00	60,000.00	94.34 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASSOCIAZIONE SPORTIVA
DILETTANTISTICA SPORT21
ITALIA ONLUS

Viale Martelli 51

IT 33170 Pordenone

www.sport21.it



Participants

CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA SPORT21 ITALIA ONLUS	Pordenone	Italy
PA-ASC	Az Ertelmi Fogyatekosok Fejlodeset Szolgalo Magyar Down Alapitvany Hungarian Down Foundation	Budapest	Hungary
PA-ASC	EYROPAIKO INSTITOYTO TOPIKHS ANAPTYKSHS	THESSALONIKI	Greece
PA-ASC	FUNDACIÓ N ASINDOWN	VALENCIA	Spain
PA-ASC	JAUNUOLI U DIENOS CENTRAS	Panevezys	Lithuania

Number of members of sport organisations involved: 800

#IDoSport: facing Intellectual Disabilities through sport

#IDoSport is a project born from the idea to promote equal opportunities in the sport practice by changing the training approach and breaking down barriers and preconceptions.

The project partnership is composed of sport clubs and associations engaged in the field of Intellectual Disabilities. The idea is based on the concepts of social inclusion and equal opportunities, in the process of healthy physical activity promotion.

Approaching to physical exercises, people with disability need any support for the activities proposed, that should be properly managed. The higher goal of this project is to teach European sport coaches about the INCLUSIVE COACHING approach, in order to promote equal opportunities and equal access to sport activities. The coaches will be the “linking persons” between the physical exercises and the athletes with Intellectual/relational Disability.

All the countries involved (Italy, Spain, Lithuania, Hungary, Greece) encounter the difficulty in promoting sport activities addressed to people with ID: the sport clubs are engaged in the promotion of sport accessibility, in order to ensure equal opportunities by breaking down barriers and stereotypes; organizations dealing with disabilities observe the difficulty of the society and the families of people with disability to practice sport (fears, preconceptions).

#IDoSport is the occasion to create an international debate on this issue: firstly it will try to analyse the different contexts to understand the situations on the macro-level; secondly, and after having trained a group of coaches, the project will be a communicative tool that could move other sport clubs and non profit organizations towards a different approach to disability and sport.

The TRAINING session for coaches, managed by experts is the occasion for studying the different contexts, collecting data and innovating the educational approach, in the social inclusion and equal opportunities sport panorama.

Italy

Reference: 613242-EPP-1-2019-1-IT-SPO-SSCP

Project Title: KIDS+

Project Acronym: KIDS+

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,500.00	60,000.00	99.17 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASD FOLLONICA SPORTING CLUB

VIA DELL EDILIZIA 197/A

IT 58022 FOLLONICA



Participants			
CON	ASD FOLLONICA SPORTING CLUB	FOLLONICA	Italy
PA-ASC	ASOCIATION PADEL 4 SMILES	SAN LORENZO DE EL ESCORIAL MADRID	Spain
PA-ASC	ASSOCIAÇÃO DESPORTIVA RACKETSPRO	LISBOA	Portugal
PA-ASC	Espírito Inigualável Associacao	Matosinhos	Portugal
PA-ASC	SIMAO TEAM	Grosseto	Italy

Number of members of sport organisations involved: 350

KIDS+

This proposal is a natural evolution of the big efforts that have already been placed on the implementation of the project KIDS (Grant Agreement no: 2017 - 2617/ 590375). KIDS+ aims at reinforcing, divulging and multiplying the common learning built by a transnational skating-related sports networking with the final global scope of increasing children participation in physical activities, their skills and wellness thus reducing sedentary behaviour. The specific objective of this proposal is to improve the collective learning just gained during the first project (financed in 2017) by i. enrich and enlarge coaches' teaching competences and the quality of teaching under a "sport for all" approach and under a systematic teaching method; ii. enlarge knowledge gained to other clubs and coaches that have been included in this proposal; iii. broaden the present European network of padel local clubs and widen visibility of this sport among relevant stakeholders; iv. elaborate a new teaching output with the name "KIDS +".

"+" in this project means: more qualified coaches and local clubs; more participation of children in physical activities; more common teaching methods around Europe. KIDS+ is a sort of multiplier project of the experience achieved involving more clubs, more coaches, more children and families and more stakeholders.

Italy

Reference: 613099-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Let's play all together

Project Acronym: LePT

Eligible Budget (€)	Grant Amount (€)	Co-financing
50,740.00	50,740.00	100.00 %

Project start: 01/01/2020

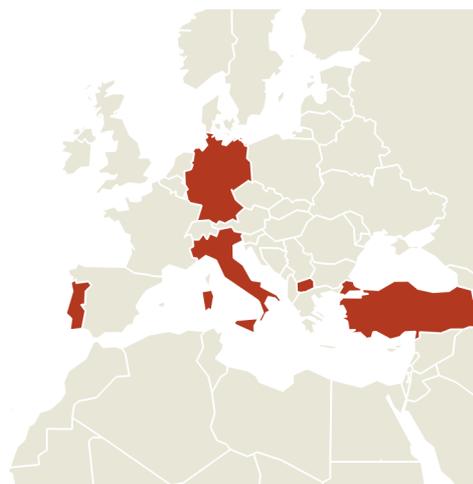
Project end: 30/06/2021

Coordinator: ASSOCIAZIONE
POLISPORTIVA
DILETTANTISTICA ROMA
VOLLEY

Via Fulda 60

IT 00148 Rome

<https://www.apdromavolley.it/>



Participants

CON	ASSOCIAZIONE POLISPORTIVA DILETTANTISTICA ROMA VOLLEY	Rome	Italy
PA-ASC	Associação Cultural e Desportiva do Ladoeiro	Ladoeiro - Idanha a Nova	Portugal
PA-ASC	ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE	SKOPJE	Republic of North Macedonia
PA-ASC	Imece Network Egitim ve Kultur Dernegi	Istanbul	Turkey
PA-ASC	KULTUR & ART INITIATIVE EV	DETMOLD	Germany

Number of members of sport organisations involved: 2,000

Let's play all together

Oggi la Roma Volley è un club sportivo con uno sguardo attentissimo ai settori giovanili sia nelle palestre affiliate sia sposando progetti importanti come il MOIGE (Movimento Italiano Genitori), al fine di educare e trasmettere i valori di una società migliore e de-bullizzata.

Ciò significa che il club è impegnato nel promuovere e applicare specifici strumenti e pratiche educativi, diretti ad assicurare l'assenza di episodi di bullismo all'interno del club.

Sulla base di questo percorso educativo e dell'esperienza maturata, il progetto si focalizzerà sulla diffusione e sulla promozione dei sistemi educativi sviluppati per diminuire la presenza dei fenomeni di bullismo, attraverso la cooperazione con altre organizzazioni sportive e no profit.

I principali obiettivi di progetto saranno:

- scambiare le buone pratiche dirette a liberare lo sport da fenomeni di bullismo e per usare lo sport come strumento educativo contro il bullismo;
- creare un network europeo di organizzazioni sportive e no profit impegnate nei valori educativi dello sport come strumenti diretti a limitare i fenomeni di bullismo.

Attraverso la diffusione di strumenti e buone pratiche capaci di ridurre e diminuire la presenza di fenomeni di bullismo, le organizzazioni sportive e no profit avranno l'opportunità di promuovere uno sport più inclusivo per tutti, limitando quelle situazioni di bullismo che possono creare fenomeni di esclusione e allontanare dalla pratica sportiva soprattutto le persone più fragili nella comunità.

Uno sport de-bullizzato è infatti uno sport più inclusivo, poiché non vi sono fenomeni di emarginazione, sopraffazione o allontanamento basati su qualsivoglia motivo, sia esso psicologico, di discriminazione o di emarginazione. Inoltre, attraverso le giuste pratiche e le corrette metodologie, lo sport diviene esso stesso strumento educativo, utilizzabile nei diversi contesti di educazione dei giovani al fine di agire per ridurre, se non eliminare, i fenomeni di bullismo

Roma Volley is today a sport club with a really careful look to junior academies, embracing important projects like the MOIGE (the Italian Movement of Parents), with the aim of educating and promoting values of a better and without bullying society. It means that the club is committed in promoting and applying educational specific instruments and practices, aimed to ensure absence of bullying episodes inside the club.

Basing on this educational path and on the reached experience, the project will focus on spreading and promoting educational system developed for reducing presence of bullying episodes, through the cooperation with other non profit and sports organizations.

Main objectives of the project will be:

- exchanging best practices aimed to free sports from bullying episodes and to use sports as educational tools against bullying;
- creating an European network of non profit and sports organizations committed in educational values of sports as tools for limiting bullying episodes.

Through the spreading of tools and best practices capable to reduce and to decrease presence of bullying episodes, sports and non profit organizations will have the opportunity to promote inclusive sports for all people, limiting bullying situations that can create exclusion phenomena and can push away from sports practice, in particular weaker people of the community.

Sport without bullying is more inclusive, because there are not episodes of marginalization, oppression and removal based on any reason, be it psychological, of discrimination or of exclusion. Moreover, by the right practices and the correct methodologies, sport becomes itself an educational instrument, that can be use in different contexts of education of young people, aiming to reduce, if not to eliminate, the existence of bullying phenomena.

Italy

Reference: 612981-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Leveraging Education Through Sport for INnovative Changes Leading to Unification of Disability and Education - Let's Include

Project Acronym: L.I.

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,400.00	53,400.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **MINE VAGANTI NGO**
VIA G D ANNUNZIO 4
IT 07034 PERFUGAS
www.minevaganti.org



Participants

CON	MINE VAGANTI NGO	PERFUGAS	Italy
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PA-ASC	REGIONALNE CENTRUM WOLONTARIATU	KIELCE	Poland
PA-ASC	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

Number of members of sport organisations involved: 120

Leveraging Education Through Sport for INnovative Changes Leading to Unification of Disability and Education - Let's Include

The project is a small collaborative partnership in the field of sport aimed to encourage social inclusion and equal opportunities of disabled persons. Particularly, the project goal is to showcase talents and challenge stereotypes about disability in different contexts and mostly outside sport organisations, such as schools, NGOs and local communities.

Disabled young people often struggle to integrate in their communities and, as a result, they feel impaired comparing to their peers. According to the European Health and Integration Survey (2012), disabled people aged from 15 to 44 years old in Europe are 8.5%. This statistics highlighted that young people with disabilities reported unfair treatment because of their disability. Moreover, young people and people in general affected by disabilities undergo other kinds of challenges related, to some extent, to social exclusion.

The applicant and the partners consider of the utmost importance the concept of “social inclusion in and through sport” that is in strong relationship with the Education Through Sport (ETS) methodology used by Mine Vaganti NGO in many projects. In ETS, sport elements are educational vehicles for improving social competences, soft skills and learning skills. Therefore, in ETS, sport can be a mean to educate to participation and it could be also a vehicle for the promotion of a culture of inclusion of disabled persons.

The partners intend to realise a format of a one-day “Sport for Disability” Tournament designed for sport clubs at grassroots level, schools, NGOs and local communities in order to promote, foster and raise-awareness about the inclusion of disabled persons in and through sport.

The partners envisage to realise:

1. Exchange of best practices
2. Creation of a format training course
3. Creation of a network of ambassadors
4. Four “Sport for Disability” tournaments

Sport can be an effective mean to demonstrate the inner talents that every individual has behind its disability.

Italy

Reference: 613073-EPP-1-2019-1-IT-SPO-SSCP

Project Title: MOVE - MOVing togEther

Project Acronym: MOVE

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,725.00	58,725.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASSOCIAZIONE SPORTIVA
DILETTANTISTICA GRUPPO
ATLETICO POLISPORTIVO
CASTELBUONESE

VIA UMBERTO I N 36

IT 90013 CASTELBUONO



Participants

CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA GRUPPO ATLETICO POLISPORTIVO CASTELBUONESE	CASTELBUONO	Italy
PA-ASC	BIRZU LENGVOSIOS ATLETIKOS SPORTO KLUBAS	Birzai	Lithuania
PA-ASC	Club Balonmano Moya Tilover	MOYA	Spain
PA-ASC	KOLYMVITIKOS ATHLITIKOS OMILOS ASTERIAS	KATERINI	Greece
PA-ASC	THE MUNICIPALITY OF PEGEIA	PEGEIA	Cyprus

Number of members of sport organisations involved: 60

MOVE - MOVing togEther

MOVE - MOVing togEther aims to raise awareness and knowledge in young generations (children and adolescents) and their educators on the capacity of Sport to oppose and combat intolerance and discrimination, promoting social inclusion, equal opportunities as well as offering important benefits for physical and psychological health.

The main activities will be: 1. Peer Transnational Meeting in Birzai (LT) for 6 coaches/educators/sports animators/staff of non-profit org. of partners, to share best practises about the use of sport as educational tool and vehicle of social inclusion, respect for other people, developing the European dimension of Sport. 2. Local Labs in the countries involved for Children/Adolescents and their coaches, to promote education in and through sport with special focus on skills development. 3. Sport events in the countries involved, to encourage the participation in sport of children/adolescents.

The objectives of MOVE are to:

- Promote the networking among Partners, sharing best practices;
- Promote the mobility of coaches/educators/staff of non-profit org, to acquire new abilities to use sport as educational tool and method to promote social inclusion and equal opportunities and raise awareness of its potential to prevent among young people intolerance, racism, violence and bullying;
- Transfer to children and adolescents, and their coaches, through sport, the awareness about the issues of socio-cultural inclusion and respect of different people, removing prejudices and feelings of fear or hate;
- Raise awareness of children and adolescents, and their coaches, on the importance to practice physical activity to limit and prevent psycho-physical damages caused by excessive sedentary lifestyle and technological alienation;
- Strengthen the participation in sports activities of the target group.

The Project will also involve local people, schools, sport clubs, public sector and stakeholders interested to the outputs created, Toolkit and videos.

Italy

Reference: 613615-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **Multisport Culture for Youth Empowerment**

Project Acronym: MULTIYE

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,810.00	58,810.00	100.00 %

Project start: 01/01/2020

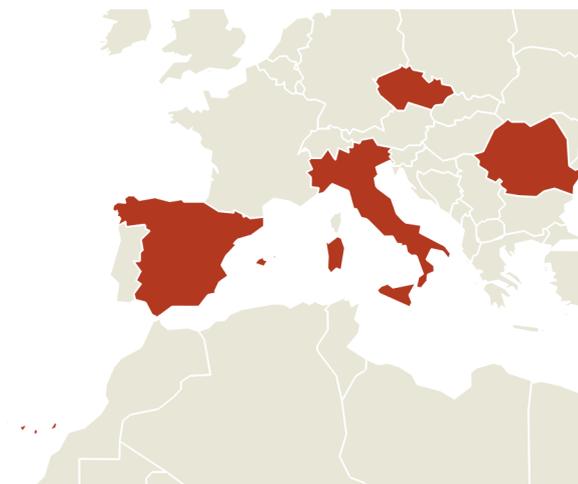
Project end: 30/06/2021

Coordinator: **L ORMA SOCIETA SPORTIVA
DILETTANTISTICA A
RESPONSABILITA LIMITATA**

VIA GALLARATE 39

IT 20151 MILAN

www.ormasite.it



Participants			
CON	L ORMA SOCIETA SPORTIVA DILETTANTISTICA A RESPONSABILITA LIMITATA	MILAN	Italy
PA-ASC	ASOCIACION CULTURAL Y DEPORTIVA LAHOYA	LA HOYA, ELCHE	Spain
PA-ASC	ASOCIATIA CLUBUL SPORTIV EXPERIENTAMULTISPORT	ARAD	Romania
PA-ASC	HODINA H ZS	PELHRIMOV	Czech Republic

Number of members of sport organisations involved: 17

Multisport Culture for Youth Empowerment

Why? The starting point of this project is based on the motivation to tackle different connected problems : the early sport specialization focused on technical skills, the restricted choices & conditioning pre-orientation of children towards unique sport disciplines, the early selectivity of young athletes & progressive dropout from sports practice, the limited awareness towards the multisport benefits by parents, their practical difficulties to face alone the challenges of a multisport proposal (in scattered clubs), the resistance from sports clubs and federations to accept a collaborative approach among them, the marginalization of minor sports, the consequence of all this on the low level of youth physical literacy observed at school and in society.

What? The project aims to promote a multisport approach to physical literacy by designing a model of practices that unifies the richness of territorial sports offer and the educational concerns for balanced growth & empowerment of youth based on improved soft skills.

This is a 1st small experimental step towards a new territorial model of Sports Welfare (contributing to a public health mission), based on the collaborative involvement of local socio-economical resources and on their rationalized and harmonized integration.

The multisport culture should facilitate a reverse perspective: from young people at the service of sport (as disciplines), to sport (as experiences) at the service of young people, putting at the center their needs and desires in terms of wellbeing & personal fulfillment.

How? The activities of the project are networking among stakeholders, promotion, identification and sharing of good practices, reinforcement of the skills of the key operators, but also preparation, development and implementation of educational modules and tools that help to spread a culture of multisport, to improve accessibility to sports and to promote a playful / educational approach aimed at social inclusion.

Italy

Reference: 613107-EPP-1-2019-1-IT-SPO-SCP

Project Title: A EUROPEAN COLLABORATIVE AND INNOVATIVE PARTNERSHIP TO PROMOTE PHYSICAL ACTIVITY AFTER STROKE EVENT

Project Acronym: MYWAY

Eligible Budget (€)	Grant Amount (€)	Co-financing
400,000.00	400,000.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: UNIVERSITA DEGLI STUDI DI ROMA LA SAPIENZA

Piazzale Aldo Moro 5

IT 00185 ROMA



Participants

CON	UNIVERSITA DEGLI STUDI DI ROMA LA SAPIENZA	ROMA	Italy
PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece
PAR	CEREBRUM - SDRUZENI OSOB SE ZISKANYM POSKOZENIM MOZKU A JEJICH RODIN ZS	PRAHA	Czech Republic
PAR	HRVATSKO DRUSTVO ZA PREVENCIJU MOZDANOG UDARA	Zagreb	Croatia
PAR	ISTITUTO EUROPEO PER LO SVILUPPO SOCIO ECONOMICO ASSOCIAZIONE	VALENZA	Italy
PAR	KLAIPEDOS UNIVERSITETAS	KLAIPEDA	Lithuania

Number of members of sport organisations involved: 250

A EUROPEAN COLLABORATIVE AND INNOVATIVE PARTNERSHIP TO PROMOTE PHYSICAL ACTIVITY AFTER STROKE EVENT

In 2015, there were nearly 1.6 million new stroke cases in Europe. With recent improvements in the care of patients presenting with an acute stroke and wider availability of pharmacological treatments, the majority of patients are surviving the initial insult. Despite this, only 1 in 3 patients with stroke makes a full recovery. At 6 months after stroke, 40% of stroke survivors have difficulties with basic self-care (e.g., dressing, feeding) and more than 30% of stroke survivors report participation restrictions (e.g., fulfilling societal roles) even at 4 years after stroke.

According to the ERASMUS+ SPORT program the project addresses the objective to promote the awareness of the importance of health-enhancing physical activity among stroke patients and encouraging social inclusion, the participation in sport and physical activity for all, including stroke patients, namely patients with several disabilities.

The activities of the project will increase the knowledge of the physicians and trainers in the partner countries on the link between physical activity and stroke, moreover the project should provide physical and educational activities to change lifestyles for individuals. From an individual's perspective, the project will increase awareness, involvement and acceptance of patients and will motivate them to perform physical activity changing their lifestyle and to maintain a high adherence to physical activity programs and therefore to increased levels of participation in sport and physical activity, going beyond their disabilities.

The activities of the project will be the following:

- The delivery of an analysis of the local context of the participating countries
- Identification of good practices in the field
- The important part dedicated to medical education will allow increasing healthcare professionals and operators' knowledge, through the Train the Trainers methodology, the self-learning and the scientific presentations.

Italy

Reference: 613582-EPP-1-2019-1-IT-SPO-SCP

Project Title: **NEXT - Neighbourhood Sport: get healthy, get closer**

Project Acronym: NEXT

Eligible Budget (€)	Grant Amount (€)	Co-financing
351,291.00	351,291.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **UNIONE ITALIANA SPORT PER TUTTI ASSOCIAZIONE DI PROMOZIONE SOCIALE RETE ASSOCIATIVA NAZIONALE**

LARGO NINO FRANCHELLUCCI 73

IT 00155 ROMA

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Participants			
CON	UNIONE ITALIANA SPORT PER TUTTI ASSOCIAZIONE DI PROMOZIONE SOCIALE RETE ASSOCIATIVA NAZIONALE	ROMA	Italy
PAR	ASOCIATIA JUDETEANA SPORTUL PENTRU TOTI SUCEAVA	SUCEAVA	Romania
PAR	DEUTSCHER TURNER-BUND EV	FRANKFURT AM MAIN	Germany
PAR	FUNDACIO UBAE	BARCELONA	Spain
PAR	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	KOBENHAVN	Denmark
PAR	SPORTSKA ZAJEDNICA ISTARSKE ZUPANIJE	PULA	Croatia
PAR	UNIVERSITA DEGLI STUDI DI CASSINO E DEL LAZIO MERIDIONALE	CASSINO	Italy

Number of members of sport organisations involved: 35

NEXT - Neighbourhood Sport: get healthy, get closer

In order to tackle unhealthy habits among sedentary people, the project NEXT Sport is grounded on the idea to bring movement to the places where sedentary people find themselves, rather than promoting activities in places where sedentary people should go. Places chosen to involve sedentary in physical activities are the common areas of condominiums and the surrounding public gardens, streets and squares, namely the neighbourhood

This aim will be pursued by linking key actors through the sport and condominiums/neighbourhoods' systems and providing useful tools and learning opportunities to grassroots sport organizations in view of the provision of "NEXT Sport" modules to the target groups: children, the working population and the elderly residing in the neighbourhoods

To reach this goal the project foresees to:

- establish and run a broad thematic network
- share best practices of neighbourhood sport
- build in the participating organizations the knowledge basis for the set-up of the proposed approach
- build capacities to engage sedentary people in PA in common or public spaces
- test and validate a transferable methodology via pilot events
- develop NEXT Sport guidelines
- disseminate project results and advocate the issue to policy makers

Means to reach those specific objectives will be the development of:

- An on-line environment to network, share materials, provide e-learning (IO1)
- A Network of key actors (IO2: Network Action Plan)
- A Toolkit for the sharing of good practices and the acquisition of the knowledge basis (IO3)
- A Capacity Building Programme (IO4)
- A series of pilot events to test and refine the starting methodology to make it transferable in every context (IO5.1)
- An Handbook to implement the methodology (IO5.2)
- A set of policy recommendations (IO6)

Main results of the project will be the design and the endorsement of the "NEXT Sport" systemic approach to activate individuals in practising sport and physical activities in common areas

Italy

Reference: 613267-EPP-1-2019-1-IT-SPO-SCP

Project Title: Orienteering for the Inclusion of disadvantaged people in sport

Project Acronym: ORIENT

Eligible Budget (€)	Grant Amount (€)	Co-financing
286,267.00	286,267.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: FEDERAZIONE ITALIANA
SPORT ORIENTAMENTO

VIA DELLA MALPENSADA 84

IT 38123 TRENTO

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Participants			
CON	FEDERAZIONE ITALIANA SPORT ORIENTAMENTO	TRENTO	Italy
PAR	CESKY SVAZ ORIENTACNICH SPORTU	Prague	Czech Republic
PAR	COMUNE DI VASTO	VASTO	Italy
PAR	FUNDACIO PRIVADA TRINIJOVE	BARCELONA	Spain
PAR	LATVIJAS ORIENTESANAS FEDERACIJA	Riga	Latvia
PAR	ORIENTACIJSKI KLUB TRZIN	Trzin	Slovenia
PAR	PROGETTI SOCIALI SRL IMPRESA SOCIALE	Pineto (Teramo)	Italy

Number of members of sport organisations involved: 45

Orienteering for the Inclusion of disadvantaged people in sport

The project intends to address the topic of encouraging social inclusion and equal opportunities in sport, by supporting activities able to foster the organisation of Trail-orienteeing events thus incrementing the number of participants – both able-bodied and disabled ones – who can practice it. The fostering of the practice of Trail-O should be seen not only as the development of a sport discipline per se, but as an important tool of education and inclusion, considering that it is a discipline in which able-bodied and disabled athletes compete in the same event thus reaching the greatest possible inclusion within sport activities.

The point is that even if Trail-O was created in Europe, the number of practitioners in the EU is not so high as it could be, and grassroots sport events are few, thus weakening its relevance as a tool for education and inclusion through sport.

The main reason is that, if rules have been encoded since the '90s, support tools have not been developed yet. Thus the lack of supporting tools together with the lack of guidelines are the main obstacles for a plain dissemination of this sport.

On the base of this analysis, the project main finality is to develop instruments to facilitate the organisation of Trail-O grassroots events, thus involving also disabled athletes, who can practice orienteeing by involving and interacting with transnational partners who are experienced and can share their organisational and operational expertise.

More in detail project's objectives are:

1. To develop an analysis of best practices already realised
2. To design an operative model for the realisation of Trail-orienteeing interventions
3. To develop tools (including ICT ones, which are so important in this sport) and guidelines for the organisation of grassroots sport events
3. To create a network of organisations which deal with Trail-O and of practitioners from: sport sector, schools, services to disadvantaged people.

Italy

Reference: 613008-EPP-1-2019-1-IT-SPO-SCP

Project Title: Physical Activity after knee or hip Replacement

Project Acronym: PAIR

Eligible Budget (€)	Grant Amount (€)	Co-financing
399,704.00	399,704.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: ALMA MATER STUDIORUM -
UNIVERSITA DI BOLOGNA

Via Zamboni, 33

IT 40126 Bologna



Participants			
CON	ALMA MATER STUDIORUM - UNIVERSITA DI BOLOGNA	Bologna	Italy
PAR	ACADEMISCH ZIEKENHUIS GRONINGEN	GRONINGEN	Netherlands
PAR	ISTITUTO ORTOPEDICO RIZZOLI	BOLOGNA	Italy
PAR	MEDEA SRL	MASSA MS	Italy
PAR	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	TRONDHEIM	Norway
PAR	SDRUDZENIE ZNAM I MOGA	SOFIA	Bulgaria
PAR	SKANE LANS LANDSTING	KRISTIANSTAD	Sweden
PAR	UNIVERSITATEA DE MEDICINA SI FARMACIE'CAROL DAVILA' DIN BUCURESTI	BUCHAREST	Romania

Number of members of sport organisations involved: 1,250

Physical Activity after knee or hip Replacement

PAIR project aims to develop and promote a physical activity (PA) exercise program for subjects operated of total knee/hip replacement, to be followed after their discharge and rehabilitation treatment.

The subjects will also be monitored about the adherence to the proposed program and in regards to any changes in lifestyle relatively to physical activity.

This study will be carried out by involving surgeons, nurses, physiotherapists, graduates in movement science and patients, during and beyond the end of the normal health care.

The aims of the project are

- Identification of a PA exercise program suitable for people with knee/hip replacement, to improve physical function (balance, proprioception, rom, posture, muscular trophism) and quality of life (pain, fear of falling, autonomy during daily activities, socialization and prevention of depressive states).
- Data collection through a survey on the consideration and understanding of "everyday" PA in relation to quality of life.
- Promotion of the recovery of any sport activity interrupted before the operation.
- Raising awareness of stakeholders and decision makers about the promotion of physical and sport activity aimed at subjects who have undergone knee or hip prostheses.
- Evaluation of adherence to the proposed PA.
- Involvement of the sport community and high education institutions to promote specific courses based on physical activity programs for individuals with total knee or hip arthroplasty.

In the scientific literature, there are evidences and experiences on the effectiveness of physical activity but there is no "good practice" shared and accepted within the European system; there is also a lack of adequate promotion to explain the benefits and how to perform physical activity after the operations.

The project aims to analyze local experiences in Europe and implement this "good practice", pledging to disseminate it at European level through the partnership structure and other actions.

Italy

Reference: 613247-EPP-1-2019-1-IT-SPO-SSCP

Project Title: PING PONG WITHOUT FRONTIERS

Project Acronym: PI.PO.

Eligible Budget (€)	Grant Amount (€)	Co-financing
69,300.00	60,000.00	86.58 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **SPORT SENZA FRONTIERE ONLUS**

Via Ruggero Fauro 82

IT Roma

www.sportsenzafrontiere.it



Participants

CON	SPORT SENZA FRONTIERE ONLUS	Roma	Italy
PA-ASC	A.D.E.L. - ASSOCIATION FOR DEVELOPMENT, EDUCATION AND LABOUR	STROPKOV	Slovakia
PA-ASC	ASD Tennistavolo Senigallia	Senigallia	Italy
PA-ASC	DIA-SPORT SDRUZHENIE	SOFIA	Bulgaria
PA-ASC	ZAVOD APGA	MISLINJA	Slovenia

Number of members of sport organisations involved: 40

PING PONG WITHOUT FRONTIERS

In the EU, child poverty has increasingly been understood as a complex, context-specific, multidimensional phenomenon, encompassing not only a lack of money and assets but also other forms of deprivation connected to children's survival, development, protection and participation in sport activities. In 2016, around 8.5% of children in the EU lived in a household affected by severe material deprivation. In Italy, for example, almost the 39% of children are at risk of poverty or social exclusion. In Slovenia around 14,2%. In Slovakia the percentage is little bit lower, 12.4% (2017). In Bulgaria over 42%. For all of these Countries, the number of young people playing sport or who are engaged in another physical activity is decreasing year by year. Especially, if you are a young person with a migration background, access to sports becomes even more difficult. Not always it is easy to involve/reach young people and very often local sport managers have no adequate expertise to deal with people in poverty. The PI.PO. project, through a solid network of partners interested to implement locally Table Tennis Laboratories, aims at activating an international social support program for children in difficulty using the table tennis as an innovative tool for social inclusion and for enhancing positive sociality, personal and collective well-being and strengthening the sense of community as well.

By following these goal, the project is structured in order to preliminary facilitate the transnational exchange of best cases and the transfer of capacities [WP2]; to sustain the implementation of a common protocol for children/youngsters throughout Table Tennis Laboratories [WP3] and finally establishing at transnational level a Sport Without Frontiers Observatory for social inclusion.

Italy

Reference: 613119-EPP-1-2019-1-IT-SPO-SSCP

Project Title: OK PORTERS

Project Acronym: PORTERS

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,150.00	60,000.00	99.75 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASD FOLLONICA HOCKEY
1952
VIA SANZIO C/O PISTA ARMENI
IT 58022 Follonica
www.hockeyfollonica.com



Participants			
CON	ASD FOLLONICA HOCKEY 1952	Follonica	Italy
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA TOSCANA PRO HOCKEY LAB	GROSSETO	Italy
PA-ASC	Club Virgen de Europa	Boadilla del Monte	Spain
PA-ASC	Hoquei Club Valls	Valls	Spain
PA-ASC	SPORT ALENQUER E BENFICA	ALENQUER	Portugal

Number of members of sport organisations involved: 250

OK PORTERS

OK PORTERS brings together a group of fanatics of the goalkeeper's role in roller hockey. A group that dreams with improving their role and, at the same time, to bring together the goalkeepers dispersed in various European countries. The Porter is a solitary figure in Roller hockey who needs community and security.

Ok Porters is a project aiming at improving the quality of children-oriented teaching in roller hockey. In particular, the project is focused in the Goalkeeper role with the final objective of increasing children wellness in sportive environment. The project puts together a group of local Clubs that have many problems and features in common: on one hand, they need to develop a new method to improve the quality of teaching to goalkeepers; on the other hand, they all believe in a comprehensive approach able to develop capacities and engagement among children and youth. The project: 1. organizes goalkeeper oriented training modules and social activities to be implemented in parallel in five partnering contexts ; 2. Builds (at the same time) a bottom-up collective teaching method (able to produce teaching guidelines and a code od points to be divulgated internationally); 3. Supports children well-being and improvements.

In this context, the project main scope is to stimulate children participation in health-enhancing physical activities hand in hand with promoting fun and the community and social aspects of sport while improving coaches capacities and increasing the attention towards a minor sport as roller hockey is. The premise is that improving sport environment means improving teaching techniques and approach to be adopted with kids and athletes in general. The field of action is threefold: 1. more fun and well-being oriented sport for kids; 2. better and harmoniser teaching techniques; 3. better inputs for top sport stakeholders.

Italy

Reference: 612999-EPP-1-2019-1-IT-SPO-SCP

Project Title: Road towards Innovative governance of NOCs and Grassroots Sport organisations

Project Acronym: RINGS

Eligible Budget (€)	Grant Amount (€)	Co-financing
374,285.00	374,285.00	100.00 %

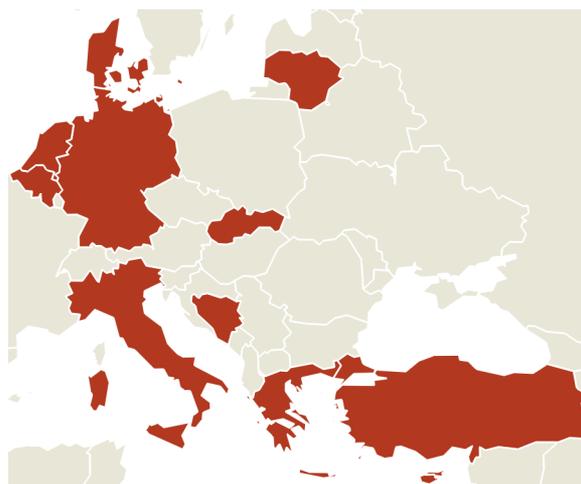
Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: COMITATI OLIMPICI EUROPEI

Avenue de Cortenbergh 71

IT B-1000 Brussels



Participants

CON	COMITATI OLIMPICI EUROPEI	Brussels	Belgium
PAR	COMITATO OLIMPICO NAZIONALE ITALIANO	ROMA	Italy
PAR	COMITE OLYMPIQUE ET INTERFEDERAL BELGE ASBL	BRUXELLES	Belgium
PAR	DANMARKS IDRAETSFORBUND	BRONDBY	Denmark
PAR	ELLINIKI OLYMPIAKI EPITROPI	Halandri, Athens	Greece
PAR	JOHANNES GUTENBERG-UNIVERSITAT MAINZ	MAINZ	Germany
PAR	KIPRIAKI ETHNIKI OLYMPIAKI EPITROPI	NICOSIA	Cyprus
PAR	LIECHTENSTEIN OLYMPIC COMMITTEE	Schaan	Liechtenstein
PAR	LIETUVOS TAUTINIS OLIMPINIS KOMITETAS	VILNIUS	Lithuania
PAR	NEDERLANDS OLYMPISCH COMITE-NEDERLANDSE SPORT FEDERATIE VERENIGING	ARNHEM	Netherlands
PAR	SLOVENSKY OLYMPIJSKY A SPORTOVY VYBOR	BRATISLAVA	Slovakia
PAR	TURKIYE MILLI OLIMPIYAT KOMITESI DERNEGI	ATAKOY ISTANBUL	Turkey
PAR	UDREZENJE GRADANA OLIMPIJSKI KOMITET BOSNE I HERCEGOVINE SARAJEVO	SARAJEVO	Bosnia and Herzegovina

Number of members of sport organisations involved: 500

Road towards Innovative governance of NOCs and Grassroots Sport organisations

RINGS project aims to modernise the strategic management of National Olympic Committees (NOCs) in Europe with a specific focus on change management, relations with internal and external stakeholders and public affairs. The tools and outputs to be developed equip and support the NOCs in their daily operational management and thus improve their governance. The overall topic of the project is the strategic management of the sport organisations. This will be especially addressed with the following outputs: 1) handbook on strategic management which will address particularly the needed changes in the culture and mind-sets of the organisations as a “philosophy”, whereas outputs 2) stakeholder tool and 3) guidelines on public affairs will be more concrete tools to help in the practical implementation. Furthermore, master presentation and educational material for the National Training Workshops (output 4) will be developed. To ensure the sustainability and widest possible dissemination of the outputs, an online platform on strategic management (output 5) will be established, which gathers all the other outputs publicly available. In addition, 11 National Training Workshops (multiplier sport events) will be organised in the countries of the partner NOCs to disseminate and implement the developed outputs to the national sport federations and the staff of the NOC, as well as to test them and get feedback for the finalisation of the outputs. This will guarantee the transferability of the outputs to all NOCs in Europe and also to other sport organisations more widely. The project is led by the EU Office of European Olympic Committees, and has as partners the Johannes Gutenberg University Mainz and National Olympic Committees from the following countries: Denmark, Slovakia, Lithuania, Turkey, Italy, Greece, Cyprus, Liechtenstein, Belgium, Bosnia and Herzegovina and Netherlands. After the RINGS project, the NOCs will be more flexible, better governed and prepared for the future.

Italy

Reference: 613657-EPP-1-2019-1-IT-SPO-SSCP

Project Title: SCORE: Sport Cooperation Overcoming Risks of Exclusion

Project Acronym: SCORE

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,000.00	60,000.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASSOCIAZIONE CULTURALE STRAUSS

VIA DELLA VITTORIA 8

IT 93014 MUSSOMELI



Participants			
CON	ASSOCIAZIONE CULTURALE STRAUSS	MUSSOMELI	Italy
PA-ASC	A.S.D. DON BOSCO MUSSOMELI	Mussomeli	Italy
PA-ASC	CONSELHO NACIONAL DAS ASSOCIACOES DOS PROFISSIONAIS DE EDUCACAO FISICA E DESPORTO CNAPEF	PALHAIS	Portugal
PA-ASC	LYKIA IZCILIK VE DOGA SPORLARI KULUBU DERNEGI	ANTALYA	Turkey
PA-ASC	ZAVOD APGA	MISLINJA	Slovenia

Number of members of sport organisations involved: 500

SCORE: Sport Cooperation Overcoming Risks of Exclusion

“SCORE: Sport Cooperation Overcoming Risks of Exclusion” wants to express an innovative idea for sport activities, creating a connection between sport and the methodologies of Non Formal Education, like team building activities and self-directed learning, to improve social inclusion of all those youngsters who may suffer a disadvantaged situation and to foster inclusion and gender equality in sport. The project also wants to foster the recognition of risk of social exclusion situations and to create tools useful to solve it, through the involvement of youngsters in sport activities. Moreover, in the frame of SCORE: Sport Cooperation Overcoming Risks of Exclusion, can be recognized another objective: the creation of partnerships between stakeholders in the sector of sport, NGOs working with youngsters at risk of social exclusion and sport associations in order to allow the first ones to have another tool for the promotion of social inclusion and to allow the second ones to count on Non-Formal Education methodologies for a better improvement of the personal growth of youngsters involved in sport activities.

The general aim of the project is to allow partner organisations to acquire new tools, exchange experiences, improve competencies and find innovative methods to fight and prevent situations of social exclusion among youngsters through sport activities and to promote new sport-related actions.

The consortium created will operate through:

- four transnational meetings (1 in each country) : kick-off meeting, training/testing meeting, mid-term evaluation meeting, final evaluation meeting + conference
- six local workshops (in each country);
- remote cooperation

Two main final products will be created:

- a tool-kit, named “SCORE-Kit” to promote the integration of NFE methods in sport
- an awareness campaign to promote the values of equality, inclusion, equal opportunities in sport.

Italy

Reference: 613181-EPP-1-2019-1-IT-SPO-SCP

Project Title: Sport Education for Active and Responsible Citizenship through Health caring

Project Acronym: SEARCH

Eligible Budget (€)	Grant Amount (€)	Co-financing
336,370.00	336,370.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: UNIVERSITA TELEMATICA
DEGLI STUDI IUL

Via M. Buonarroti

IT 50122 Firenze

<http://www.iuline.it>



Participants

CON	UNIVERSITA TELEMATICA DEGLI STUDI IUL	Firenze	Italy
PAR	AKADIMAIKO DIADIKTYO	PANEPISTIMIO UPOLI ATHINA	Greece
PAR	CONSEJERIA DE EDUCACION - JUNTA DE ANDALUCIA	MÁLAGA	Spain
PAR	E-C-C VEREIN FUR INTERDISZIPLINARE BILDUNG UND BERATUNG EDUCATION-CULTURE-CITZENSHIP	Würnitz	Austria
PAR	INTEGRA INSTITUT INSTITUT ZA RAZVOJ CLOVEKOVIH POTENCIALOV VELENJE	Velenje	Slovenia
PAR	NATIONAL UNIVERSITY OF IRELAND GALWAY	GALWAY	Ireland
PAR	OZEL KUMLUCA SINAV EGITIM KURUMU INSAAT TICARET LIMITED SIRKETI	ANTALYA KUMLUCA	Turkey

Number of members of sport organisations involved: 1,000

Sport Education for Active and Responsible Citizenship through Health caring

Promoting good health plays a strategic role in the European agenda and is an integral part of the growth goals of Europe 2020. The "SEARCH - Sport Education for Active and Responsible Citizenship through Health caring" project offers to participants (students, teachers, tutors and school managers) the opportunity to take part in activities that develop knowledge and new skills in the field of sport, nutrition, health and wellbeing.

The objective of the project is to develop a European dimension of sport that take advantage from cooperation between different organisations from different countries. In the SEARCH project's frameworks, enhancing sports education is a central objective aiming at:

- valorising the educational role of sport activities;
- encouraging sport practices in young people;
- strengthening and structuring transnational cooperation in creating sport-related good practices;
- contributing, as a main final project's result, to lower costs of healthcare national services.

The SEARCH project is carried out by organisations from 7 European countries: Italy (applicant), Austria, Slovenia, Ireland, Spain, Greece and Turkey. Main activities, during the 30 months of the project, will be:

- a research concerning the values of sport and its benefits for health,
- the involvement of schools and sports organizations,
- the intellectual outputs production (online platform, e-learning modules, mobile APP and a handbook),
- four transnational project meetings,
- multiplier sports events together with other dissemination activities.

This project plan aims at completely change the approach to sport by young people. This by a revolution in current perspectives on sport, and by teaching to live a healthy life through lifelong sport practice.

Italy

Reference: 613589-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Sport Innovative Action

Project Acronym: S.I.A.

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,400.00	59,400.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: ASSOCIAZIONE SPORTIVA
DILETTANTISTICA BLUKIPPE

via someda 9

IT 35124 Padova

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Participants

CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA BLUKIPPE	Padova	Italy
PA-ASC	ASOCIATIA SCOALA DE ANTRENORI IOAN KUNST GHERMANESCU	BUCURESTI	Romania
PA-ASC	DZUDO SAVEZ SRBIJE	Beograd	Serbia
PA-ASC	I.S.R.E. Istituto Superiore Internazionale Salesiano di Ricerca Educativa	Venezia	Italy
PA-ASC	Stabekk Turnforening	Sandvika	Norway

Number of members of sport organisations involved: 150

Sport Innovative Action

Connecting sport to the theme of social inclusion of people affected by intellectual disabilities means starting to undertake a virtuous path that has been little explored.

Sport is extremely relevant to boost the socialisation of this type of people, as it represents the engine for a better growth and exchange of views between them, but also for their parents, professionals and sport clubs. The interaction between this two worlds can bring an infinite number of benefits, such as the improvement of wellness and the quality of life of disabled people and their families, offering them the possibility to make new experiences, have a healthy life style, find gratification in their job, build new relationships with other disabled people and develop abilities for their own independence.

S.I.A. aims to bring all the acquired skills during the past years to the next level, creating occasions of dialogue with other European organizations, to share, compare, merge and innovate methodologies, practices and tools, with the ultimate scope to create paths of social inclusion for mentally disabled athletes.

The innovative aspect of the Sport Inclusive Action project lies in the effort to identify a common model of intervention that would concretely facilitate the inclusion of athletes with intellectual and relational disabilities in common sports activities, recognizing and understanding their peculiarities and specific needs. The final purpose and challenge would be the perception of the experience as a real inclusive activity, where each athlete is supported by trained technical staff, rather than a mere social insertion. The sport experience is intended to be a key drive for social inclusion, as constitutes an important educational experience for all athletes involved, either with and without disabilities.

Italy

Reference: 612967-EPP-1-2019-1-IT-SPO-SCP

Project Title: Social Inclusion Methodology in Critical Areas via Sport

Project Acronym: SIMCAS

Eligible Budget (€)	Grant Amount (€)	Co-financing
397,014.00	397,014.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **UNIONE SPORTIVA ACLI**
VIA GIUSEPPE MARCORA, 18/20
IT 00153 ROMA
www.usacli.org



Participants

CON	UNIONE SPORTIVA ACLI	ROMA	Italy
PAR	CHOG - CHAMPIONS OHNE GRENZEN EV	BERLIN	Germany
PAR	CONSELL ESPORTIU DEL PLA DE L'ESTANY	Banyoles	Spain
PAR	GIRL POWER ORGANISATION	Helsingor	Denmark
PAR	ISTITUTO DI RICERCHE EDUCATIVE E FORMATIVE ASSOCIAZIONE - IREF	Roma	Italy
PAR	ORGANOSI GI	ILIOU ATTAKIS	Greece
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia
PAR	UNIVERSITA DEGLI STUDI DI CASSINO E DEL LAZIO MERIDIONALE	CASSINO	Italy

Number of members of sport organisations involved: 500

Social Inclusion Methodology in Critical Areas via Sport

The project aims at defining and implementing a methodology to integrate via sport activities immigrants (first and second generation) living in critical contexts (penitentiary institutions, urban ghettos, refugee camps). These are contexts characterized by situations of particular socio-economic disadvantage and social exclusion that make the processes of growth, personal affirmation, social redemption very difficult and, therefore, also any form of relationship, interaction, civil coexistence and social cohesion is challenging, facilitating the ghettoization or social and physical isolation and making the most fragile subjects more vulnerable to extremist influences.

The project will be based on a comprehensive approach that includes: a bibliographic research on the integration processes through sport and on the characteristics and difficulties of integration of foreigners in the chosen contexts; interviews to stakeholders; the analysis of good practices existing at European level and promoted by the project partners.

This identified methodology will be: implemented and evaluated by project partners in different contexts; used to increase the skills of sports operators, starting from the direct and indirect network of partners, but also as a tool to increase the knowledge and skills for social workers working in the critical areas chosen.

The main output of the project will be a Tool Kit for the development of interventions for the integration of immigrants through sport that, in addition to contain the description of the methodology will provide tools that they will support the sport operator to design the most effective actions to achieve social integration based on the specific environment in which will operate. The Tool Kit will be presented and disseminated within the network of project partners and made available online.

Italy

Reference: 613621-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **Sport It Right: stories of social inclusion, cultural integration and equal opportunity in sport**

Project Acronym: S.I.R.

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,970.00	58,970.00	100.00 %



Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **UISP COMITATO REGIONALE EMILIA ROMAGNA**
VIA RIVA DI RENO 75/3
IT 40121 BOLOGNA
www.uisp.it

Participants			
CON	UISP COMITATO REGIONALE EMILIA ROMAGNA	BOLOGNA	Italy
PA-ASC	APD HIC SUNT LEONES	Bologna	Italy
PA-ASC	SLOVENSKA UNIVERZITETNA SPORTNA ZVEZA	Ljubljana	Slovenia
PA-ASC	SPORT AGAINST RACISM (IRELAND) LIMITED	DUBLIN 1	Ireland
PA-ASC	SPORTUNION KAERNTEN	KLAGENFURT	Austria

Number of members of sport organisations involved: 100

Sport It Right: stories of social inclusion, cultural integration and equal opportunity in sport

UISP Emilia Romagna and its partners believe that training and awareness raising activities aiming to combat discrimination and foster social inclusion can help identifying common and shared values of acceptance of diversity and mutual respect among young citizens. The project targets this aim through the storytelling of meaningful and positive stories of sportsmen and sportswomen that spread messages of tolerance, equality and inclusion and by presenting them as shared role models to young Europeans in sport clubs across different Member states.

The idea is to identify positive sport stories, through appropriate research, and use them as an educational tool fostering social inclusion and contributing to equal opportunities achievement. Protagonists of the stories will be national and local athletes, one or more from each partner country as positive role models whose stories, anecdotes or life experiences can stand out as positive examples of inclusion and equal access to opportunities. In this way, the project will convey and promote an open and welcoming sport culture among young people and young sportsmen and sportswomen. The methodology used in the project will be storytelling directed to young sport people linked to sport clubs. Ambassadors of these positive stories will be equally young people from sport clubs so to implement a peer-to-peer communication approach.

The activities carried in the project will be: archival research and collection of relevant sport stories, development of info graphics presenting the identified positive sport stories, testing and experimentation of storytelling in each country in sport clubs by young sport ambassadors to young sport people, paper and video collection of results of testing and implementation of communication and awareness rising campaigns on the topics of 1) social inclusion in and through sport and 2) equal opportunities in and through sport.

Italy

Reference: 612939-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **Sport for Increasing Socialisation and Abilities of Autistic People**

Project Acronym: SISAAP

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,920.00	58,920.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **FEDERAZIONE TRENTINA
DELLA COOPERAZIONE SC**

Via Segantini 10

IT 38122 Trento

www.cooperazionetrentina.it



Participants			
CON	FEDERAZIONE TRENTINA DELLA COOPERAZIONE SC	Trento	Italy
PA-ASC	Asociacion Autismo Sevilla	Sevilla	Spain
PA-ASC	Associazione sportivo dilettantistica e di promozione sociale NuoveRotte	Rovereto	Italy
PA-ASC	Fundación Escuela Andaluza de Economía Social	Osuna	Spain
PA-ASC	Savez udruuga za autizam Hrvatske	Zagreb	Croatia

Number of members of sport organisations involved: 80

Sport for Increasing Socialisation and Abilities of Autistic People

The SISAAP project (Sport for Increasing Socialisation and Abilities of Autistic People) aims to favour social inclusion and to ensure equal opportunities through sport for people suffering from Autistic Spectrum Disorders (ASD). This disease affects many children and adults and causes persistent deficits in social communications and social interactions. In Europe there are few organisations promoting sports activities for people affected by ASD, and the majority are not sufficiently skilled to work with this target group who cannot simply be considered under any form of intellectual disability but require a specific approach.

The main objective of the SISAAP project is to bring together a European and complementary network of experts spanning the entire value chain for water sports in autism, including trainers and key actors dealing with ASD. This will favour the international mobility, the cross-sector and interdisciplinary cooperation, in order to exchange knowledge, working methods, skills and, as a consequence, the upskilling of people working within this field and the redesigning of their professional profiles. In this respect, the project will provide a contribution to overcome the lack of adequate training programmes for practitioners. Furthermore, findings emerged within the three transnational meetings held in Croatia, Spain and Italy will be collected in a mini catalogue of sports opportunities for ASD people and the professional figures needed for their implementation, which is addressed to sports associations, coaches and trainers, alongside the families of ASD people, all to be shared at transnational level.

The European added value of the SISAAP project is to foster the cooperation of relevant stakeholders through the exchange of good practices and the new and holistic forms of cooperation.

Italy

Reference: 612982-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **S**Port Education Against Radicalisation

Project Acronym: SPEAR

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,800.00	53,800.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **MV INTERNATIONAL**

VIA CAPO D'ORO 12

IT 07100 SASSARI

www.engomvi.com



Participants

CON	MV INTERNATIONAL	SASSARI	Italy
PA-ASC	A.D.E.L. - ASSOCIATION FOR DEVELOPMENT, EDUCATION AND LABOUR	STROPKOV	Slovakia
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	INTEGRATION FOR ALLA	ORKELLJUNGA	Sweden

Number of members of sport organisations involved: 120

SPort Education Against Radicalisation

The project is a small collaborative partnership in the field of sport whose goal is to prevent radicalisation of young people encouraging social inclusion and equal opportunities in sport.

The project partners will achieve this objective by creating a network of 8 ambassadors that will reach young people in events at the local level using the Education Through Sport (ETS) methodology. The ambassadors will constitute a transnational network for sport education against radicalisation strengthening the links between project partners and external stakeholders. A comprehensive research will provide the European state-of-the-art about current practices to prevent radicalisation in sport and through sport education. Afterwards, the ambassadors will realise a set of awareness-raising actions online and sport events.

Radicalisation issues are a part of the prevention of and fight against violence and intolerance that are part of the EU strategy on sport.

The EU White Paper on Sport (2007) clearly stated the societal role of sport for prevention of and fight against violence and intolerance. The Communication from the Commission Developing the European Dimension in Sport (2011) declares that "racism, xenophobia and other forms of intolerance continue to pose problems in European sport, including at amateur level". For this reason the project activities target young people at grassroots level in order to have an impact on a wide audience using sport as a mean for education. These concepts were recalled by the EU Work Plan for Sport (2011-2014) in its multi-annual strategic plan. The social value of sport was then reaffirmed because sport has a societal role.

As stated by the Radicalisation Awareness Network (RAN), young people are vulnerable to the phenomenon of radicalisation because they struggle with insecurity, identity and belonging.

Italy

Reference: 613168-EPP-1-2019-1-IT-SPO-SCP

Project Title: **Keep calm, there's a talent over there!**

Project Acronym: TALENT

Eligible Budget (€)	Grant Amount (€)	Co-financing
353,802.00	353,802.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **ASD FOLLONICA HOCKEY
1952**
VIA SANZIO C/O PISTA ARMENI
IT 58022 Follonica
www.hockeyfollonica.com



Participants			
CON	ASD FOLLONICA HOCKEY 1952	Follonica	Italy
PAR	ASD FOLLONICA SPORTING CLUB	FOLLONICA	Italy
PAR	ASSOCIACAO DE PATINAGEM DE LISBOA	Lisboa	Portugal
PAR	DEUTSCHER ROLLSPORT UND INLINE VERBAND EV	Heroldstatt	Germany
PAR	LA VENDEENNE	La Roche sur Yon	France
PAR	REAL FEDERACION ESPANOLA DE PATINAJE	MADRID	Spain
PAR	SPORTING CLUBE DE PORTUGAL	Lisboa	Portugal

Number of members of sport organisations involved: 800

Keep calm, there's a talent over there!

Talent is a 5-country project that stems from the need expressed by a group of relevant roller hockey stakeholders who claim the need to make a quantum and qualitative leap in the actual modus operandis in order to capture and better deal with the nowadays' children's exigencies. Partnership is composed of actors that developed very long experience in this sport and are representative in Europe (both as practitioners and as roller hockey framework makers). The project is proposed by the most important European Roller National Federations and a group of local Clubs that in the years were acknowledged to have the best youth sector in their countries. This group of Partners is willing to develop a European network able to:

- encourage and identify a formal approach to promote HEPA and its principles within their contexts going beyond their technical and competitive-oriented traditional approach to children by constituting a European HEPA Observatory capable of dialoguing with the HEPA global networks and giving a direct contribution to the EU Council Recommendation;
- promote the development and health of children through sport activities and positive sport environments: by transmitting all the positive values and behaviors that the sporting experience allows and promotes;
- exploit the long experience gained with an optic of making a qualitative leap and circulate the this knowledge under a systematic and coordinated approach by creating specific exchanging tools (both physical and on-line) that will directly contribute to the HEPA Observatory and Library;
- exploit the experience of many world champions that are present in the partners involved in the project by organizing an important training of trainers action capable of creating a common and standard approach in the participating contexts in an optic of comprehensive approach capable to go beyond the techniques and competitiveness dimension;
- reinforce cross-sectorial approach and synergies

Italy

Reference: 613541-EPP-1-2019-1-IT-SPO-SCP

Project Title: Track & Field, a race towards the future: inclusion in sport of young people from disadvantaged backgrounds

Project Acronym: T&F4All

Eligible Budget (€)	Grant Amount (€)	Co-financing
360,640.00	360,640.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **SS TRIONFO LIGURE ASD**

Via V. ERA 1C

IT 16147 Genoa

www.trionfoligure.it



Participants

CON	SS TRIONFO LIGURE ASD	Genoa	Italy
PAR	DRUSTVO ZA RAZVIJANJE PROSTOVOLJNEGA DELA NOVO MESTO	NOVO MESTO	Slovenia
PAR	EFA - EQUIPE DI FORMATORI ASSOCIATI	Genova	Italy
PAR	GESEME 1996 SL	Barcelona	Spain
PAR	INSTITUTUL INTERCULTURAL TIMISOARA	TIMISOARA	Romania
PAR	IZMIR GENCLIK MERKEZLERI GENCLIK VESPOR KULUBU DERNEGI	İzmir	Turkey
PAR	SZCZECINSKA SZKOLA WYZSZA COLLEGIUM BALTICUM	Szczecin	Poland
PAR	THE MUNICIPALITY OF PEGEIA	PEGEIA	Cyprus

Number of members of sport organisations involved: 120

Track & Field, a race towards the future: inclusion in sport of young people from disadvantaged backgrounds

The T&F4All project aims to promote the social inclusion of young people with fewer opportunities through the encounter with the Track and Field disciplines of athletics, whose practice has been for centuries in the world a symbol of challenge and personal growth, social recognition, respect for the other and tolerance.

It focuses on young people aged 12 to 24, with particular attention to the inclusion of those with obvious disadvantages, in particular immigrants, even asylum seekers, belonging to minorities, such as the Roma, and especially women, to facilitate social acceptance processes but also for discovering sports talents.

Innovation is to meet young people in the streets, in the squares, integrating their training models with those of street education.

In 30 months, involving 8 partners from 7 countries (among those with the least sporting practice and the most recent income of young immigrants and the presence of minorities) representing different and complementary skills (athletic sports associations, educational and volunteering centres, municipalities, research centres, training and health protection) T&F4All wants to achieve 3 specific intellectual outputs that can enhance the knowledge and participation of young people in these disciplines through: 1) A Study on the conditions of applicability of the Track and Field as a tool for social inclusion; 2) Training modules, also online, to prepare athletic trainers and educators for work in the street with disadvantaged young people; 3) Guidelines for sports and educational organizations to autonomously implement models of intervention in the street and in public places to involve more and more young people in sports. An augmented reality app will help information and involvement of young people, even those who will not participate in sports activities.

T & F4All will test the new models involving at least 20 coaches and 900 young people, of which around 130 can be sent to practice athletics.

Italy

Reference: 612989-EPP-1-2019-1-IT-SPO-SSCP

Project Title: sporT Opens Mind

Project Acronym: TOpMind

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,575.00	53,575.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: UNIONE SPORTIVA MARIA
AUSILIATRICE ASSOCIAZIONE
DILETTANTISTICA
VIA PELOSA 63 CASELLE
IT 35030 SELVAZZANO DENTRO



Participants			
CON	UNIONE SPORTIVA MARIA AUSILIATRICE ASSOCIAZIONE DILETTANTISTICA	SELVAZZANO DENTRO	Italy
PA-ASC	NACIONALNO DVIZHENIE OBEDINENIE ZARAZVITIE NA SPORTA I SPORTNA KULTURA FUUTURA	SOFIA	Bulgaria
PA-ASC	STOWARZYSZENIE WSPIERANIA DZIALAN MŁODZIEŻY CZ-ART	CZESTOCHOWA	Poland
PA-ASC	TENIS KLUB OLIMPIJA	Ljubljana	Slovenia

Number of members of sport organisations involved: 700

sporT Opens Mind

The project general objective is to increase the awareness that sporT Opens Minds, counters educational poverty and develops relevant skills for life, job inclusion and careers thus to activate new collaborations amid sport clubs and the educational formal system, both locally and transnationally.

Coherently with the Council Conclusion on the Contribution of sport to the EU economy, (2014/C 32/03), and to tackle youth unemployment, through the exchange of practices, thoughts and ideas, the partners will elaborate position papers, recommendations and a roadmap for a better integration of sport in school, in VET curricula, in courses for entrepreneurs and in mobility programs. By reinforcing transnational network of sport clubs, and encouraging cooperation with local stakeholders, TOPMIND programme encourages apprenticeships, internships and mobility in sports organisations and motivates young people to increase their participation in sport. TOPMIND demonstrates that skills acquired through sports improves job employment and facilitate national and transnational access to the labour market.

The TOPMIND programs will be defined thorough a step by step approach: before every consortium meeting, each partner consults a panel of national/local stakeholders to share a position paper, then the partners jointly arrange some recommendations and again in connection with the panel will elaborate a roadmap to develop the topmind programme for a better recognition of skills acquired in sport. This will lead also to the elaboration of new larger project and provide EU stakeholders with stories of success and failure about the promotion of education in and through sport, with position papers and recommendations to ease the recognition of skills developed in sport: such as self-esteem, capacities of team work, problem solving and decision making, communication, self-confidence. All skills that develop "top minds" because sport open minds!

Italy

Reference: 612995-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Training and Sports Activities for the Inclusion of Visually Impaired People

Project Acronym: TSAIVIP

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,000.00	60,000.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASSOCIAZIONE SPORTIVA
DILETTANTISTICA SPORT
CLUB BASILICATA**
RECINTO CAPPUCCINI N. 10
IT 75100 MATERA



Participants			
CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA SPORT CLUB BASILICATA	MATERA	Italy
PA-ASC	Asociatia Clubul Sportiv Kory Francisc	Cluj Napoca	Romania
PA-ASC	BERUFSFORDERUNGSWERK DUREN GEMEINNUTZIGE GMBH ZENTRUM FUR BERUFLICHE BILDUNG BLINDER UND SEHBEHINDERETER MENSCHEN	DUREN	Germany
PA-ASC	ISTITUTO REGIONALE RITMEYER PER I CIECHI DI TRIESTE	TRIESTE	Italy
PA-ASC	National Rehabilitation Centre for Blind	Plovdiv	Bulgaria

Number of members of sport organisations involved: 100

Training and Sports Activities for the Inclusion of Visually Impaired People

Training and Sports Activities for the Inclusion of Visually Impaired People (T.S.A.I.V.I.P.) è un progetto di "Small Collaborative Partnerships" che ha l'obiettivo principale di incoraggiare l'inclusione sociale, le pari opportunità in ambito sportivo, il confronto di idee e metodi in diverse aree relative allo sport attraverso una maggiore partecipazione alle attività sportive di persone con disabilità visive, con miglioramento, quindi, della loro qualità di vita. Coinvolge 5 partner provenienti da 4 paesi europei (Italia, Romania, Bulgaria e Germania). Lo scopo di questo progetto è quello di avviare un percorso di apprendimento sostenibile e continuo che colleghi operatori sociali, allenatori sportivi di club sportivi, strutture residenziali, associazioni in un maggiore coinvolgimento nello sport e nelle attività educative delle persone con disabilità visive.

Gli obiettivi specifici sono:

- Rafforzare l'uso dello sport come strumento per l'inclusione sociale
- Formare gli operatori socio-sanitari e volontari
- offrire opportunità di apprendimento (essere allenatore) a giovani sportivi di origine
- lo scambio di buone pratiche, il confronto di idee e metodi in diverse aree relative allo sport

Gruppi target del progetto sono: operatori sociali, insegnanti, formatori, volontari, allenatori e personale di organizzazioni sportive, Istituti ed enti di riabilitazione, scuole e associazioni no profit.

Le attività previste sono:

1. Gestione, coordinamento, monitoraggio e valutazione
2. Indagine sulla situazione attuale
3. Formazione e Scambio di buone pratiche
4. Eventi sportivi di inclusione sociale

Risultati finali:

- Un manuale contenente le migliori pratiche
- Piattaforma e-learning per la formazione di operatori e volontari sportivi
- Workshop di formazione locali
- Eventi di sensibilizzazione in 4 paesi partner, con una conferenza finale
- Materiali ed attività di comunicazione
- Disseminazione

Training and Sports Activities for the Inclusion of Visually Impaired People (TSAIVIP) is a project of "Small Collaborative Partnerships" that has the main objective to encourage social inclusion, equal opportunities in sports, the comparison of ideas and methods in different areas related to sport through greater participation in the sports activities of people with visual impairments, thus improving their quality of life. It involves 5 partners from 4 European countries (Italy, Romania, Bulgaria and Germany).

The purpose of this project is to start a sustainable and continuous learning path that connects social workers, sports coaches of sports clubs, residential facilities, associations in a greater involvement in sport and in educational activities of people with visual impairments.

The specific objectives are:

- Strengthen the use of sport as a tool for social inclusion
- Train social and health workers and volunteers
- offer learning opportunities (to be a coach) to young sportsmen of origin
- the exchange of good practices, the comparison of ideas and methods in different areas related to sport

Target groups of the project are: social workers, teachers, trainers, volunteers, coaches and staff of sports organizations, rehabilitation institutes and bodies, schools and non-profit associations.

The planned activities are:

1. Management, coordination, monitoring and evaluation
2. Survey on the current situation
3. Training and exchange of good practices
4. Sporting events of social inclusion

Final results:

- A manual containing best practices
- E-learning platform for the training of sports operators and volunteers
- Local training workshops
- Awareness-raising events in 4 partner countries, with a final conference
- Communication materials and activities
- Dissemination

Italy

Reference: 613160-EPP-1-2019-1-IT-SPO-SSCP

Project Title: **U.A.N. Sport – Uniqueness-Abilities-Normalities Sport**

Project Acronym: UANSPOR

Eligible Budget (€)	Grant Amount (€)	Co-financing
62,500.00	60,000.00	96.00 %

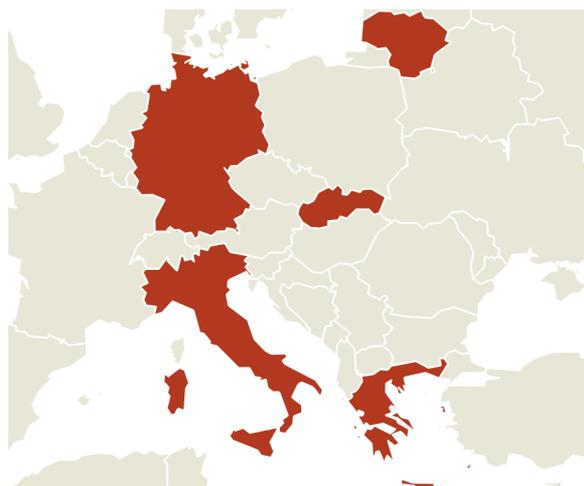
Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **ASSOCIAZIONE SPORTIVA
BRESSO 4**

VIA VILLORESI 43

IT 20091 BRESSO MI



Participants

CON	ASSOCIAZIONE SPORTIVA BRESSO 4	BRESSO MI	Italy
PA-ASC	AETOI THESSALONIKIS	TRIANDRIA	Greece
PA-ASC	Behinderten-Sportverband Berlin e.V.	Berlin	Germany
PA-ASC	JAUNUOLIU DIENOS CENTRAS	Panevezys	Lithuania
PA-ASC	SPECIALNE OLYMPIADY SLOVENSKO	Bratislava	Slovakia

Number of members of sport organisations involved: 250

U.A.N. Sport – Uniqueness-Abilities-Normalities Sport

The project aims at promoting more and equal opportunities in sport for people with mental, physical and other disabilities and to encourage people (with or without disabilities) to become more active in physical activities.

Specific objectives are:

- to share experiences and practices in promoting social inclusion through sport;
- to encourage cooperation between sport sector and relevant stakeholders active in the field of social inclusion of disable people;
- to raise awareness on the role of sport for social inclusion, using integrated sport.

The project will contribute towards promoting and ensuring that everyone, especially young people with disabilities, has the possibility to participate in sports, in line with the UN Convention on the Rights of People with Disabilities (Art. 30) and the “European Disability Strategy 2010-2020”.

The partnership is composed by 5 partners from 5 EU Countries (Italy, Greece, Lithuania, Germany, Slovakia): 2 sport clubs, 2 sport federation and association, one public body with experiences and running specific programs for social inclusion through sport of person with disabilities.

Project will focus on transnational activities for exchanges of practices and ideas: the kick-off meeting in Lithuania, 3 good practice-visits in partners’ Countries, and the final meeting in Italy. Sport events will also be organized by partners in connection with 2020 European Week of Sport (e.g. “Sportgames 2020: the International Sport Festival” in Berlin) and the International Day of People with Disability (3 December).

The project will mainly work with people with mental and/or physical disabilities: more than 3000 girls and boys will be involved throughout the entire project.

Participants will benefit from the project and the project will create the conditions for strengthening EU cooperation between sport organizations and relevant stakeholders working with persons with disabilities, to promote social inclusion through sport and in sport.

Italy

Reference: 612955-EPP-1-2019-1-IT-SPO-SSCP

Project Title: European network of volleyball clubs

Project Acronym: Voll4EU

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,000.00	60,000.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: ASSOCIAZIONE SPORTIVA
DILETTANTISTICA U.F.S.
PHOENIX

Via Postumia Romana, 10 - Postioma
di Paese

IT 31038 Paese

<https://www.phoenixpaese.com/>



Participants

CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA U.F.S. PHOENIX	Paese	Italy
PA-ASC	Odbojkaski klub Crvena Zvezda	Belgrade	Serbia
PA-ASC	ODBOJKASKI KLUB LINGA OSIJEK	Osijek	Croatia
PA-ASC	ODBOJKASKI KLUB PRVI TEMPO	Sremska Mitrovica	Serbia
PA-ASC	ODBOJKASKI KLUB ZRINSKI NUSTAR	Nuštar	Croatia
PA-ASC	Sportno drustvo Urnaut volley	Kotlje	Slovenia

Number of members of sport organisations involved: 50

European network of volleyball clubs

The Volley4EU Project aims at creating the European network of volleyball clubs and sharing good practices in order to:

- provide a high level of protection of young volleyball athletes;
- prevent and minimise any risks of health or safety hazards or any other form of “violence” athletes may be victims of as a results of their sport activities;
- promote physical activity and healthy lifestyles amongst young generations;
- raise awareness on positive effects of sport for personal development and wellbeing.

The project consortium is composed by six volleyball clubs: one from Italy and Slovenia, two from Croatia and two from Serbia, particularly active in promoting safe and healthy sport environments for their athletes.

The project will focus on five transnational meetings, as the ideal way for sharing experiences and a precious source of inspiration for participants, especially through practical observation and study visits in other partners' Countries.

Within the project work programme, the First International Female Volleyball Competition “Volley4EU” will be organized in Italy on September 2020, in the framework of the European Week of Sport. The 3-days international competition will feature trainings and competitions for partners' teams Under 14, 16 and 18 open: in total 28 matches will be played, 18 teams and around 270 athletes will be involved in the competition, more than 2.500 visitors are expected to attend the sport event.

Young athletes will benefit from the project especially thanks to improvement of safety conditions and reduction of risk of accidental injuries in training and competitions, development of positive behaviours and healthy lifestyle, increase of physical activity.

The project will also create the conditions for developing the European dimension of grassroots volleyball clubs as well as strengthening the EU cooperation between volleyball clubs in protecting young athletes from both physical and mental harmful in sport context.

Italy

Reference: 613709-EPP-1-2019-1-IT-SPO-SCP

Project Title: **V as VALUE- Volunteering recognition as a Value Added at Local level for the Universal development and growth of sport in Europe**

Project Acronym: V-VALUE

Eligible Budget (€)	Grant Amount (€)	Co-financing
176,770.00	176,770.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **ORGANIZZAZIONE PER L'EDUCAZIONE ALLO SPORT**
VIA SALVATORE QUASIMODO 129
IT 00144 ROMA



Participants			
CON	ORGANIZZAZIONE PER L'EDUCAZIONE ALLO SPORT	ROMA	Italy
PAR	ASOCIATIA SE POATE	CHIAJNA	Romania
PAR	ASSOCIACAO ANIMAM VIVENTEM	CASCAIS	Portugal
PAR	ESCALES LATINES	Bouguenais	France
PAR	SPORTNO TURISTICNO DRUSTVO - AKADEMIJA RUDI HITI	BREZJE	Slovenia
PAR	VARNA-EUROPEAN YOUTH CAPITAL ASSOCIATION, SDRUZHENIE VARNA-EUROPEYSKAMLADZHKI STOLITSA	Varna	Bulgaria

Number of members of sport organisations involved: 4,000

V as VALUE- Volunteering recognition as a Value Added at Local level for the Universal development and growth of sport in Europe

With this project, we would like to test and experiment an educational sport programme for sport club at local, regional and national level to improve their competences to attract, train, coordinate volunteers and being able to recognize and value their work in order to organize more accessible and inclusive sport events.

The project idea comes from some assumptions:

- The role of volunteerism to enhance economic and social inclusion of volunteers;
- The role of sport as an instrument to transmit crucial values while enhancing mental and physical wellbeing.

The two assumptions are deeply connected each other. Benefits of volunteerism in sport activities have, indeed, been widely recognized at all levels:

- 1) Volunteering enhances the personal and professional skills of the volunteers;
- 2) Volunteers become a point of reference for young people and are a vehicle to transmit values;
- 3) Volunteers become an added value for the sport clubs at all levels to increase number and quality of sport events and sport activities to become instruments to provide more accessibility and wellbeing.

To realize fully the potential of volunteerism in sport, volunteers should be properly trained and coordinated and recognized in order to understand and fulfill their role as promoters of social inclusion.

To contribute to this aim, the project proposes to collect best practices as the base to create an educational programme to train volunteers both to enhance their competencies and to understand the role of volunteering in sport. Being trained, sport clubs coordinators will implement the training test for volunteers at local level in their communities, based on the competencies acquired. Following the implementation of local activities, feedbacks will be collected and will serve to finalize a toolkit which will become a MOOC for associations, organizations and clubs.

Italy

Reference: 613016-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Women and Girls Empowerment

Project Acronym: WINGS

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,000.00	60,000.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: ACCADEMIA CASTELLETTO
A.S.D.

VIA SAN CARLO 43/45

IT 28053 CASTELLETTO SOPRA TICINO



Participants

CON	ACCADEMIA CASTELLETTO A.S.D.	CASTELLETTO SOPRA TICINO	Italy
PA-ASC	FONDATSIYA KURAZH	PLOVDIV	Bulgaria
PA-ASC	GINASIO CLUBE PORTUGUES	Lisboa	Portugal
PA-ASC	UISP TERRITORIALE CIRIE-SETTIMO-CHIVASSO	CIRIE	Italy

Number of members of sport organisations involved: 500

Women and Girls Empowerment

Violence against women and girls is a global epidemic, with over one in three women across the world subject to violence at some point in their lifetime statistics (WHO 2013).

The WINGS project unites the efforts of four partner organisations from Italy, Bulgaria and Portugal to encourage and promote empowerment of women and girls victims or at risk of violence through sport.

Partners will design and implement a study that will allow to collect data and to strengthen a network of cooperation, so that members and associations in each region may take advantage of the synergies. The study will describe the current situation of sports among target groups; will help to understand the issues associated with the promotion of sport that are perceived as obstacles or incentives for the practice of sport among target groups. Partners will propose specific actions to improve the shortcomings; will identify good practices; will produce video material and a manual with description of good practices in each partner country.

Four project meetings will be organised to allow collaboration and coordination of the delivery of project outputs. In Lisbon a Sport Meeting will be organised to involve a larger scale of stakeholders: volunteers, managers in sport non profit organisations, representatives of public authorities, educators from social service centers. The third meeting in Plovdiv will be a milestone to present survey results and video outputs. The final fourth meeting in Italy will be enlarged as an European seminar for debate and dissemination of project results.

All material, documents and studies produced throughout the project will be disseminated to stakeholders and policy makers working with the target groups through a wide digital platform including project web site, social media and youtube channel. Local and regional media in partner countries will reflect project activities and results.

Italy

Reference: 613468-EPP-1-2019-1-IT-SPO-SSCP

Project Title: Sport Power: Promoting Sport for Women Empowerment

Project Acronym: WomEmp

Eligible Budget (€)	Grant Amount (€)	Co-financing
43,840.00	43,840.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: ASSOCIAZIONE TRAVELOGUE

VOC. PALOMBARO 116

IT 06055 MARSCIANO (PG)

www.ass-travelogue.eu



Participants

CON	ASSOCIAZIONE TRAVELOGUE	MARSCIANO (PG)	Italy
PA-ASC	ASD TREVİ VOLLEY	TREVİ (PERUGIA)	Italy
PA-ASC	ASOCIACION INICIATIVA INTERNACIONAL JOVEN	MALAGA	Spain
PA-ASC	Liceul Teoretic "Emil Racovita"	Vaslui	Romania
PA-ASC	TheDojo.Org.UK LTD	Watford	United Kingdom

Number of members of sport organisations involved: 420

Sport Power: Promoting Sport for Women Empowerment

In sport, as well as in other social and professional fields women still find it hard to make themselves recognized despite their numerous and undisputed successes. Sport can be a driving force for women empowerment, for their participation in social and cultural life, developing essential life skills, increasing their self-esteem and enable them to make choices about their lives. It could also help to fight against discrimination and gender violence, which is an increasing phenomenon in our present society. After a needs' analysis carried out together with professionals, volunteers and beneficiaries of the partner organizations, we decided to submit this project, "Sport Power: Promoting Sport for Women Empowerment", with the aims to:

- Promote equal opportunities and awareness of the importance of health-enhancing physical activity, through increased participation in sport activities, and equal access to sport;
- Improve competences of professionals and volunteers who train, prepare and manage sports activities, increasing women's participation;
- Promoting women's participation in sport as a tool for developing their soft skills and empowerment;
- Promote connections and good practices exchange between organizations in the field of sport.

The project target is: young women and men who practice sports, women in general and sports professionals/volunteers who work with women.

The creation of tools, in particular, a toolkit to improve women's participation in sports, achieving gender equality and women's empowerment, and the exchange of good practices and knowledge will allow professionals and volunteers to do their work more efficiently, in order to increase participation in sport activities.

The impact will be direct for the members of the partner organizations, and will be shared and disseminated among their communities, creating benefits for other local stakeholders, organizations, institutions and other entities working in the field of youth and sport.

Italy

Reference: 613265-EPP-1-2019-1-IT-SPO-SNCESE

Project Title: **WOW Festival**

Project Acronym: WOW

Eligible Budget (€)	Grant Amount (€)	Co-financing
316,983.40	253,586.70	80.00 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **CENTRO SPORTIVO ITALIANO**
VIA DELLA CONCILIAZIONE 1
IT 00193 ROMA



Participants

CON	CENTRO SPORTIVO ITALIANO	ROMA	Italy
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Number of members of sport organisations involved: 1,400

WOW Festival

The project wants to promote an innovative sporting event that involves young people, sports managers, coaches, educators to live in three days at Malpensa Fiere, Varese, new and motivated sports experiences. WOW FESTIVAL!

The proposal is not that of a sports tournament, it is not that of a fitness festival, but of a festival open to anyone who wants to experiment with new sports, new sports disciplines...for anyone who wants to play and wants to talk, express their opinions .

The proposal is not that of a sports tournament, it is not that of a fitness festival, but of a festival open to anyone who wants to experiment with new sports, new sports ...for anyone who wants to play and wants to talk, express their opinions .

Free access to those who want to put themselves to the test, to those who have not yet found their sport and are looking for something different and innovative, which makes them have fun, make them feel good, do physical activity with friends and teammates, a de-structured activity in every respect: time, money and organization.

An event that is available to everyone, that allows you to play, to experiment, but also to share, reflect, discuss.

The European level will allow us to discuss what is done in the other member states; it will allow us to contaminate the others and contaminate ourselves; will allow the launch of new sporting initiatives to promote basic sports that are easy to access, and also integrated for those who are in conditions of disability.

WOW FESTIVAL, 3 days of Agon, Agorà and Forum with Italy, Spain, Portugal, Malta, Greece, Croatia, Slovenia, Bulgaria, Poland and Turkey.

Latvia

Reference: 613248-EPP-1-2019-1-LV-SPO-SNCESE

Project Title: European Street Football movement for promotion of street sports and social inclusion (MOVE-Ball)

Project Acronym: MOVE

Eligible Budget (€)	Grant Amount (€)	Co-financing
536,600.00	429,280.00	80.00 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: STREETBASKET
STARTA IEĻA 1
LV 1026 RĪGA



Participants

CON	STREETBASKET	RĪGA	Latvia
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Number of members of sport organisations involved: 3,500

European Street Football movement for promotion of street sports and social inclusion (MOVE-Ball)

The overall objective of the project is to promote social inclusion through sports by using street football as its main motor behind creating a European street football movement. This will be done through organisation of national street football pop-up events simultaneously in 10 different countries across Europe – Lithuania, Poland, Denmark, Germany, Netherlands, Czech Republic, Belgium, Italy, Croatia and Hungary - and an international project gala event gathering participants from all 11 participating countries organised in Latvia. Organisation of these national street football events are intended to stimulate participation of young people in health-enhancing physical activities, increase the role of sports in social inclusion, and promote gender equality and equal opportunities for various incl. risk groups of young inhabitants across Europe. All events will be organised based on the developed concept framework for national street football events and a manual for organisers and will gather a total of ~3500 young people aged 16-34 with a fair proportion of those from social risk groups such as NEETs, at risk of poverty and social exclusion, migrants, etc. stimulating their integration into society and regaining their self-confidence through street football, as well as through the feeling of being a part of wider community of European street football movement.

Latvia

Reference: 613027-EPP-1-2019-1-LV-SPO-SSCP

Project Title: REgionAI Coach Training project.

Project Acronym: REACT

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,250.00	59,250.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **BALTIJAS FUTBOLA SKOLA**

KLAIPEDAS IELA 59/63 - 22

LV 3416 LIEPAJA



Participants

CON	BALTIJAS FUTBOLA SKOLA	LIEPAJA	Latvia
PA-ASC	FC Valmiera	Valmiera	Latvia
PA-ASC	Futbolo akademija "Siauliai" VSI	Siauliai	Lithuania
PA-ASC	MTÜ Jalgpalliklubi FC Elva	ELVA	Estonia

Number of members of sport organisations involved: 4,618

REgionAl Coach Training project.

REACT (REgionAl Coach Training) project idea envisages educational support to the persons -football coaches acting and working mainly with grassroots level athletes at the regions of all three Baltic States by developing coach network, covering initially 3 pilot regions, as well as development of educational, web based e-platform.

Lead project partner Baltic Football School will act as main coordinator, but project partners - FC Elva, SIAULIAI FA and Valmiera Glass VIA/Valmiera FC as regional ambassadors of BFS.

REACT project initiative and creation of educational platform shall contribute in education and through sports, leading to following specific objectives: 1. Development network for coaches primarily covering three pilot regions in Baltic countries. 2. Development of educational e-platform that would serve: a. as place for communication among the coaches; b. the base for exchange of best practices; c. determination of specific training needs; 3. Development of financially affordable training programmes targeted mainly for coaches acting in grassroots level. 4. Formalisation and administrative tune-up of developed network and educational e-platform, creating it as existing, self-sustaining and functioning system with determined actors with certain responsibilities and roles. 5. Provision of initial training seminars and modules as well as further development of indicative training seminar plans.

Lithuania

Reference: 612947-EPP-1-2019-1-LT-SPO-SSCP

Project Title: Football in Schools for Young European Students

Project Acronym: FIS4YES

Eligible Budget (€)	Grant Amount (€)	Co-financing
62,500.00	60,000.00	96.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: VIESOJI JSTAIGA TALENTU
FUTBOLOAKADEMIJA

Saltoniškių g. 34A,

LT LT-08105 Vilnius

tfamilanas.lt



Participants

CON	VIESOJI JSTAIGA TALENTU FUTBOLOAKADEMIJA	Vilnius	Lithuania
PA-ASC	CLUB DEPORTIVO ELEMENTAL DRAGONES DE LAVAPIÉS	Madrid	Spain
PA-ASC	FUNDACION RED DEPORTE Y COOPERATION	MADRID ALLOBENDAS	Spain
PA-ASC	National Association of Catholic Schools	Vilnius	Lithuania
PA-ASC	SPORT AND THOUGHT, FOOTBALL AS THERAPY	CAMBRIDGE n	United Kingdom

Number of members of sport organisations involved: 50

Football in Schools for Young European Students

The FIS4yes Project is strongly targeted to help students to complete their education through sport programmes. It contributes towards promoting physical activity and healthy lifestyles among young people and achieving EU 2020 target in education.

Specific objectives of the project are: to share experiences in education through sport; to raise awareness on potential of sport and its positive effects for individual development, wellbeing, empowerment and active participation in society life.

The partnership is composed by 5 partners from 3 EU Countries (Lithuania, UK, Spain): 2 sport clubs, 2 sport-related organizations and one schools associations, all with specific experiences in promotion of sport and education.

The project will work with children and young students from 6 to 17 years old, in particular from disadvantaged groups: more than 1000 girls and boys will be involved throughout the entire project.

Project will focus on transnational activities for exchanges of good practices and sharing ideas and models in promoting education through sport-based programs: 5 transnational project meetings (study visits, seminar training course, cluster meeting and sport events) will be held (2 in Vilnius, one in London and 2 Madrid). Football Tournaments (e.g. 17 goals tournament, Magis games, Live your goals) will be organized in in the framework of 2020 European Week of Sport.

The project will “use sport to engage with young people to help them to learn and develop as individuals”; it will take traditional educational activities in classrooms and will place them on the football pitch; in this way it will ensure active engagement and participation of young students, especially at risk of school exclusion.

Young participants will benefit from the project and, the project will create the conditions for strengthening EU cooperation between sport organisations and educational institutions for developing innovative approaches in education through sport.

Lithuania

Reference: 613007-EPP-1-2019-1-LT-SPO-SSCP

Project Title: Sailing sport organizations' network „Salty KNOTS“

Project Acronym: KNOTS2

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,512.00	58,512.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: SPORTO KLUBAS OSTMARINA

Priespilio street 6

LT LT-91240 Klaipeda



Participants

CON	SPORTO KLUBAS OSTMARINA	Klaipeda	Lithuania
PA-ASC	EESTI NOORTE PURJEOPPESELTS STA ESTONIA	TALLINN	Estonia
PA-ASC	LATVIJAS BURASANAS MACIBU ASOCIACIJA	Riga	Latvia
PA-ASC	Suomen Nuorisopurjehtijat ry	Espoo	Finland
PA-ASC	VSI Irklakojis	Neringa	Lithuania

Number of members of sport organisations involved: 56

Sailing sport organizations' network „Salty KNOTS“

“Salty KNOTS” is a continuous collaborative network of five non-governmental non-profit sailing sport organizations from four different countries.

Cooperation between organizations began with the creation of a network "KNOTS" in 2018. Benefits of having a network were obvious to members therefore they decided to continue cooperation so that they would be able to share accumulated experience with other similar organizations. This has led them to arrange one more project, during which meetings, collaborations and exchange of members and experiences will be organized.

“Salty KNOTS” network includes Lithuanian Sailing Club "Ostmarina", Lithuanian public leisure time institution "Irklokojis", Latvian Sail Training Association "STA Latvia", Estonian Sail Training Association "STA Estonia" and Finnish Sailing organization "Snupu".

During “Salty KNOTS” project each organization will welcome two members of each of other organizations and include them in its activities. This way the best experiences of managing non-governmental sport organization will be shared using practice. Each meeting will have different theme and will touch on relevant issues that organizations are facing. In Nida (Lithuania) network members will learn to sail all year round and will participate in ice sailing race. In Klaipeda (Lithuania) network members will be involved in organizing sport event “Captain Steponas Kudzevicius Memorial Regatta”. Basic sea safety training will be organized in Latvia. In Estonia participants will be included in the training program and will participate in regatta. Sailing mentors’ courses will take place in Finland.

Different experiences in organizations’, their members’ skills in management of sports organizations will complement and expand knowledge of members in other countries, strengthens organizations themselves and creates foundation for future joint projects.

“Salty KNOTS” – tai tęstinis buriavimo sporto organizacijų bendradarbiavimo tinklas, vienijantis penkias nevyriausybinės pelno nesiekiančias organizacijas iš keturių skirtingų šalių.

Organizacijų bendradarbiavimas prasidėjo 2018 metais sukūrus tinklą "KNOTS". Pajutusios bendradarbiavimo naudą tinklo narės nutarė nesustoti ir tęsti bendrą veiklą, dalintis savo sukaupta patirtimi su kitomis panašiomis organizacijomis. Tai paskatino parengti dar vieną projektą, kurio metu bus organizuojami susitikimai, vykdoma bendra veikla, keičiamasi nariais.

"Salty KNOTS" tinklui priklauso lietuvių buriavimo sporto klubas "Ostmarina", lietuvių laisvalaikio užimtumo viešoji įstaiga "Irklokojis", latvių buriavimo mokymo asociacija "STA Latvia", estų buriavimo mokymo asociacija "STA Estonia" ir suomių buriavimo organizacija "Snupu".

"Salty KNOTS" projekto metu kiekviena tinklo narė priims po du narius iš kitų organizacijų ir įtrauks į savo veiklą. Taip pasitelkiant praktiką bus perduodama geroji nevyriausybinių sporto organizacijų valdymo patirtis.

Kiekvienas susitikimas bus skirtingos tematikos ir palies aktualias organizacijoms išskylančias problemas. Nidoje (Lietuva) tinklo nariai mokysis buriuoti ištistus metus - dalyvaus ledrogių varžybose, Klaipėdoje (Lietuva) dalyviai bus įtraukti į sportinio renginio - Kapitono Stepono Kudzevičiaus atminimo regatos organizavimą, Latvijoje bus organizuojami saugumo jūroje kursai, Estijoje dalyviai bus įtraukti į treniruočių programą ir dalyvaus regatoje, o Suomijoje bus organizuoti buriavimo mentorių kursai.

Skirtinga partnerių patirtis, jų narių gebėjimai sporto organizacijų valdymo veikloje papildo ir praplečia kiekvienos organizacijos narių žinias, stiprina pačias organizacijas, bei padeda pagrindus naujiems bendriems projektams.

Lithuania

Reference: 612949-EPP-1-2019-1-LT-SPO-SSCP

Project Title: **SPort for reUnion of geneRaTions**

Project Acronym: SPURT

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,620.00	56,620.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **BIRZU LENGVOSIOS
ATLETIKOS SPORTO KLUBAS**

Sajungos g. 14

LT 41133 Birzai



Participants

CON	BIRZU LENGVOSIOS ATLETIKOS SPORTO KLUBAS	Birzai	Lithuania
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA GRUPPO ATLETICO POLISPORTIVO CASTELBUONESE	CASTELBUONO	Italy
PA-ASC	SZCZECINSKA SZKOLA WYZSZA COLLEGIUM BALTICUM	Szczecin	Poland

Number of members of sport organisations involved: 60

SPort for reUnion of geneRaTions

The overall objective of the project is to encourage social inclusion and equal opportunities in sport through promotion of cooperation and communication among generations and increasing their involvement into sport and physical activities.

Target groups:

-Coaches, trainers, teachers in the sport sector, managers and staff workers of organizations that carry out different types of sport and recreational activities for youth, elderly and seniors.

-Young (12-20), elderly people (35-60) and seniors (60+), who will participate in various sport and recreational activities planned during the project

The overall objective will be reached through:

- Promotion and support of closer cooperation and communication among target groups through and in sports to increase mutual assistance tackling social exclusion.

- Share of experience and good practise on social inclusion of youth, elderly and seniors in and through sport and physical activities.

- Promotion and support of involvement in active and healthy community life.

- Promotion of traditional sports and games making them easily accessible and adoptable for the needs of target groups.

All project partners identify necessity to promote and support closer cooperation and communication among target groups through and in sports to encourage experience share, active involvement into physical activities and increase mutual assistance tackling social exclusion.

Project is made to face social exclusion problem and to support finding good solutions through sport, to prevent the incensement of social exclusion and being an optimal treatment when such problem appears.

Sport is a natural way to integrate people and give them more energy to live and be active. Sport can be and is helpful in finding way to become more tolerant and build the dialog between generations.

Lithuania

Reference: 613270-EPP-1-2019-1-LT-SPO-SCP

Project Title: Supporting Gamified Physical Activities in & out of Schools

Project Acronym: SUGAPAS

Eligible Budget (€)	Grant Amount (€)	Co-financing
398,782.00	398,782.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: LIETUVOS SPORTO
UNIVERSITETAS
SPORTO G 6
LT 44221 KAUNAS



Participants			
CON	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	ALLGEMEINER SPORTVERBAND SALZBURG (ASVO SALZBURG)	SALZBURG	Austria
PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland
PAR	EUROPEAN UNIVERSITY CYPRUS	NICOSIA	Cyprus
PAR	FUNDACION UNIVERSITARIA SAN ANTONIO	MURCIA	Spain
PAR	SCHOOLS FOR HEALTH IN EUROPE NETWORK FOUNDATION	HADERSLEV	Denmark
PAR	STICHTING GAMES FOR HEALTH EUROPE	HELMOND	Netherlands

Number of members of sport organisations involved: 2,000

Supporting Gamified Physical Activities in & out of Schools

The main goal of SUGAPAS (Supporting Gamified Physical Activities in & out of Schools) project is to change students' behavior towards physical activity being aware about their body and nutrition.

SUGAPAS project will create a comprehensive solution that will be easy to be deployed with low cost and effort, in several schools of the participating countries and around EU and will change the attitudes and behaviours of young pupils towards physical activity. Specifically, SUGAPAS will develop an electronic environment and a gamification strategy. These tools that will be used are so familiar to the modern day pupils, that is expected to enhance both the level and the everyday load of physical activity performed by them with relevant improvements in their health and wellbeing. The major benefit which is also the most long term goal of the project is to change the behaviour of the children towards physical activity. In this way the benefits of the SUGAPAS project will follow student in their adult life as well.

In other words, SUGAPAS aims to address the identified needs by developing a European-wide strategic partnership between academic institutions and education providers, schools, and organizations promoting the health-enhancing aspects of sports/exercise and supporting healthy amateur and competitive sports, by:

- (a) Creating effective strategies in promoting physical activity as well as supporting sedentary behavior change, integration of therapeutic exercise within the context of Physical Activity and healthy lifestyle through educational activities in & out of schools.
- (b) Improving the dietary eating habits of school-age children through an individualized approach using on-line interactive games.
- (c) Overcoming barriers to physical activity of adolescents and teenagers by exploiting technology and digital games.

Lithuania

Reference: 613196-EPP-1-2019-1-LT-SPO-SSCP

Project Title: Second turn – employability after the sport

Project Acronym: SUPPORT

Eligible Budget (€)	Grant Amount (€)	Co-financing
29,295.00	29,295.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: LIETUVOS TAUTINIS
OLIMPINIS KOMITETAS
OLIMPIECIU STR 15
LT 09200 VILNIUS



Participants

CON	LIETUVOS TAUTINIS OLIMPINIS KOMITETAS	VILNIUS	Lithuania
PA-ASC	DEUTSCHER OLYMPISCHER SPORTBUND (DOSB)	FRANKFURT	Germany
PA-ASC	Estonian Olympic Committee	Tallinn	Estonia
PA-ASC	Triatlono ritmu	Vilnius	Lithuania

Number of members of sport organisations involved: 70

Second turn – employability after the sport

According to international research, one-third of all participants between the ages of 10 and 17 withdraw from sports each year as they consider that sport takes up too much of their time and prevents them from pursuing other things in life (e.g. to study). More efforts therefore need to be made to coordinate and support athletes' dual careers to keep talented young people in sports and educational systems and make them aware of the benefits of a dual career. This process will enhance the responsibility of young athletes while making them aware of the benefits of a dual career. There is no single model to be recommended on how to include all related policy domains in the dual career framework, nor can it be said which sector should take the lead in this coordination process.

In terms of dual career, Lithuanian and Estonian athletes face lacking awareness, information and education. Consequently, the intention of the proposed project Second turn – employability after the sport (hereinafter - SUPPORT) would be through the networking and identification and sharing of good practices to create the foundation of the career counselling and advisory system (CCAS) in Lithuania and Estonia, where dual career subject has only now started to develop and the need of existing theoretical framework's and practical its execution is crucial, in order to increase young and mature professional athlete's to reach their potential in education alongside achieving success in their sports. The goal is to build the dual career support structure which would be based on the acknowledged an enhanced level of academic flexibility and understanding, allowing talented athletes to balance their studies with a hectic sporting schedule.

Netherlands

Reference: 613200-EPP-1-2019-1-NL-SPO-SNCESE

Project Title: European Life Goals Games 2020

Project Acronym: ELGG20

Eligible Budget (€)	Grant Amount (€)	Co-financing
572,550.00	297,550.00	51.97 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **STICHTING LIFE GOALS!**
WOUDENBERGSEWEG 56-58
NL 3707 HX ZEIST
www.stichtinglifegoals.nl



Participants

CON	STICHTING LIFE GOALS!	ZEIST	Netherlands
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Number of members of sport organisations involved: 500

European Life Goals Games 2020

WHO?

Life Goals Netherlands stimulates social inclusion of vulnerable people through sport. In ELGG20 we work closely together with NOC*NSF (Dutch Olympic Committee), Knowledge Center Sport, Salvation Army and the Municipality of Almere. We also work together with our partners in other EU-countries.

WHY?

Our aim is active inclusion for all. This means enabling every citizen, notably the most disadvantaged, to participate in society, including participating in sports and having a job. In this project, we combine both aspects.

The project is in line with European priorities such as:

- Social inclusion through sport
- Health-enhancing Physical Activity
- Volunteering in sport
- Implementation of the European week of Sport, #BeActive

WHAT?

The European Life Goals Games will be held during the European Week of Sport 2020. The Dutch town of Almere hosts the event. ELGG20 is a 7-day social sports event that will allow over 400 socially excluded individuals from more than 10 European countries to experience the power of sports. The main activities are the international sports tournament and the educational programme to educate the participants to become an assistant social sports coach.

HOW?

In the preparatory phase, we seek cooperation with European partners and educate international coaches to become a social sports coach.

The ELGG20-event uses sports as a mean to inspire. We empower each participant to become an assistant social sports coach. During the ELGG20-event we organize a #Be Active Life Goals Session. Goal of this session is to inform policy makers and other stakeholders.

One of our goals is to learn from ELGG20 and to disseminate the outcomes and what we have learned.

Therefore our dissemination plan focusses on the following elements:

- Long-term impact throughout Europe through the outreach of professionals and volunteers;
- Increasing impact through skilled professionals and volunteers;
- Creating an interactive European network and platform.

Netherlands

Reference: 613264-EPP-1-2019-1-NL-SPO-SSCP

Project Title: From Small to Great; the development of high-level gymnastics in small European countries

Project Acronym: FROSTG

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,400.00	59,400.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **STICHTING FLIK-FLAK**
Marathonloop 7
NL 5235 AA 's-Hertogenbosch
www.flik-flak.nl



Participants

CON	STICHTING FLIK-FLAK	's-Hertogenbosch	Netherlands
PA-ASC	GK INOVA-GIM OSIJEK	OSIJEK	Croatia
PA-ASC	Gymnastics club Tuzla	Tuzla	Bosnia and Herzegovina
PA-ASC	Institut za medicino in sport	Ljubljana	Slovenia
PA-ASC	Järfällagymnasterna	Järfälla	Sweden

Number of members of sport organisations involved: 35

From Small to Great; the development of high-level gymnastics in small European countries

'From small to great' (The development of high-level gymnastics in small European countries)

The main objective is to empower small countries with high ambitions in high-level gymnastics. Not by copying ways and manners from big countries but by sharing knowledge and good practices with other small countries. This with special concern for the well-being, the health and the safety from our (young) gymnast. If you have little, you can't afford to lose a lot!

Many small European countries are struggling with the constitution of gymnastics in their country. In the past episode, West-Europe was overwhelmed by foreign coaches from successful countries in gymnastics. These successful countries were or very big, like USA, China, Russia or were socialistic, or political communistic organized. In case of the last one; although many of them were small countries, they all spent an exceptional amount of money on sports.

After the fall of the communism all the resources in these countries for gymnastics disappeared. They have the challenge to rebuild the gymnastics in their countries, without all the resources from the past. Now they have to ask money from their gymnasts and they have to organize commercial activities to pay the bills.

As small European countries we realize now that it is not a good idea to copy systems or trainings methods from big countries. We discovered that models that are used in big countries (survival of the fittest for example) are not working in countries with a small population. Most of the time it leads to an unfriendly and aggressive climate with a lot of tears in the gym and a very high rate of dropouts.

In this project we want to explore the possibilities to achieve higher results in gymnastics in one site and to reduce the unnecessary harm to children and the undesirable dropout from gymnast on the other site.

This will empower small countries on the international level and will bring more joy to all gymnasts in Europe.

Netherlands

Reference: 613528-EPP-1-2019-1-NL-SPO-SCP

Project Title: Innovating Football Leadership: Inclusion through Policy and Practice

Project Acronym: iFLIPP

Eligible Budget (€)	Grant Amount (€)	Co-financing
378,675.00	378,675.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **FARE NETWORK STICHTING**

Kanaalstaat 82A

NL 1054 XL Amsterdam



Participants

CON	FARE NETWORK STICHTING	Amsterdam	Netherlands
PAR	ASSOCIACAO INTEGRATED DREAMS	Algés	Portugal
PAR	ERASMUS UNIVERSITEIT ROTTERDAM	ROTTERDAM	Netherlands
PAR	EUSA INSTITUTE	LJUBLJANA	Slovenia
PAR	FEDERACAO PORTUGUESA DE FUTEBOL	CRUZ QUEBRADA	Portugal
PAR	FUSSBALL UND BEGEGNUNG EV	BERLIN	Germany
PAR	MALTA FOOTBALL ASSOCIATION	TA'QALI RABAT	Malta

Number of members of sport organisations involved: 5,500,000

Innovating Football Leadership: Inclusion through Policy and Practice

The project is about enhancing social inclusion and equal opportunities for women and ethnic minorities in football. This sport is arguably the most impactful in the lives of many Europeans. The sport itself is getting more inclusive as we see a colorful and diverse representation of society on the pitch, including women and ethnic minorities. But research shows this is not the same for decision-making in football organisations, from the top leagues, associations and clubs down to the grassroots level. How can we make leadership in football more inclusive?

The European civil society project iFlipp (Innovating Football Leadership for Inclusion through Policy and Practice) will:

1. Assess recent research in the representation of women and ethnic minorities (WEM) in leadership positions in football in order to develop responsive inclusive leadership governance action plan at National and European levels.
2. Increase and enhance leadership skills of women and ethnic minorities in football.
3. Support mainstreaming inclusive leadership practices, promote equal opportunities and good governance in football;
4. Build capacity among and promote peer learning by/for emerging WEM leaders in football by creating and nurturing an enhanced network.

Concretely, the project's activities will produce:

- A European Roadmap for actions that further remove barriers for equal participation;
- A Training Pack for women and ethnic minorities in football to develop their personal and professional competences;
- A MOOC for all to learn and develop knowledge about inclusive leadership in football;
- An Online Community Platform mainly for WEM leaders, but also encouraging participation by stakeholders, that establishes an enhanced and lasting European network of peers for ongoing exchange of practice and co-development.
- A Manifesto voicing the needs of the target group by being co-created by them online, and being endorsed by a critical mass of football governance bodies.

Netherlands

Reference: 613443-EPP-1-2019-1-NL-SPO-SCP

Project Title: INTEGRIBALL GRASSROOTS AND WOMAN'S FOOTBALL

Project Acronym: INTBALL

Eligible Budget (€)	Grant Amount (€)	Co-financing
390,584.00	390,584.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **STICHTING CSCF -
FOUNDATION FOR SPORT
INTEGRITY**
Louis Braillelaan 80
NL 2719 EK Zoetermeer



Participants			
CON	STICHTING CSCF - FOUNDATION FOR SPORT INTEGRITY	Zoetermeer	Netherlands
PAR	CYPRUS FOOTBALL ASSOCIATION	NICOSIA	Cyprus
PAR	ELLINIKI PODOSFARIKI OMOSPONDIA	ATHENS	Greece
PAR	FOTBALOVA ASOCIACE CESKE REPUBLIKY	PRAHA 6	Czech Republic
PAR	GLOBAL LOTTERY MONITORING SYSTEM	LAUSANNE	Switzerland
PAR	MALTA FOOTBALL ASSOCIATION	TA'QALI RABAT	Malta
PAR	UNION ROYALE BELGE DES SOCIETES DE FOOTBALL-ASSOCIATION	BRUSSEL	Belgium
PAR	UNIVERSITEIT GENT	GENT	Belgium

Number of members of sport organisations involved: 40,000

INTEGRIBALL GRASSROOTS AND WOMAN'S FOOTBALL

The "Integriball Grassroots and Women's football" Project takes on a unique perspective, developing and disseminating a multidisciplinary, comprehensive education programme focusing on protecting grassroots (U16-18) and Women's football players in Belgium, Cyprus, Czech Republic, Greece and Malta from threats of sport manipulation and other related sport-regulatory or criminal activities. This is all the more topical with the increase of visibility and professionalism in women's football in recent years.

Young players and female football players have been receiving limited attention with regard to comprehensive education against sports manipulations and match-fixing – nonetheless, they are exposed to the same-if not higher- risks, and in certain terms are even more vulnerable. Low media attention, low salaries for professional female players, more flexible regulations and more influence from the public on competitions are all very high-risk factors. In recent years, with increasing attention and sponsoring being given to youth tournaments-not to mention the increasing rate of minors participating in senior tournaments, a concrete need to address and educate young players has developed.

This is the fact, that Project Partners, Stichting CSCF Royal Belgian Football Association The Cyprus Football Association Football Association of the Czech Republic Hellenic Football Federation Malta Football Association Ghent University The Global Lottery Monitoring System together with their supporting partners, UEFA and Council of Europe ,aim to counteract: by using internationally recognized experts' knowledge to develop curriculum, test the material with the help of pilot clubs from our partner countries, and train local trainers to disseminate the information to athletes – to use resources most effectively, and maximize the project's reach.

Netherlands

Reference: 613638-EPP-1-2019-1-NL-SPO-SSCP

Project Title: Kickstart Female CP Football

Project Acronym: KFCPF

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,355.00	60,000.00	99.41 %

Project start: 01/01/2020

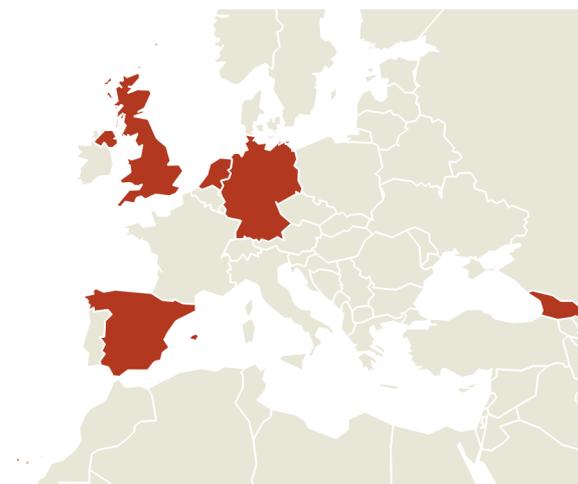
Project end: 31/12/2021

Coordinator: INTERNATIONAL FEDERATION OF CEREBRAL PALSY FOOTBALL

van Nispenstraat 114

NL 6521 KR Nijmegen

www.ifcpf.com



Participants			
CON	INTERNATIONAL FEDERATION OF CEREBRAL PALSY FOOTBALL	Nijmegen	Netherlands
PA-ASC	CEREBRAL PALSY INTERNATIONAL SPORTS AND RECREATION ASSOCIATION	Ayr	United Kingdom
PA-ASC	CP Sport	Nottingham	United Kingdom
PA-ASC	FEDERACIO ESPORTIVA CATALANA DELS PARALITICS CEREBRALS	BARCELONA	Spain
PA-ASC	Georgian CP football federation	Tbilisi	Georgia
PA-ASC	KONINKLIJKE NEDERLANDSE VOETBALBOND	ZEIST	Netherlands
PA-ASC	SPIN SPORT INNOVATION	KOLN	Germany
PA-ASC	SWCP United	Cheltenham	United Kingdom

Number of members of sport organisations involved: 120

Kickstart Female CP Football

The proposed project contributes to the objective of this call as it seeks to use sports in tackling the problem of social integration of children and adolescents with motor disabilities, by raising their awareness and that of other relevant stakeholders (sporting bodies, families, physical education teachers, psychologists, physiotherapists) about Female Cerebral Palsy Football.

It is widely acknowledged that sport can be a powerful tool for transforming community attitudes and empowering individuals through the acquisition of new physical and social skills, regardless of individuals' physical or mental state. Known as a 'universal language' and also as the beautiful game, football is a sport which resonates with the European community, making it the perfect vehicle to engage people in sport and physical activity.

It is also important to remember that people with disability are not a homogeneous group and, therefore, have different needs and abilities. In that aspect, wheelchair slalom empowers people with motor disabilities that otherwise would not be able to practice other types of sports. The reported benefits of CP Football are numerous, from improvement on their overall physical abilities, mental state and social relations to improvement in mobility and their independence in every-day situations.

Through a collaborative learning project for Female CP Football, we are proud to be dedicating our efforts to well-targeted investment and capacity-building, to achieve more than parity and play our role to help promote and grow the female format of our sport everywhere, for everyone. This project will bring together a range of Female CP Football stakeholders from across the EU to be part of this accelerator collaboration project to identify the best ways, most effective use of resources and most importantly the way that female players want to engage with cerebral palsy football.

Netherlands

Reference: 613154-EPP-1-2019-1-NL-SPO-SSCP

Project Title: **Korfball: creation of an education module for coaches**

Project Acronym: KoCM

Eligible Budget (€)	Grant Amount (€)	Co-financing
54,040.00	54,040.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **INTERNATIONAL KORFBALL FEDERATION**

Woudenbergseweg 56 -58

NL 3707 HX Zeist

www.ikf.org



Participants			
CON	INTERNATIONAL KORFBALL FEDERATION	Zeist	Netherlands
PA-ASC	Fédération Suisse de Korfball	Echandens	Switzerland
PA-ASC	Koninklijk Nederlands Korfbalverbond	Zeist	Netherlands
PA-ASC	MARMARA UNIVERSITY	ISTANBUL	Turkey
PA-ASC	NON-GOVERNMENTAL ORGANIZATION "ALL-UKRAINIAN KORFBALL FEDERATION" (NGO "ALL-UKRAINIAN KORFBALL FEDERATION")	Lviv, Vynnyky	Ukraine
PA-ASC	Polski Związek Korfballu	Warszawa	Poland

Number of members of sport organisations involved: 5

Korfball: creation of an education module for coaches

This small collaborative partnership will focus on the development of a professional coach module to promote grassroots participation in korfball. The International Korfball Federation currently offers four IKF Coach Courses on different levels. With this project, it wants to focus on the content of the IKF Level I and Level II coach courses. These two coaching courses particularly focus on the basics of the game, explaining the rules, basic tactics and basic skills and can serve as a basis for korfball coaches to start developing grassroots korfball. However, the contents of these courses are not standardized at the moment, which makes it hard to distribute knowledge to new korfball coaches. Furthermore, the national federations in need of such a module to encourage grassroots sport development, are also often the ones who do not have the means and knowledge to develop such a module themselves, or even to meet up with korfball experts. A collaboration between the partners on an EU level is key, since it allows all parties to meet and develop the module together. The partners are convinced that a module can only be successfully designed if the needs and wishes as known by the national korfball federations are known from the start.

The aim of the project is to develop a module that addresses the needs and wishes of the countries in which motivated coaches are situated in such a way that the knowledge available in leading korfball countries is easily transferred and adjusted to the local context. The standardized module will become the legacy of the collaboration, which can be used by IKF instructors all over Europe to educate new coaches. The module will not only focus on the development of the skills of the coaches and the players, but also on the promotion of gender equality and team feeling. Gender equality is the key value of korfball, while korfball is the only 100% gender equal sport in the world.

Netherlands

Reference: 613045-EPP-1-2019-1-NL-SPO-SCP

Project Title: New Health Programme

Project Acronym: NH2022

Eligible Budget (€)	Grant Amount (€)	Co-financing
369,250.00	369,250.00	100.00 %

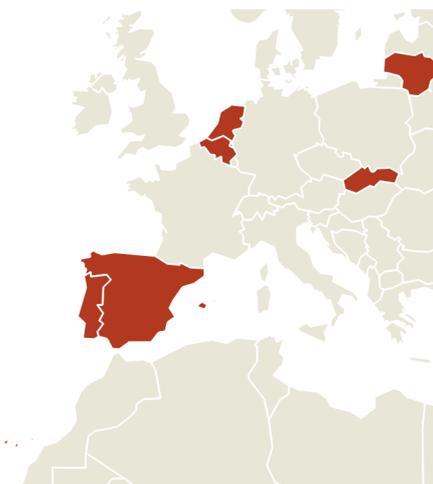
Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: STICHTING NIEUWE
GEZONDHEID

HOUTSTRAAT 14

NL 6001SJ WEERT



Participants			
CON	STICHTING NIEUWE GEZONDHEID	WEERT	Netherlands
PAR	AEDESA - ASOCIACION EUROPEA DEPORTE EJERCICIO Y SALUD	Madrid	Spain
PAR	BELGISCHE FITNESS ORGANISATIE	Desteldonk	Belgium
PAR	EUROPEACTIVE	BRUSSEL	Belgium
PAR	INSTITUTO POLITECNICO DE SANTAREM	SANTAREM	Portugal
PAR	LITHUANIAN ASSOCIATION OF HEALTH AND FITNESS CLUBS	VILNIUS	Lithuania
PAR	UNIVERZITA KOMENSKEHO V BRATISLAVE	BRATISLAVA	Slovakia

Number of members of sport organisations involved: 2,500

New Health Programme

WHY?

The proportion of physical inactivity of citizens in the EU remains unacceptably high. 42% of EU citizens do not exercise or play sport at all (2017). This might indicate that the message about the importance of sport and physical activity for an individual's health and wellbeing has still not got through to significant segments of the EU population. It is also notable that participation levels are much lower among those who have lower levels of education, and among those in a more difficult financial situation.

WHAT?

The aim of the New Health Programme 'Lifestyle is medicine' is to provide sports- and lifestyle organisations, professionals, volunteers and consumers with easy to obtain and to understand knowledge and tools to improve physical activity, a healthy lifestyle and to fight the use of doping. We will develop education standards for Lifestyle Buddies, a free consumer lifestyle platform and Lifestyle Buddy Course and e-learning. We will also conduct research on the role and impact Lifestyle Buddies have on behavioral change of the target groups.

HOW?

By introducing the Lifestyle Buddy we want to disseminate the healthy living guidelines and knowledge about behaviour change. The Lifestyle Buddy can be a sports professional, healthcare professional, teacher, but also a community worker, member of a sport organisation or volunteer. New Health provides them with motivation and knowledge about healthy eating, sports, the risks of unhealthy living and the use of doping. We will create and support an European network of Lifestyle Buddies. This way we want it is ensured that the knowledge of WHO and the Health Council about healthy exercise and healthy food, but also the knowledge about Positive health and behavioral change, is known and applied in neighborhoods throughout Europe.

Netherlands

Reference: 613210-EPP-1-2019-1-NL-SPO-SCP

Project Title: PROLead

Project Acronym: PROLead

Eligible Budget (€)	Grant Amount (€)	Co-financing
323,313.00	323,313.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: EUROPEAN ELITE ATHLETES ASSOCIATION

MICHELANGELOSTRAAT 55 A

NL 1077 BT AMSTERDAM



Participants

CON	EUROPEAN ELITE ATHLETES ASSOCIATION	AMSTERDAM	Netherlands
PAR	ASOCIACION DE JUGADORES DE FUTBOL SALA	MADRID	Spain
PAR	ASOCIACION DE JUGADORES Y JUGADORAS DE VOLEIBOL	Madrid	Spain
PAR	DEUTSCHE SPORHOCHSCHULE KOLN	KOLN	Germany
PAR	FEDERATION NATIONALE SYND SPORTIFS FNASS	Paris	France
PAR	GAELIC PLAYERS ASSOCIATION LTD	DUBLIN	Ireland
PAR	PROFESSIONAL PLAYERS' FEDERATION	London	United Kingdom
PAR	RUGBY PLAYERS IRELAND	DUBLIN 14	Ireland
PAR	THE CYCLISTS' ALLIANCE	Ouderkerk aan den IJssel	Netherlands
PAR	UNION BASKETTEURS D EUROPE	Bologna	Italy

Number of members of sport organisations involved: 60

PROLead

PROLead project is aimed primarily at improving dual career opportunities for professional athletes through the provision of tailored leadership training for current and retired athletes. By encouraging athletes to participate in informal tailored education and training, it will assist them with their career transition both directly and by encouraging athletes to re-engage with education and expand their horizons from solely focussing on their sport.

The project has three main phases:

- 1) To review current offer of leadership education for athletes across Europe and identify good practices for teaching leadership to players.
- 2) To create and deliver a European-wide one-year leadership education course for 33 player association staff and volunteers to teach them leadership and to empower and inform them how to set up a national leadership programme for their players.
- 3) To create and deliver 7 national leadership courses for sports players in 6 different countries.

By improving the leadership skills of player association staff who will be responsible for delivering the national projects, the project will help to improve the skills levels of player associations thereby improving their ability to lead their members as well as the quality of services they offer to support athletes.

Project will be coordinated by European Elite Athletes Association (EU Athletes) and include German Sport University Cologne and 8 athlete associations and unions from different sports and countries as partners. Over 36 months, the project will hold 9 European meetings (8 transnational project meetings and 1 multiplier sport event) and several national multiplier sport events taking place in UK, France, Ireland, Spain, Italy and the Netherlands.

Outputs of the project will also include Written Report: Desktop research and literature review of leadership education for athletes and Practical Guide for Player Associations on how to design and deliver successful leadership programmes.

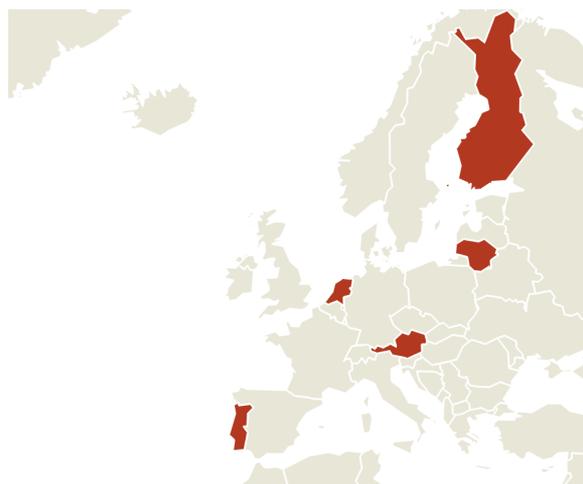
Netherlands

Reference: 613130-EPP-1-2019-1-NL-SPO-SCP

Project Title: Sport Empowers Disabled Youth 2

Project Acronym: SEDY 2

Eligible Budget (€)	Grant Amount (€)	Co-financing
401,190.00	400,000.00	99.70 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **STICHTING HOGER ONDERWIJS NEDERLAND**
 THERESIASTRAAT 8
 NL 2509 CN DEN HAAG

Participants			
CON	STICHTING HOGER ONDERWIJS NEDERLAND	DEN HAAG	Netherlands
PAR	EUROPEAN NETWORK OF SPORT EDUCATION	WIEN	Austria
PAR	FEDERACAO PORTUGUESA DE DESPORTO PARA PESSOAS COM DEFICIENCIA	OLIVAL BASTO	Portugal
PAR	INSTITUTO POLITECNICO DE SANTAREM	SANTAREM	Portugal
PAR	LIETUVOS PARALIMPINIS KOMITETAS	Vilnius	Lithuania
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	STICHTING HOGESCHOOL VAN AMSTERDAM	Amsterdam	Netherlands
PAR	SUOMEN VAMMAISURHEILU JA -LIIKUNTA VAU RY	Helsinki	Finland
PAR	VALTAKUNNALLINEN VALMENNUS- JA LIIKUNTAKESKUS OY	Nastola	Finland
PAR	VERENIGING GEHANDICAPTENSPOORT NEDERLAND	Utrecht	Netherlands

Number of members of sport organisations involved: 150

Sport Empowers Disabled Youth 2

Whereas every person has the same right to participate in play, recreation and sporting activities, this equal access has proven not to be the case for youth with a disability. Instead, disabled youths are generally less physically active, participate less in sports activities and show a reduced fitness level compared to their non-disabled peers. The organizations participating in this SEDY 2 project - all of which either Sport Federations or Sport Educational Institutes – aim to address these issues by encouraging inclusion and equal opportunities in sport.

More specifically, the consortium will be analyzing the field of sport and inclusion and the particular needs of disabled youth within this field of interest. Next, our team of experienced researchers will develop and implement a Sport Participation and INclusion (SPIN) tool. This tool will consist of several practical instruments and interventions to assist youth with a disability to become more physically active. This SPIN tool will moreover be translated into educational materials to be used by (future) professionals. Throughout this entire project, the target group of youth with a disability will continuously be actively involved.

The impact of the SPIN tool will be assessed as part of the project. Furthermore, best practices will constantly be shared amongst the consortium in particular and the target group and stakeholders in general. The educational materials as established in SEDY 2 will moreover not just be implemented amongst the participating educational institutes, but also be disseminated amongst a large network of other sports organizations and educational institutions. This way SEDY 2 will continue to make an impact on the level of participation of youth with a disability in sports, also after the project lifetime.

Netherlands

Reference: 613420-EPP-1-2019-1-NL-SPO-SCP

Project Title: Scoring for Health2020

Project Acronym: SFH2020

Eligible Budget (€)	Grant Amount (€)	Co-financing
524,655.00	400,000.00	76.24 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK**
TAKKEBIJSTERS 9 A
NL 4817 BL BREDA



Participants			
CON	STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK	BREDA	Netherlands
PAR	CLUB BRUGGE FOUNDATION	BRUGGE	Belgium
PAR	FEDERACAO PORTUGUESA DE FUTEBOL	CRUZ QUEBRADA	Portugal
PAR	FERENCVAROSI TORNA CLUB	BUDAPEST	Hungary
PAR	GREENOCK MORTON COMMUNITY TRUST LIMITED	Wemyss Bay	United Kingdom
PAR	MONTROSE COMMUNITY TRUST LIMITED	Montrose	United Kingdom
PAR	RANDERS FC FONDEN-FODBOLD FOR ALLE	Randers NV	Denmark
PAR	SPORT-VEREIN WERDER V. 1899 EV	BREMEN	Germany
PAR	STICHTING FEYENOORD FOUNDATION	ROTTERDAM	Netherlands
PAR	STICHTING NAOBERSCHAP UNITED	Emmen	Netherlands

Number of members of sport organisations involved: 12

Scoring for Health2020

The Scoring for Health programme encourages children from the ages of 7 to 14, and their parents, to adopt a healthy lifestyle and make them aware of the value of eating healthily and being active. One of the drivers behind the programme is the work by the World Health Organisation, which finds that obesity in children remains an important public health problem in Europe. Childhood obesity is a multifactorial disease associated with a wide range of serious health and social consequences including a higher risk of premature death and disability in adulthood.

Preventing childhood obesity, supporting the development of healthy dietary preferences and promoting physical exercise from an early age is therefore essential. SfH is designed to tackle these issues with a 3 year programme. 12,000 pupils will participate in a 20 week school programme that include various activities with a particular focus given to eating habits and physical exercise at schools in order to provide information and encourage the importance of living a healthy lifestyle. The innovation in the SfH project is the Healthy Football League, in which schools will compete against each other to become the healthiest school in their city. The pupils will participate in specialist interactive classes, learning sessions and workshops on a weekly basis on topics such as nutrition, cooking, physical activity and football sessions. The launch events for the programme will be held at the stadiums or elite academies of the participating clubs where, with players from the club supporting them, the pupils will have the opportunity to enjoy a day of sports and games as well as several educational workshops. Key physical indicators and health determinants (weight, height, BMI, speed, balance etc) will also be measured, collected and calculated for each participant, giving an instant analysis of each child's fitness and providing a scientific basis for allowing comparisons and defining the participants progress

Netherlands

Reference: 613501-EPP-1-2019-1-NL-SPO-SCP

Project Title: Tackling Colour Blindness In Sport

Project Acronym: TACBIS

Eligible Budget (€)	Grant Amount (€)	Co-financing
423,274.00	400,000.00	94.50 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK**
TAKKEBIJSTERS 9 A
NL 4817 BL BREDA



Participants			
CON	STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK	BREDA	Netherlands
PAR	COLOUR BLIND AWARENESS CIC	Aylesbury	United Kingdom
PAR	FEDERACAO PORTUGUESA DE FUTEBOL	CRUZ QUEBRADA	Portugal
PAR	FEDERATIA ROMANA DE FOTBAL	BUCARESTI	Romania
PAR	KNATTSPYRMUSAMBAND ISLANDS	Reykjavík	Iceland
PAR	OXFORD BROOKES UNIVERSITY	OXFORD	United Kingdom
PAR	RANDERS FC FONDEN-FODBOLD FOR ALLE	Randers NV	Denmark

Number of members of sport organisations involved: 50

Tackling Colour Blindness In Sport

Tackling Colour Blindness in Sport (TACBIS) is a project which aims to raise awareness of the implications which colour blindness can have for sport. Colour blindness is one of the world's most common genetic conditions affecting 1 in 12 men and 1 in 200 women but is widely misunderstood and ignored.

People with colour blindness have difficulties distinguishing between many different colours which can exclude colour blind fans from following games and create issues for ticket purchasing, way finding and safety. For players the condition can have implications on performance in both matches and training and potentially deter colour blind people from participating in sport.

The TACBIS project will investigate the actual prevalence of colour blindness in football to prove the need for action to support players, to identify barriers to inclusion and it will develop resources to aid proper support for colour blind players of all ages and abilities tailored to coaches and trainers. Resources will also be developed to aid Governing Bodies, Leagues, clubs, sponsors, broadcasters and other interested parties to ensure full access and inclusion for fans and other stakeholders who have the condition. The TACBIS project resources will be made available free of charge to the European sporting community.

The partners of the TACBIS project have a wide geographical spread across Europe and other indirect partners such as UEFA have given their support to ensure that awareness of the project, its aims, conclusions and resources can be widely disseminated throughout Europe in a range of different languages to ensure maximum exposure of the project and therefore ensure maximum exposure of the issues and solutions.

Poland

Reference: 613272-EPP-1-2019-1-PL-SPO-SCP

Project Title: Dual Career For Junior Athletes

Project Acronym: DCJA

Eligible Budget (€)	Grant Amount (€)	Co-financing
398,600.00	398,600.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: INSTYTUT SPORTU
ULICA TRYLOGII 2/16
PL 01 982 WARSZAWA



Participants

CON	INSTYTUT SPORTU	WARSZAWA	Poland
PAR	ASSOCIACAO DOS ATLETAS OLIMPICOS DE PORTUGAL	Lisboa	Portugal
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	ENOSI ATHLITIKON SOMATEION SEGAS KYKLADON	MYKONOS	Greece
PAR	FUNDACION UNIVERSIDAD INTERNACIONAL ISABEL I DE CASTILLA	BURGOS	Spain
PAR	SLOVENSKA UNIVERZITETNA SPORTNA ZVEZA	Ljubljana	Slovenia
PAR	THE UNIVERSITY OF STIRLING	STIRLING	United Kingdom

Number of members of sport organisations involved: 3,000

Dual Career For Junior Athletes

Dual Career for Junior Athletes (DCJA) is a pilot project which aims to improve the awareness of junior athletes in the domain of balancing their commitment to sporting career, education and future employment. The project is aimed to support junior athletes, understood as youth participating in sports, between 15 and 19 years of age. There are 7 partners in the project consortium representing 7 Member States.

There are 5 general objectives of the project:

The first one is to raise the awareness of long term planning of sports career, education and employment among junior athletes.

Second is to raise the awareness of junior athletes of the education opportunities, including in other EU member states, together with emphasis on balancing the sporting career and education.

Third objective is to raise awareness of dual career importance and possibilities among social support providers including parents, teachers, coaches, who influence junior athletes in their decisions.

Fourth objective is to recognize good practices of dual career for junior athletes in participating countries and enable transferring to other countries.

Lastly, the objective is to raise awareness of junior athletes of transferable skills they build during sporting career, which they can use in the future for employment.

The outputs of the project are:

Dual Career of Junior Athletes baseline report

Dual Career of Junior Athletes good practices report

Massive Open Online Course on Dual Career for Junior Athletes

Massive Open Online Course on Dual Career for social support providers

Handbook for Junior Athletes on Dual Career

Poland

Reference: 613535-EPP-1-2019-1-PL-SPO-SSCP

Project Title: International athletic activation of seniors

Project Acronym: IAAS

Eligible Budget (€)	Grant Amount (€)	Co-financing
23,625.00	23,625.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: CENTRUM INICJATYW
LOKALNYCH

Polska 14B

PL 42-400 Zawiercie

www.cil.org.pl



Participants			
CON	CENTRUM INICJATYW LOKALNYCH	Zawiercie	Poland
PA-ASC	GROMADSKA ORGANIZACIA "CENTR OSVITY "UNIVERSYTET TRETIOGO VIKU"	LUTSK	Ukraine
PA-ASC	TECHNICKA UNIVERZITA VO ZVOLENE	ZVOLEN	Slovakia
PA-ASC	UNIVERSITA DEGLI STUDI DI GENOVA	GENOVA	Italy

Number of members of sport organisations involved: 40

International athletic activation of seniors

The main goal of the project entitled „International athletic activation of seniors” is promotion of those sport disciplines that are popular among seniors in Italy, Slovakia, Ukraine and Poland, and propagating of active lifestyle among seniors.

The project's particular goals:

- 1) An exchange of good practices in regard to sport activities that are realized by the project's partners in Italy, Slovakia, Ukraine and Poland
- 2) Increasing of consciousness' level in regard to different methods of seniors' sport mobilization
- 3) Promotion of sport disciplines that are popular in the partners' countries
- 4) International sport integration
- 5) Development of international cooperation in a range of realization of enterprises which concern sport's promotion

The project assumes holding of the meeting between representatives of 4 organizations concerned with seniors' sport activity. During the meeting each organization will present its own good practices in regard to physical activities and sport disciplines realized by it. The partner organizations' representatives will participate in the Seniors' Olympic Games which is co-organized by The Centre of Local Initiatives. Participation in this event allows the participants to get them practically acquainted with Polish sport disciplines and with those security means that are used during such events in order to respect the restrictions that come from the participants' age.

The partners' representatives will devise recommendations that concern doing sport activity in senioral age, what will be based on their participation in Olympic Games and exchanging of experiences which the participation involves. These recommendations and the project's results will be published as an international blog's content. Its range and high level of availability of the content will impact an increasing of attention for physical activity and European sport disciplines among citizens of partner countries, and especially among the seniors.

Poland

Reference: 613014-EPP-1-2019-1-PL-SPO-SNCESE

Project Title: European Winter Para Sports Event, Poland'2020

Project Acronym: ParaSki

Eligible Budget (€)	Grant Amount (€)	Co-financing
386,378.40	309,000.00	79.97 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **POLSKI KOMITET
PARAOLIMPIJSKI**
Trylogii 2/16
PL 01-982 Warszawa
www.paralympic.org.pl



Participants

CON	POLSKI KOMITET PARAOLIMPIJSKI	Warszawa	Poland
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Number of members of sport organisations involved: 100

European Winter Para Sports Event, Poland'2020

The "European Winter Para Sports Event, Poland'2020 " (ParaSki) will take place in the Czarna Góra Ski Resort" and "Duszniki Arena"/ Biathlon Centre Jamrozowa Polana, Poland around 100 km south Wrocław city. Around 300 participants including 150 disabled athletes with a physical impairment such as spinal injury, cerebral palsy, amputation, and blindness/visual impairment will take part. Athletes - not advanced, intermediate and also with high sport's level, from at least 10 countries, will compete for the first time in Europe in competition (24th February to the 2nd March 2020)

in the winter sports: para alpine skiing, para-snowboard, para cross-country and para-biathlon, along with educational programmes: seminar and workshops of "Medical classification system – the essence of para sports" and "Anti-Doping Education". As an accompanying activity, "Inspirational & Motivational Meetings with Paralympians", strengthening inspirations and motivations in para sport, will be organized.

The main event aim is to promote social inclusion through sport as well as equal opportunities and health-enhancing physical activity, increased participation in sport, physical activity and voluntary activity. The aim will be achieved by enabling athletes with disabilities to meet, train and compete together and also to make it possible for coaches and others to meet and increase their knowledge about para-winter sports. Participating organizations will thereafter establish a network to strengthen, support and develop winter para sports in Europe in non-commercial event formula

Moreover, the project supports European values such as respect, equality, human rights and opens up the able-bodied to the situation of people with disabilities. It also promotes the EU, Programme Countries and strengthens European integration what is strongly emphasized by the event's motto: "One sport, one Europe, one dream".

Poland

Reference: 613142-EPP-1-2019-1-PL-SPO-SCP

Project Title: Professional and Personal Experience through Lifelong Learning and Regular Sport / PROPELLERS

Project Acronym: PROPELL

Eligible Budget (€)	Grant Amount (€)	Co-financing
362,157.00	362,157.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: REGIONALNE CENTRUM
WOLONTARIATU
ZEROMSKIEGO 36
PL 25-370 KIELCE



Participants			
CON	REGIONALNE CENTRUM WOLONTARIATU	KIELCE	Poland
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	CHAMPIONS FACTORY	SOFIA	Bulgaria
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	MV INTERNATIONAL	SASSARI	Italy
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	UNIVERSIDAD DE EXTREMADURA	BADAJOS	Spain
PAR	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

Number of members of sport organisations involved: 4

Professional and Personal Experience through Lifelong Learning and Regular Sport / PROPELLERS

The 'Professional and Personal Experience through Lifelong Learning and Regular Sport' (PROPELLERS) Partner Consortium is a mixture of complementary organisations (8 partners from 6 EU countries) who all joined for the purpose of forming an ambitious, long-lasting partnership which aims to work on the following objectives:

- Deploying an innovative synergy between the fields of sport, physical activity, health, education, training and youth sector embodied in 4 intellectual Outputs and in local awareness-raising activities spanning 6 European Union countries streamlined by a partnership of 8 organizations with different profiles, target group, experience, expertise and practices.
- Achieving a comprehensive overview of the state-of-the-art in Sport participation, physical health and mental health across a variety of target groups (children, youngsters, adults and disadvantaged individuals) for laying the grounds of country-specific programmes of awareness-raising.
- Promotion of the holistic view of health, raising awareness about the importance of the health-enhancing effects of physical activities, providing theoretical and practical information and experience on the bio-psycho-social model of health through a "Comprehensive Booklet on Holistic Health and Education by Sport" .
- Laying the grounds for the development of professional capacities in operators (Sport Coaches and Trainers) working in Education by Sport through a specific Format TC based on Education Through Sport methodologies applicable across the 6 project countries and in Europe.
- Creating a dedicated project Web Platform integrating e-learning modules for the-learning modules for the ultimate audience of targets as well as providing a networking architecture between organizers, targets and stakeholders.

The current collaborative partnership is planning to carry out several local, national and international activities during a really intensive 30 months.

Poland

Reference: 613224-EPP-1-2019-1-PL-SPO-SSCP

Project Title: Spontaneous Exercise

Project Acronym: SE

Eligible Budget (€)	Grant Amount (€)	Co-financing
46,850.00	46,850.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **FUNDACJA WYCHOWANIE PRZEZ SPORT**
UL. POTOCKA, NR 33A, LOK. 26
PL 01-631 WARSZAWA
www.wychowanieprzezsport.pl



Participants			
CON	FUNDACJA WYCHOWANIE PRZEZ SPORT	WARSZAWA	Poland
PA-ASC	Stadt Guben	Guben	Germany
PA-ASC	VOLVERE RUN	Vilnius	Lithuania

Number of members of sport organisations involved: 11

Spontaneous Exercise

Project "Spontaneous Exercise" is an 18-month project implemented as part of the Erasmus+ Sport programme aiming to promote education in and through sport with special focus on skills development.

The project's objective is to develop a plan of classes encouraging people to engage in physical activity, become fitter and better motivated. As a result, we will create a model of a 'path' for shaping healthy and efficient European citizens.

To achieve this goal, the methodology we propose must combine professional sports training and physical recreation. To achieve this, we will:

- promote and support health-enhancing attitudes,
- use the experience of others, that is of award-winning competitors/coaches, organisers of events and sport-based activities.

The Spontaneous Exercise activities will target people aged 12 and older, will be staged in stadiums or athletics tracks, will combine fun and education, and will not involve training regime or pressure to get results/ good performance. All these will be based on athletics, which is the most universal sports discipline.

We will prepare a model of activities to involve those who would like to improve their motor skills, as well as those who are not involved in any physical activity or have given it up. It is our intention to encourage prospective participants to take up physical activity, namely athletics. It has been proven that anyone who increases the level of their physical activity is able to derive health benefits from it, even after long inactivity periods and regardless of their age. It is never too late to start.

The final model of the activities will be developed on the basis of joint arrangements with our project partners (Poland, Germany, Lithuania).

Poland

Reference: 613043-EPP-1-2019-1-PL-SPO-SSCP

Project Title: Sport without barriers

Project Acronym: SWB

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,425.00	56,425.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **POWIAT GIZYCKI**
AL 1 MAJA 14
PL 11 500 GIZYCKO
<http://www.powiatgizycki.pl/>



Participants

CON	POWIAT GIZYCKI	GIZYCKO	Poland
PA-ASC	ALYTUS DZUKIJA SCHOOL	Alytus	Lithuania
PA-ASC	PELCI SPECIAL BOARDING PRIMARY SCHOOL-DEVELOPMENT CENTRE	Kuldiga	Latvia
PA-ASC	Stowarzyszenie Na Rzecz Wspierania Rozwoju Osob O Specjalnych Potrzebach Edukacyjnych SZANSA	Giżycko	Poland

Number of members of sport organisations involved: 64

Sport without barriers

LB projektu jest PZO SiPO (PI). B2 szkoła Alytus Dzukija (Lt), B3 specjalna szkoła Pelči (Lv) oraz B4 Stowarzyszenie SZANSA (PI). Głównym celem projektu jest zapobieganie wykluczeniu społecznemu poprzez tworzenie warunków do zwiększenia aktywności osób z różnymi niepełnosprawnościami do uczestnictwa w sporcie i kulturze fizycznej w powiecie giżyckim, mieście Alytus i powiecie Kuldiga. Zdiagnozowana zostanie dostępność architektoniczna do obiektów sportowych, informacji (między innymi o możliwościach korzystania z zajęć sportowych), kwalifikacje nauczycieli/trenerów (znajomość problematyki niepełnosprawności), oraz gotowość środowiska lokalnego do pełnego udziału w treningach, inicjatywach sportowych osób niepełnosprawnych w środowiskach wszystkich partnerów. Na podstawie przeprowadzonej diagnozy z udziałem osób niepełnosprawnych oraz ich rodziców stworzone zostaną 3 „Raporty dostępności” wraz z wypływającymi z nich wnioskami, które przekazane zostaną do realizacji władzom samorządowym, instytucjom publicznym, klubom sportowym, szkołom wszystkich partnerów. Przeanalizowane także zostaną aktualne dokumenty strategiczne funkcjonujące w samorządach partnerów, a dotyczące udziału osób niepełnosprawnych w sporcie i kulturze fizycznej w środowiskach lokalnych. Wnioski z przeprowadzonej analizy oraz propozycje zmian w zapisach umieszczone zostaną w Raportach. Grupą docelową w projekcie są osoby z różnymi niepełnosprawnościami mieszkające na terenie powiatu giżyckiego, powiatu Kuldiga i miasta Alytus. Zorganizowane zostaną 4 spotkania dwudniowe połączone z seminariami tematycznymi i konferencją oraz 2 spotkania kontrolne w czasie których prowadzona będzie analiza realizowanych działań w projekcie. W trakcie końcowej konferencji podpisane zostaną porozumienia pomiędzy partnerami o dalszej współpracy i zobowiązanie się do przeprowadzenia rocznego monitoringu wprowadzanych wniosków. Każdy beneficjent zapewni personel projektu, który będzie realizował powierzone zadania.

The project's LB is PZO SiPO (PI). B2 Alytus Dzukija basic school (Lt), B3 Pelci special school (Lv) and B4 "CHANCE" Association (PI)

The main objective of the project is to prevent social exclusion by creating conditions for increasing the activity of people with various disabilities to participate in sport and physical culture in the Giżycko poviat, the city of Alytus and the Kuldiga poviat.

Following things will be diagnosed:

- architectural accessibility to sports facilities,
- access to information (among other things about the possibilities of using sports activities),
- qualifications of teachers / trainers (knowledge of disability issues), and
- local community's readiness to fully participate in training, sports initiatives of disabled people in all partners' environments.

Based on the diagnosis carried out with the participation of disabled persons and their parents, 3 "Accessibility Reports" will be created together with the outcomes flowing from them, which will be transferred for implementation to local authorities, public institutions, sports clubs, schools of all partners. Current strategic documents functioning in the partner's local governments and concerning the participation of disabled people in sport and physical culture in local environments will be analyzed. Conclusions from the analysis and proposals for changes in the records will be included in the Reports. The target group in the project are people with various disabilities who live in the poviat of Giżycko, Kuldiga and the city of Alytus. There will be 4 two-day meetings combined with thematic seminars and a conference, as well as 2 control meetings during which an analysis of the implemented activities in the project will be carried out. During the final conference, agreements will be signed between the partners on further cooperation and commitment to carry out annual monitoring of the applications. Each beneficiary will provide project personnel who will carry out the tasks entrusted.

Poland

Reference: 613451-EPP-1-2019-1-PL-SPO-SSCP

Project Title: **!Active Citizens in European Cities**

Project Acronym: U!ACTIV

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,630.00	56,630.00	100.00 %

Project start: 01/01/2020

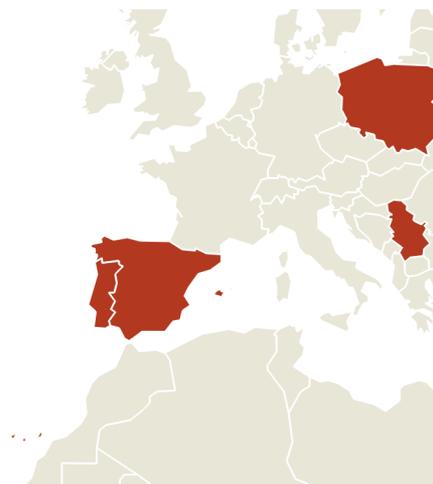
Project end: 30/06/2021

Coordinator: **GDANSK MIASTO NA PRAWACH POWIATU**

Romualda Traugutta 29

PL 80-221 Gdańsk

www.sportgdansk.pl



Participants			
CON	GDANSK MIASTO NA PRAWACH POWIATU	Gdańsk	Poland
PA-ASC	ASSOCIACAO PARA O DESENVOLVIMENTO DO DESPORTO JOVEM - ADDJ	Lisboa	Portugal
PA-ASC	Associació Esportiva Ciutat Vella	Barcelona	Spain
PA-ASC	SAVEZ SPORT ZA SVE VOJVODINE	Novi Sad	Serbia
PA-ASC	Young Lions Gdansk Sports Academy	Gdańsk	Poland

Number of members of sport organisations involved: 45

!Active Citizens in European Cities

Many strategic EU documents indicate common threats and dangers posed by a lack of exercise and low physical activity. Large European cities are struggling with the information gap, the lack of information for residents about the full sport offer and the risk of exclusion from the area of physical activity of certain social groups. A large number of entities, range of activities and lack of cooperation between cause information noise. In order to avoid the risk of exclusion and cover all residents with equal access to information on offer, the web platform integrating and gathering all offers will be created. Our partnership want to identify how other cities build and promote their sports offer for residents. Thanks to study visits, we will exchange experiences and provide the most effective ideas. The project consortium of partners representing various sectors and approaches to the subject is very valuable. The confrontation of different experiences will enrich the partners with knowledge and broaden the perspective. At the same time, it will improve the organization of sports life of residents. An important element is involvement of local actors in individual cities in jointly building offers - decision makers, sports organizations, federations and ngo's. The project schedule was planned with the joint participation of partners, assuming the use of potentials of organizations, divided into assigned tasks, with the effective use of financial resources. Project team is a group of people closely related to sport, experienced in cooperation in international partnership projects. The project implementation will be subject to monitoring in order to implement it effectively. The effects of the project will be widely distributed, and the use of a wide range of dissemination instruments is planned. We are convinced that the impact of the project on a European scale will help improve the situation of residents in access to sporting activities and support social inclusion.

Portugal

Reference: 613651-EPP-1-2019-1-PT-SPO-SCP

Project Title: **Activate Healthy Lifestyle through Counselling for You**

Project Acronym: ActivU

Eligible Budget (€)	Grant Amount (€)	Co-financing
341,830.00	341,830.00	100.00 %



Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **MAIEUTICA COOPERATIVA DE ENSINO SUPERIOR CRL**
 AVENIDA CARLOS OLIVEIRA
 CAMPOS
 PT 4475 690 AVIOSO SAO PEDRO

Participants			
CON	MAIEUTICA COOPERATIVA DE ENSINO SUPERIOR CRL	AVIOSO SAO PEDRO	Portugal
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	E-SENIORS: INITIATION DES SENIORS AUX NTIC ASSOCIATION	PARIS	France
PAR	FUNDACION UNIVERSIDAD INTERNACIONAL ISABEL I DE CASTILLA	BURGOS	Spain
PAR	NORDIC EUROPEAN MOBILITY	STOCKHOLM	Sweden
PAR	SAVEZ SPORT ZA SVE VOJVODINE	Novi Sad	Serbia
PAR	STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK	BREDA	Netherlands
PAR	VISOKA POSLOVNA SKOLA PAR	RIJEKA	Croatia

Number of members of sport organisations involved: 0

Activate Healthy Lifestyle through Counselling for You

The ActivU project addresses the topic of encourage participation in physical activity (PA), supporting the implementation of the Council Recommendation on health-enhancing PA, following EU Guidelines. In this line, ActivU aims to increase awareness and behavioural change in former active citizens with and without disabilities toward a healthy active lifestyle through enrichment of counselling and prescription procedures to effective use of physical activity and other health behaviours. The specific project objectives are: (1) develop communities of practice for awareness and knowledge about active lifestyle among former active citizens, practitioners, academics, and sport/labour stakeholders; (2) empower knowledge sharing and best practices with an emphasis on former active citizens' behavioural change for healthy active lifestyle using e-learning material and traineeship monitored by specialized trainers; (3) informing the target groups about the specific condition of the healthy active lifestyle among former active citizens; (4) design and develop self-report measurement and e-learning content packaged in healthy active lifestyle to support former active citizens assessing their healthy active lifestyle; and (5) to increase sport stakeholders and policy makers' awareness about the benefits of using online healthy active lifestyle resources for behaviour change of former active citizens. Thus, ActivU is bringing together 8 sport, senior and education European organisations to certify practitioners (trainers) and promote healthy active lifestyle among former active citizens (trainees). In total, 32 Trainers and 64 trainees will work together in each 8 partners countries in a traineeship programme. Before traineeship programme starts, former active citizens will be profiled and screened using a short-form measure, and trainers will be trained and certified to intervene with former active citizens through a e-training programme run in 8 European countries.

Portugal

Reference: 613311-EPP-1-2019-1-PT-SPO-SCP

Project Title: Be Like an Athlete

Project Acronym: BLA

Eligible Budget (€)	Grant Amount (€)	Co-financing
286,734.00	286,734.00	100.00 %



Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **MAIEUTICA COOPERATIVA DE ENSINO SUPERIOR CRL**
AVENIDA CARLOS OLIVEIRA
CAMPOS
PT 4475 690 AVIOSO SAO PEDRO

Participants			
CON	MAIEUTICA COOPERATIVA DE ENSINO SUPERIOR CRL	AVIOSO SAO PEDRO	Portugal
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	CONSEJO GENERAL DE COLEGIOS DE PROFESORES LICENCIADOS EN EDUCACION FISICA DE ESPANA	Madrid	Spain
PAR	CONSELHO NACIONAL DAS ASSOCIACOES DOS PROFISSIONAIS DE EDUCACAO FISICA E DESPORTO CNAPEF	PALHAIS	Portugal
PAR	INSTITUTO PORTUGUES DO DESPORTO E JUVENTUDE I.P.	LISBOA	Portugal
PAR	UMEA UNIVERSITET	UMEA	Sweden
PAR	UNIVERSITY OF LIMERICK	LIMERICK	Ireland

Number of members of sport organisations involved: 0

Be Like an Athlete

While the association between sport practice and academic success have been subject to a great deal of study, little consideration has been given to the social and psychological competences (i.e. resilience, self-confidence, responsibility) developed in sport that positively enhance the success and integration of young people in different contexts of life. Therefore, this project addresses the personal development of youth, through the optimisation of socio-psychological competences, in dual-career student-athletes, as well as in wider sport and school contexts. BLA aims to draw a transnational socio-psychological European profile of student-athletes involved in dual-career programmes, and use it to promote youth positive development in sport and school contexts, through the implementation of digital, interactive and pedagogical tools. The participants are 12 to 18 years-old student-athletes from both genders involved in dual-career programmes and non-athlete students, native to Portugal, Spain, Italy, Ireland and Sweden. Using a longitudinal design based on a quantitative and qualitative methodological triangulation, we will: i) develop and validate a questionnaire to establish the socio-psychological profile of student-athletes; ii) create a mobile application and its user manual, complemented by e-book Guidelines for good practices; and, iii) take advantage of these tools and develop such profile in sport and school contexts. Concerning the expected results, there will be an increased awareness of the socio-psychological competences developed in student-athletes involved in dual-career programmes. This will allow them, other students-athletes (not involved in dual-career programmes) and non-athletes students, to adjust, monitor and share the acquisition of such competences, supervised by their coaches and teachers. In addition, there will be an exchange of experiences amongst all members from sport and school communities.

Portugal

Reference: 613324-EPP-1-2019-1-PT-SPO-SCP

Project Title: European Fitness Monitoring System

Project Acronym: EUFITMO

Eligible Budget (€)	Grant Amount (€)	Co-financing
491,005.00	400,000.00	81.47 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **FACULDADE DE MOTRICIDADE HUMANA**
ESTRADA DA COSTA
PT 1495-688 CRUZ QUEBRADA LISBOA



Participants			
CON	FACULDADE DE MOTRICIDADE HUMANA	CRUZ QUEBRADA LISBOA	Portugal
PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece
PAR	ASSOCIACAO PARA O DESENVOLVIMENTO DO DESPORTO JOVEM - ADDJ	Lisboa	Portugal
PAR	FUNDACION UNIVERSIDAD INTERNACIONAL ISABEL I DE CASTILLA	BURGOS	Spain
PAR	JAVNA USTANOVA UNIVERZITET CRNE GORE PODGORICA	Niksic	Montenegro
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia
PAR	TECHNISCHE UNIVERSITAET MUENCHEN	MUENCHEN	Germany

Number of members of sport organisations involved: 1,000

European Fitness Monitoring System

Fitness is strongly related to physical activity and is considered an integrated measure of most body functions. Fitness is one of the most important health marker, as well as a predictor of morbidity and mortality.

Among young people, there is an association between fitness and cardiometabolic disease risk, adiposity, mental health, bone health, and cognition.

Because of the importance of fitness on health status, the White Paper on Sport states that people should engage in physical activity aimed to improve fitness and mental well-being. Therefore, surveillance and monitoring of HEPA were set as one of the priorities of the EU policy across sectors. Besides the availability of data related to physical activity, it lacks information on fitness, as an important indicator for HEPA, which is scarce or inexistent at the EU level.

Following the European recommendations for monitoring fitness, especially in youth, the aim of the EUFITMOS project is to create a European network for monitoring fitness in youth.

The EUFITMOS project will bridge the gaps between knowledge, guidelines, concepts for monitoring and assessment, among countries and among different sets of indicators on fitness. In order to do so, the project is set up in three essential objectives:

- 1) To obtain a better understanding of the status quo of adolescents' fitness in Europe and to inform the public health and education sectors about the fitness levels.
- 2) To convert knowledge, experiences, and outcomes from former monitoring and assessment batteries of fitness into a comprehensive but applicable manual of standardized fitness monitoring, a training module for physical education teachers to increase knowledge on fitness assessment, and a toolkit for physical education teachers to prepare and provide adolescents' assessment of fitness.
- 3) To create a European network for monitoring fitness in youth based in an online platform.

Portugal

Reference: 612934-EPP-1-2019-1-PT-SPO-SSCP

Project Title: Green Sports Games

Project Acronym: eyeG

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,710.00	59,710.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: UNIAO DAS FREGUESIAS DE
GONDOMAR (SCOSME)
VALBOM E JOVIM
RUA DA IGREJA 71
PT 4420 164 GONDOMAR



Participants			
CON	UNIAO DAS FREGUESIAS DE GONDOMAR (SCOSME) VALBOM E JOVIM	GONDOMAR	Portugal
PA-ASC	Akademi Kultur ve Egitim Dernegi	Kastamonu	Turkey
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA "POLISPORTIVA 2001"	San Vito al Torre	Italy
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	ZAVOD ZA SPORT SLOVENSKE KONJICE	Slovenske Konjice	Slovenia

Number of members of sport organisations involved: 450

Green Sports Games

The eyeG is a project that offer training and a set of a practical activities to the partners' local actors allow them to have a leading role in "green sports" activities for their local community operationalized through a set of citizen participation skills, attitudes and knowledge for a greater critical awareness and participation process of citizenship in an economy that is intended more Sustainable & Circular using sports activities as a method in changing human behavior for a greater critical environmental awareness. So by this, during the life cycle of the project, 150 Green Sports Games Promoters + 150 Green Sports Games Agents + 150 Green Sports Games Investors with their specific role at GrassRoots level, movement & Development will provide to the local citizens with a local identity through green sports and games, a resulting culture that values the sportive practice awareness for the finitude of environmental resources, creating a sense of belonging around the innovative concept of "Green Sports and Games".

Portugal

Reference: 613666-EPP-1-2019-1-PT-SPO-SCP

Project Title: **SKILLS by SPORT 4 MED: Sport as a vehicle for developing skills for the labor market and promoting employability and entrepreneurship**

Project Acronym: SBS4MED

Eligible Budget (€)	Grant Amount (€)	Co-financing
393,748.00	393,748.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **INSTITUTO UNIVERSITARIO DE LISBOA**

AVENIDA DAS FORCAS ARMADAS

PT 1649 026 LISBOA



Participants			
CON	INSTITUTO UNIVERSITARIO DE LISBOA	LISBOA	Portugal
PAR	CONFEDERAÇÃO PORTUGUESA DAS ASSOCIAÇÕES DE TREINADORES	PACO D'ARCOS	Portugal
PAR	CYPRUS SPORT ORGANISATION	LEFKOSIA	Cyprus
PAR	DIETNES KENTRO OLYMPIAKIS EKEXEIRIA	ATHINA	Greece
PAR	HRVATSKI AKADEMSKI SPORTSKI KLUBOVI MLADOST SVEUCILISTA U ZAGREBU	ZAGREB	Croatia
PAR	ICSS INSIGHT	LONDON	United Kingdom
PAR	OKKAM SRL	TRENTO	Italy
PAR	UNIVERSITA CATTOLICA DEL SACRO CUORE	MILANO	Italy
PAR	UNIVERSITAT DE LES ILLES BALEARS	PALMA DE MALLORCA	Spain

Number of members of sport organisations involved: 1,050

SKILLS by SPORT 4 MED: Sport as a vehicle for developing skills for the labor market and promoting employability and entrepreneurship

The project addresses the objective of promoting sport education and skills development for the labor market (employability and entrepreneurship) in the Mediterranean Region, North and South Coast.

The main activities are:

- Gap Analysis
- Elaboration of Open Educational Resources
- Coaches Training
- Pilot areas

The main target groups of the project:

- Coaches and sport instructors;
- Youths and unemployed (including cluster of migrants, also in qualified repatriation perspective) for (re) integration into the labor market.

The project aims at promoting in a strategic way social transformation through sport in the Mediterranean region, by focusing on sport as a vehicle for promoting work capacities and employment/entrepreneurship. This objective goes in line with the main priorities of EU policies, not only in the frame of sport, but also in integration, immigration, development, security and international cooperation. In this sense Sport in this project is not an end but a “mean” (a tool) for addressing the social and economic problem of low employment, and hence massive migration processes, insecurity and terrorism threats.

The key need which the project addresses is the high unemployment rate in the Mediterranean Basin (both North and South Coasts), which can be efficiently addressed only through a long term oriented strategy aimed at strengthening the labour force capacity, including entrepreneurship. A second key need which the project addresses is the growing need of “empowering sport” as a tool for social impact-change, i.e. empowering sport as a means and no longer considering it only as a scope in itself. A third key need is promoting a cooperative and trustful environment between South Coast and North Coast in the Mediterranean Basin. The planned event in Egypt has the potential to become a little mile-stone in the cooperation dynamics.

The high reputation of the Consortium including United Nations ILO ensures a high-impact perspective to the initiative.

Portugal

Reference: 613380-EPP-1-2019-1-PT-SPO-SNCESE

Project Title: TAFISA World Sport for All Games

Project Acronym: TWSFAG

Eligible Budget (€)	Grant Amount (€)	Co-financing
1,030,790.03	492,000.40	47.73 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: CONFEDERACAO DO DESPORTO DE PORTUGAL

RUA EDUARDO AUGUSTO
PEDROSO 11 A

PT 1495 047 ALGES



Participants

CON	CONFEDERACAO DO DESPORTO DE PORTUGAL	ALGES	Portugal
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Number of members of sport organisations involved: 24

TAFISA World Sport for All Games

The TAFISA World Sports for All Games will be an important landmark for the Sports for All movement and the perfect moment to promote, among other aspects, cultural connections, social inclusion and volunteering in European countries and in the EU Members States.

The next two years will be important milestones for Lisbon, the Portuguese Capital. In 2020, Lisbon will be the European Green Capital, and in 2021, Lisbon will be the European Capital of Sport, award attributed by the ACES Europe - European Capitals and Cities of Sport Federation. Lisbon is a perfect location for these games because it has a combination of the old world with the new and innovative ages. Our objective will be to translate that to sports for all, mixing the traditional sports and games with the new trends of sport for the modern people.

The event will be a best practice of event planning and constructional framework to reach the European people to adopt a more active and healthy lifestyle. The core of the games will be the European sports for all movement, and how it can influence the world to become more #BEACTIVE, using a paradox of past present and future.

The TAFISA World Sport for All Games Lisbon 2020 will be held under the patronage of UNESCO, the IOC and ENGSO, acknowledging once again the important role that traditional sport and games play in shaping civilizations and cultures, national identities, and cross-boundaries unity.

It is estimated that the Games 2020 will involve 5.000 participants from 38 European TAFISA members and 100 worldwide members, including more than 20 EU Countries.

Portugal

Reference: 613307-EPP-1-2019-1-PT-SPO-SSCP

Project Title: Why Is the Sky Blue?

Project Acronym: WISB

Eligible Budget (€)	Grant Amount (€)	Co-financing
46,470.00	46,470.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **DCTR - ASSOCIACAO CULTURAL**
RUA AVIACAO NAVAL N47
PT 3810-056 AVEIRO



Participants			
CON	DCTR - ASSOCIACAO CULTURAL	AVEIRO	Portugal
PA-ASC	ASOCIATIA TINERILOR CU INITIATIVA CIVICA	GALATI	Romania
PA-ASC	L ORMA SOCIETA SPORTIVA DILETTANTISTICA A RESPONSABILITA LIMITATA	MILAN	Italy
PA-ASC	NACIONALNO DVIZHENIE OBEDINENIE ZARAZVITIE NA SPORTA I SPORTNA KULTURA FUUTURA	SOFIA	Bulgaria
PA-ASC	PROACTING - Associação para a Promoção do Empreendedorismo e Empregabilidade	Porto	Portugal

Number of members of sport organisations involved: 40

Why Is the Sky Blue?

The project involves the participation of 5 organizations that work actively in the field of sport and/or non-formal and/or informal education of children, and will last 18 months. It seeks to attend the lack of attractive and innovative methods to maximize the development of competences in children, and to promote equal opportunities and social inclusion, especially among those who have fewer opportunities.

The main objectives of the project are:

- Promote education, social inclusion and equal opportunities through sport, by developing competences in children, combining the practice of physical activity with non-formal and/or informal education methodologies.
- Develop collaborative networks between active organizations in the field of sport, non-formal and/or informal education of children, and public policies, aiming to create and share innovative methods and tools for the empowerment of children.
- Support the mobility of staff of the organizations working in the areas mentioned above, with the aim of sharing good practices in the field of children's capacity-building through sport.
- Raising awareness about the importance of sport for the full development of children and for combating social exclusion.

To achieve the proposed objectives, the consortium will hold 4 transnational meetings for the purpose of preparing, implementing, monitoring and evaluating the initiatives carried out throughout the project. In addition, activities will be carried out at local level, namely:

- Sports meetings for the development of competences in children;
- Awareness-raising events on the added value of combining non-formal, formal and informal education methods with the practice of sport in terms of children's learning and social inclusion.
- Networking sessions between participating organizations and relevant stakeholders.
- Dissemination events aiming to inform the communities and target groups about the scope of this project and to propagate the results obtained.

Republic of North Macedonia

Reference: 612846-EPP-1-2019-1-MK-SPO-SSCP

Project Title: NETWORK FOR SPORTS AND SOCIAL INCLUSION THROUGH SPORTS / NETSIS

Project Acronym: NETSIS

Eligible Budget (€)	Grant Amount (€)	Co-financing
57,105.00	57,105.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **BADMINGTON KLUB INEKS - SKOPJE**

DAME GRUEV 27 SKOPJE

MK 1000 SKOPJE

www.badmington-mk.com



Participants

CON	BADMINGTON KLUB INEKS - SKOPJE	SKOPJE	Republic of North Macedonia
PA-ASC	BALKAN DEVELOPMENT CENTER	KRALJEVO	Serbia
PA-ASC	FUNDATIA JUDETEANA PENTRU TINERET TIMIS	TIMISOARA	Romania
PA-ASC	INNOVAFORM KOZHASZNU NONPROFIT KFT	SZEGED	Hungary
PA-ASC	Municipality of Paracin	Paracin	Serbia
PA-ASC	NATSIONALNA ASOTSIATSIA NA HORATA SPRIDOBITI UVREZHDANIA	SOFIA	Bulgaria
PA-ASC	OBSHTINA ELIN PELIN	ELIN PELIN	Bulgaria
PA-ASC	Professional Secondary School for ceramics	Elin Pelin station	Bulgaria
PA-ASC	SPORTNO UCHILISHTE G.S.RAKOVSKI	DOBRICH	Bulgaria

Number of members of sport organisations involved: 25

NETWORK FOR SPORTS AND SOCIAL INCLUSION THROUGH SPORTS / NETSIS

This project is developed by transnational consortium which involves 3 local sport clubs / BADMINGTON SPRT CLUB- MK, and non formal sport clubs managed from BDC and NAHPU/, 2 public bodies /ELIN PELIN and PARACIN municipality/, 2 schools /Professional gymnasium and SPORT SCHOOL/ a with the main aim to develop a 4 countries, interdisciplinary, inter cultural NETWORK for social inclusion through sports.

THE KEY PROJECT ACTIVITIES ARE:

5 TRANSNATIONAL MEETINGS FOR COOPERATION AND JOINT MANAGEMENT AND NETWORKING AWARENESS RSISING CAMPAIGN

THE KEY DELIVERABLES ARE:

TRANSNATIONAL NETWORK FOR INCLUSIVE SPORTS

COMMUNICATION AND NETWORK CHART

THE TOTAL NUMBER OF PARTCICPANTS /related to sports / is 106

THE SPORT ORGANISATIONS involved are in the grassroots sports - badmington, basketball and foortbal

THE KEY TG are sport experts and youth workers.

Republic of North Macedonia

Reference: 613693-EPP-1-2019-1-MK-SPO-SSCP

Project Title: Sport@Street

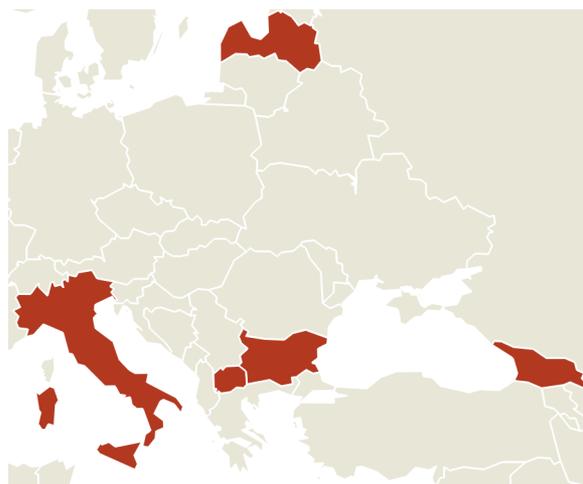
Project Acronym: SportS

Eligible Budget (€)	Grant Amount (€)	Co-financing
61,300.00	60,000.00	97.88 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: EUROPEAN CULTURAL
EPICENTER BITOLA
BORIS KIDRICH 5-50
MK 7000 BITOLA



Participants			
CON	EUROPEAN CULTURAL EPICENTER BITOLA	BITOLA	Republic of North Macedonia
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	NEW HORIZONS	TUSA	Italy
PA-ASC	Street Warriors	Ikšķiles novads	Latvia
PA-ASC	Street Workout	poti	Georgia

Number of members of sport organisations involved: 300

Sport@Street

The main objective of Sport@Street project is to enhance the social inclusion of young people from deprived urban areas. The project is thought as an opportunity for innovation and reflection in order to respond to the need of tackling the real risk of permanent exclusion for young people in situations of social disadvantage especially from (sub) urban areas. Through the cooperation of organizations Sport@Street promotes synergies between Youth Policies, sport, social inclusion.

Romania

Reference: 613159-EPP-1-2019-1-RO-SPO-SCP

Project Title: "Athletes go Further in Life!"

Project Acronym: AFL

Eligible Budget (€)	Grant Amount (€)	Co-financing
320,074.00	320,074.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: CLUBUL SPORTIV KING DO-LIONS ORADEA

str. Alexandru Cazaban nr. 49

RO Oradea



Participants			
CON	CLUBUL SPORTIV KING DO-LIONS ORADEA	Oradea	Romania
PAR	ASSOCIACAO DESPORTIVA CULTURAL E SOCIAL DE CARVALHAIS	MIRANDELA	Portugal
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	ONDOKUZ MAYIS UNIVERSITESI	SAMSUN	Turkey
PAR	TKD SPIRIT EGYESULET	Hatvan	Hungary

Number of members of sport organisations involved: 139

"Athletes go Further in Life!"

The project "Athletes go Further in Life!" addresses to performance athletes to make them aware of the importance of a dual career, to approach a dual career as soon as possible, even yet as long as they are in performance, to increase athletes participation to the education in and through sport with special focus on skills development, to provide them with a framework in which to remain active, taking into account their preparation. The aim of the project is to encourage the participation of athletes to the education in and through sport with special focus on skills development, as well support the implementation of the EU Guidelines on Dual Careers of Athletes. The project activities supported by all partners from Hungary, Italy, Portugal, Turkey and Romania, will generate 3 Intellectual outputs with a direct reference to dual career fields for athletes, the possibilities of approaching a dual career in the field of sports - following a questionnaire survey from a total of 750 athletes – 150 athletes/country, the development of a Guidance Guide - Modalities and methods of adapting training professional courses in sports domain by acquiring skills witch facilitate access of performance athletes to a dual career in sports which provides for distance learning arrangements adapted to the program of performance athletes to pursue a dual career in sport and an analysis of the practical results of the Guidance Guide. As a practical part we aim at a target of 25 performance athletes, 5 athletes/country selected from a minimum of 25, who will be direct beneficiaries of a training program based on the learning modules developed in the Guidance Guide, which will get the qualification as sports instructor, as a dual career in sports. Dissemination of activities will be done, both within the project, between the organizations, and outside the project - on the project website, to sport and educational organizations and institutions, federations and sports clubs, mass media etc.

Romania

Reference: 612987-EPP-1-2019-1-RO-SPO-SSCP

Project Title: **Balanced Living through Healthy Nutrition Habits**

Project Acronym: BLHNNH

Eligible Budget (€)	Grant Amount (€)	Co-financing
51,725.00	51,725.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASOCIATIA SE POATE**
STR REZERVEI 64 DUDU TARLA
76/1 PARCELA 4 64 AP CAM 1

RO 77040 CHIAJNA

www.asociatiasepoate.ro



Participants			
CON	ASOCIATIA SE POATE	CHIAJNA	Romania
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	MINE VAGANTI NGO	PERFUGAS	Italy
PA-ASC	ORAMA NEON - YOUTHORAMA	PANORAMA N. THESSALONIKI S	Greece
PA-ASC	TREND-PRIMA, ZAVOD ZA RAZISKAVE IN RAZVOJ ZNANJA, MARIBOR	MARIBOR	Slovenia

Number of members of sport organisations involved: 120

Balanced Living through Healthy Nutrition Habits

Balanced Living through Healthy Nutrition Habits (BLHNN) addresses the challenge of promoting a mutually reinforcing combination between Sport activity and healthy practices of living (including proper nutrition and non-sedentary lifestyles) as a means of enhancing a greater physical and mental wellbeing at the level of the youth.

The audience of project beneficiaries at the ultimate level is composed of young people aged 16-24 in partner countries and Europe. The main youth sub-category addressed is composed of youngsters with fewer opportunities (NEETs, early school leavers) with a view to addressing the direct relationship between low rates of physical activity and belonging to disadvantaged groups.

The direct audience of targets includes Sport operators (Coaches and Trainers active in grassroots Sport organizations), youth operators (NGO trainers) working with the youth in a complementary fashion to formal education and health practitioners (nutritionists and fitness experts specialized in youth health).

The specific activities carried out by BLHNN will be the following:

- 1) Analysis of successful practices of youth education in Sport participation, physical activity and health-enhancing nutrition.
- 2) Production of a good practices Handbook.
- 3) Creation of a Training Format for mixed groups of professionals (Sport Coaches/Trainers, NGO Trainers, Nutrition practitioners) providing them with the methods of non-formal learning to convey a holistic practice of healthy lifestyle to the youth.
- 4) Implementation of local trainings for professionals at the level of each partner country/organization.
- 5) Implementation of local activities with disadvantaged young people .
- 6) Creation of a Textbook for operators across sectors to promote healthy lifestyles among the youth through non-formal learning.
- 7) Implementation of awareness-raising activities at local level.
- 8) Project Web Platform in multiple languages storing project information and educational contents.

Romania

Reference: 613505-EPP-1-2019-1-RO-SPO-SCP

Project Title: **BULL.D.O.G - Bullying, Discrimination Overcome Game**

Project Acronym: BULLDOG

Eligible Budget (€)	Grant Amount (€)	Co-financing
227,110.00	227,110.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **SCOALA GIMNAZIALA REDIU**

SOS. VALEA REDIULUI NR. 342

RO 707405 REDIU



Participants

CON	SCOALA GIMNAZIALA REDIU	REDIU	Romania
PAR	ASSOCIACAO DE FUTEBOL DE BRAGANCA	Bragança	Portugal
PAR	CENTRO UNIVERSITARIO SPORTIVO - CUSPADOVA - ASSOCIAZIONE SPORTIVA DILETTANTISTICA	PADOVA	Italy
PAR	CHAMPIONS FACTORY IRELAND LIMITED	Dublin	Ireland
PAR	GYMNAZIUM PAVLA HOROVA	Michalovce	Slovakia
PAR	MAIANDROS EPE	THIVA	Greece

Number of members of sport organisations involved: 256

BULL.D.O.G - Bullying, Discrimination Overcome Game

BULLDOG's main goal is to prevent and combat bullying, discrimination and intolerance in team sports by developing a big, innovative, anti-bullying game, the BULLDOG game, using 1) modern technology and 2) anti-bullying activities in sports grounds.

BULLDOG aims to identify: a) young athletes vulnerable to bullying and bully victims suffering secretly, young athletes with a predisposition of aggressive behavior and athletes that can function as role models in Role playing activities. Furthermore, BULLDOG aims to: b) educate young athletes, parents and coaches and organize anti-bullying Role playing games in sports grounds; c) encourage participation of bullying victims in team sports, d) raise awareness against all types of intolerant behavior in sports; and f) facilitate Online communication of bully victims with coaches and experts.

TARGET GROUPS: a) young adolescent athletes (9-13 years old), b) their parents, c) coaches, sport teachers etc., d) sports federations, sports associations, schools & universities' teams from RO, EL, IT, IE, PT, SK and all over Europe.

TARGET SPORTS: football and other team sports.

PART A- BULLDOG GETS DIGITAL

BULLDOG's educational material will contain:

- 1) A MOBILE APP in 6 language versions RO, EL, IT, PT, EN, SK that will incorporate:
 - a) an Assessment test aiming to test the athletes' defense lines towards bullying assaults.
 - b) a Role playing educative game aiming to teach strategies against bullying behavior in team sports.
 - c) an Evaluation game that will evaluate the users' gained knowledge.
- 2) An E-PLATFORM including E-learning modules, raising awareness against violence in sports & a HELPLINE.

PART B- BULLDOG IN SPORTS GROUNDS

Additionally BULLDOG aims to organize anti-bullying activities in sports grounds including

- a) Formation of support groups
 - b) Role playing activities
 - c) Engagement of parents
- 3) SPORTS EVENTS for piloting BULLDOG game.
 - 4) REPORTS based on the results of the Assessment test and Evaluation game.

Romania

Reference: 613577-EPP-1-2019-1-RO-SPO-SCP

Project Title: Chess Platform for Deaf People

Project Acronym: CHED

Eligible Budget (€)	Grant Amount (€)	Co-financing
332,990.00	332,990.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: INSTITUTUL POSTLICEAL
PHOENIX ASOCIATIE
STRADA AVIATOR BADESCU 27
RO 400082 CLUJ NAPOCA



Participants			
CON	INSTITUTUL POSTLICEAL PHOENIX ASOCIATIE	CLUJ NAPOCA	Romania
PAR	ANTIK ART LLC	Yerevan	Armenia
PAR	CENTRO INTERNAZIONALE PER LA PROMOZIONE DELL'EDUCAZIONE E LO SVILUPPO ASSOCIAZIONE	PALERMO	Italy
PAR	CENTRUM EDUKACJI I WSPARCIA RES-GEST	Rzeszów	Poland
PAR	CLUBUL SPORTIV AL SURZILOR TACEREA CLUJ	CLUJ-NAPOCA	Romania
PAR	KENTRO EPIKOINONIAS KAI TECHNOLOGIAS (KET)	ATHENS KIFISSIA	Greece
PAR	LANDWARD RESEARCH TEORANTA	Cork	Ireland
PAR	SINOP SPASTIK COCUKLAR DERNEGI	MERKEZ	Turkey

Number of members of sport organisations involved: 455

Chess Platform for Deaf People

The project "Chess platform for deaf people" aims to contribute to the elimination of existing barriers to mass sports for deaf people and to provide equal opportunities for participation to chess, by developing an online chess learning platform with explanations in sign language and building a network of organizations willing to support it over time. Currently, there are many interactive platforms that offer chess lessons, but none is fully accessible to deaf people, containing audio explanations. Deaf people are considered disabled persons and the vast majority of them are socially, culturally and sportly marginalized due to the language barrier. Although chess, the "sport of silence" is a sport adapted to deaf people, there has been lately the lack of interest of young deaf people in this sport. To this end, the partnership of eight organizations, supporting sports activities of people with disabilities, proposes in this project an interactive European platform for learning chess adapted to deaf people by introducing the sign language. Using the interactive and attractive online environment, we believe will help us to attract as many deaf young people to this noble sport. The network provides opportunities to strengthen cooperation between 7 countries, of which 6 are EU members and Armenia. Through the involvement of hearing chess associations, in the project, the network will contribute to create synergy between these associations and will enhance the integration of deaf people into society, increase self-confidence and emancipation.

The project responds to the priority set in the communication Communication "Developing the European Dimension in Sport" of January 2011: "social inclusion in and through sport, including sport for people with disabilities and gender equality in sport".

Romania

Reference: 613201-EPP-1-2019-1-RO-SPO-SSCP

Project Title: Folk up! – Dancing Towards a Healthy Lifestyle

Project Acronym: FUDTHL

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,925.00	59,925.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: ASOCIATIA LIBER LA
EDUCATIE, CULTURA SI
SPORT

ALEEA COMPOZITORILOR 15 BL
821 SC A ET 8 AP 33

RO 061605 BUCURESTI

www.educatie.org



Participants

CON	ASOCIATIA LIBER LA EDUCATIE, CULTURA SI SPORT	BUCURESTI	Romania
PA-ASC	BUDAPESTI EGYESULET A NEMZETKOZI SPORTERT	BUDAPEST	Hungary
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey

Number of members of sport organisations involved: 90

Folk up! – Dancing Towards a Healthy Lifestyle

“Folk Up! – Dancing towards a healthy lifestyle” is an 18 months Small collaborative partnership project developed by 4 experienced organizations from 4 different European countries (Romania, Bulgaria, Hungary and Turkey). The project will promote education in and through sport with special focus on skills development, it will collect 8 Folk dances (two from each partner country) in a wide spread Handbook and in a Video Catalogue. The dance is an entertaining physical activity used by the PE teachers and coaches in a Training Course as a sport tool for education, inclusion, tolerance and openness to multiculturalism. The project will engage young people in Folk dances during a Youth Exchange that will bring together more than 300 youngsters and minimum 32 Local workshops organized in the partner countries in rural and urban areas.

Thus, the partnership brings together a range of key partners, sports experts, sports youth workers, youths, external organizations and individuals, and relevant stakeholders that will actively work together to promote the dance as a sport tool for education through sport, which creates existential learning between people. Through this project, a lasting social change is supposed to happen and it aims to enable empowerment and provoke a sustainable social transformation.

“Folk Up! – Dancing towards a healthy lifestyle” will be used as a resource hub that stimulates not only the involvement of young people in physical activity, but also the abilities of Physical Educators to educate youngsters through dance.

Romania

Reference: 613111-EPP-1-2019-1-RO-SPO-SSCP

Project Title: Female-friendly Training Environment for Gender Balance in Aikido

Project Acronym: GendAi

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,450.00	53,450.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **FUNDATIA ROMANA DE AIKIDO AIKIKAI**

Plopilor 57-62

RO 400379 Cluj-Napoca

www.aikikai.ro



Participants

CON	FUNDATIA ROMANA DE AIKIDO AIKIKAI	Cluj-Napoca	Romania
PA-ASC	Aikido Bond Nederland	Amsterdam	Netherlands
PA-ASC	AIKIKAI SLOVENIJE, ZVEZA AIKIDO DRUSTEV	LJUBLJANA	Slovenia
PA-ASC	Europesche Aikido Federatie	Brussels	Belgium

Number of members of sport organisations involved: 250

Female-friendly Training Environment for Gender Balance in Aikido

The Project between Romanian, Dutch and Slovenian Aikido sports organizations will address the topic of promoting gender in and through sport with special focus on equal opportunities in teaching and leadership.

The main target groups in this particular project are female Aikido practitioners and female Aikido instructors (Aikido trainers). However, the ultimate aim is to target the Aikido community as a whole in order to change the general approach toward female practitioners.

The project aims at identifying measures, such as adapted training methods, to create a "female-friendly" environment for aikido practitioners. In identifying these measures the project on the one hand will include workshops for young people with fewer opportunities with special focus on the young female practitioners who need encouragement and role models to develop self-confidence and feel comfortable in a primarily male-oriented community. On the other hand, the project will focus on collecting data, information and experience from high level female instructors through research and interviews to establish a database of common knowledge. Based on the experienced to be drawn the best practices Guidelines for creating female-friendly training environment with the aim to increase and retain the number of female aikido practitioners will be recommended, throughout the network of the European Aikido Federation, to the other member organisations within the EU. Those practices can also used as a basis to develop the curriculum of Aikido instructors in general.

Themed around education and sports, this project is designed to have clear relevance to EU policies surrounding gender stereotyping and misogyny, as a form of social exclusion.

Romania

Reference: 613568-EPP-1-2019-1-RO-SPO-SSCP

Project Title: **Assess, promote and support the involvement of local governments in physical activity and sport promotion**

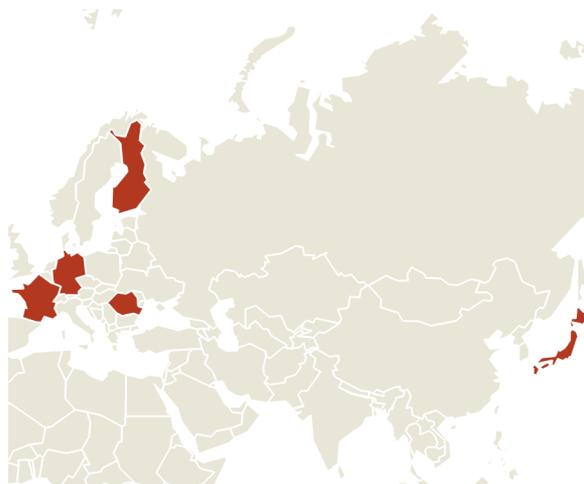
Project Acronym: LoGoPAS

Eligible Budget (€)	Grant Amount (€)	Co-financing
54,900.00	54,900.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **UNIVERSITATEA BABES BOLYAI**
MIHAIL KOGALNICEANU 1
RO 400084 CLUJ NAPOCA



Participants			
CON	UNIVERSITATEA BABES BOLYAI	CLUJ NAPOCA	Romania
PA-ASC	Asociatia Club Sportiv The Box	Cluj Napoca	Romania
PA-ASC	Asociatia Romana de Promovare a Activitatii Fizice pentru Sanatate	Cluj-Napoca	Romania
PA-ASC	Chukyo University	Nagoya	Japan
PA-ASC	FRIEDRICH-ALEXANDER-UNIVERSITAET ERLANGEN NUERNBERG	ERLANGEN	Germany
PA-ASC	LIKUNNAN JA KANSANTERVEYDEN EDISTAMISSAATIO LIKES	JYVASKYLA	Finland
PA-ASC	UNIVERSITE DE NICE SOPHIA ANTIPOLIS	NICE	France

Number of members of sport organisations involved: 500

Assess, promote and support the involvement of local governments in physical activity and sport promotion

The roles of local governments in local physical activity and sport promotion have been acknowledged in the literature and advocated by international organizations. However, the specific legal roles and responsibilities and voluntary actions of these public institutions are still not thoroughly explored and clearly described in a transnational context.

The aim of the LoGoPAS (Assess, promote and support the involvement of local governments in physical activity and sport promotion) project is to explore the current legally binding roles and responsibilities of local governments in PA and sport promotion and to support an increase in these roles and consecutive actions by sharing examples of good practice and proposing a set of criteria for evaluation of these actions. Achieving this aim will contribute to the goal of reducing inequities in access to PA and sport services and will foster social inclusion through PA and sport - as a higher involvement of local government will contribute to more people having access to these services, regardless of their education, income or skills/abilities.

Main project activities are related to legal (legislation, regulations, minutes of city council meetings, etc.) documents analysis, stakeholders interviews and consultations and stakeholders meetings at local and transnational level.

The main project deliverables/products are: 1) A joint - synthesis report on the current legal roles and responsibilities and voluntary activities of local governments in PA and sport promotion; 2) An EU applicable set of recommendations and an action plan to increase the political importance of this topic; 3) A set of criteria for evaluation of this involvement.

Composed by 6 organizations (universities, NGOs and a sport club) from 4 EU Member States and 1 organization from Japan, LoGoPAS project will constitute an innovatory initiative for exploration and promotion of local PA and sport public policies.

Romania

Reference: 613626-EPP-1-2019-1-RO-SPO-SCP

Project Title: Sportification: Using Gamification in Physical Activities and Sport Activities

Project Acronym: PASGAM

Eligible Budget (€)	Grant Amount (€)	Co-financing
168,850.00	168,850.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASOCIATIA CENTRUL PENTRU STRATEGII DE DEZVOLTARE A TINERETULUI

STR ARIES 19 SALA 004B-006/4

RO 300579 TIMISOARA



Participants			
CON	ASOCIATIA CENTRUL PENTRU STRATEGII DE DEZVOLTARE A TINERETULUI	TIMISOARA	Romania
PAR	AGENZIA DI PROMOZIONE INTEGRATA PER I CITTADINI IN EUROPA APICE	Reggio Calabria	Italy
PAR	Asociacija "Aktyvus jaunimas"	KAUNAS	Lithuania
PAR	ASSOCIACAO TDM PORTUGAL	Lisboa	Portugal
PAR	REGIONALNE CENTRUM WOLONTARIATU	KIELCE	Poland

Number of members of sport organisations involved: 20

Sportification: Using Gamification in Physical Activities and Sport Activities

We propose a pilot project that develops and tests several tools based on the principle of gamification with the purpose to increase participation of young people from the periphery of big cities in sports and PA activities. The instruments we develop range from manuals and guidelines to be used by educators, sport instructors, sport teachers and youth workers to specific gamified instruments such as apps related to websites that monitor physical activity and gamify the process and online tests that give an insight on the progress made by young people in PA and sports.

The project has 400 young beneficiaries and 25 educators, trainers, youth workers, who benefit equally from this project. We produce 5 IOs which are disseminated through 5 multiplier event. Each of the 5 partners of the consortium has a collaborative towards the project involving another 3 organizations at local level: schools, community centers, sports centers as well as local authorities.

The project will be developed over the period of 24 months and the instruments developed will generate impact on the beneficiaries and would also be useful to affiliated organizations.

Romania

Reference: 613056-EPP-1-2019-1-RO-SPO-SSCP

Project Title: Paragliding For All

Project Acronym: PFA

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,600.00	59,600.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ASOCIATIA YOUNG EUROPE SOCIETY

BILBOR 367/A

RO 537020 BILBOR



Participants

CON	ASOCIATIA YOUNG EUROPE SOCIETY	BILBOR	Romania
PA-ASC	ASOCIATIA CLUBUL SPORTIV AEROCLUBULTURBULENCIA	MIERCUREA CIUC	Romania
PA-ASC	ENSEMBLE PARTOUT	LIMOGES	France
PA-ASC	LEGARAMLAT NONPROFIT KFT	Budapest	Hungary
PA-ASC	SOD ITALIA associazione italiana displasia setto ottica e ipoplasia del nervo ottico	rome	Italy

Number of members of sport organisations involved: 50

Paragliding For All

Context

Tandem paragliding with disabled persons is rare in the 4 countries involved in this project (RO, HU, FR, IT). The percentage of tandem paragliding flights with disabled peoples was under 1% in 2018, in all 4 countries involved in the project. It occurs mostly with friends/relatives of the tandem pilots. It is mostly done using wheelchairs or trikes, which, for safety reasons, need a very flat and homogenous landing place. Our project will show that with proper knowledge, most of the disabled persons can fly safely in a normal passenger harness with airbag or foam protector and with use of 2 assistants on take-off (which is also compulsory if you fly with wheelchairs/trikes). This type of flying will allow an significant increase of flying places where tandems can be safely conducted with disabled persons, in fact all places used for tandem paragliding are suitable, the quality of the landing place is not more of vital importance for safety. This approach to paragliding tandem flying with disabled persons will open a lot of possibilities. To demonstrate the above mentioned theory, 2 tandem pilots, 1 from the Aeroclubul Turbulencia (TUR) and 1 from Young Europe Society (YES), will fly with 6 disabled project participants in each country (RO, HU, FR, IT).

Project Objectives

O1-Increasing with minimum 80% the number of flying sites that can be used for paragliding with disabled peoples in the EU.

O2-Strengthen the link between legal entities involved in tandem paragliding and disabled peoples legal entities.

O3- Organize free of charge 6 tandem flights for people facing disability in each participating country.

Main projects results

Methodology pdf booklet "Tandem paragliding with disabled peoples using regular passenger harness".

Project website.

Project video.

Dissemination conferences.

Romania

Reference: 613069-EPP-1-2019-1-RO-SPO-SSCP

Project Title: Parent-coach Relationships In Coach Education

Project Acronym: PRICE

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,210.00	56,210.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASOCIATIA SCOALA DE
ANTRENORI IOAN KUNST
GHERMANESCU**
CONSTANTIN NOICA NR 140 CORP
L ET 1, CAM 1, SECTOR
RO 060057 BUCURESTI



Participants

CON	ASOCIATIA SCOALA DE ANTRENORI IOAN KUNST GHERMANESCU	BUCURESTI	Romania
PA-ASC	ACS PROSPORT FOOTBALL ACADEMY BUCURESTI	Bucuresti	Romania
PA-ASC	CENTRO SPORTIVO EDUCATIVO NAZIONALE	ROMA	Italy
PA-ASC	FURIM INSTITUTT	OSLO	Norway
PA-ASC	SWANSEA UNIVERSITY	SWANSEA	United Kingdom

Number of members of sport organisations involved: 150

Parent-coach Relationships In Coach Education

An increase in the number of reported instances of parents engaging in violent, abusive, and controlling behavior toward athletes, coaches, officials, and fellow spectators has led many organizations to reconsider the role of the parent in youth sports and to give more importance to the relationships coach-parent.

Parent-coach Relationships In Coach Education (PRICE) is a project about enhancing coach-parent relationships in Youth Sports and how can football coaches/managers of clubs around Europe can develop support strategies for parents.

The main problem identified by the members of our collaborative partnership is the poor relationship of clubs and coaches with parents.

Our project's aim is to promote education in and through sport with special focus on skills development of coaches in their relationship with parents.

This project was initiated by the School of Coaches "Ioan Kunst Ghermănescu" (IKG) in partnership with a local football club in Romania - ProSport Bucharest Football Academy, Swansea University from UK, Furim Institutt from Norway and C.S.E.N. - Centro Sportivo Educativo Nazionale from Italy.

The specific objectives of our project are: to develop the skills and competences of the members of the consortium and about 100 local coaches/club managers that will together develop a mechanism of training for coaches and a dialogue mechanism between parents and coaches; to produce educational materials for coaches about how to enhance coach-parent relationship; to promote the benefits of football parenting/ enhancing parent-coach relationships in the partner countries during the entire period of the project.

The main activities developed in each of the partner countries are: 3 conferences, 4 orientation meetings and 4 workshops for coaches. Some of the tangible results of the project are a PRICE website and a guide for coaches on "How to master effective coach-parent relationships".

Romania

Reference: 613037-EPP-1-2019-1-RO-SPO-SSCP

Project Title: Coaching Rugby 7 to Girls

Project Acronym: R7Girls

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,950.00	56,950.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASOCIATIA SCOALA DE
ANTRENORI IOAN KUNST
GHERMANESCU**
CONSTANTIN NOICA NR 140 CORP
L ET 1, CAM 1, SECTOR
RO 060057 BUCURESTI



Participants

CON	ASOCIATIA SCOALA DE ANTRENORI IOAN KUNST GHERMANESCU	BUCURESTI	Romania
PA-ASC	CLUB DEPORTIVO CHANE	Chañe	Spain
PA-ASC	Clubul Sportiv Agronomia Bucuresti	Bucharest	Romania
PA-ASC	Klub Sportowy "BUDOWLANI" - Lodz	Łódź	Poland
PA-ASC	Lifeshaker - Associação	Caparica	Portugal

Number of members of sport organisations involved: 150

Coaching Rugby 7 to Girls

Rugby7Girls is a project initiated by a consortium made of 4 countries from 5 different bodies active in the field of sport (Association School of Coaches "Ioan Kunst Ghermănescu", Sports Club Agronomy Bucharest, Klub Sportowy "BUDOWLANI" – Łódź, Lifeshaker – Associação, Club Deportivo CHAÑE) that want to change the perception of women's rugby in Europe.

The main problem identified by the members of our consortium is the lack of skills of coaches in the women's rugby sector. The Rugby7Girls project's aim is to promote education in and through sport with special focus on skills development of coaches interested in women's rugby.

The specific objectives of our project are: To produce educational materials for the training of coaches in the domain of women's rugby (adjustment of an existing training methodology for coaches with particularities for women); to develop the skills and competences of the members of the consortium and about 100 local coaches/high school sport teachers that will be trained in the methods of coaching in women's rugby during the entire period of the project; to promote women's rugby at population level and in schools/high-schools for the improvement of the recruitment process of girls. (through local synergies between rugby clubs and schools/high-schools).

After a round table in Romania, a small-scale on-line survey on the difficulties of coaches in working with girls in rugby and an adjustment of the existing training methodology for rugby coaches with women particularities, we will all meet in 3 transnational meetings where we will exchange good practices and we'll learn from each-other about the particularities of women's rugby.

The tangible results of the project are: 4 Country reports on areas where coaches don't have practical skills to coach women in rugby; 1 on-line adjusted training methodology for coaches in women's rugby, 1 on-line Guide for coaches that summarizes the good practices in the participant countries.

Romania

Reference: 613592-EPP-1-2019-1-RO-SPO-SCP

Project Title: SEE countries for the Integrity of football clubs

Project Acronym: SEE-I

Eligible Budget (€)	Grant Amount (€)	Co-financing
291,320.00	291,320.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: UNIVERSITATEA NATIONALA
DE EDUCATIE FIZICA SI
SPORT DIN BUCURESTI

CONSTANTIN NOICA STREET 140
SECTOR 6

RO 060057 BUCURESTI



Participants

CON	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania
PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece
PAR	ASTIKI MI KERGOSKOPIKI ETAIRIA ATHLITIKIS DIAFANEIAS KAI PROSTASIAS TIS AKERAIOTITAS TOU ELLINIKOU ATHLITISMOU	ATHINA ATTIKI	Greece
PAR	FEDERATIA ROMANA DE FOTBAL	BUCARESTI	Romania
PAR	INSTITUT DE RELATIONS INTERNATIONALES ET STRATEGIQUES IRIS ASSOCIATION	PARIS 11	France
PAR	NATSIONALNA SPORTNA AKADEMIYA VASSIL LEVSKI	SOFIA	Bulgaria
PAR	VEREIN ZUR WAHRUNG DER INTEGRITAT IM SPORT (VWIS)	WIEN	Austria

Number of members of sport organisations involved: 500

SEE countries for the Integrity of football clubs

The SEE- I project intends to open a new focus on sport integrity and governance, dedicated to the level of professional and semi-professional football clubs. Considering the exploratory, multidisciplinary and complex nature of the subject, the project will focus on a small number of countries in south-east Europe (Romania, Bulgaria and Greece).

The project brings together academic partners (National University of Physical Education and Sports, Aristotle University of Thessaloniki, The National Sports Academy of Sofia, Institute International Strategic Relations) who, together with sports organizations (Romanian Football Federation; Play Fair Code, FAIR PLAY CODE HELLAS), will address the following main objectives : to improve the evidence base relating to football clubs' integrity in the SEE countries through the voices of key actors in football (managers, coaches and players); to establish a sustainable transnational network of integrity of football clubs expertise in Europe and in the SEE region; to develop a model for the education and training of key actors in a football club; to develop the skills of about 100 football managers, 100 coaches and 100 football players in the SEE countries; to improve the sharing of knowledge, experience and good practice on the integrity of football clubs in Europe in general and SEE countries in particular.

The intellectual outputs produced by the project will be a SEE-I Study Report "Regional trends in the promotion of football clubs' integrity in SEE" that will include the findings of a qualitative and quantitative research that will involve 500 participants in total from Romania, Bulgaria and Greece (managers, coaches and football players) and a SEE-I Tools Kit with educational materials for each of the topics addressed by this project - Match-Fixing, Substance use, Sport ethics, Sports betting and corruption.

Romania

Reference: 613406-EPP-1-2019-1-RO-SPO-SSCP

Project Title: **Soft Skills through Sport for Active Youth**

Project Acronym: SSSAY

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,195.00	58,195.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASOCIATIA UMANISTA ROMANA**
SOS. COLENTINA NR. 4 BL. 3 SC. A
ET. 6 AP. 27
RO 021173 BUCURESTI
humanismromania.org



Participants			
CON	ASOCIATIA UMANISTA ROMANA	BUCURESTI	Romania
PA-ASC	Associação Sójovem das Saibreiras	Ermesinde	Portugal
PA-ASC	ENOSI ATHLITIKON SOMATEION SEGAS KYKLADON	ERMOUPOLI SYROY	Greece
PA-ASC	ORGANIZZAZIONE PER L'EDUCAZIONE ALLO SPORT	ROMA	Italy
PA-ASC	SUSHAL HUB SDRUZHENIE	SOFIA	Bulgaria

Number of members of sport organisations involved: 10

Soft Skills through Sport for Active Youth

Our project aims to promote education in and through sport focusing on soft skills development in youth, aged 15-20 years old. Soft skills are relevant, regardless of the career they will follow, helping them better integrate in the work space and more efficiently interact with managers, co-workers, clients etc.

Through our project we would like to highlight the benefits practicing sport on a regular basis has on young people.

Objectives:

1. Promote physical activity in high schools in participating countries, to young people, aged 15-20 years old, from small towns or rural areas, as a way to develop soft skills for the future.
2. Raising a positive attitude regarding the importance that sport plays in developing soft skills in youth, aged 15-20 years old, for teenagers and stakeholders in order to help match certain sports to certain skills they help develop (discipline, teamwork, communication, creative/critical thinking, etc.)
3. Increasing the awareness of relevant stakeholders in participating countries regarding the importance of soft skills development in order to be involved in promoting sport for soft skills or developing and implementing new methods/strategies in the educational system that can help engage teenagers in sport as a way to develop their soft skills.

Activities within the project will focus on:

- Meetings in high schools with former or current local athletes/coaches/trainers who will present teen students how sport and a healthy lifestyle can influence the development of soft skills and life skills
- A research on how physical activity is influencing the development of soft skills among teenagers who practice sport on a regular basis
- 5 conferences, one in each participating country, to present the research and meetings in high schools results.

Romania

Reference: 613659-EPP-1-2019-1-RO-SPO-SSCP

Project Title: V for Volunteering

Project Acronym: V4V

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,395.00	60,000.00	99.35 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **ASOCIATIA YELLOW SHIRTS**
STR. IZA 3/3 JUD MARAMURES
RO 430073 BAIA MARE



Participants

CON	ASOCIATIA YELLOW SHIRTS	BAIA MARE	Romania
PA-ASC	Associacio Cultura Creativa	Gandia	Spain
PA-ASC	C.S. Stiinta Baia Mare	Baia Mare	Romania
PA-ASC	GENCLIK MEVSIMI DERNEGI	ISTANBUL	Turkey

Number of members of sport organisations involved: 35

V for Volunteering

“V for Volunteering” is a sport project designed by Yellow Shirts Association together with CS Stiinta Baia Mare, Asociacion Cultura Creativa and Genclik Mevsimi Dernegi with the purpose to increase the number of persons involved in volunteering mainly in sports in Romania, Turkey and Spain, but at the international level as well.

The topic we want to address is of promotion of education in and through sport with special focus on skills development, mainly by being informed about the sport events happening around and the existing volunteering opportunities in sports, getting a deeper preparation as a volunteer through a training course in addition to what the organisers provide, as well as to organise sport event for practicing the volunteering training’s materials. As a highlight of this project, we plan to organise a national tournament of beach volleyball, based on the pilot activity “Baia Mare Urban Beach” happening in July 2019.

The whole project is aimed to be implemented for 2 years starting with January 2020.

The 3 objectives are:

O1. To create and maintain 1 informative platform throughout the project, for promoting sport results, athletes’ performances, sport events and volunteering in sport opportunities, that would reach at least 3.000 subscribers

O2. To develop and test 1 training course online and its printable version with materials and information for preparing the 200 international volunteers in sport events

O3. To develop organisational, communicational and digital competences of 20 persons through 100 local events, 1 training course and 1 tournament

This project foresees 6 main activities, which are: project management, promotion and information, transnational meetings, volunteering in sports – courses, local activities, and Baia Mare Urban Beach.

The desired impact is the increasing number of people joining volunteering in sports, as well as opening the appetite of Baia Mare’s community towards organisation of more sport events in the city.

Serbia

Reference: 613361-EPP-1-2019-1-RS-SPO-SSCP

Project Title: InclusiveNet

Project Acronym: /

Eligible Budget (€)	Grant Amount (€)	Co-financing
43,875.00	43,875.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **KLUB ZA OSNAZIVANJE
MLADIH 018 UDRUZENJE**
DJURE STRUGARA 1
RS 18000 NIS



Participants			
CON	KLUB ZA OSNAZIVANJE MLADIH 018 UDRUZENJE	NIS	Serbia
PA-ASC	COUNCIL FOR PREVENTION OF JUVENILE DELINQUENCY KAVADARCI	KAVADARCI	Republic of North Macedonia
PA-ASC	ORAMA NEON - YOUTHORAMA	PANORAMA N. THESSALONIKI S	Greece
PA-ASC	STONOTENISKI KLUB OSOBA SA INVALIDITETOM NAIS	Nis	Serbia
PA-ASC	UDRUGA ZA PROMICANJE POZITIVNE AFIRMACIJE MLADIH U DRUSTVU IMPRESS DARUVAR	Daruvar	Croatia

Number of members of sport organisations involved: 30

InclusiveNet

Consortium of "InclusiveNet" project consists of 5 organizations and associations/clubs for persons with disabilities - Club for Youth Empowerment 018 (KOM 018) and Tennis table club for persons with disabilities "Nais" from Nis - Serbia, Udruga "Impress" from Daruvar – Croatia, "Youthorama" from Thessaloniki - Greece and "Council for prevention of juvenile delinquency" from Kavadarci – North Macedonia. Project "InclusiveNet" would be implemented in the period 01.01. - 31.12.2020 in 4 countries - Croatia, Greece, North Macedonia and Serbia. The project will address the topic of "Encourage social inclusion and equal opportunities in sport".

Project General Aim:

- To develop informal InclusiveNet – network especially targeting organizations and clubs working youth with disabilities and youth at risk and increase transnational cooperation

Specific objectives:

- To increase the capacities of the partner organizations and clubs to operate at transnational level and exchange good practices in the field of inclusive sports
- To educate members of partner organizations and clubs to plan and organize awareness raising campaign
- To map sport clubs in the local communities, especially targeting those working with people with disabilities and with youth at risk and develop set of recommendations for the improvement of the position of clubs and sport workers
- To empower local communities to develop understanding for projects vulnerable groups and to promote universal rules of sports in the local community and combat intolerance, discrimination and social exclusion of youth with disabilities and youth at risk at the local and international level
- To improve and strengthening European cooperation in regard to work with youth with disabilities and youth at risk

Activities will include 3 Transnational project meetings and 2 local activities organized in 4 countries.

Serbia

Reference: 613048-EPP-1-2019-1-RS-SPO-SSCP

Project Title: Green Line of Reconnection

Project Acronym: GLOR

Eligible Budget (€)	Grant Amount (€)	Co-financing
57,160.00	57,160.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **PLANINARSKI KLUB TARA**

Spanskih boraca 1

RS 31250 Bajina Basta

www.planinarskiklubtara.org



Participants

CON	PLANINARSKI KLUB TARA	Bajina Basta	Serbia
PA-ASC	Kolesarsko pohodnisko drustvo HEJ, GREMO NAPREJ	MARIBOR	Slovenia
PA-ASC	Planinarsko drustvo Zeljeznicar Gospic	Gospic	Croatia

Number of members of sport organisations involved: 24

Green Line of Reconnection

The general objective of the Green Line of Reconnection (GLOR) project is: To improve cooperative activities of the mountaineering clubs from Balkan region through improvement of mobility, communication and sharing good practices between volunteers, mountain guides and other experts.

The objectives will be accomplished through the five transnational meetings in participants home countries.

First meeting is necessary for coordinating the project management team, and the last one is planned for examination of the project results and preparing the final report.

The key activities of the GLOR project are the ones planned for the meetings of the experts and volunteers from the participating organizations. Those activities are design to strengthen the links between the participants from the different countries. GLOR project relies on the idea of Via Dinarica long distance path which naturally connects the neighboring Balkan countries on the line of the Dinaric Arc. In correlation with this, as the new parts of the Green route are going to be marked, we will use an innovative approach with uploading and sharing new GPS and other data on Via Dinarica web platform.

The participating organizations, after the project is realized, are going to continue and further improve the cooperative activities in the different disciplines of the mountaineering sport.

By making the project, related activities and results highly visible, we are aiming to spread the idea of reconnecting to the other local clubs from the region.

Serbia

Reference: 613337-EPP-1-2019-1-RS-SPO-SSCP

Project Title: "Developing a new generation of sport fans"

Project Acronym: NEWFANS

Eligible Budget (€)	Grant Amount (€)	Co-financing
39,850.00	39,850.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: UDRUZENJE NAVIJACA
GENTLEMEN

Milana Vujaklije 5/20

RS 11000 Belgrade

<https://www.serbianfans.org/>



Participants			
CON	UDRUZENJE NAVIJACA GENTLEMEN	Belgrade	Serbia
PA-ASC	ASTERI SOMATEIO GIA THN EYAISTHITOPOIISI GIA TA SPOR TIN EKPAIDEYSI TO PERIVALON THN ENERGEIA KAI TO DIADIKTIO	THESSALONIKI	Greece
PA-ASC	CENTER FOR INTERCULTURAL DIALOGUE ASSOCIATION	KUMANOVO	Republic of North Macedonia
PA-ASC	Fudbalski klub "Lokomotiva"	Belgrade	Serbia

Number of members of sport organisations involved: 1

"Developing a new generation of sport fans"

"Developing a new generation of sport fans"

Serbian NGO & non-profit fans association „The Gentlemen“ has been established in 2007. It promotes the idea of non-violent support of our national team and clubs. We have self-organized tours to a dozen of foreign countries to support our teams, but also make friends all around the world and share ideas of sportsmanship. Serbia had passed through a turbulent period of crises, which had numerous negative impacts to whole society, especially youth, in terms of violence, nationalism, social exclusion, lack of education.

Our idea is to create an educational program with local professionals, which will be delivered through 9 sessions organized for 14-16y old adolescent population in primary and secondary schools, consisting of these themes:

- Tackling the problem of violence, hooliganism and their consequences to future life of young individuals
- Demystifying root causes of violent behaviors around sport arenas, including fake appealing motives
- Presenting documentary materials about the negative events of the past which occurred partially as a consequence of non-existing educational effort and systemic approach and presenting positive practice
- Sharing the stories about „The Gentlemen“ experiences around the globe, showing the right example is possible
- Interactive part with young participants
- End-session structured survey to collect inputs from the participants
- Workshop results will be analyzed, with reports created at the end

The Partners on the Project will help the program with their relevant researches and statistics to help us to benchmark, analyze and survey. Also, they will initiate public debate around the topic in their countries.

The final project report will include overall program results with conclusions and recommendations for future steps.

The findings will be freely disseminated to the public in our region and EU countries, aiming to provide added value to the efforts of improving sports fan culture.

Serbia

Reference: 613456-EPP-1-2019-1-RS-SPO-SSCP

Project Title: Power of Knowledge - 2020

Project Acronym: PK2020

Eligible Budget (€)	Grant Amount (€)	Co-financing
44,005.00	44,005.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: EVROPSKA ORGANIZACIJA MLADIH

Milutina Milankovića 184/27

RS 11070 Belgrade



Participants

CON	EVROPSKA ORGANIZACIJA MLADIH	Belgrade	Serbia
PA-ASC	Karate klub "Mladenovac"	Mladenovac (Belgrad)	Serbia
PA-ASC	MTU YOUTH PLANET	Tallinn	Estonia
PA-ASC	TERRA SLAVONICA	Ivanovci	Croatia
PA-ASC	Zentralrat der Serben in Deutschland e.V.	Berlin	Germany

Number of members of sport organisations involved: 1

Power of Knowledge - 2020

One of the basic and universal rights of children and young people is the right to engage in sports, BUT under the guidance and control of qualified sports workers or trainers. They (coaches, sports workers), (besides children parents), have the greatest influence on shaping not only the sport experience, but also the whole life of young people, in the most sensitive phases of their psycho-physical and social development. They represent a part of the Sports Triangle, which consists of: TRAINER-ATHLETES-PARENTS. In this triangle, apart from their parents, their role and responsibility in the sports and psychological development of young athletes is enormous.

Today, many parents as well as trainers are unaware of the importance of their role, which is often wrongly performed, and thus deprives children of positive sports experiences, the acquisition of valuable life skills, entertainment, enjoyment, psychological growth and development. Sports trainers, apart from educating children and youth about sports tactics and techniques, they also develop their speed, skill, strength, balance, endurance. Etc. In addition to sports, there are also social aspect that can be transmitted through their work. Trainer teach them through the sport to; how to cooperate, to compete, to act under pressure, how to solve conflict situations, etc.

Considering these facts, we became aware of the educational potential that sport has on young people, and therefore we decided on the project "Power of Knowledge - 2020", which first time puts sports workers-trainers who, apart from their parents, have the most important role in the development of young athletes and children.

General objectives:

The project contributes to the development of school and recreational sports, through the advancement of theoretical / practical knowledge and skills in sports workers (trainers, professors of physical ... etc).

Serbia

Reference: 612974-EPP-1-2019-1-RS-SPO-SSCP

Project Title: **More entrepreneurship in sport - more sport for all**

Project Acronym: SHIPALL

Eligible Budget (€)	Grant Amount (€)	Co-financing
44,925.00	44,925.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **BEST SELLER**

Vojvodjanska 161

RS 11271 Surcin, Belgrade

www.best-seller.org.rs



Participants

CON	BEST SELLER	Surcin, Belgrade	Serbia
PA-ASC	ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE	SKOPJE	Republic of North Macedonia
PA-ASC	OUT OF THE BOX INTERNATIONAL	BRUXELLES	Belgium
PA-ASC	Rukometni klub Beograd	Beograd	Serbia

Number of members of sport organisations involved: 77

More entrepreneurship in sport - more sport for all

The sport industry has had a growing impact on the global economy over the last 20 years with investment in public infrastructure, mobilizing resources and creating new professions and jobs. Today it is one of the professional sectors with the most economic momentum, creating opportunities for many people who aspire to a future in the world of sports.

Currently, there is an absence of research on how sport policy is entrepreneurial and innovative, something this project seeks to rectify. An entrepreneurial mindset can help sport policymakers produce better decisions about how to propose solutions to problems.

The crucial roadmap of developing entrepreneurship among youth athletes' development is dependent upon the quality of sports development programmes from grassroots level and leadership competencies of sport administrators, facilitators and coordinators.

Objectives of the project:

- To examine the role of the sports entrepreneur and entrepreneurial process in new venture creation projects;
- To develop more entrepreneurial thinking in sports-related ventures;
- Identify the characteristics of the individual sport entrepreneur;
- Demonstrate creativity and the business idea in sport entrepreneurs;
- To encourage cooperation between EU and in partnership countries;
- To build sustainable partnerships between organizations working in the field of youth and sports;
- To stimulate the development of entrepreneurial thinking;
- To explore the meaning, importance and potential of youth entrepreneurship in/through sport.

Participating organizations are coming from Serbia (Best-seller and RK Beograd), North Macedonia (Association for progress, education and lobbying) and Belgium (Out of the box International).

Serbia

Reference: 613514-EPP-1-2019-1-RS-SPO-SSCP

Project Title: Championship skills of athletes

Project Acronym: Skills

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,050.00	58,050.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: ALIJANSA ZA PODRSKU DRUSTVU

GORNJOGRADSKA 9G/6

RS BEOGRAD



Participants			
CON	ALIJANSA ZA PODRSKU DRUSTVU	BEOGRAD	Serbia
PA-ASC	ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE	SKOPJE	Republic of North Macedonia
PA-ASC	FUNDACIJA STUDENTSKI TOLAR, USTANOVA SOU V LJUBLJANI	LJUBLJANA	Slovenia
PA-ASC	PROJE LANSMANI UYGULAMA SANATI DERNEGI	BURSA	Turkey
PA-ASC	Rukometni klub Beograd	Beograd	Serbia

Number of members of sport organisations involved: 112

Championship skills of athletes

The value of sport as a trigger for personal development has been recognized in the high ranks of the international sport world. In 1994, Danish and colleagues defined life skills as “skills that enable individuals to succeed in the different environments in which they live, such as school, home and in their neighborhoods”. An implicit assumption in this definition is that life skills help a person not only excel in his or her sport, but also benefit the individual once he or she transfers the skills to non-sport settings.

Before we talk about how to facilitate positive sports environments though, we need to address the issue of why we should do this in the first place. Should coaches even play a role in facilitating positive youth development? Should they build character in their young athletes as well as technical skills? After all, coaches are primarily (and in some cases solely) trained to impart knowledge that leads to game competence (e.g. learning new technical and tactical skills, game awareness and fitness), not psychological and social skills.

Development of life skills is a complex process and with this project we want to provide insight on how this process may occur with young high-level athletes, and to outline current understanding of how sport can achieve positive youth development (i.e., life skills), the role of the environment, and those involved at the ‘microsystem’ level of sport.

Some of objectives are:

- To develop the skills to reflect critically on and manage one’s own lifestyle,
- to encourage young people to have an attitude of aspiration and the desire to set and achieve goals, and of tolerance;
- to create and provide strategies which will enhance a person’s ability effectively create behaviors that can influence and motivate with others;
- to build confidence, self-esteem, self-worth, self-belief and self-respect in young players
- to create a E-platform for skill development of youth athletes

Serbia

Reference: 613106-EPP-1-2019-1-RS-SPO-SCP

Project Title: **ENCOURAGING THE SOCIAL INCLUSION OF YOUTH WITH INTELLECTUAL DISABILITIES THROUGH SPORTS**

Project Acronym: SocPORT

Eligible Budget (€)	Grant Amount (€)	Co-financing
396,800.00	396,800.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **SPORTSKO UDRUZENJE SPECIJALNA OLIMPIJADA SRBIJE**

Vojislava Ilica 4a

RS 11050 Belgrade

www.specijalnaolimpijada.com



Participants			
CON	SPORTSKO UDRUZENJE SPECIJALNA OLIMPIJADA SRBIJE	Belgrade	Serbia
PAR	CENTER ZA USPOSABLJANJE, VZGOJO IN IZOBRAZEVANJE JANEZA LEVCA LJUBLJANA	Ljubljana	Slovenia
PAR	LUDWIG-MAXIMILIANS-UNIVERSITAET MUENCHEN	Munich	Germany
PAR	SDRUZHENIE SPECIAL OLYMPICS BULGARIA	Sofia	Bulgaria
PAR	SPECIALNE OLYMPIADY SLOVENSKO	BRATISLAVA	Slovakia
PAR	SPECIJALNA OLIMPIJADA BOSNE I HERCEGOVINE	Sarajevo	Bosnia and Herzegovina
PAR	SYLLOGOS GONEON, KIDEMONON KAI FILON ATOMON ME ANAPIRIA 'TO ERGASTIRI'	Ano Liosia	Greece
PAR	TRAKYA DOGA SPORLARI IHTISAS KULUBU DERNEGI	Edirne	Turkey
PAR	UDRUZENJE ZA LJUDSKA PRAVA I SOCIJALNU INKLUZIJU	TUZLA	Bosnia and Herzegovina

Number of members of sport organisations involved: 500

ENCOURAGING THE SOCIAL INCLUSION OF YOUTH WITH INTELLECTUAL DISABILITIES THROUGH SPORTS

The SocPORT project focuses to improve improving the abilities of the relevant stakeholders involved through various educational activities, building on each other and guiding participants from all levels towards better alignment with Good leadership principles. The results of our partner analysis directly or indirectly demonstrate great disparity between existing leadership and good leadership practices. The lack of pursuing good leadership principles at the partner level has deeply affected the members, mainly clubs, players, coaches, and game officials, who train, compete and work in an environment defined by less than satisfactory level of integrity, organizational resilience, transparency, ethical standards, accountability and inclusivity. We need to focus primarily on program leaders, as many have not had adequate learning and development opportunities up to now. Primarily the project aims to improve the management which influences all the other sub-systems and stakeholders, while other stakeholders will also be addressed with specific topics to help them improve their role as full members of the sport ecosystem. The main objective is to increase the sport participation and equal opportunities in sport of children and youth with ID, and thereby empower self-confidence and increase the social inclusion. Project develops is to tackle discrimination and intolerance and to encourage social inclusion. The expert project partners are the key stakeholders in the promotion of inclusive practice, and will provide necessary expertise and experience to deliver high-quality and high-impact contents and ensure smooth implementation of the project. We believe the project implementation will lead to better environment for everyone involved in participating countries and promote its growth for years to come. In addition, the outputs of the project will be intensively disseminated and will benefit other sport bodies for youth with ID at national and international level.

Serbia

Reference: 613100-EPP-1-2019-1-RS-SPO-SCP

Project Title: Sport for Health Network - Sport4HealthNet

Project Acronym: SPORT4H

Eligible Budget (€)	Grant Amount (€)	Co-financing
297,072.00	297,072.00	100.00 %

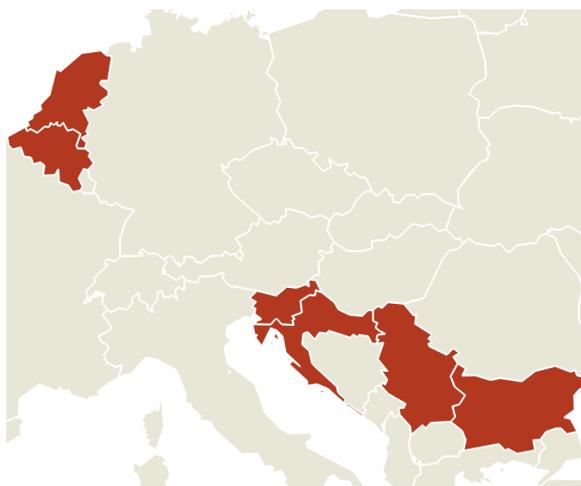
Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: UNIVERZITET U NOVOM SADU

DR ZORANA DINDICA 1

RS 21000 NOVI SAD



Participants

CON	UNIVERZITET U NOVOM SADU	NOVI SAD	Serbia
PAR	BALGARSKI CHIRLIDING SAYUZ	Sofia	Bulgaria
PAR	EUROPEAN COOPERATION CENTRE	Brussels	Belgium
PAR	SPORTNA ZVEZA CELJE	CELJE	Slovenia
PAR	STICHTING NIEUWE GEZONDHEID	Weert	Netherlands
PAR	SVEUCILISTE U ZAGREBU KINEZIOLOSKIFAKULTET	ZAGREB	Croatia

Number of members of sport organisations involved: 102

Sport for Health Network - Sport4HealthNet

The transnational network of 6 European Countries – Sport4HealthNet with a synergise approach will address two issues as major concerns and obstacles for citizens to be more active: lack of time and better sport local infrastructure which converges on a set of HEPA guidelines.

The overall idea to be evaluated in this project is that advanced practices and knowledge on alternative physical activities in/around the workplace represents a quantifiable health benefit, contributing to increasing healthy lifestyle behaviour in working population, resulting in mood improvement, higher productivity, decrease in absenteeism and lifestyle diseases. The specific objectives of this project are: (1) to evaluate target groups of employees for health profiles before/after an educational intervention; (2) to develop user-friendly digital guidelines for physical activity at workplace that includes multicomponent interventions with innovative activities (including stretching and strength exercise); (3) to provide an educational intervention and practical demonstration by a HEPA-recognised professional how to implement novel interventions in work settings; (4) to determine the extent to which the intervention would yield an additional benefit for health profiles ; (5) develop a user-friendly inventory of sport and leisure facilities on Google maps in 6 project cities and (6) to promote and disseminate project results using popular media, non-professional and professional bodies and relevant events. The results of the present project will ultimately lead to a more specific and effective guidelines for physical activity promotion that should facilitate favourable behaviour modification for active healthy living in the working population. It will also aim to influence stakeholders, including particularly local authorities and employers to improve provision for this type of activity, like facilities , space and time during working hours, etc.

Slovakia

Reference: 613590-EPP-1-2019-1-SK-SPO-SCP

Project Title: Eco-Friendly Sports

Project Acronym: EFS

Eligible Budget (€)	Grant Amount (€)	Co-financing
303,200.00	303,200.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **A.D.E.L. - ASSOCIATION FOR DEVELOPMENT, EDUCATION AND LABOUR**
KALINCIAKOVA STREET 1046/16
SK 09101 STROPKOV



Participants			
CON	A.D.E.L. - ASSOCIATION FOR DEVELOPMENT, EDUCATION AND LABOUR	STROPKOV	Slovakia
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	ASOCIATIA SE POATE	CHIAJNA	Romania
PAR	ASSOCIACAO CHECK-IN - COOPERACAO E DESENVOLVIMENTO	BEJA	Portugal
PAR	BUDAPESTI EGYESULET A NEMZETKOZI SPORTERT	BUDAPEST	Hungary
PAR	CLUB DEPORTIVO CHANE	Chañe	Spain
PAR	DOGA KORUMA MERKEZI VAKFI	Cankaya	Turkey
PAR	ZENTRUM FUR INNOVATIVE BILDUNG	Wien	Austria

Number of members of sport organisations involved: 500

Eco-Friendly Sports

The project aims empowering the youth on becoming knowledgeable and skilled on sustainability and nature conservation topics, on the way to becoming active citizens promoting these issues in their life by creating valuable interactions with the sport sector. It will aim at canalising the energy of youth to promoting the concept of sport, ecology, wellbeing and health-enhancing physical activity within and across national borders.

Therefore the aim of the project is to promote sport and physical activities that not only contribute to better health, but has also positive impact on environment (2 in 1).

Objectives of the project are:

- to promote and develop new methods of environmental education through sport,
- to increase amount of organized events - best practice collection like clean-up events, plogging, planting trees, birdhouse building, repair cafés etc. on local level,
- to foster citizens engagement in sport, but also encourage them to take action towards better environment,
- to improve knowledge and experience of representatives of sport clubs and youth workers about concept of eco-sports,
- to be in proximity to and carrying out activities in natural areas provide invaluable opportunities in the urban life style to keep people's physical and mental health and to significantly decrease the stress levels;
- to contribute to social inclusion of young people from disadvantaged background,
- to build a society who feels close and attached to nature will contribute to using natural resources sustainably and thus building sustainable cities;
- to increase recognition of nature's value among urban population will have a direct contribution to conservation of nature (nature conservation is strongly linked to politicians and decision makers living in urban societies)
- to generate public awareness about possible connection of sport and protection of environment.

Slovakia

Reference: 613038-EPP-1-2019-1-SK-SPO-SSCP

Project Title: Hiking for All

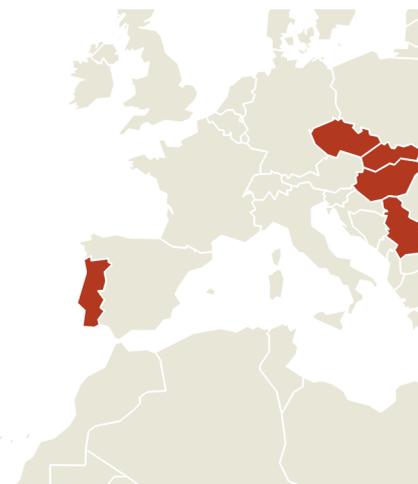
Project Acronym: H4A

Eligible Budget (€)	Grant Amount (€)	Co-financing
46,100.00	46,100.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **OBCIANSKY SPOLOK**
NAM. ARTEZSKYCH PRAMENOV 25
SK 984 01 LUCENEC



Participants

CON	OBCIANSKY SPOLOK	LUCENEC	Slovakia
PA-ASC	CJE - CLUBE DE JOVENS EUROPEUS	Lisboa	Portugal
PA-ASC	FOUR LINKS Z.S.	BRNO	Czech Republic
PA-ASC	IFJUSAGI NOMAD KLUB NONPROFIT KFT	BUDAPEST	Hungary
PA-ASC	Udruzenje "Omladinski Klub Istrazivaca"	Belgrade	Serbia

Number of members of sport organisations involved: 50

Hiking for All

Our project aims to address topic of social inclusion and equal opportunities in sport. All partners for this project are non-governmental organizations promoting active lifestyle or local sport clubs practicing hiking, one of their core values and objectives being to raise social inclusion and providing equal opportunities for all. This project addresses a common need of all 5 organizations to raise social inclusion of people facing fewer opportunities to activities they organize, i.e. hiking and mountaineering activities.

Goal

To foster social inclusion by promoting hiking as active leisure time activity-sport and equal opportunities for people facing fewer opportunities to start hiking.

Objectives:

- O1. Create a common approach for 5 partners to advertise hiking as active leisure time activity-sport.
- O2. Raise awareness about practicing hiking and its benefits, deny existing stereotypes in 5 countries.
- O3. Create a common strategy for inclusion of people facing fewer opportunities in partners' organized hiking activities providing them with equal opportunities.

Project outcomes:

- integrated online campaign (Facebook, Instagram and YouTube)
- common strategy for inclusion of people facing fewer opportunities
- organized hiking activities in 5 countries involving ~500 people in total facing fewer opportunities
- promotional video and videos-testimonials

Impact:

- During project lifetime our project will directly contribute to raising inclusion and creating equal opportunities in sport at local level (by involving people facing f. o. in hiking activities) which results in more united, tolerant and happier community.
- After project all organizations will increase competences to organize mountaineering and hiking activities fostering inclusion as well as will be capable to involve significantly more people facing fewer opportunities into their activities, which will contribute to more united, tolerant and empathic community.

Slovakia

Reference: 613114-EPP-1-2019-1-SK-SPO-SSCP

Project Title: Coubertin Academy - Social Inclusion through Sport Values

Project Acronym: VALUES

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,650.00	58,650.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: SLOVENSKY VYBOR PIERRA DE COUBERTINA

Horný dvor 31

SK 900 27 Bernolákovo



Participants

CON	SLOVENSKY VYBOR PIERRA DE COUBERTINA	Bernolákovo	Slovakia
PA-ASC	Fundacja "Forum Rozwoju Mlodych"	Bielsko-Biala	Poland
PA-ASC	Sport Club VEGA	Bernolákovo	Slovakia
PA-ASC	Sportovy klub moderneho patboja Mladost	Bratislava	Slovakia
PA-ASC	Ülenurme Gümnaasium	Tartu	Estonia

Number of members of sport organisations involved: 5,000

Coubertin Academy - Social Inclusion through Sport Values

The project is recalling that the European Union is a common space to build a prosperous and peaceful area of coexistence and respect for diversity based on the common values of the EU namely respect for human dignity, freedom, democracy, equality, the rule of law and respect for human rights, including the rights of persons belonging to minorities recognised by Article 2 of the Treaty on the European Union.

There is worldwide concern about social inclusion through sport values. The EU is not immune to such concerns. The inclusion of diverse partners with multicultural backgrounds in this project ensures that thinking outside the EU is brought to this innovation to better address this concern.

Consortium of the project is composed from five entities - Slovak Pierre de Coubertin Committee (Slovakia) as project coordinator and four partner organisations: Sport Club VEGA (Slovakia), FRM Foundation (Poland), Ülenurme Gymnasium (Estonia) and ŠK Mladost' (Slovakia).

The project stems from the coordinator project named "Coubertin Academy". It reflects the activities of all partner organisations: firstly international project "Olympism" of Sport Club VEGA, secondly original programme "Sport Tolerance Fair Play" developed by Ms Dorota Idzi from Poland, thirdly an Estonian project under the name "School Olympics" and fourthly nationwide project with multicultural aspects of ŠK Mladost' "School Pentathlon for Sport, Tolerance and Fair Play". Finally, the project was inspired also by Youth Forums of Pierre de Coubertin Schools. These worldwide forums are organised biannually in different countries by the International Pierre de Coubertin Committee.

The core outcome is linked to an Interactive Communication Platform. It will serve to all the target groups defined within the project. An integral part of the Interactive Communication Platform will be Action Guidelines named "Coubertin Academy - Social Inclusion through Sport Values" as well as Database of participating entities.

Slovenia

Reference: 613430-EPP-1-2019-1-SI-SPO-SSCP

Project Title: ACTIVE AGEING FESTIVAL

Project Acronym: ACTIVA

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,290.00	56,290.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: SPORTNA UNIJA SLOVENIJE -
ZVEZA DRUSTEV ZA
SPORTNO REKREACIJO IN
SPORTNO VZGOJO

VODNIKOVA GESTA 155

SI 1000 LJUBLJANA



Participants

CON	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia
PA-ASC	ASOCIATIA JUDETEANA SPORTUL PENTRU TOTI SUCEAVA	SUCEAVA	Romania
PA-ASC	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	KOBENHAVN	Denmark
PA-ASC	SPORTNO DRUSTVO UDARNI LIST	Novo mesto	Slovenia

Number of members of sport organisations involved: 10,000

ACTIVE AGEING FESTIVAL

The applicant is the Sports Union of Slovenia, the main national umbrella organisation of local recreational sport clubs. The partners are local sport club from Slovenia Sportno drustvo Udarni list, AJSPT Suceava from Romania and the International Sport and Culture Association, an international umbrella organisation of sport-for-all organizations.

The project has these main focuses: to encourage social inclusion and equal opportunities in sport, capacity building, awareness raising, encourage participation in health enhancing physical activity with special focus on older population and strengthening cooperation between sport organisations, senior organizations and health stakeholders.

The physical inactivity in the elderly population is of major concern not only in Europe but across the globe. It represents a massive part of all financial and health issues faced by our society. Besides physical health benefits participation in physical activity has significant influence on social life and psychological health of older people as well.

Project specific objectives, activities, deliverables and output of the project are:

- Literature review and Identification of Good practices
- Capacity building: Development of the Concept of event Active Ageing Festival
- Creation of transnational network and strengthening cooperation between sport organisations, senior organizations and health stakeholders on local, national and international level
- Capacity building: Development of Event Manual for Active Ageing Festival
- Awareness-raising activities: brochure
- Awareness-raising activities and skills development: Communication campaign
- Implementation: Organisation of Active Ageing Festivals on national level
- Encourage participation in health enhancing physical activity
- Dissemination online and offline

Slovenia

Reference: 612940-EPP-1-2019-1-SI-SPO-SSCP

Project Title: **Active Park**

Project Acronym: Active

Eligible Budget (€)	Grant Amount (€)	Co-financing
52,820.00	52,820.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **TREND-PRIMA, ZAVOD ZA RAZISKAVE IN RAZVOJ ZNANJA, MARIBOR**
BAROVA VAS 1
SI 2000 MARIBOR



Participants			
CON	TREND-PRIMA, ZAVOD ZA RAZISKAVE IN RAZVOJ ZNANJA, MARIBOR	MARIBOR	Slovenia
PA-ASC	ASOCIATIA SE POATE	CHIAJNA	Romania
PA-ASC	MINE VAGANTI NGO	PERFUGAS	Italy
PA-ASC	SPORT VIV	SAMOBOR	Croatia
PA-ASC	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden

Number of members of sport organisations involved: 200

Active Park

The project idea of "Active Park" is to increase the level of physical activity of children with special needs in primary schools. The project promotes popularization of grassroots sports and physical activities for children with special needs offering them equal opportunity in sport. Children with special needs often could not engage in many sports due to their physical limitations. The project encourages social inclusion and equal opportunities, which is the main aim of the project, while the parallel aim is to promote sport activities in nature, so that are available for all children and to emphasize the importance of sports activities in nature. The project is focused on using existing facilities in local environments that will be used for implementation of the sport events "Active Park" (parks, playgrounds, sports parks, open fields, etc.), revitalized them. "Active Park" events will be organized in each partner' countries and will be promoted intensively on the project website, leaflets, and social media. Creation of synergy between local, regional, national and international policies and educational and sport organizations/associations, sport related organizations to promote sport and physical activity for all EU citizens and ensures equal access, is an important aspect of "Active Park".

We will create the Guide of Good Practices to motivate children with special needs for physical activities and design a set of outdoor sports and exercises for children with special needs. On the project e-learning platform there will be outdoor sports & exercises for children with special open for public. The project "Active Park" can be easily replicated, enlarged and multiplied, in that it can become a model in building a multicultural partnership suitable for building European conditions that promote physical activities for children with special needs of different European countries.

Slovenia

Reference: 613639-EPP-1-2019-1-SI-SPO-SSCP

Project Title: **ASporty**

Project Acronym: ASporty

Eligible Budget (€)	Grant Amount (€)	Co-financing
42,824.00	42,824.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **DRUSTVO ZA KULTURO
INKLUZIJE**

Melikova ulica 1

SI 1000 Ljubljana

www.drustvozakulturoinkluzije.eu

Participants

CON	DRUSTVO ZA KULTURO INKLUZIJE	Ljubljana	Slovenia
PA-ASC	centar za autizam rijeka	Rijeka	Croatia
PA-ASC	Klettaskóli	Reykjavík	Iceland

Number of members of sport organisations involved: 10

ASporty

With this project we will enable collaboration on the sports field among three organisations: applicant organisation Association of inclusive culture (Slovenia), partner organisation Centar za autizam Rijeka (Croatia) and partner organisation Klettaskóli (Iceland). Our project will last from January 2020 to December 2021 and will consist three parts: performing special sport programmes for athletes – children and youngsters with Autism spectrum disorder, intellectual and combined disabilities in each country, performing four transnational meetings of participants (coaches and staff) and learning about good practices abroad and promoting of project activities and outcomes. Our main aims are: to share and upgrade knowledge, to upgrade the existing sport programmes with new knowledge, methods and equipment, to encourage and to monitor athlete's progress and development on the sports field, to provide quality afternoon free time with sport activities to encourage social inclusion and equal opportunities in sport, to improve group sport activities with the goal of developing and improving social and communication skills of athletes, to raise awareness to the parents and teachers about healthy and complete development of children, to develop foundations for sport educational programme for coaches, to promote importance and positive effects of physical activity for athletes, to upgrade partnerships and future collaboration among partners, to connect the experts from the field of sports and the field of special pedagogy, to strengthen the field of sports inside every partner organisation, to motive, involve and train volunteers for working with athletes. The project will have an important impact on four basic target groups, which are: group of participants, coaches and staff, group of athletes – children and youngsters with Autism spectrum disorder, intellectual and combined disabilities, group of participating organisations and others-interested public, experts, parents.

Slovenia

Reference: 613487-EPP-1-2019-1-SI-SPO-SNCESE

Project Title: **Bet on health**

Project Acronym: BoH

Eligible Budget (€)	Grant Amount (€)	Co-financing
625,000.00	500,000.00	80.00 %

Project start: 01/11/2019

Project end: 31/10/2020

Coordinator: **OBCINA BREZICE**
Cesta prvih borcev 18
SI 8250 BREZICE
www.brezice.si



Participants

CON	OBCINA BREZICE	BREZICE	Slovenia
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Number of members of sport organisations involved: 5,000

Bet on health

Bet on Health (BoH) is a statement that should be important for every single person, but especially for young people who are the target group of the project and can do a lot with their active leisure time for their well-being and healthy living. The main purpose of the project is to increase the level of youth participation in sport. We will achieve this through:

1. Innovative forms of traditional sports (swimming with elements of self – rescuing, body control outdoor “escape” game, full body water workout, street handball, beach handball, mobile pool kayaking, dragon boat paddling...)
2. Creating a motivational model BoH for involving young people in sport and recreation.
3. Use the influence / power of local communities who are the largest sports financier (Cooperation with the Community of the Municipalities of Slovenia, which connects all 212 municipalities and the transfer of good practice to the local community's appeal to the development of sport from Finland).
4. Innovative set of participants – A presentation film about sports activities can be seen with 3D glasses that will illustrate the virtual reality – a feeling like you're dealing with sports.

The main purpose of the project is to increase the level of youth participation in sport. The target group of participants are two groups of young people, namely:

1. Secondary school students (15 – 18 years) with a special emphasis on inclusion of those in finishing years because after finishing secondary school, sports education is no longer mandatory – is no longer a part of the curriculum – so young people need to be enthused about sports and recreation and with the impact of sports on health.
2. Students and NEETS (24 – 29 years) - According to a new study out of Harvard, in which 2056 adults 18 and older were interviewed, “the majority of those who had played sports when they were younger no longer did, with a significant drop-off coming after age 26”, we want to provide sport activities and exercises

Slovenia

Reference: 613010-EPP-1-2019-1-SI-SPO-SCP

Project Title: **The European Network for the Support of Development of Systems for Monitoring Physical Fitness of Children and Adolescents**

Project Acronym: FitBack

Eligible Budget (€)	Grant Amount (€)	Co-financing
399,886.00	399,886.00	100.00 %



Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **UNIVERZA V LJUBLJANI**
KONGRESNI TRG 12
SI 1000 LJUBLJANA

Participants

CON	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland
PAR	FACULDADE DE MOTRICIDADE HUMANA	CRUZ QUEBRADA LISBOA	Portugal
PAR	LIBERA UNIVERSITA DI BOLZANO	BOLZANO	Italy
PAR	LIIKUNNAN JA KANSANTERVEYDEN EDISTAMISSAATIO LIKES	JYVASKYLA	Finland
PAR	MAGYAR DIAKSPORT SZOVETSEG	BUDAPEST	Hungary
PAR	SVEUCILISTE U ZAGREBU KINEZILOSKIFAKULTET	ZAGREB	Croatia
PAR	TARTU ULIKOOL	TARTU	Estonia
PAR	UNIVERSIDAD DE GRANADA	GRANADA	Spain
PAR	UNIVERZITET U BEOGRADU	BEOGRAD	Serbia

Number of members of sport organisations involved: 39

The European Network for the Support of Development of Systems for Monitoring Physical Fitness of Children and Adolescents

Focusing on physical fitness, the FitBack project will address the need identified by the EC to overcome difficulties in physical activity monitoring. In accordance with European HEPA policies' recommendations, it will also extend and deepen the cooperation at transnational EU level and share information and exchange best practices of physical fitness monitoring systems developed across Europe.

The purpose of the project is to prepare a multilingual web platform FitBack that will provide feedback on the different components of physical fitness of an individual child/adolescent, and contain key information for the establishment of a national, regional or local system for monitoring physical fitness. By creating such a platform, we aim to bridge gaps between European political recommendations and the current state of affairs, and improve cross-talk between sectors (education, health, sport). Furthermore, the European network for the support of development of systems for monitoring physical fitness of children and adolescents at local, regional, national and European levels that will be established through this project will allow examination of population trends, the effects of national policies and interventions, and enable the prediction of future trends. Therefore, the project has two vital parts addressed to different target groups:

1. The FitBack online application for adolescents, parents, teachers, physicians and coaches will provide user-friendly graphical report containing information on the physical fitness of an individual based on the appropriate reference values.
2. Info point on the FitBack web platform for policy makers on local, regional and national level will contain essential information about establishing systems for the monitoring of physical fitness of children and adolescents.

To gather feedback on the usefulness of both essential parts of project, we will conduct multiplier sport events with target groups in partners' countries.

Slovenia

Reference: 613598-EPP-1-2019-1-SI-SPO-SCP

Project Title: Sport Values in Every Classroom

Project Acronym: i-Value

Eligible Budget (€)	Grant Amount (€)	Co-financing
360,055.00	360,055.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: SLOVENSKA ANTIDOPING ORGANIZACIJA, ZASEBNI ZAVOD ZA PREPRECEVANJE DOPINGA V SPORTU LJUBLJANA

CELOVSKA CESTA 25

SI 1000 LJUBLJANA



Participants

CON	SLOVENSKA ANTIDOPING ORGANIZACIJA, ZASEBNI ZAVOD ZA PREPRECEVANJE DOPINGA V SPORTU LJUBLJANA	LJUBLJANA	Slovenia
PAR	AGENTIA NATIONALA ANTI-DOPING	Buuresti	Romania
PAR	ANTI-DOPING AGENCY OF SERBIA	Belgrade	Serbia
PAR	LEEDS BECKETT UNIVERSITY	LEEDS	United Kingdom
PAR	MINISTERE DE LA FEDERATION WALLONIE-BRUXELLES	Bruxelles	Belgium
PAR	NATIONALE ANTI DOPING AGENTUR AUSTRIA GMBH	WIEN	Austria
PAR	UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH	HALL IN TIROL	Austria

Number of members of sport organisations involved: 15

Sport Values in Every Classroom

Doping has become a societal problem and a public health concern. Many societal and sporting pressures are 'encouraging' young people towards taking performance and/or image enhancing substances to improve their looks and image, to work harder, to study longer, and to be more concentrate. That is why it is essential that we start early with the prevention, through developing a range of positive values to protect against substance use, when we can largely influence children's behaviour and attitudes.

The I-Value project aims to develop, implement and scientifically evaluate early doping prevention program, targeting school children aged 6 to 14 years, their teachers and parents. The program, which will be co-developed by experienced educators from five National Anti-Doping Organisations, experienced academics from two leading universities in the field of doping prevention and school teachers, will be values-based, evidence-informed and will meet the diverse socio-political and environmental needs of the member countries. Through objectives, the I-Value project will also:

- Guide the development of the future values based interventions through a scoping review of literature that will map current values based education in a school based setting and identify gaps in current doping prevention knowledge;
- Increase school teachers' capability, opportunity and motivation to adopt and implement values based education program;
- Activate parents through a brief intervention to adopt the principles of values based behaviour in raising their children;
- Increase the size and depth of values based doping prevention research, policy and practice networks through multiplier event;

These objectives address the issues relevant to the participating NADOs and global anti-doping program and respond to a various calls from world-leading researchers, WADA and European Commission in the field of doping prevention.

Slovenia

Reference: 613585-EPP-1-2019-1-SI-SPO-SSCP

Project Title: JITA KYOEI - mutual welfare and benefit

Project Acronym: JIKYO

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,235.00	58,235.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: SPORTNO DRUSTVO GIB
LJUBLJANA SSKA

Drenikova 32

SI 1000 Ljubljana

www.gib-sport.com



Participants			
CON	SPORTNO DRUSTVO GIB LJUBLJANA SSKA	Ljubljana	Slovenia
PA-ASC	Comite Yonne Judo	AUXERRE	France
PA-ASC	POLISPORTIVA VILLANOVA ASD	PORDENONE	Italy
PA-ASC	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

Number of members of sport organisations involved: 100

JITA KYOEI - mutual welfare and benefit

The aim of the project is to implement the concept Jita Kyoei into the society through the use of sport, notably judo. The concept Jita Kyoei was devised by founder of judo Jigoro Kano. Jita Kyoei means mutual prosperity for self and others. In the words of Jigoro Kano, it teaches us that each member of society and the groups organized within must function in harmony and cooperation with others. Nothing is more important than living prosperously together.

In today's world of multiculturalism and different world views, it is getting ever more important to respect each other and accept our differences. Sport and judo in particular, can be a great tool to achieve this goal. Through the project we will devise the practical learning modules for:

- Implementation of Jita Kyoei into regular judo practice in judo clubs
- The use of specific judo methods of training in schools and different educational institutions to promote Jita Kyoei

We want to cooperate with judo societies from different countries with different backgrounds, so we can achieve this global aim:

- to connect sport societies from different environment and cultures, with different experiences with multiculturalism and social inclusion for the purpose of developing learning methodology to promote judo values;
- to present the result of the project to our parent organizations (national judo federations, European judo federation) with the intention to internationalise developed learning methodology to promote judo values. We will present the project and the results in the international environment;
- with our cooperation we want to prove that the project itself is the communicator of Jita Kyoei and other judo values.

Slovenia

Reference: 613587-EPP-1-2019-1-SI-SPO-SCP

Project Title: Change your mind, coach

Project Acronym: M_Coach

Eligible Budget (€)	Grant Amount (€)	Co-financing
341,055.00	341,055.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: SLOVENSKA UNIVERZITETNA
SPORTNA ZVEZA

PIVOVARNISKA ULICA 6

SI 1000 Ljubljana



Participants			
CON	SLOVENSKA UNIVERZITETNA SPORTNA ZVEZA	Ljubljana	Slovenia
PAR	AYUNTAMIENTO DE ALZIRA	ALZIRA	Spain
PAR	CENTRE FOR ADVANCEMENT OF RESEARCH AND DEVELOPMENT IN EDUCATIONAL TECHNOLOGY LTD-CARDET	LEFKOSIA	Cyprus
PAR	HRVATSKI AKADEMSKI SPORTSKI KLUBOVI MLADOST SVEUCILISTA U ZAGREBU	ZAGREB	Croatia
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	MUNICIPIO DE LOUSADA	SILVARES LOUSADA	Portugal
PAR	NOVEL GROUP SARL	LUXEMBOURG	Luxembourg
PAR	SYMPLEXIS	MAROUSI	Greece

Number of members of sport organisations involved: 3,000

Change your mind, coach

The Mind_Coach project intends to develop a training course for trainers/ coaches and their trainers (direct target group) aiming at identifying discriminatory behaviour expressed by athletes 16-21 years old. The project will develop the appropriate tools and methodologies for the direct target group so they can, through the use of appropriate and targeted examples, be aware when one of their athletes demonstrates intolerance and non-acceptance, which could lead to marginalisation of their peers, and introduce practices/ activities/ tasks related to the sport which they practice aimed at addressing this behaviour. The partners will engage, apart from the direct target group, sport associations/ clubs, parents, local authorities, education providers, and, of course young adults 16-21 years old (final beneficiaries) throughout the implementation of the project, in order to collect feedback and validate that the final outputs produced indeed achieve the overarching objective of the project.

The results of the project are: a current situation report, which will identify the situation in the participating countries and will provide essential information for the course development, the Mind_Coach training course, the didactic manual for trainers of trainers/ coaches, the eLearning platform, the report on the pilot phase undertaken and its results, as well as Policy Recommendations. Moreover, the consortium will implement multiplier events across all participating countries, with the intention of engaging as early as possible the target group, the final beneficiaries, the stakeholders, as well as the general public.

Slovenia

Reference: 613477-EPP-1-2019-1-SI-SPO-SSCP

Project Title: Quality Badminton

Project Acronym: N/A

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,850.00	59,850.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: DIDONA-ZAVOD ZA
KAKOVOST ZIVLJENJA

Tacenska cesta 93

SI 1000 Ljubljana

www.didona.si



Participants			
CON	DIDONA-ZAVOD ZA KAKOVOST ZIVLJENJA	Ljubljana	Slovenia
PA-ASC	Badminton Club Milano	Sesto San Giovanni	Italy
PA-ASC	Badminton klub Beograd	Beograd	Serbia
PA-ASC	Badmintonsku klub Mirna	mirna	Slovenia

Number of members of sport organisations involved: 300

Quality Badminton

As clubs uniting grassroots and elite sport, we are facing many challenges in our work, like decreasing participation levels, insufficient cooperation with the educational sector, inadequate institutional support for dual careers of professional athletes, insufficient financing, some outdated policies etc.

As we are looking for excellence in badminton, and we want to provide best services to our athletes and contribute to improvement of conditions in this sport, we are uniting our efforts to address those issues through cooperation on international level, by looking for best practices, by cooperating on coaching and managerial level and by inviting other clubs and stakeholders to contribute to our cause.

And as we are encouraging participation in sport and badminton, development of values in youth of today and healthy lifestyle, we want to enhance our connections and cooperation with the local communities and stakeholders, especially the education sector, for our mutual benefit and the benefit of upcoming generations, to increase participation in sport and HEPA in all generations.

Three badminton clubs from three countries, Slovenia, Italy and Serbia, will organize three international events to strive to reach the mentioned goals, and unite clubs and all generations of people in a celebration of badminton and healthy lifestyle.

As part of this project, we will establish a network of clubs and invite participation EU-wide, to facilitate learning and cooperation, exchange of good practice on EU level, foster quality work and contribute to improvement of conditions in grassroots badminton in the future.

Slovenia

Reference: 612937-EPP-1-2019-1-SI-SPO-SSCP

Project Title: #SPORTIN

Project Acronym: none

Eligible Budget (€)	Grant Amount (€)	Co-financing
60,700.00	60,000.00	98.85 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: ZAVOD ZA SPORT
SLOVENSKE KONJICE

Šolska ulica 3a

SI 3210 Slovenske Konjice

www.sport-konjice.si



Participants			
CON	ZAVOD ZA SPORT SLOVENSKE KONJICE	Slovenske Konjice	Slovenia
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PA-ASC	EUROPA SPORT ACADEMY LIMITED	PLYMOUTH	United Kingdom
PA-ASC	Institutul National de Cercetare pentru Sport	BUCURESTI	Romania

Number of members of sport organisations involved: 400

#SPORTIN

INTEGRITY IN SPORT, INVOLVEMENT, ACTIVATION, STRATEGY, GOOD GOVERNANCE, CAMPAIGN, PROMOTION, COOPERATION, EU.

The European Union and our partnership believes that sport plays a vital role, not only in individual health and fitness, but also in shaping our wider European society. Sport activities and its promotion results in healthy living and social cohesion for all people across Europe. #SPORTIN is an international project that aims to encourage social inclusion and equal opportunities in sport. Through networking and collecting local best practices, the partnership aims to reach different groups of people on local level. It reached high in innovation and added EU value. In each involved country, partners will expose three good practice examples in field of sport activities and try to copy those to different local environment. All together at least 20 local actions will take place in 2 years, free of charge for participating. At least 3.000 persons will be directly actively involved. The role of international partnership is significant to the project and gives a big added value. Project will offer a training for representatives of sport clubs on local level with aim to introduce into local environment new, attractive sport activities that will encourage social inclusion and equal opportunities for interested public. With aim of visibility and raising general awareness of importance of sport in life, an innovative media campaign #SPORTIN will launch. People from four different local areas are directly addressed to become more active in field of sport. As final and long-lasting result, all three included local communities will prepare and start with execution of Sport development strategy 2021 – 2028. This is a support mechanism for local and regional authorities and will strengthen cooperation among stakeholders, which would not have existed without EU action.

Slovenia

Reference: 612942-EPP-1-2019-1-SI-SPO-SSCP

Project Title: **Fit & Wise Seniors**

Project Acronym: SENfit

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,000.00	58,000.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **TREND-PRIMA, ZAVOD ZA RAZISKAVE IN RAZVOJ ZNANJA, MARIBOR**
BAROVA VAS 1
SI 2000 MARIBOR



Participants			
CON	TREND-PRIMA, ZAVOD ZA RAZISKAVE IN RAZVOJ ZNANJA, MARIBOR	MARIBOR	Slovenia
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PA-ASC	SPORT VIV	SAMOBOR	Croatia
PA-ASC	UISP TERRITORIALE CIRIE-SETTIMO-CHIVASSO	CIRIE	Italy
PA-ASC	UNIVERZITET U BEOGRADU	BEOGRAD	Serbia

Number of members of sport organisations involved: 250

Fit & Wise Seniors

With this project we want to stimulate the sporting activity of older people to remain vital and healthy in mature years. Special attention will be aimed to older people in retirement homes, retired (pensioners') associations, and elderly people who are at home. The project promotes equality in the involvement of all people's sports activities, a special emphasis will be given to sports activities outside, in the nature.

Health conservation is an important aspect, just like the knowledge of disease and disability, which are common for older people, is also very important, and exercises will be adapted according to the above. In 2015, ISCA commissioned a study called the "Economic Costs of Physical Inactivity in Europe", showing that half a million Europeans die every year as a result of being physically inactive. One in four adults across Europe is currently physically inactive. Training for seniors proposes new dimension in context of innovative exercises for seniors respecting their physical condition, limitations per age and physical ability (illness, health problems, disability etc.) in harmony with nature. Project will covered three main sets of activities: development and pilot of training for the elderly (65+) for outdoor implementation, train the trainers volunteers from sport organizations and pilot implementation (including healthy nutrition). At the training programme development we will consider three aspects: movement & nature & socialising . Project is focused on the development of an exercises for seniors 65+, which will be adapted to their abilities and possibilities. Exercises will be conducted outside in urban environments as city parks, yards, forests, playgrounds. Exercises would be taking into account the capacity of each individual. Creative exercises for seniors will be developed within the project partnership by sports professionals. Sport volunteers will be trained for managing workouts for seniors with support of e-learning platform.

Slovenia

Reference: 613095-EPP-1-2019-1-SI-SPO-SCP

Project Title: Sport & Entrepreneurship

Project Acronym: SPORTEN

Eligible Budget (€)	Grant Amount (€)	Co-financing
283,725.00	283,725.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **NOGOMETNA ZVEZA SLOVENIJE**

Predoslje 40 a

SI 4000 Kranj

www.nzs.si



Participants			
CON	NOGOMETNA ZVEZA SLOVENIJE	Kranj	Slovenia
PAR	AZERBAYCAN FUTBOL FEDERASIYALARI ASSOSIYALARI ICTIMAI BIRLIK	BAKU	Azerbaijan
PAR	CAMARA OFICIAL DE COMERCIO E INDUSTRIA DE CACERES	Cáceres	Spain
PAR	EU15 LIMITED	ANLABY	United Kingdom
PAR	FIBA-EUROPE EV	MUNCHEN	Germany
PAR	FOOTBALL FEDERATION OF MACEDONIA SKOPJE	Skopje	Republic of North Macedonia
PAR	TDM 2000 INTERNATIONAL	QUARTU SANTELENA	Italy

Number of members of sport organisations involved: 400

Sport & Entrepreneurship

According to paper 'EU Guidelines on Dual Careers of Athletes: Recommended Policy Actions in Support of Dual Careers in High-Performance Sport' (2012) '... The design of dual career programmes should meet athletes' individual needs taking into account their age, sport specialisation, career stage and financial status, with the athletes themselves taking increasing responsibility as they progress through their careers...'

This SPORT-ENT project addresses this particular issue but adds the dimension of 'preparation for self-employment through entrepreneurship training' that builds on existing skills and competencies learnt in sport (using football as an exemplar) – which can then be adapted to meet any sport.

This project aims to create a set of TRAINING & SUPPORT MATERIALS for granting real opportunities to individuals engaged in sport to enhance their 'employability pathway' by developing their entrepreneurial skills and competences. This will be achieved by harnessing the complimentary and overlapping dimensions of entrepreneurship and sport thereby enhancing their opportunities for a dual career. The sport of football will be used as the 'methodological template' for other sports to adapt and implement.

The similarities between the entrepreneur and the footballer are striking. To be successful in either arena – the business office or the playing field – the participant must learn to maximize their strengths and negate their weaknesses. Bringing together these two disciplines are both innovative and unique and will provide the appropriate mind set and competencies for an individual to succeed as an entrepreneur. They can learn what's needed using a blended learning approach – learning the practical approach at a football club and the theoretical approach using the on-line training programme.

Spain

Reference: 613158-EPP-1-2019-1-ES-SPO-SSCP

Project Title: Active Twinning for Enhancing Physical Activity in Rural Areas

Project Acronym: A-TWIN

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,800.00	59,800.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: FUNDACION UNIVERSIDAD
SAN JORGE
AUTOVIA ZARAGOZA HUESCA KM
510 CAMPUS DE LA UNIVERSIDAD
S

ES 50830 VILLANUEVA DE GALLEGO ZARAGOZA



Participants

CON	FUNDACION UNIVERSIDAD SAN JORGE	VILLANUEVA DE GALLEGO ZARAGOZA	Spain
PA-ASC	Asoc Deportiva Grupo de Montaña BOIRA El Temple	Zuera	Spain
PA-ASC	Comune Trescore Balneario	Trescore Balneario	Italy
PA-ASC	Mairie Ramonville Saint Agne	Ramonville Saint- Agne	France

Number of members of sport organisations involved: 3,500

Active Twinning for Enhancing Physical Activity in Rural Areas

The main goal of A-TWIN is “to promote education in and through sport” that is focussed on promoting sport practise in natural spaces through urban active parks where all those elements that are included in, are related to cultural education. Leded by Fundacion Universidad San Jorge, three pillars hold it:

- Outdoor physical activities and sport for all, leaded by a grassroot mountain activities club (Boira, Spain).
- Cutural learning based on common interest, history and links between twinned towns (Zuera -Spain, Ramonville -France and Trescore-Italy).
- Environmental education through outdoor activities in nature surroundings.

Then, all of them must be related with all the European twinings among the different project partners, and at the same time, they provide an ecological awareness and respect to these. This idea would mean a responsible sport practice, which reduces sedentary lifestyle that works as educative tool for schools and high-schools.

A-TWIN objectives are:

- 1.- To increase the level practice of physical activity in open areas in municipalities wie a lower population of 20.000 inhabitants (rural areas) through linking the physical activity with culture and environment.
- 2.- To promote the setting of the population to the territory increasing the life quality of their citizens.
- 3.- Closer ties between the twinned villages as a part of the local culture, adding the physical sports activities as part of the European and local culture and increasing the knowledge of the population at a environmental and cultural level of the twinned villages.

Project outputs would be the design of two routes which can be done walking, running or cycling: a cultural route with cultural information of the three twinned municipalities and a environmental route in Zuera as well as an Educative Programme in Primary and Secondary Schools.

Spain

Reference: 612954-EPP-1-2019-1-ES-SPO-SCP

Project Title: Adapted Judo for Children with Autistic Spectrum Disorders

Project Acronym: AUTJUDO

Eligible Budget (€)	Grant Amount (€)	Co-financing
392,442.00	392,442.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: UNIVERSITAT RAMON LLULL
FUNDACIO

CALLE CLARAVALL 1

ES 08022 BARCELONA

www.url.edu

Participants			
CON	UNIVERSITAT RAMON LLULL FUNDACIO	BARCELONA	Spain
PAR	ASSOSIAZIONE JUDO IN ARMONIA ONLUS	Buttapietra	Italy
PAR	JUDO ASSIST IRELAND	Nenagh	Ireland
PAR	SCHWEIZERISCHER JUDO- UND JU-JITSU-VERBAND (SJV)	Ittigen	Switzerland
PAR	STICHTING SPECIAL NEEDS JUDO FOUNDATION	Amsterdam	Netherlands
PAR	SVENSKA JUDOFORBUNDET	Uppsala	Sweden
PAR	UNIVERSITA DEGLI STUDI DI GENOVA	GENOVA	Italy

Number of members of sport organisations involved: 26

Adapted Judo for Children with Autistic Spectrum Disorders

AUTJUDO is a project aimed chiefly at children with Autistic Spectrum Disorders (ASD), but also at their families and the institutions that work with them. The project's mission is to foster social inclusiveness and to offer this population the opportunity to take part in athletic activity under conditions of full equality.

The heart of the project consists of the design and implementation of an adapted judo programme in six countries. It will reach about 300 children and will make use of instructors and volunteers. The implementation of the programme will represent an opportunity to validate research instruments for use among the population with ASD, to observe and record the physical, motor and psychosocial benefits of this activity for members of this population. It will also make it possible to gather data on the prevalence of injuries sustained when participating in adapted judo and to design and publish handbooks of best practices in the instruction of adapted judo for persons with ASD and in the organization of competitions for these athletes.

The results obtained will be communicated via reports and scientific articles that will provide evidence that participation in judo can improve the quality of life of people with ASD. The project will also result in the creation of educational materials that will make it possible to replicate the experience throughout the EU countries.

Spain

Reference: 613508-EPP-1-2019-1-ES-SPO-SCP

Project Title: **Bottom-up Sport Partnership**

Project Acronym: BSPORT+

Eligible Budget (€)	Grant Amount (€)	Co-financing
399,966.00	399,966.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **FUNDACION INTRAS**
CALLE MARTIN SANTOS ROMERO,
NUM. 1
ES 47016 VALLADOLID



Participants

CON	FUNDACION INTRAS	VALLADOLID	Spain
PAR	ISTANBUL AVRUPA ARASTIRMALARI DERNEGI	ISTANBUL	Turkey
PAR	KUNGLIGA TEKNISKA HOEGSKOLAN	STOCKHOLM	Sweden
PAR	OZARA STORITVENO IN INVALIDSKO PODJETJE DOO	Maribor	Slovenia
PAR	STICHTING WONCA EUROPE	BL Utrecht	Netherlands
PAR	TOPCOACH SRO	Bratislava	Slovakia
PAR	TRENTHUIS	MECHELEN	Belgium
PAR	U.E.T. SHPK	TIRANA	Albania
PAR	UNIVERSITA DEGLI STUDI DI NAPOLI FEDERICO II	NAPOLI	Italy

Number of members of sport organisations involved: 100,000

Bottom-up Sport Partnership

B-SPORT+ is a blueprint to engage and activate persons with disabilities (PwD) and to assist them adopting healthy habits through a Lifelong Sporting System starting at early age and continuing in their active life (workplace, professional activity, etc.).

Accordingly, B-SPORTS+ project focuses on developing actionable and deployable mechanisms, for improving the engagement and activation of PwD in healthier lifestyles, and on creating new cooperation settings and synergies and supporting existing ones, across key organisations and existing networks.

B-SPORT+ tackle the need to build resident facilitators (HL-Coaches) capabilities to effectively assist PwD to adopt healthier lifestyle, and equip multipliers (HL-Multi) with aptitudes to promote and foster healthier lifestyle across institutions and bodies, whilst generating collaborative mechanisms to facilitate this process.

B-SPORTS+ brings together leading bodies from an enlarged sphere of audiences and groups, including sport, physical activity, science and research, businesses, the civil society, education and training, government bodies, in a remarkable partnership of expertise to implement the project.

All, often engaged in EU funded projects, recognises the importance of the need for an implementation plan based on the recommendations of the Council Recommendation on health-enhancing physical activity (HEPA), the EU Physical Activity Guidelines and the Tartu Call for a Healthy Lifestyle, not only in taking actions but also at policy level.

The system is substantially supported by the creation of an ethos of healthy habits, with the inclusive action of all actors of the society beyond the strict sport, physical activity and healthy lifestyle spheres. This culture is supported by key elements working together to maintain a continuous flow of activities: facilitators, multipliers, a capacity building programme, a Policy Lab, and a user-driven digital social platform (SPORT+LIFE), among other key outputs.

Spain

Reference: 613375-EPP-1-2019-1-ES-SPO-SCP

Project Title: Diverse and Inclusive teams for children under 12

Project Acronym: DITEAM1

Eligible Budget (€)	Grant Amount (€)	Co-financing
255,773.00	255,773.00	100.00 %

Project start: 01/01/2020

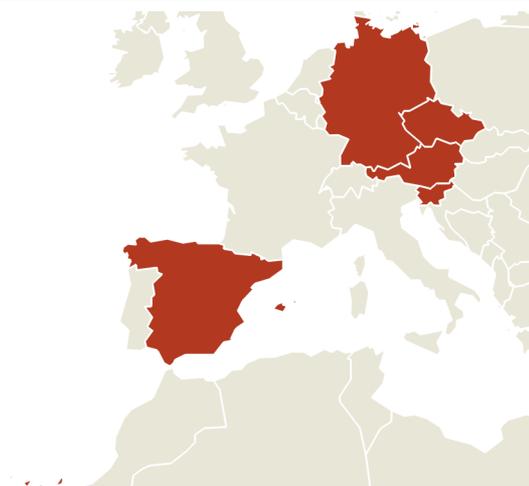
Project end: 31/12/2021

Coordinator: ASOCIACION MI HIJO Y YO,
PSICOLOGASEN EL HOGAR
PARA LAS FAMILIAS CONTGD

Ci Cortijo San Gregorio 16

ES 35018 Las Palmas de Gran Canaria

<http://asociacionmihijoyyo.org/>



Participants			
CON	ASOCIACION MI HIJO Y YO, PSICOLOGASEN EL HOGAR PARA LAS FAMILIAS CONTGD	Las Palmas de Gran Canaria	Spain
PAR	EUROPEAN PARALYMPIC COMMITTEE	WIEN	Austria
PAR	INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION EV	BERLIN	Germany
PAR	PEDAGOSKI INSTITUT	LJUBLJANA	Slovenia
PAR	SCHOLA EMPIRICA ZS	Praha	Czech Republic
PAR	SOCIEDAD CIVIL INFORMA PSICOLOGICAY DEPORTE	Santa Cruz de Tenerife	Spain

Number of members of sport organisations involved: 125

Diverse and Inclusive teams for children under 12

The participation of children and teenagers in sports is often encouraged for the acquisition of important values for their development. However, sports is also an environment in which disrespectful and violent behaviour happens. Following the project's partners observation on the field, a recurring need is to define young athletes in a way that is appropriate to their needs, as children first and athletes second, which becomes complicated in competitive environments. Indeed, a focus on the competitive aspect can produce undue pressure on children to achieve high performance, causing anxiety and a mentality of "win-at-all-costs" that can lead to attitude problems, including violent behaviours. A competitive environment in grassroots sports is not only problematic for high-achievers, but also for less athletic kids as they may feel rejected, causing frustration, also triggering violent behaviours.

In order to provide a safe environment for children in sports, some federations have changed their coaching methods from competitive to more educational, where participants are encouraged to risk error, to learn and to master the basic skills the sport.

Apart from creating a nonviolent environment for the children, this type of coaching also leaves more room for diversity, as all players can develop their skills according to their abilities, therefore giving space for children with disability to participate. Diverse and inclusive teams are also a way to teach tolerance and prevent violent behaviour, therefore combating violence and tackling intolerance in sport, and encouraging social inclusion and equal opportunities in sport.

In this context, the project's objectives are the followings:

- Raise awareness on the positive aspects of non-competitive sports for children under 12, including the teaching of transversal skills;
- Create inclusive and diverse clubs;
- Use inclusion and diversity in sport clubs as tools to prevent violence and intolerance.

Spain

Reference: 613228-EPP-1-2019-1-ES-SPO-SSCP

Project Title: EUROPE IS MOVING - SPORT INCLUSION THROUGH MEDIAS

Project Acronym: EiM

Eligible Budget (€)	Grant Amount (€)	Co-financing
32,270.00	32,270.00	100.00 %

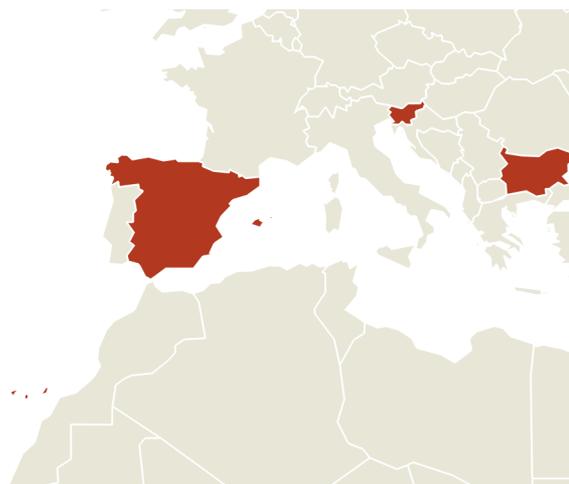
Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: INSTITUTO ESPANA SE MUEVE

Lopez de Aranda, 42 - 1B

ES 28027 Madrid



Participants

CON	INSTITUTO ESPANA SE MUEVE	Madrid	Spain
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	RTV Slovenija, javni zavod	Ljubljana	Slovenia

Number of members of sport organisations involved: 100

EUROPE IS MOVING - SPORT INCLUSION THROUGH MEDIAS

We live within the "Digital Age", where Communication is one its foundation stones.

Media entities are incredible powerful by delivering information, influencing every day on what and how we think, educating by promoting (or not) good practices, creating and demolishing walls.

We want to contribute to change the current paradigm basically focused on elite sports and to focus more on actions related to the promotion of social inclusion and equal oportunities through sport. Therefore, we want media entities to asume their key role on the equation and to deliver more dissemination actions and promotional campaigns.

One of the objectives of this Project is implementing and investigating to obtain information and real facts so we can evaluate and make a real "state of the art" of the situation and see how true and real is that evidence. An investigation focused on the number and nature of the dissemination and promotion practices delivered on the topic of the project by the main Media Organisations of our three countries.

We will share the investigation and its conclusions with all stakeholders of the sport sector (our main target are the Media entities) at an International Congress.

We will release at all levels (local, regional, national and EU), a Memorandum with the conclusions of the investigation presented at the Congress and also Recommendations of good practices destined to media entities and the organisations (Public and Private, profit non profit) in order to enhance the collaboration mong them to obtain more and better dissemination and promotion actions related to project's topic.

And we will build the foundations of an european network to promote social inclusion and equal oportunities in sport through media actions: dissemination and promotion (social media, press releases, web news, TV, radio...).

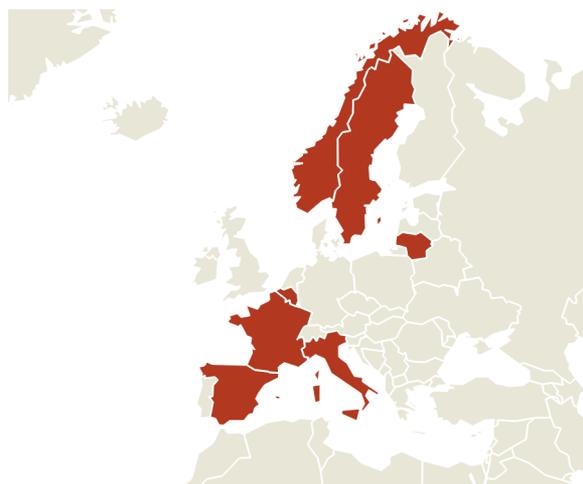
Spain

Reference: 613110-EPP-1-2019-1-ES-SPO-SCP

Project Title: **GREENCOACH: Incorporating sustainability in the governance of sports organisations**

Project Acronym: G-COACH

Eligible Budget (€)	Grant Amount (€)	Co-financing
399,963.00	399,963.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **ASOCIACION ECOSERVEIS**

C/ Girona 25 principal

ES 08010 Barcelona

www.ecoserveis.net

Participants

CON	ASOCIACION ECOSERVEIS	Barcelona	Spain
PAR	FEDERATION FRANCAISE FOOTBALL	PARIS	France
PAR	MASINIO FUTBOLO ASOCIACIJA	Vilnius	Lithuania
PAR	NORGES FOTBALLFORBUND	OSLO	Norway
PAR	SCUOLA SUPERIORE DI STUDI UNIVERSITARI E DI PERFEZIONAMENTO S ANNA	PISA	Italy
PAR	SVENSKA FOTBOLLFORBUNDET	SOLNA	Sweden
PAR	TDM 2000 INTERNATIONAL	QUARTU SANTELENA	Italy
PAR	UNION ROYALE BELGE DES SOCIETES DE FOOTBALL-ASSOCIATION	BRUSSEL	Belgium

Number of members of sport organisations involved: 180

GREENCOACH: Incorporating sustainability in the governance of sports organisations

Existing initiatives related to the environmental footprint in the sports industry mainly focus on large events and do not address the daily operation of sports organisations. Also, the solutions can be difficult to adapt to smaller or grassroots organisations. Furthermore, individual travel emissions related to players, fans, families and staff transportation are often neglected as they are more difficult to control and depend on individual values and the ethical behaviour of the users of the sports facilities.

The main goal of GREENCOACH is to improve governance in sport organisations by incorporating a) monitoring and benchmarking of their environmental footprint and b) sustainability as a cross-cutting element in their daily management. Project partners will develop:

- 1) an online user-friendly benchmarking and monitoring system to implement sustainability plans and decrease environmental footprint, with special focus on the engagement of players, spectators and staff in the use of more sustainable transport modes;
- 2) a quality seal that will allow sport organisations to show their commitment to sustainability and incorporate it into their corporate image and communication strategy,
- 3) two educational modules for different target groups,
- 4) an evidence-based study and an action plan for sports clubs to decrease their environmental footprint.

The primary target group of the project is the sports organisations, represented in the partnership through 5 National Football Associations, but also sportspeople, families, spectators and staff. The project will build capacities of these target groups through the education and training modules for promoting sustainable management in sports organisations. The consortium of 8 partners connects Football Associations in 5 different countries (Belgium, Lithuania, Norway, France and Sweden) with non-profit and academic organisations based in Spain and Italy specialised in sustainability, education and youth empowerment.

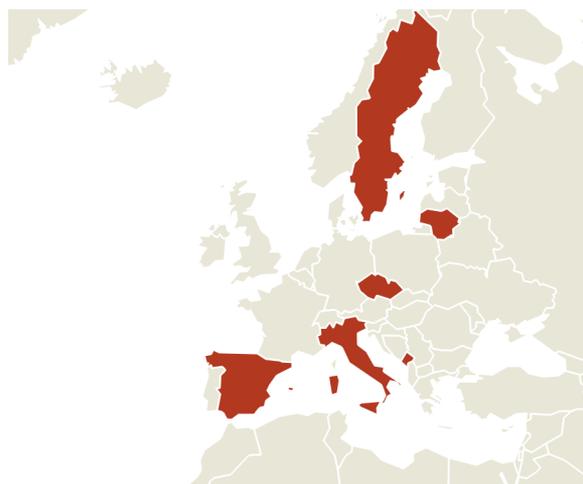
Spain

Reference: 613652-EPP-1-2019-1-ES-SPO-SSCP

Project Title: **INnovative and Dynamic Organizations Open to the Right Sport**

Project Acronym: INDOORS

Eligible Budget (€)	Grant Amount (€)	Co-financing
81,245.00	60,000.00	73.85 %



Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **AYUNTAMIENTO HERRERA DEL DUQUE**
PLAZA DE LA CONCORDIA 1
ES 06670 HERRERA DEL DUQUE

Participants			
CON	AYUNTAMIENTO HERRERA DEL DUQUE	HERRERA DEL DUQUE	Spain
PA-ASC	Filipstads Kommun	Filipstad	Sweden
PA-ASC	HERCEG NOVI	HERCEG NOVI	Montenegro
PA-ASC	HOKEJOVÝ CLUB BBSS, z.s.	Brumov-Bylnice	Czech Republic
PA-ASC	Panevezio miesto savivaldybes administracija	Panevezys	Lithuania
PA-ASC	TIBER FITNESS S.S.D.	Castiglione in Teverina (Italy)	Italy

Number of members of sport organisations involved: 3,000

INnovative and Dynamic Organizations Open to the Right Sport

INDOORS is a 24 months Project, whose applicant is the municipality of Herrera del Duque (ES), with the aim to promote indoor defence sports and the management of these spaces jointly with their improvement. The involved partners are: the Municipality of Herceg Novi (ME), Sport Club Tiber Fitness (IT), the municipality of Panevezys (LT), the municipality of Filipstad (SE), and the sport club HOKEJOVÝ CLUB BBSS (CZ). The main priorities of the Project are to give importance to this kind of sports that are recently developing; and to support prevention, educational and innovative approaches to tackle violence, racism and intolerance in sport. The target group involves athletes, coaches, trainers, amateurs, presidents, sport stakeholders, physiotherapists, volunteers and even nutritionists. The age range is referred in particular to participants between 16 and 40 years old. Another objective of INDOOR is to speak about the logistic and administrative management of the gyms and indoor spaces. The Project wants to delete the risk of racism and intolerance in sport context and wants to strengthen solidarity and cooperation, granting equal access with no distinction of gender, position or economic, political, social situations. The initiative wants to support the implementation of the European Week of Sport which is an event launched by the European Commission to promote sport and physical activities in the European Union, that usually takes place during the last week of September.

Main actions:

- 5 transnational events during the course of the Project in the partners' Countries.

1st: Spain - March 2020

2nd: Italy - August 2020

3rd: Lithuania - May 2021

4th: Sweden - October 2021

- 2 Transnational Staff Meetings:

1st: Montenegro - June 2020

2nd: Czech Republic - June 2021

- Online Street Sports programme and Guide for Trainers.

- Seminars and workshops on Street Sports

- Local defence Sports Open Days (free courses, training sessions and friendly competitions).

Spain

Reference: 612977-EPP-1-2019-1-ES-SPO-SSCP

Project Title: ROLLER ROSA

Project Acronym: RR

Eligible Budget (€)	Grant Amount (€)	Co-financing
62,860.00	60,000.00	95.45 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **REAL FEDERACION
ESPANOLA DE PATINAJE**
CALLE ALBASANZ 52- PRIMERO
IZQUIERDA
ES 28037 MADRID

www.fep.es



Participants			
CON	REAL FEDERACION ESPANOLA DE PATINAJE	MADRID	Spain
PA-ASC	Hockey Cameroun	Douala	Cameroon
PA-ASC	Hockey Valdagno 1938 S.r.l. S.S.D.	Valdagno	Italy
PA-ASC	LA VENDEENNE	La Roche sur Yon	France
PA-ASC	Pumas Ancora Viareggio A. P. Dilettantistica	Viareggio	Italy

Number of members of sport organisations involved: 500

ROLLER ROSA

El proyecto prevé el desarrollo del sector femenino en un deporte caracterizado por una fuerte presencia y protagonismo masculino: Hockey patines. Cómplice una disminución radical de la participación de las niñas a las filas de este deporte, la calidad de su enseñanza se ha quedado en el tiempo convirtiéndose en un fuerte límite para su desarrollo y competitividad. Al mismo tiempo, las mujeres ya no encuentran un lugar en él disminuyendo aún más su ya baja participación.

La propuesta, coordinada por la Federación Española de Patinaje (líder mundial en los deportes Roller), se plantea (re)lanzar el sector femenino y acercar a las niñas a este deporte a través de una acción orientada a:

1. la consolidación de las competencias técnicas de los entrenadores de los 3 Clubes participantes (a través del intercambio entre socios y de una acción de capacitación que llevará adelante el líder "formación de formadores");
2. la implementación paralela de un método común de enseñanza en los tres contextos participantes al proyecto que permita una evaluación conjunta de resultados alcanzados;
3. la creación de una comunidad europea de jugadoras de hockey capaz de compartir los principios y valores del deporte. El proyecto dejará en herencia material didáctico de enseñanza dirigida a niñas y un método comprobado capaz de medir los progresos en el nivel técnico de jugadoras y entrenadoras. El proyecto será sostenido por un número importante de voluntarios que darán un aporte en todas las tareas de sensibilización previstas (de acercamiento al deporte). Explotando la fuerte posición y visibilidad del líder, el proyecto será difundido a nivel internacional usando los canales ya a disposición de la misma. Al proyecto participan: una Federación Nacional y tres Clubes que actualmente apuestan a las mujeres en el Hockey patines.

The project foresees the development of the feminine sector in a sport characterized by a strong masculine presence: Roller Hockey. Due to a radical decrease in the girls' participation in the ranks of this sport, the quality of their teaching has remained obsolete becoming a strong limit for their development and competitiveness. At the same time, women no longer find a place in it, further diminishing their already low participation.

The proposal, coordinated by the Spanish Skating Federation (world leader in Roller sports), aims to (re) launch the female sector and bring girls to this sport through an action aimed at:

1. consolidating the technical competences of the coaches of the 3 participating Clubs (through the exchange among partners and a training action that will be carried out by the leader "training of trainers");
2. the parallel implementation of a common method of teaching in the three contexts participating in the project that allows a joint evaluation of the results achieved;
3. the creation of a European community of hockey girls players capable of sharing the principles and values of sport. The project will leave teaching didactical documents for girls and a proven method capable of measuring progress at the technical level of players and coaches. The project will be supported by a significant number of volunteers who will give a contribution in all the awareness tasks planned. Exploiting the strong position and visibility of the leader, the project will be disseminated internationally using the channels already available to it. The project involves: a National Federation and three Clubs that currently bet on women in roller hockey.

Spain

Reference: 613194-EPP-1-2019-1-ES-SPO-SSCP

Project Title: SAILING FOR PHYSICAL DISABLE PEOPLE

Project Acronym: SAIL4PD

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,785.00	59,785.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: FUNDACION UNIVERSITARIA
SAN ANTONIO

AVDA JERONIMOS CAMPUS
UNIVERSI S/N UNIVERSIDAD
CATOLICA S

ES 30107 MURCIA



Participants

CON	FUNDACION UNIVERSITARIA SAN ANTONIO	MURCIA	Spain
PA-ASC	ANADOLU HISARI ROWING CLUB	İstanbul	Turkey
PA-ASC	Federacion de vela de la Región de Murcia	Cartagena	Spain
PA-ASC	Limolo Activities Associazione Sportiva Dilettantistica	Cabras	Italy
PA-ASC	SYDDANSK UNIVERSITET	ODENSE M	Denmark
PA-ASC	UNIVERSITA DEGLI STUDI DI CAGLIARI	CAGLIARI	Italy
PA-ASC	YAHT-KLUB KAP G.GEORGIEV-PORT VARNA	VARNA	Bulgaria

Number of members of sport organisations involved: 100

SAILING FOR PHYSICAL DISABLE PEOPLE

The project SAILING FOR PHYSICAL DISABLE PEOPLE (SAIL4PDP) is mostly focused on the E+SPORT specific objective:

- promote voluntary activities in sport, together with social inclusion, equal opportunities and awareness of the importance of health-enhancing physical activity, through increased participation in, and equal access to sport for all.

We remark three elements of the specific objective, appearing in the SAIL4PDD Project:

- Social inclusion, as explained in the paragraph above, regarding inclusion of European citizens with physical disability in a nautical sport as sailing, apparently not available for specific disabilities, as people suffering a spinal cord injury.
- Equal opportunities, in the same line as the previous element, allowing equal opportunities for practising nautical sports for injured people which physical condition, is an obstacle "a priori" for such sport practice.
- Equal access to sport for all, despite the fact of their physical condition or status.

In this project we are talking about ordinary people, not paralimpic athletes, that in a "normal" life would have the opportunity to experience and to practice the nautic sports, alone or together with their families, neighbours or other European citizens in the same condition and situation they are right now.

This project goes a step beyond the so-called blended mobilities, because the target group (citizens with physical injuries, spine cord damage) will meet other ones like them in a virtual learning environment, feeling and sharing together motivations, frustrations, achievements, etc... all the elements involved in the sport practice.

Spain

Reference: 613572-EPP-1-2019-1-ES-SPO-SSCP

Project Title: Skills Development for Sports Volunteering Trainers

Project Acronym: SDxSVT

Eligible Budget (€)	Grant Amount (€)	Co-financing
43,560.00	43,560.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: ASOCIACION INICIATIVA INTERNACIONAL JOVEN

CALLE ARISTOFANES 4 1 1

ES 29010 MALAGA



Participants			
CON	ASOCIACION INICIATIVA INTERNACIONAL JOVEN	MALAGA	Spain
PA-ASC	ASD SAN VENANZO	San Venanzo	Italy
PA-ASC	ASOCIACIJA AKTYVISTAI	KAUNAS	Lithuania
PA-ASC	IASIS	ATHINA	Greece
PA-ASC	Miejski Ośrodek Sportu i Rekreacji w Rybniku	Rybnik	Poland

Number of members of sport organisations involved: 950

Skills Development for Sports Volunteering Trainers

El deporte es una herramienta esencial para garantizar la salud integral de las personas, no solamente física, pero también mental, social y espiritual. El voluntariado es una acción de participación ciudadana que promueve grandes valores como la solidaridad, la cooperación y la comprensión mutua. La existencia de voluntarios en los eventos deportivos es de suma importancia ya que otorgan un valor añadido, no solamente por el apoyo que suponen a la propia organización deportiva, sino también por los valores que transmite. Aún así, hemos detectado que en algunos países los voluntarios no siempre reciben una formación específica que les permita realizar sus acciones voluntarias de correctamente dentro del ámbito deportivo. Esto se debe, en parte, a la falta de herramientas educativas y competencias claves a disposición de los formadores de voluntarios deportivos.

Es por esto que cinco organizaciones de Italia, Polonia, Lituania, Grecia y España, decidimos solicitar el proyecto "Skills Development for Sports Volunteering Trainers", de 12 meses de duración y con los siguientes objetivos:

- Crear una herramienta educativa base y común para el desarrollo de formaciones a voluntarios en el ámbito del deporte validada por los países socios;
- Mejorar las competencias claves de los responsables de formación de voluntarios en el ámbito del deporte de las organizaciones socias y de otros stakeholders,
- Desarrollar la capacidad de las organizaciones deportivas en la gestión y capacitación de voluntarios;
- Crear una red de organizaciones de cuatro países que promuevan la formación, preparación y gestión de voluntarios en el campo deportivo, tanto a nivel local, nacional e internacional.

Para alcanzar estos objetivos hemos diseñado diferentes actividades, entre las cuales destacamos la creación de una herramienta educativa para formar a voluntarios del ámbito del deporte, una formación de formadores y la creación de un booklet y video con los resultados del proyecto.

Sport is an essential tool to guarantee the overall health of people, not only physical, but also mental, social and spiritual. Volunteering is an action of citizen participation that promotes great values such as solidarity, cooperation and mutual understanding. The existence of volunteers in sports events is of utmost importance as they provide an added value, not only in terms of the support they give to the sports organization itself, but also for the values it transmits.

However, we have detected that in some countries volunteers do not always receive specific training that allows them to carry out their voluntary actions correctly within the sports field. This is due, in part, to the lack of educational tools and key competences available to sports volunteering trainers.

Therefore, five organizations from Italy, Poland, Lithuania, Greece and Spain, decided to apply for this 12 month Small Collaborative Partnership called "Skills Development for Sports Volunteering Trainers", with the following objectives:

- Create a basic and common educational tool for the development of training for volunteers in the field of sports validated by the partner countries;
- Improve the key competences of those responsible for training volunteers in the field of sports of partner organizations and other stakeholders,
- Develop the capacity of sports organizations in the management and training of volunteers;
- Create a network of organizations from five countries that promote the training, preparation and management of volunteers in the field of sports, both locally, nationally and internationally.

To achieve these objectives we have designed different activities, among which we highlight the creation of an educational tool to train volunteers in the field of sport, a training of trainers and the creation of a booklet and video with the results of the project.

Spain

Reference: 613047-EPP-1-2019-1-ES-SPO-SCP

Project Title: **Community Football Drivers for social inclusion in deprived districts**

Project Acronym: SIDFOOT

Eligible Budget (€)	Grant Amount (€)	Co-financing
363,070.00	363,070.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **FUNDACION REAL BETIS BALOMPIE**

Estadio Benito Villamarín, Avda. de la Palmera s/n

ES 41012 Sevilla

<https://www.realbetisbalompie.es/fundacionrbb/>



Participants			
CON	FUNDACION REAL BETIS BALOMPIE	Sevilla	Spain
PAR	AALBORG BOLDSPILKLUB AF 1885	AALBORG OST	Denmark
PAR	AGENTIA METROPOLITANA PENTRU DEZVOLTARE DURABILA BRASOV ASOCIATIA	BRASOV	Romania
PAR	FARE NETWORK STICHTING	Amsterdam	Netherlands
PAR	ICSS INSIGHT	LONDON	United Kingdom
PAR	LIVERPOOL CITY COUNCIL	LIVERPOOL	United Kingdom
PAR	STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK	BREDA	Netherlands
PAR	UNIVERSITAT DE LES ILLES BALEARS	PALMA DE MALLORCA	Spain
PAR	WIENER SPORT-CLUB	WIEN	Austria

Number of members of sport organisations involved: 4,000

Community Football Drivers for social inclusion in deprived districts

Present project finds its inspiration in the figure of Jorge Morillo, who has dedicated his entire life to help the most disadvantaged people of Seville, especially those who are living in deprived areas of the city capital. Getting toys for children, organizing sports activities aimed at young people or organizing summer excursions are just some of the many examples of the important social action carried out by Jorge Morillo. After 34 years, he has just put an end to his important social work, in which Real Betis was always present. For this reason, the Real Betis Balompié Foundation wants to continue and extend its work through a sports project framed within E +.

In this sense, the present project aims to be based on the power of football as a tool for social inclusion, especially in the most disadvantaged neighborhoods. Undoubtedly football has experienced a huge boom in recent years, partly thanks to the media, so it is able to reach millions of people and the most inhospitable and disadvantaged places around the world. Therefore, football and its practice have a vital importance as tools for achieving social inclusion and a healthier life for the population of the most disadvantaged areas.

General objective of SIDFOOT is to make use of the huge potential to mobilize of football as a vehicle to promote social inclusion and a healthier life for children and young people living in disadvantaged neighborhoods. So, this project is focused on having a positive influence on the lives of children and young people living in deprived areas and involves activities that will steer young people towards education in values and the creation of healthy environments.

This will be mainly reached through the creation of a figure named as “Community Football Driver”, a kind of agent of change who will have the job of empowering the young participants to learn in an experiential group, in this case through football, promoting their active and consciously involvement.

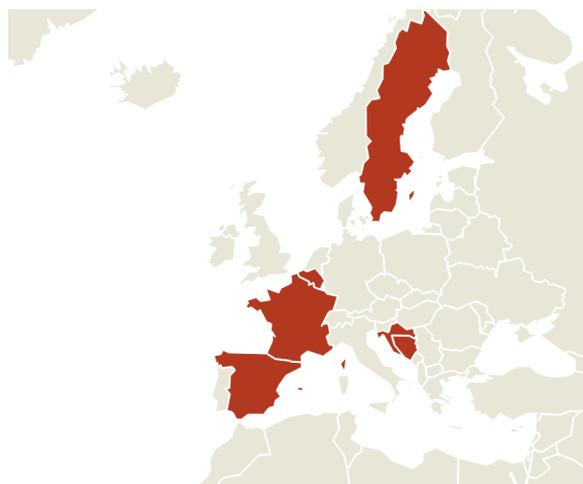
Spain

Reference: 613252-EPP-1-2019-1-ES-SPO-SCP

Project Title: Opportunities for inclusion of vulnerable youth through sport

Project Acronym: SportOP

Eligible Budget (€)	Grant Amount (€)	Co-financing
381,303.00	381,303.00	100.00 %



Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **AJUNTAMENT DE GRANOLLERS**
PLACA DE LA PORXADA 6
ES 08401 GRANOLLERS

Participants			
CON	AJUNTAMENT DE GRANOLLERS	GRANOLLERS	Spain
PAR	COMMUNE DE GRIGNY	GRIGNY (ESSONNE)	France
PAR	HET GEMEENSCHAPSONDERWIJS	BRUSSEL	Belgium
PAR	HRVATSKI AKADEMSKI SPORTSKI KLUBOVI MLADOST SVEUCILISTA U ZAGREBU	ZAGREB	Croatia
PAR	LUGI HANDBOLLSFORENING	LUND	Sweden
PAR	UDRUZENJE ZA PROMOCIJU SPORTA MARATHON	Sarajevo	Bosnia and Herzegovina
PAR	UNIVERSITAT DE BARCELONA	BARCELONA	Spain

Number of members of sport organisations involved: 1,000

Opportunities for inclusion of vulnerable youth through sport

The purpose of the Sport!OP! project -Opportunities for inclusion of vulnerable youth through sport - is to develop local community-based strategies using sports as a vehicle of social inclusion. The project targets most socially vulnerable young people, between the age of 8-20 years – with special attention to girls - & aims to design & implement an intervention based on the promotion of resilience through the practice of sport. Inviting up until today separated groups, requires joint efforts between several players on the local & regional level, and that is why the Sport!OP! takes a multi-stakeholder approach, in which public, private & voluntary organizations have an interest & a role to play. This provides an opportunity to use an integrative approach & to create a network of local key stakeholders working together towards the same objective. This will be achieved with the consolidation of the local community-based strategies (SO1), which will form a Strategic Action Plan (IO3). In addition, the partnership will uncover good practices related to sport activity proving a socio-educational value (SO2), gathered in the Mapping (IO1), design & implement a pilot methodology promoting resilience through sport activities (SO3) with the Methodological Handbook (IO2) & finally, evaluate & consolidate the key lessons learned (SO4) to define a socio-educational proposal, replicable to other contexts, & elaborate useful policy recommendation (IO4). The project will focus on small to medium sized municipalities facing social deprivation in its neighbourhoods from Spain, France, Belgium, Sweden, Croatia, Bosnia & Hercegovina. As a bottom-line, the project expects to build resilience and improve social & life skills, ultimately increasing the welfare of the socially vulnerable young groups and their participation in sport activities – especially from girls, while having better interaction & a sense of belonging with the local societies.

Spain

Reference: 613496-EPP-1-2019-1-ES-SPO-SCP
Project Title: Sport Towards Employment Possibilities for youth migrants and refugees / STEP4youth
Project Acronym: STEP4yo

Eligible Budget (€)	Grant Amount (€)	Co-financing
374,570.00	374,570.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: FUNDACIO PRIVADA FUTBOL CLUB BARCELONA

Calle Aristides Maillol s/n

ES 08028 Barcelona

<https://fundacio.fcbarcelona.cat/>



Participants			
CON	FUNDACIO PRIVADA FUTBOL CLUB BARCELONA	Barcelona	Spain
PAR	COOPERATIVA PROSPETTIVA SOC. COOP. SOCIALE	CATANIA	Italy
PAR	DANSK FLYGTNINGEHJAE LP FORENING	KOBENHAVN K	Denmark
PAR	ORGANOSI GI	ILIOU ATTAKIS	Greece
PAR	STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK	BREDA	Netherlands

Number of members of sport organisations involved: 70

Sport Towards Employment Possibilities for youth migrants and refugees / STEP4youth

The objective of STEP4youth is to design, test and evaluate a new sport-based intervention that introduces and improves employability knowledge, skills and networks in order to foster the social inclusion of refugee and migrant youth (including unaccompanied minors and youth at highest risk) in Europe. This new Programme will focus on soft skills valued by employers, such as commitment, motivation, teamwork, flexibility, leadership, time-management or creativity and problem-solving to name few. Working and strengthening these skills will allow a group of 180 refugees and migrant youth from Spain, Greece and Italy to be better equipped when entering the labour market. Having a job is crucial for their independency and self-reliance and facilitates their social inclusion and integration in Europe. The programme, inspired by the best European practices linking sport and social inclusion, will be delivered by a pool of 90 educators and coaches trained in the new methodology. Furthermore, the project will connect refugees and migrants with a group of 15 companies through the so-called BRIDGE events, an ideal platform for employers to seek for new talent duly trained by the Programmes' methodology. Another key output of the project is the design of a systematization process to evaluate and assess the intervention, and from there extract conclusions, lessons learned and recommendations for the EU sporting community. Dissemination of project results is ensured through the wide international network of the project partners, and at least 20 new European organizations will be identified to share with them the STEP4youth values and seek their adhesion to the network. The project is led by the Barça Foundation, partnering with Organization Earth, Prospettiva Cooperative, the Danish Refugee Council and the European Football for Development Network.

Spain

Reference: 613704-EPP-1-2019-1-ES-SPO-SSCP

Project Title: Sport for Gender Equity

Project Acronym: SxE

Eligible Budget (€)	Grant Amount (€)	Co-financing
44,770.00	44,770.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: ASOCIACION INICIATIVA INTERNACIONAL JOVEN

CALLE ARISTOFANES 4 1 1

ES 29010 MALAGA

www.aiij.org



Participants			
CON	ASOCIACION INICIATIVA INTERNACIONAL JOVEN	MALAGA	Spain
PA-ASC	ASSOCIAZIONE TRAVELOGUE	MARSCIANO (PG)	Italy
PA-ASC	Beyond 96 Youth Club	Ballyfermot	Ireland
PA-ASC	Cyprus Girls Can	Nicosia	Cyprus
PA-ASC	FUNDACJA EUROPEJSKI INSTYTUT OUTSOURCINGU	ORZESZE	Poland

Number of members of sport organisations involved: 400

Sport for Gender Equity

"Sport for Gender Equity" (SxE) es un proyecto de asociación en colaboración a pequeña escala que involucra a organizaciones de cinco países europeos (Chipre, Irlanda, Italia, Polonia y España). Es un proyecto de 12 meses de duración que empieza el 1 de enero de 2020 y finaliza el 31 de diciembre de 2020.

Los principales objetivos del proyecto son:

- Mejorar las competencias claves de los y las profesionales del ámbito del deporte para que puedan desarrollar proyectos y/o actividades que contribuyan a la igualdad de género y a la lucha contra la violencia de género;
- Genera un espacio para la reflexión sobre parámetros, comportamientos y actitudes que tenemos derivados de la sociedad patriarcal;
- Intercambiar experiencias, buenas prácticas y metodologías y desarrollar nuevas herramientas educativas entre organizaciones y profesionales de cinco países europeos;
- Crear una red internacional de organizaciones que trabajen el deporte como una herramienta socioeducativa de justicia, transformación social, inclusión, igualdad y desarrollo integral.

Para alcanzar estos objetivos hemos diseñado diferentes actividades que incluyen una reunión de coordinación, una fase de trabajo local, un seminario internacional, una fase de implementación de talleres y actividades deportivas a nivel local, la creación de los dos principales productos (eBook y video), una conferencia final de presentación de los resultados y eventos locales de multiplicación.

Una vez desarrollado el proyecto, consideramos que los y las profesionales estarán formados/as para desarrollar actividades y/o proyectos de mejor calidad sobre igualdad de género y empoderamiento de la mujer a través del deporte, siendo agentes de cambio de sus comunidades.

"Sport for Gender Equity" (SxE) is a small collaborative partnership project that involves organizations from five European countries (Cyprus, Ireland, Italy, Poland and Spain). It is a 12-month project that starts on January 1, 2020 and ends on December 31, 2020.

The main objectives of the project are:

- To improve key competences of professionals in the field of sport for developing activities and/or projects that contribute to gender equality and to fight against gender violence;
- To generate a space of reflection on parameters, behaviours and attitudes that we have derived from the patriarchal society;
- To exchange experiences, good practices and methodologies and develop new educational tools among organizations and professionals from five European countries;
- To create an international network of organizations that work with sport as a socioeducational tool for justice, social transformation, inclusion, equality and comprehensive development.

To achieve these objectives, we have designed different activities that include a coordination meeting, a phase of Local Activities, an international Seminar, a phase for the implementation of workshops and sports activities at local level, the creation of the two main outputs of the project (eBook and video), a Final Conference to present the results and local multiplier Events.

Once the project has been developed, we consider that the professionals are trained to carry out better-quality activities and/or projects on gender equality and women empowerment through sports, being agents of change in their communities.

Spain

Reference: 613235-EPP-1-2019-1-ES-SPO-SSCP

Project Title: Let's warm up the climate for sport

Project Acronym: Warm-up

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,735.00	56,735.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **EQUIS - EQUILIBRI SOSTENIBILE**
Carrer Enamorats 135-137
ES 08026 Barcelona



Participants

CON	EQUIS - EQUILIBRI SOSTENIBILE	Barcelona	Spain
PA-ASC	Darko Athletics Team	sofia	Bulgaria
PA-ASC	DIETNES KENTRO OLYMPIAKIS EKEXEIRIA	ATHINA	Greece
PA-ASC	UNIVERSITATEA DUNAREA DE JOS DIN GALATI	GALATI	Romania

Number of members of sport organisations involved: 1,500

Let's warm up the climate for sport

The Partners share the vision that environmental sustainability, reaching a inner dimension of people, can help unite people regardless of the cognitive, linguistic, educational barriers and can help magnifying the impact of sport in such dimension, with the consequent indisputable value within the current on-going process of building a shared EU citizenship. The transnational context of this project will allow to implement and test this vision, which can reach its full potential only where carried out at EU level. In this perspective this Small Collaborative Partnership will be a platform to test the contents and methodology proposed within this project scope, also as suitable cooperation scheme among Partner with different cultural and geographical backgrounds. The "Warm-up" project is an attempt to conceive and provide an original bottom-up specific response to the several challenges identified at EU level: the project as a whole, the activities for the identification and exchange of good practices and the rest of complementary activities have been conceived from a EU perspective. At the foundation of the project there's the interest, will and commitment of Partners in sharing good practices for skills development in and through sport, based on synergies between grassroots sport/physical activity and environmental sustainability, framing them in the different Partners social, cultural, economic, regulatory backgrounds and contexts as well as organizational practices, which differs due to historical, geographical as well as other causes. Activities at the national levels would not be of sufficient scale to enable the identification and comparison of the good practice. The cross-national aspect of this study allows for such comparisons, because it enables an examination of the influence from various experiences and practices in Countries with different habits and policies.

Sweden

Reference: 613063-EPP-1-2019-1-SE-SPO-SSCP

Project Title: Freedom on Water - Canoeing for People with Physical or Intellectual Impairment

Project Acronym: FWCPPII

Eligible Budget (€)	Grant Amount (€)	Co-financing
51,850.00	51,850.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: SVENSKA KANOTFORBUNDET

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SE 932 37 Ursviken

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Participants

CON	SVENSKA KANOTFORBUNDET	Ursviken	Sweden
PA-ASC	Dansk kano og Kajak Forbund	Brøndby	Denmark
PA-ASC	SPORT REHABILITATION ASSOCIATION START	POZNAN	Poland
PA-ASC	SUOMEN MELONTA- JA SOUTULIITTO RY	Helsinki	Finland

Number of members of sport organisations involved: 12

Freedom on Water - Canoeing for People with Physical or Intellectual Impairment

The aim of the project is to create favourable conditions for people with physical or intellectual impairment to get involved in canoe clubs, meet others and have a great time paddling together. The goal is to find and invite, inspire and activate the target group, to increase the number of club members with physical or intellectual impairment. To enable the goal, the project aims to increase knowledge on methods and pedagogy for the best coaching techniques for the target group, find out what is needed in terms of, equipment, structure and organisation in canoe clubs and how to reach out.

The project draws on the sureness of the possibilities of freedom of movement physically and emotionally through paddling activities for people who might in other regards feel restricted. Too few canoe clubs and paddling venues are accessible to people with physical or intellectual impairment. Through the project, the project partners will have the chance to help and ease for the target group to be a socially, emotionally and practically included and active part in the regular canoeing activities.

A network will be established. At three workshop sessions, the network will examine research, analyse methods and discuss approaches and organisation. The network will plan the activities that will take place to implement methods and knowledge. Activities include instruction to coaches, outreach work, awarenessraising, enrolling paddlers from the target group, hold taster sessions and training sessions, as well as recreational paddling trips, target group involvement in project development and webinar to launch project results and free to use documentation.

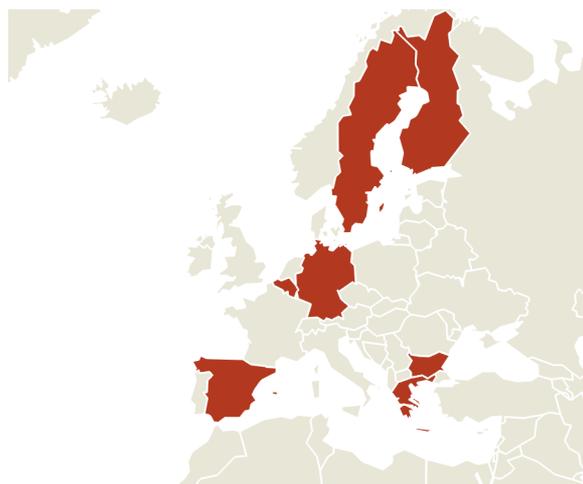
Sweden

Reference: 613271-EPP-1-2019-1-SE-SPO-SCP

Project Title: Sport & Psycho-social Initiative for Inclusive Training

Project Acronym: SPIRIT

Eligible Budget (€)	Grant Amount (€)	Co-financing
379,995.00	379,995.00	100.00 %



Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: EUROPEAN NON-GOVERNMENTAL SPORTS ORGANISATION

BOX 11016

SE 11016 STOCKHOLM

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Participants			
CON	EUROPEAN NON-GOVERNMENTAL SPORTS ORGANISATION	STOCKHOLM	Sweden
PAR	BULGARIAN UNION FOR PHYSICAL CULTURE AND SPORT	SOFIA	Bulgaria
PAR	HELLENIC MINISTRY OF CULTURE AND SPORTS	ATHENS	Greece
PAR	INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION EV	BERLIN	Germany
PAR	ITTF FOUNDATION	Leipzig	Germany
PAR	MINOR-NDAKO & JUNA	BRUXELLES	Belgium
PAR	MONALIIKU-MONIKANSALLISTEN NAISTENHYVINVOINTI JA LIIKUNTA RY	Helsinki	Finland
PAR	SUOMEN MIELENTERVEYSSEURA RY	HELSINKI	Finland
PAR	UNIO DE FEDERACIONS ESPORTIVES DE CATALUNYA	BARCELONA	Spain
PAR	VLAAMSE ATLETIEKLIGA	Brussel	Belgium

Number of members of sport organisations involved: 120

Sport & Psycho-social Initiative for Inclusive Training

Mental illnesses are some of the most prominent health problems in the world today, directly affecting up to 25% of the world population. People that have endured trauma, such as refugees, are even more likely to experience mental health issues.

Sport and physical activity have been demonstrated to have positive effects on mental health, and many researchers suggest that sport – especially organised sport – can provide a useful setting for preventing and addressing mental health problems. To unlock this potential, the SPIRIT project aims at developing a framework for humane, inclusive and empowering coaching that nurtures good mental health.

Basing on the collection and analysis of evidence-based research and best practice, a set of recommendations will be developed to push for change top-down, targeting stakeholders responsible for coach education at the highest level.

In order to transform sport at the grassroots level directly, we will develop a handbook for inclusive coaching. For maximum impact, an online learning tool will be developed to provide innovative and easy-access training for coaches.

In the course of the SPIRIT project, 13 national and international events will be organised in Germany, Finland, Greece, Spain, Belgium and Bulgaria, targeting groups such as coaches, sports clubs, national sports confederations and National Olympic Committees, sports federations, universities, mental health organisations, refugee organisations, and decision-makers at different levels.

The implementation of the concept of positively humane coaching can decrease drop-out levels in sport, thus increasing physical activity and improving public health. Moreover, vibrant and welcoming sports clubs result in more cohesive communities and societies, enhancing social inclusion.

Sweden

Reference: 613040-EPP-1-2019-1-SE-SPO-SSCP

Project Title: Social Sport, Inclusive Community

Project Acronym: SSIC

Eligible Budget (€)	Grant Amount (€)	Co-financing
51,910.00	51,910.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: SVENSKA UNGDOM LEAGUE

LILLATORPSGATAN 11

SE 416 55 GOTEBOG



Participants

CON	SVENSKA UNGDOM LEAGUE	GOTEBOG	Sweden
PA-ASC	Norway Active Association	Drammen	Norway
PA-ASC	RIJEKA SPORTS ASSOCIATION FOR PERSONS WITH DISABILITIES	RIJEKA	Croatia
PA-ASC	SCAMBIEUROPEI	Bologna	Italy

Number of members of sport organisations involved: 200

Social Sport, Inclusive Community

“Social Sport, Inclusive Community” is a small collaborative partnerships project wanting to foster the sense of an inclusive European society through the importance of an accessible sport practice open to each groups by including people with difficulties and with fewer opportunities in daily activities.

The project will involve local motivators who will create local activities and also support an Instagram page and a series of podcast to strengthen the experience sharing.

Motivators and partners will raise awareness among other people and local communities on the importance of being active and inclusive, by having the tools to improve people standards in an accessible and innovative way.

Sport should be seen as a way to grow personally but also socially. To live better with themselves and with the others, by creating the sense of a community that can improve and be improved.

Sweden

Reference: 613250-EPP-1-2019-1-SE-SPO-SSCP

Project Title: Together through Games: Traditions for Better Future

Project Acronym: TGTBF

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,365.00	59,365.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: NORDIC EUROPEAN MOBILITY

BREDBYPLAN 4

SE 163 71 STOCKHOLM

<http://nordiceumobility.eu>



Participants

CON	NORDIC EUROPEAN MOBILITY	STOCKHOLM	Sweden
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	CHAMPIONS FACTORY IRELAND LIMITED	Dublin	Ireland
PA-ASC	Norway Active Association	Drammen	Norway
PA-ASC	Olympic Amager Kultur	KASTRUP	Denmark

Number of members of sport organisations involved: 86

Together through Games: Traditions for Better Future

“ Together through Games: Traditions for Better Future ” addresses the topic “Promote European traditional sports and games” . Through the collaboration of transnational partnership of 5 partners from 5 different countries the project will collect 10 Traditional Sports and Games (two from each partner country) in digital Handbook and in a Video Catalogue and will promote them in a Awareness raising activity organised with more than 100 youngsters, additionally minimum 30 Local workshops organised in the partner countries. Thus, the partnership brings together a range of key partners actively working to promote sports and sports values and will contribute the partners, involved sports experts, sports youth workers, involved youth, external organisations and individuals, and relevant stakeholders.

“Together through Games: Traditions for Better Future ” has a comprehensive work program, including 3 interrelated and interconnected activities :

1. Kick-Off Meeting in Stockholm, Sweden
2. Training Course “ Together through Games: Traditions for Better Future” in Copenhagen, Denmark
3. Awareness raising activity and Closing Conference Drammen, Norway

During the implementation the “ Together through Games: Traditions for Better Future” activities each partner organization will ensure quality implementation of the respective activity they host, taking care of all components. Through the quality implementation the the project will achieve the following results:

1. Video Catalogue with 10 Traditional Sports and Games
2. European Collaborative Sport Game
3. Handbook in which all traditional games and sports will be described in detail
4. A web-page in which all the activities and results of the project will be gathered
5. A unique logo and visual identity with which we will ensure the recognition of the project
6. Partners network

Turkey

Reference: 613613-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Combating with Hazards Through Olympic Values

Project Acronym: -

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,575.00	57,775.00	98.63 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **TURK SPOR VAKFI**
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www.turksporvakfi.org



Participants

CON	TURK SPOR VAKFI	Istanbul	Turkey
PA-ASC	BAYRAMPASA GENCLIK SPOR KULUBU DERNEGI	Istanbul	Turkey
PA-ASC	BK Klatovy z.s.	Klatovy	Czech Republic
PA-ASC	Miejski Osrodek Sportu i Rekreacji w Rybniku	Rybnik	Poland
PA-ASC	Siauliu Juliaus Janonio gimnazija	Siauliai	Lithuania

Number of members of sport organisations involved: 22

Combating with Hazards Through Olympic Values

Contemporary society is marked by high complexity, uncertainty and rapid changes and young people represent a highly vulnerable population. Sport is commonly intended as a privileged educative setting, a sort of universal language that can unite people and can be beneficial for social cohesion and inclusion. By taking into consideration of this feature of sport has important key roles to promote and protect amateur and professional athletes all around the world.

In this project we aim to educate young athletes to protect themselves from health and safety hazards during their career in sports and to adapt this awareness throughout their lives.

The Olympic Charter establishes the values an athlete should possess. We are aiming to reach as many young athletes as possible and teach them these values. On the other hand; olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. blending sport with culture and education, olympism seeks to create a way of life based on the joy found in effort, the educational value of good example and respect for universal fundamental ethical principles.

In order to reach to a level of society with people respecting themselves and each other we should start giving this line of education to youngsters of 12 to 16 years of age which is the target group in our project.

In order to respect themselves they should possess ethical standards, they should eat healthy food which will directly affect their athletic performance as well as their life standards. They should definitely avoid drugs and doping materials. They should learn to respect their opponents and accept losses maturely. They should continue their basic and intellectual education besides sports.

Turkey

Reference: 613064-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Experiential Learning for Education Through Sports

Project Acronym: -

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,950.00	59,950.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: DENEYIMSEL EGITIM MERKEZI
DERNEGI

ICERENKOY MAH. USKUDAR YOLU
CAD. BINGOLLER SOK. NO D1
ICERENKOY-ATASEHIR

TR 34752 ISTANBUL



Participants

CON	Participant Name	Location	Country
CON	DENEYIMSEL EGITIM MERKEZI DERNEGI	ISTANBUL	Turkey
PA-ASC	ASSOCIATION OF CITIZENS CEFE MACEDONIA SKOPJE	SKOPJE	Republic of North Macedonia
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	TENIS ESKRIM DAGCILIK SPOR KULUBU DERNEGI	Istanbul	Turkey
PA-ASC	ZAVOD ZA IZOBRAZEVANJE IN INKLUZIJOODTIZ	Ljubljana-Polje	Slovenia

Number of members of sport organisations involved: 2

Experiential Learning for Education Through Sports

Experiential learning methodology can be considered as a useful methodology for upgrading sport activities from being solely activities to a mutual existence of sports and learning dimensions in the same activity. This might be briefly stated as experiential learning for education through sport.

Considering (1) the nature of sport activities and (2) the need to promote education in and through sport with special focus on skills development; it is quite suitable and functional to integrate experiential learning methodology with sport activities that are already providing an “inherent possibility” for serving as a learning opportunity. Furthermore, this also might be implemented for “education in and through sport activities” as well in order to expose their learning potential.

Experiential Learning for Education Through Sports Project aims to contribute for the enhancement of education in and through sports based on experiential learning methodology with special focus on skills development. And the Specific objectives of our project can be stated as:

1. To improve experiential learning based educational capacities of sport and youth organizations & their staff that are using sport as a tool
2. To develop experiential learning based tools and methods for sport activities in order to increase the educational potential of sport activities.

Target groups are determined as youth and sport organizations that are using sport in their activities, their staff and young people with fewer opportunities who are participating in these sport activities.

Young people with fewer opportunities are going to be participating in the local implementations for developing experiential learning based tools and methods which will contribute especially for their soft-skill development through sport activities enhanced with learning dimension.

Turkey

Reference: 613372-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Bocce For Everyone form 7 to 70 Years

Project Acronym: BforAll

Eligible Budget (€)	Grant Amount (€)	Co-financing
56,925.00	56,925.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI**

INCILLI MAHALLESİ, PLAJ
CADDESİ, HOCAOĞLU PASAJI
SİTESİ 19

TR 54500 KARASU

www.kargenc.com



Participants			
CON	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey
PA-ASC	ASOCIATIA LIBER LA EDUCATIE, CULTURA SI SPORT	BUCURESTI	Romania
PA-ASC	BOSNIAN REPRESENTATIVE ASSOCIATION FOR VALUABLE OPPORTUNITIES	Sarajevo	Bosnia and Herzegovina
PA-ASC	SPORT VIV	SAMOBOR	Croatia
PA-ASC	Turkish Bocce Bowling and Darts Federation	Ankara	Turkey

Number of members of sport organisations involved: 9

Bocce For Everyone form 7 to 70 Years

The project includes 5 partners and the partners are from Turkey (2), Romania, Croatia, and Bosnia and Herzegovina. The project is about social inclusion of people in rural areas because children, women, men and elder people in rural areas do not have any social activities and spend their lives on their own daily routines. On the other hand, EU Member States and their regions draw up coordinated rural development programmes (RDPs), which follow a set of common priorities including 'promoting social inclusion'.

Thus, we aimed to help these people have a more active life and do exercise by using Bocce sport as a tool. In our project, Bocce coaches will teach this sport to children of 10-14 age groups with Physical Education teachers at schools and then children who get this sport skill will be asked to teach this sport to their families and people in the region. After that, a local bocce tournament will be organized in the region and people in the rural area will be encouraged to attend it. The children will be the coaches of their family members. Three winners of the tournament and their coaches will attend to the final bocce tournament in Turkey. In this way, both children and individuals will be involved in social life, and giving responsibility to children will contribute to their personal development. Thus, there will be encouragement to social life and the project will provide equal opportunities in sport for people in rural area.

For the dissemination activities, every organization will prepare a video of their activities and tournaments. They will share all the project activities on social media by using a defined hash tag. There will be created a web-site for the project. The other dissemination ways are press conference, banners, 10 press release online or in printed newspapers, 4 project panels, 100 hats, t-shirts, and wristbands.

Turkey

Reference: 613003-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Darts4Blind

Project Acronym: D4B

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,775.00	58,775.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **KAHRAMANMARAS SUTCU
IMAM UNIVERSITESI**
KSU REKTORLUGU KAYSERI YOLU
10 KM
TR 46100 KAHRAMANMARAS



Participants			
CON	KAHRAMANMARAS SUTCU IMAM UNIVERSITESI	KAHRAMANMARAS	Turkey
PA-ASC	BUDAPESTI EGYESULET A NEMZETKOZI SPORTERT	BUDAPEST	Hungary
PA-ASC	COOPERHABILE-COOPERATIVA SOCIALE ONLUS	FIRENZE	Italy
PA-ASC	MUNICIPIO DE LOUSADA	SILVARES LOUSADA	Portugal
PA-ASC	RIJEKA SPORTS ASSOCIATION FOR PERSONS WITH DISABILITIES	RIJEKA	Croatia

Number of members of sport organisations involved: 180

Darts4Blind

As we know, many visually impaired individuals live in the world and throughout Europe. Visually impaired individuals face many problems throughout their lives. The deficiencies of the physical environment such as the lack of preparedness for the individuals, the insensitivity of the people and the state policies prevent the visually impaired individuals from continuing their lives comfortably. Therefore, visually impaired individuals face many mental and sensory problems. In response to these problems, Visually Impaired Individuals prefer a lonely life by creating their own worlds away from social life and people.

Kahramanmaraş Sütçü İmam University School of Physical Education and Sports has developed and modified the sport of darts for the visually impaired. Together with our Project Partners, we will establish a European Network and spread the Darts sport in the visually impaired individuals. Thus, the integration of visually impaired individuals into social life will be one of our goals.

Turkey

Reference: 612931-EPP-1-2019-1-TR-SPO-SCP

Project Title: Encouraging students to pursue grassroots sports activities outdoor in an Eco-friendly manner

Project Acronym: ECOCOM

Eligible Budget (€)	Grant Amount (€)	Co-financing
388,853.00	388,853.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **GAZI UNIVERSITESI**
GAZI UNIVERSITESI REKTORLUGU
PROJELER KOORDINASYON
MERKEZ
TR 06500 ANKARA



Participants

CON	GAZI UNIVERSITESI	ANKARA	Turkey
PAR	AUSTRIAN ASSOCIATION OF INCLUSIVE SOCIETY (AIS) - VEREIN FUR EINE OFFENE GESELLESCHAFT	WIEN	Austria
PAR	MARIE CURIE ASSOCIATION - MCA	PLOVDIV	Bulgaria
PAR	MINISTRY OF NATIONAL EDUCATION	Osmaniye	Turkey
PAR	PERIFEREIAKI DIEFTHYNSI PROTOVATHMIAS & DEFTEROVATHMIAS EKPAIDEFISIS THESSALIAS	LARISSA	Greece
PAR	VZGOJNO-IZOBRAZEVALNI ZAVOD ANTONAMARTINA SLOMSKA MARIBOR	Maribor	Slovenia

Number of members of sport organisations involved: 1,500

Encouraging students to pursue grassroots sports activities outdoor in an Eco-friendly manner

The project aims to provide a framework and training materials for sport teachers and trainers that will be able to conduct several trainings to youngsters (at school aged 7-16 years old) and youth at sport clubs on implementing sports activities that embrace nature as an entity to be respected from an ecological point of view, reducing and avoiding any impact on the nature from exercising sports activities (destroying forest grounds, damaging plants and wildlife, etc.).

By undertaking such awareness training among youngsters, sustainable and ecology friendly sports and health enhancing physical activities will be propagated. Students and youth will be stimulated to learn more about ecology education as well as to play grassroots sports including possibilities to find solutions, working together in realising them and strengthening their social skills in propagating the social inclusion impact to other peers and stakeholders, thus creating an "awareness ecosystem via sports" with direct results.

Our target group are:

- sport youth leaders and workers that are organising sports activities
- current active sports / physical education teachers/trainers
- students/youngsters (aged between 7 and 16)
- all citizens in the society

What is the solution that this consortium suggests?

- IO1: A "Train the trainer" guidebook for sports teachers and trainers that focus on how to organise and conduct an environmental grassroots sport activities in schools and at non-formal actions by sports & youth organisations (train the trainer approach)
- IO2: A handbook "How to pursue sports activities outdoor in an Eco-friendly manner" for conducting a sport activity by child / youngsters himself/herself considering tips and tricks that they could follow-up while preparing or implementing relevant sports activities in Eco-friendly manner.
- IO3: A multilingual mobile app integrated via online informative community portal with instructive educational training videos

Turkey

Reference: 613458-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Integration of Refugees Through Sport

Project Acronym: IRTS

Eligible Budget (€)	Grant Amount (€)	Co-financing
50,880.00	50,880.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **SORGUN GENCLIK DERNEGI**

CAY MAHALLESİ SAKIR EFENDI
MEYDANI NO 8/108

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Participants

CON	SORGUN GENCLIK DERNEGI	YOZGAT	Turkey
PA-ASC	CENTRO INTERNAZIONALE PER LA PROMOZIONE DELL'EDUCAZIONE E LO SVILUPPO ASSOCIAZIONE	PALERMO	Italy
PA-ASC	FUNDACION UNIVERSITARIA SAN ANTONIO	MURCIA	Spain
PA-ASC	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey

Number of members of sport organisations involved: 14

Integration of Refugees Through Sport

The project aims to promote through sport, social inclusion and equal opportunities for all besides raising awareness of the importance of health-enhancing physical activity. These objectives will be reached through transfer of innovative practices at European, national, but also at regional and local levels and so to contribute to the development of a European dimension of sport. In fact by bringing people together, sport has the potential to make an important contribution to the integration of socially marginalized people, above all when migrants, thus contributing to building communities while fighting attitudes of xenophobia and racism, especially for young that are more responsive to bad influences.

Project focuses on employing the methodology of Education Through Sport (ETS) as a vehicle of upskilling and curricular enhancement of Sport Coaches and Trainers working in the field with disadvantaged target groups with migrant background in the perspective of fostering inclusion and equal opportunities in as well as through Sport for migrants.

The project pursues the specific Erasmus+ Small Collaborative Partnership priorities related to encouraging social inclusion and equal opportunities in Sport. Our Project aims at answering the challenge of social exclusion of migrants in Europe, with a particular focus on addressing the compelling issue of systematic under representation of migrants in non-playing roles within Sport clubs and organizations.

Turkey

Reference: 613398-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Let the disabled join the board

Project Acronym: LetJoin

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,493.00	59,493.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **AKTIF GENCLIK VE SPOR KULUBU DERNEGI**
Esenler Mah. A. Menderes Cad.
Esenkent Sitesi, 17/A D:9
TR 17100 Canakkale



Participants			
CON	AKTIF GENCLIK VE SPOR KULUBU DERNEGI	Canakkale	Turkey
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA DOJO KARATE PYROS	SAN GIOVANNI A PIRO	Italy
PA-ASC	Darko Athletics Team	sofia	Bulgaria
PA-ASC	INSTITOUTO POLITISMOU LAOGRAFIAS ATHLITISMOU KAI NEON TEHNOLOGION	AGIA VARVARA	Greece

Number of members of sport organisations involved: 500

Let the disabled join the board

The project idea arose from the fundamental problems and needs faced by partner organizations in the sporting activities and physical activity processes with young people with disabilities locally.

Our aim is improving local sport and physical activity environments of young people with disabilities. In our project, we use sports and PE activities as a tool for social inclusion of people with disabilities. At the same time, we will also enable the development of disabled sports and the dissemination of sports training for disabled people. Thus, simultaneous gains will be made on the disabled people who constitute the main target group of the project and organizations working on disabled people which are also included in the target group. The problems identified in the project and the parts of the solution will be brought together and the social mobility of the problem-affected groups will be increased. This scope will provide real and sustainable results. For this, units and mechanisms with validity and function will be revealed. Studies starting at the local level will be supported in the European dimension.

With this approach, we have built the project on a multi-faceted collaboration and innovative synergy in the localities of each partner. This cooperation covers all the local public institutions working on the disabled and sports, NGOs and local actors.

The project partners and international management team will implement "a planned management and coordination strategy". The management and coordination strategy consists of a bottom-up organization, support groups and various communication methods.

Project activities were planned in periods; preparation, implementation, evaluation, monitoring and dissemination. We planned the activities to be implemented in this period in 7 groups. These are networking, good practices exchanges, awareness-raising, innovative synergies, capacity building/training, special project activities and transnational meetings.

Turkey

Reference: 613400-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Social Inclusion of Hearing Impaired Youth through Sport

Project Acronym: SIDYS

Eligible Budget (€)	Grant Amount (€)	Co-financing
54,070.00	54,070.00	100.00 %

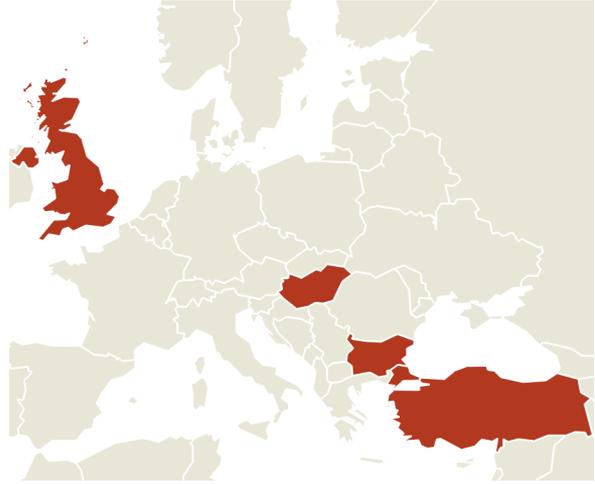
Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: ESENLER GENCLIK VE SPOR KULUBU DERNEGI

Açılım Açık Öğretim ve KPSS Merkezi,
Barbaros Mh. Atatürk

TR 17100 Çanakkale



Participants

CON	ESENLER GENCLIK VE SPOR KULUBU DERNEGI	Çanakkale	Turkey
PA-ASC	BUDAPESTI EGYESULET A NEMZETKOZI SPORTERT	BUDAPEST	Hungary
PA-ASC	CHAMPIONS FACTORY	SOFIA	Bulgaria
PA-ASC	YOUTH INNOVATION LTD	London	United Kingdom

Number of members of sport organisations involved: 450

Social Inclusion of Hearing Impaired Youth through Sport

Young people with disabilities face greater barriers and challenges in every aspect of their lives. With this project we are aiming for social inclusion of young people with hearing impairments young people with fewer opportunities using sport as a tool.

Turkey as the applicant and coordinator, Hungary, UK and Bulgaria are the partner countries of the project. Each participating organisation has a significant role in preparation, implementation and dissemination phases of the project that will last eighteen months. There will be local and transnational events during this project. Turkey, Bulgaria and Hungary will hold a transnational meeting and number of local meetings and workshops in various phases of this project.

Our key innovative activity is to set up Orienteering Sporting Event for Hearing Impaired Youth to ensure their full inclusion in sport activities and in societies Bringing youth with disability, fewer opportunity and their peers together to increase cohesion and inclusion.

The European Union added value of the project is addressing the current discrimination issues disabled youth face (in order to provide more equal opportunity), addressing health issues due to lack of physical activity as well as promoting intercultural dialogue in EU and its neighbouring countries using sport as a tool to achieve these.

The local and regional benefits of their activities are mutual knowledge-transfer between them and locals, and also their organisational practical actions, which develop the local community, encourage them do more physical activities among the young people with disabilities.

With the disseminated results of the projects in Youth Platforms, the project results will be more visible and also will create an an impact in the EU level for the beneficiaries of the European Programme and other institutions. With that, we believe, we'll create an impact in European and international levels.

Turkey

Reference: 613209-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Sport for ALL for Sport: Gathering Popularity for Disabled Sport

Project Acronym: Sport4A

Eligible Budget (€)	Grant Amount (€)	Co-financing
53,430.00	53,430.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2021

Coordinator: **PENDIK BELEDIYESI**
Batı Mah. 23 Nisan Cad. No:11
TR 34890 İstanbul
<http://www.pendik.bel.tr>



Participants			
CON	PENDIK BELEDIYESI	İstanbul	Turkey
PA-ASC	ASOCIATIA CLUBUL SPORTIV EXPERIENTAMULTISPORT	ARAD	Romania
PA-ASC	Gedik University	İstanbul	Turkey
PA-ASC	MUNICIPIO DE LOUSADA	SILVARES LOUSADA	Portugal

Number of members of sport organisations involved: 1,150

Sport for ALL for Sport: Gathering Popularity for Disabled Sport

Sport for ALL for Sport: Gathering Popularity for Disabled Sports / Sport4ALL

The aim of the project is to gather athletes and supporters for the disabled sports. The 18-month-long project will start on 01.01.2020 and end on 30.06.2021. Pendik Municipality (Turkey) will coordinate the project with the partners: Lousada Municipality (Portugal), Asociatia Club Sportiv Experienta Multisport (Romania), and Gedik University (Turkey)

The Targeted Group:

- 8-30 age ranged youth people with disabilities that are able to do sports,
- Abovementioned disabled people's families,
- Potential supporters of disabled sports (sports that can be done by people with disabilities)

The project consists of three phases namely preparation, implementation, and evaluation. In each phase, the visibility and dissemination activities will be held.

In the preparation phase; all the structures of the project activities (surveys, contents of the seminars, website, selection of participants) will be ready to implement

In the implementation phase; each partner will organise sports events and seminars aiming disabled individuals, supporters and families of disabled people in order to gather athletes and supporters for the disabled sports. There will be 18 activities in total:

- 7 Sport Activities,
- 1 Erasmus+ Information Training,
- 4 Emphaty Activities aiming to gather supporters,
- 2 awareness activities aiming the families of target group,
- 1 European Sport Week Event,
- 1 World Disability Day,
- 1 World Down Sydrome Day,
- 1 World Autism Awareness Day.

In the evaluation phase; a quality assessment and final report will be prepare to measure the quality of the project and its activities.

In order to have a successful project management, a kick-off meeting, two midterm meetings, and a final meeting will be organised and a final report will be prepared.

Turkey

Reference: 613339-EPP-1-2019-1-TR-SPO-SSCP

Project Title: Three- Points Shot to Health

Project Acronym: T-PSH

Eligible Budget (€)	Grant Amount (€)	Co-financing
58,225.00	58,225.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2020

Coordinator: **KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI**

INCILLI MAHALLESİ, PLAJ
CADDESİ, HOCAOĞLU PASAJI
SİTESİ 19

TR 54500 KARASU

www.kargenc.com



Participants			
CON	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	KARASU	Turkey
PA-ASC	ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT	SOFIA	Bulgaria
PA-ASC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PA-ASC	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

Number of members of sport organisations involved: 17

Three- Points Shot to Health

Our project is an Erasmus + Small Cooperation Partnership project. The Project, "3 numbers for health" will be implemented between 01.01.2020 and 31.12.2020 under the coordination of Kargenc Club (Turkey), with the partnership RSS (Croatia), BSD (Bulgaria) and MSV Basket (Italy).

The project focuses on the health problems that young basketball players face during the development period. Trainers from 4 partner countries will be given trainings for the muscles and joint groups in which basketball has the most disability. As a result of these trainings, coaches and experts will work together to produce applications that will increase the capacity of the relevant muscle and joint groups. It is one of the objectives of the project that the trainings and developed practices on this subject are widespread in the EU dimension. In addition to the realization of the activities in the workshops to be held in 3 countries, promotional materials (roll-ups, posters, posters) will be used to attract attention.

Project dissemination activities are the responsibility of the partners. Apart from the general activities, participating coach and experts will actively participate in the dissemination activities of the workshop. At the end of the project, a project film will be prepared to introduce the trainings and the applications developed. The film to be prepared will be sent to basketball federation, education directorates, sports clubs, sports academies, social media channels, websites, local TVs and newspapers in every country.

Our project coincides with the objectives of Erasmus + Sports Small Cooperation Partnerships; Protect athletes, especially the youngest, from health and safety hazards by improving training and competition conditions;

United Kingdom

Reference: 613301-EPP-1-2019-1-UK-SPO-SCP

Project Title: iCoachKidsPlus - Digital Coach Education to Enhance Participation, Retention and Development in Youth Sport

Project Acronym: iCK+

Eligible Budget (€)	Grant Amount (€)	Co-financing
398,893.00	398,893.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **LEEDS BECKETT UNIVERSITY**
ROSE BOWL 510 PORTLAND WAY
UK LS1 3HB LEEDS



Participants

CON	LEEDS BECKETT UNIVERSITY	LEEDS	United Kingdom
PAR	DEUTSCHER OLYMPISCHER SPORTBUND (DOSB)	FRANKFURT	Germany
PAR	FIBA-EUROPE EV	MUNCHEN	Germany
PAR	INTERNATIONAL COUNCIL FOR COACHING EXCELLENCE	LEEDS	United Kingdom
PAR	MAGYAR EDZOK TARSASAGA	BUDAPEST	Hungary
PAR	NEDERLANDS OLYMPISCH COMITE-NEDERLANDSE SPORT FEDERATIE VERENIGING	ARNHEM	Netherlands
PAR	SPORT IRELAND	DUBLIN	Ireland
PAR	UNION ROYALE BELGE DES SOCIETES DE FOOTBALL-ASSOCIATION	BRUSSEL	Belgium
PAR	UNIVERSIDAD EUROPEA DE MADRID, SAU	VILLAVICIOSA	Spain

Number of members of sport organisations involved: 900

iCoachKidsPlus - Digital Coach Education to Enhance Participation, Retention and Development in Youth Sport

iCoachKids+ aims to address the current lack of coach education resources to support coaches working with young people. It will use sound and evidence-based principles of adolescent participant development to achieve the following objectives:

1. Enhance participation and decrease attrition (especially in girls)
2. Maximise the health enhancing properties of sport participation
3. Take full advantage of the potential of sport as tool for positive youth development

In order to achieve these objectives, iCoachKids+ proposes the following project activities:

1. Research and report sports participation rates of adolescents across Europe to better understand the overall picture for both male and female participants.
2. Research and report motivations and barriers for sport engagement in European adolescents to better understand why adolescents may or may not engage in sport and why they dropout or stay in sport and understand any differences demographically across Europe.
3. Systematically review current talent identification and development literature to enhance our understanding of what effective TEDs look like from a holistic and differentiated (male and female) development perspective.
4. Research and report exemplary youth sport environments across participation and performance contexts for both male and female youth participants across Europe to identify best practices and support coaches and clubs promote personal and social development through sport.
5. Building of 2 Massive Online Open Courses (MOOCs) and accompanying study guides and infographics for coaches of adolescents to facilitate the mass training of coaches working with adolescents both recreationally and in TDE.
6. Creation of iCoachKids+ Online Platform to host the MOOCs and serve as a hub and repository of information for the European community of adolescents coaches.

United Kingdom

Reference: 613671-EPP-1-2019-1-UK-SPO-SCP

Project Title: **Research-Embedded Strategic Plan for Anti-Doping Education: Clean Sport Alliance Initiative for Tackling Doping in Para-Sport**

Project Acronym: RESPECT

Eligible Budget (€)	Grant Amount (€)	Co-financing
388,415.00	388,415.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: **THE UNIVERSITY OF BIRMINGHAM**
Edgbaston
UK B15 2TT BIRMINGHAM



Participants			
CON	THE UNIVERSITY OF BIRMINGHAM	BIRMINGHAM	United Kingdom
PAR	KINGSTON UNIVERSITY HIGHER EDUCATION CORPORATION	KINGSTON UPON THAMES	United Kingdom
PAR	LEEDS BECKETT UNIVERSITY	LEEDS	United Kingdom
PAR	NATIONALE ANTI DOPING AGENTUR AUSTRIA GMBH	WIEN	Austria
PAR	SLOVENSKA ANTIDOPING ORGANIZACIJA, ZASEBNI ZAVOD ZA PREPRECEVANJE DOPINGA V SPORTU LJUBLJANA	LJUBLJANA	Slovenia
PAR	SPORT IRELAND	DUBLIN	Ireland
PAR	STICHTING ANTI DOPING AUTORITEIT NEDERLAND	CAPELLE AAN DEN IJSSEL	Netherlands
PAR	UNITED KINGDOM ANTI-DOPING LIMITED	LONDON	United Kingdom
PAR	WILLIBALD GEBHARDT INSTITUT FORSCHUNGSINSTITUT FUR SPORT UND GESELLSCHAFT EV	ESSEN	Germany

Number of members of sport organisations involved: 650

Research-Embedded Strategic Plan for Anti-Doping Education: Clean Sport Alliance Initiative for Tackling Doping in Para-Sport

The RESPECT-P project continues and extends the aims of the original RESPECT project to promote clean sport, raise the voices of under-represented and under-served protagonists within sport, and further our understanding on effective approaches to anti-doping education. Specifically, it extends the original work through a focus on clean para-sport, raising the voices of para-athletes and athlete-support personnel, and by promoting understanding on how anti-doping education can best serve para-athletes and athlete-support personnel. It also continues the original work by maintaining and expanding the Clean Sport Alliance Knowledge Exchange Platform. To achieve these overarching aims, we have retained the original eight partners and added two new ones. Collectively, this multi-national and multi-agency team will utilise a range of methods to co-create a series of five intellectual outputs. These outputs will include written reports, films, and open-access online resources designed to support clean sport and doping prevention in non-disabled and para-sport across all competitive levels. As well as disseminating these outputs to key stakeholders from across the EU through two multiplier events, we will also maximise their reach using the expanded knowledge exchange platform. We have purposefully selected the venues for the two multipliers to maximise their impact. Specifically, we will hold the first event in Bonn, the home of two key stakeholders who are supportive of – and likely to be impacted by – the outcomes of this project (i.e., The International Paralympic Committee and the Federal Institute of Sport Science). In turn, we will hold the second event in Birmingham to coincide with the 2022 Commonwealth Games, the only major international mega-event to combine non-disabled sport and para-sport within the same event. In sum, the RESPECT-P project will seek to ensure the EU continues to be at the forefront of the global clean sport movement for many years to come.

United Kingdom

Reference: 613066-EPP-1-2019-1-UK-SPO-SSCP

Project Title: RaceRunning – Speed and Freedom for All

Project Acronym: RUNFREE

Eligible Budget (€)	Grant Amount (€)	Co-financing
59,955.00	59,955.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2021

Coordinator: **CEREBRAL PALSY
INTERNATIONAL SPORTS AND
RECREATION ASSOCIATION**

Suite 102, Fullarton House, 4 Fullarton
Street

UK KA7 1UB Ayr

www.cpisra.org



Participants			
CON	CEREBRAL PALSY INTERNATIONAL SPORTS AND RECREATION ASSOCIATION	Ayr	United Kingdom
PA-ASC	ASSOCIACAO DE PARALISIA CEREBRAL DECOIMBRA IPSS	COIMBRA	Portugal
PA-ASC	DANSK HANDICAP IDRAETS FORBUND	Broendby	Denmark
PA-ASC	QUEEN MARGARET UNIVERSITY, EDINBURGH	MUSSELBURG H EAST LOTHIAN	United Kingdom
PA-ASC	SPIN SPORT INNOVATION	Coburg	Germany

Number of members of sport organisations involved: 450

RaceRunning – Speed and Freedom for All

Sport is a tool to stay healthy and to promote values; and it has great potential to promote social inclusion for people with a disability. However, many Europeans still do not have equal opportunities when it comes to enjoy the benefits of participating in sports; this becomes particularly obvious for people with severe disabilities. It means that persons with severe coordination and motor impairments, with conditions such as Cerebral Palsy, are often excluded from sport and physical activity. This is specifically the case when it comes to aerobic sports and when it comes to enjoying lifelong sports pathways. RaceRunning fills this void and allows people to take part in a sport and to run who before would never have been able to run on their own and to improve their muscle strength and cardiorespiratory health. In order to allow as many individuals with severe disabilities the same access to and pathway in sports as everyone else, the RUNFREE project provides improved and sustainable sport participation opportunities especially tailored for them and promotes their outstanding abilities around Europe. For it, RUNFREE develops a strategic event series concept around the sport of RaceRunning. The event concept includes replicable and adaptable tools with practical recommendations about how to reach out and engage people with CP and related neurological conditions at the local level. Next to Have a Go, training and entry-level competition elements, it includes education elements related to coaching and classification, as well as awareness-raising measures towards the wider public. A special focus is set towards young athletes with CP and their peers. The ultimate goal is to change attitudes towards the abilities of individuals with severe disabilities, and to allow for more individuals with CP and related neurological conditions to enjoy the benefits of being included into sports and society. According to the principle: RaceRunning – Speed and Freedom for All.

United Kingdom

Reference: 613494-EPP-1-2019-1-UK-SPO-SCP

Project Title: Virtual advice, nurture and guidance in undergraduate research and development.
[VANGUARD]

Project Acronym: VANGUARD

Eligible Budget (€)	Grant Amount (€)	Co-financing
399,290.00	399,290.00	100.00 %

Project start: 01/01/2020

Project end: 31/12/2022

Coordinator: UNIVERSITY OF
WOLVERHAMPTON

WULFRUNA STREET

UK WV1 1LY WOLVERHAMPTON



Participants

CON	UNIVERSITY OF WOLVERHAMPTON	WOLVERHAMPTON	United Kingdom
PAR	INSTITUTO DE SAUDE PUBLICA DA UNIVERSIDADE DO PORTO	PORTO	Portugal
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	TARTU ULIKOOL	TARTU	Estonia
PAR	UNIVERSITE DE NICE SOPHIA ANTIPOLIS	NICE	France
PAR	VILNIAUS UNIVERSITETAS	VILNIUS	Lithuania

Number of members of sport organisations involved: 118

Virtual advice, nurture and guidance in undergraduate research and development. [VANGUARD]

There is ample evidence to suggest that physical activity (including sport) is currently the best-buy intervention for preventing as well as ameliorating symptoms of non-communicable diseases (NCDs). Despite this, physical activity is not utilized in clinical practice to inform patients about its benefits as well as to signpost NCD patients to relevant physical activity and sport activities. Capacity building of frontline healthcare professionals is a suggested intervention that can reverse this phenomenon.

The VANGUARD Consortium is a collaborative partnership between six EU Universities, World Health Organization (WHO) and Ministry representatives that aims to address the above challenge, by implementing physical activity in the undergraduate curricula of medical schools and healthcare professional courses. Funded by Public Health England, this project was implemented in the UK with high levels of success and sustainability. This is the reason why it has been highlighted in the recent 2018 WHO physical activity reports, as an exemplar of practice. Our project will be based on the successful methodology of the UK implementation practices, and will look to scale them up, using a strong theoretical / methodological framework, developed by the WHO.

The expected outcomes of the VANGUARD project are that it will create a behavioral shift in clinical practice (via capacity building frontline healthcare professionals) while creating, for the first time, a physical activity implementation guide, to wider EU scale-up.

United Kingdom

Reference: 612968-EPP-1-2019-1-UK-SPO-SCP

Project Title: Understanding and promoting Whistleblowing oN DOPing irregularities in the EU

Project Acronym: WIN-DOP

Eligible Budget (€)	Grant Amount (€)	Co-financing
394,505.00	394,505.00	100.00 %

Project start: 01/01/2020

Project end: 30/06/2022

Coordinator: **UNIVERSITY OF HULL**
COTTINGHAM ROAD
UK HU6 7RX HULL
www.hull.ac.uk



Participants			
CON	UNIVERSITY OF HULL	HULL	United Kingdom
PAR	AGENCIA ESPANOLA DE PROTECCION DE LA SALUD EN EL DEPORTE	MADRID	Spain
PAR	AGENTIA NATIONALA ANTI-DOPING	Buucresti	Romania
PAR	ANTI-DOPING AGENCY OF SERBIA	Belgrade	Serbia
PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece
PAR	ASTIKI MI KERDOSKOPIKI ETAIRIA ATHLITIKIS DIAFANEIAS KAI PROSTASIAS TIS AKERAIOTITAS TOU ELLINIKOU ATHLITISMOU	ATHINA ATTIKI	Greece
PAR	Coláiste Mhuire Gan Smál	Limerick	Ireland
PAR	INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION EV	BERLIN	Germany
PAR	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania

Number of members of sport organisations involved: 2,735

Understanding and promoting Whistleblowing on DOPing irregularities in the EU

Doping undermines the key principles of sport: open and fair competition. Furthermore, doping can cause serious physical and mental health problems to the EU citizens that dope. Although between 1-2% of athletes fail doping tests each year, some studies reveal that over 50% of athletes admit to doping. Therefore, other approaches are required to detect doping offenses. One method is to encourage fellow athletes, coaches, or sporting personnel to blow the whistle on doping. Indeed, whistle-blowing has the potential to result in the detection, investigation, and even prosecution of anti-doping rule violations, which may have otherwise gone undetected.

Despite whistle-blowing being a very effective mechanism of detecting corruption, such as doping in sport, whistle-blowing in sports is not a common practice. This might be because whistle-blowers may face retaliation, which can act as a deterrent, and may explain why many athletes do not report doping violations. Further, understanding the reasons why athletes decide to engage in this practice is of vital importance for the promotion of this practice as a mean to tackle doping use.

In order to promote whistle-blowing, The overarching aim of Win-Dop is to understand more about whistle-blowing and doping, such as: (a) the extent to which European National Anti-Doping Organisations (NADOs) engage in good practices on whistle-blowing and (b) the factors that influence whistle-blowing behaviours. Further, Win-Dop aims to promote whistle-blowing across European member states by improving how EU NADOs manage whistle-blowing and developing pedagogical material to enhance the awareness of doping offences, and promote whistle-blowing across EU member states.

The Win-Dop consortium contains 9 highly experienced and recognised organisations from 7 countries, which will ensure a high-quality and impactful project, which will be disseminated regionally in Europe and internationally.