



Nordic Children and Youth Sports Conference 4.-6.11.2022



NORDIC COOPERATION

- Official Nordic network for the co-operation of children and youth sport
- Sharing information, ideas and knowledge
- Benchmarking
- Motivate Nordic cooperation among sport federations

DATE

NOVEMBER 4-6, 2022

LOCATION

**Gustavelund Hotel <https://www.gustavelund.fi/en>, Tuusula, Finland
(15 min from airport and 30 min from ferry terminal)**

CURRENCY & TIME ZONE

Currency: Euro

Time zone: Helsinki, Finland (1 hour ahead of CET)

TRANSPORTATION

Transfers will be arranged accordingly from the airport/ferry terminal to Gustavelund Hotel. Our Finnish team will meet you at the arrival hall and you will receive an accreditation card.

ADDITIONAL INFORMATION

Dinner on Friday & Saturday (buffet):

- **Dress code: smart casual**
- **Dinner includes one glass of wine/beer**

NORDIC CHILDREN AND YOUTH SPORTS CONFERENCE

Schedule

Friday 4. Nov. 2022

12.30-14.30 Arrival, check in, lunch

14.30 Opening, welcome Tuusulanjärvi-sali (Main conference hall)

- Orientation to the Conference themes, "warm up and icebreaker"
- Presenter/Hostess for the main seminar Jaana Tulla, Director of the Unit for Clubs & Members activities
- Opening speech by Taina Susiluoto, Secretary General of the Finnish Olympic Committee

15.00-16.30 Competition review by André Lachance, Canada

16.30-17.00 Coffee break and snacks

17.00-18.30 Meeting in groups - discussions/workshops on Competition review

- Dance, golf, gymnastics, ice-hockey, figure skating, alpine skiing, tennis, handball, other participants

18.30-20.30 Free time for sports, board games, chilling out and sauna

- Possibility for hiking around Tuusula lake (note: Finnish weather in November)
- Gustavelund hotel has a small gym
- You can find various board games in the hotel lobby
- Separate saunas for men and women

20.30-22.00 Dinner at Gustavelund

- Dress code smart casual

Saturday 5. Nov. 2022

7.00 -> Breakfast

9.20 Busses leaves to URHEA National Olympic Training Center

10.00-14.00 Visit to National Olympic Training Center URHEA, Helsinki

- **Group 1 (Denmark, Norway, Iceland)**

10.15-11.30 URHEA tour

11.30-12.15 Lunch

12.15-13.15 Important role of the coach in the sport system by André Lachance

- **Group 2 (Finland, Sweden, Åland, Greenland)**

10.00-11.00 Important role of the coach in the sport system by André Lachance

11.00-11.45 Lunch

11.45-13.00 URHEA tour

13.15 Busses leaves back to Gustavelund

14.30-15.30 Breakout sessions first round

15.30-16.00 Coffee break / breakout session changing time

16.00-17.00 Breakout sessions second round

Opening words to each session will be given by an expert who have contributed significantly and concretely to the topic. During the opening words, the speaker will explain personal insights and experiences about the topic, as an example of a concrete action. Participants will walk away from the sessions with concrete tools, examples or action plan ideas.

Each participant will choose to attend in two break-out session

- 1: Role of parents in sports (each country present shortly & discussions)
- 2: Sustainability programme in action by **Elina Laine** and **Karoliina Ketola**, Finnish Olympic Committee
- 3: Coaching youngsters on and outside the sports field by **Søren Østergaard**, Denmark

17.00-19.00 Recreative time

- Free time
- Mental Well-being for Young Athletes presentation (project by MIELI)
- Possibility for hiking around Tuusula lake (note: Finnish weather in November)
- Gustavelund hotel has a small gym
- You can find various board games in the hotel lobby

19.00-23.00 Dinner and dance

- Dress code smart casual

Sunday 6. Nov. 2022

7.00-8.45 Breakfast

9-9.30 Conference summary, feedback & future steps

9.30-11 Group talks:

- 9.30-10.30 Evaluations sport by sport
- 10.30-11 Evaluation country by country – what do you bring home with you?

11.00 -> Lunch and travelling back home

- Check your bus timetable to airport/ferry terminal from the lobby desk

For more information:

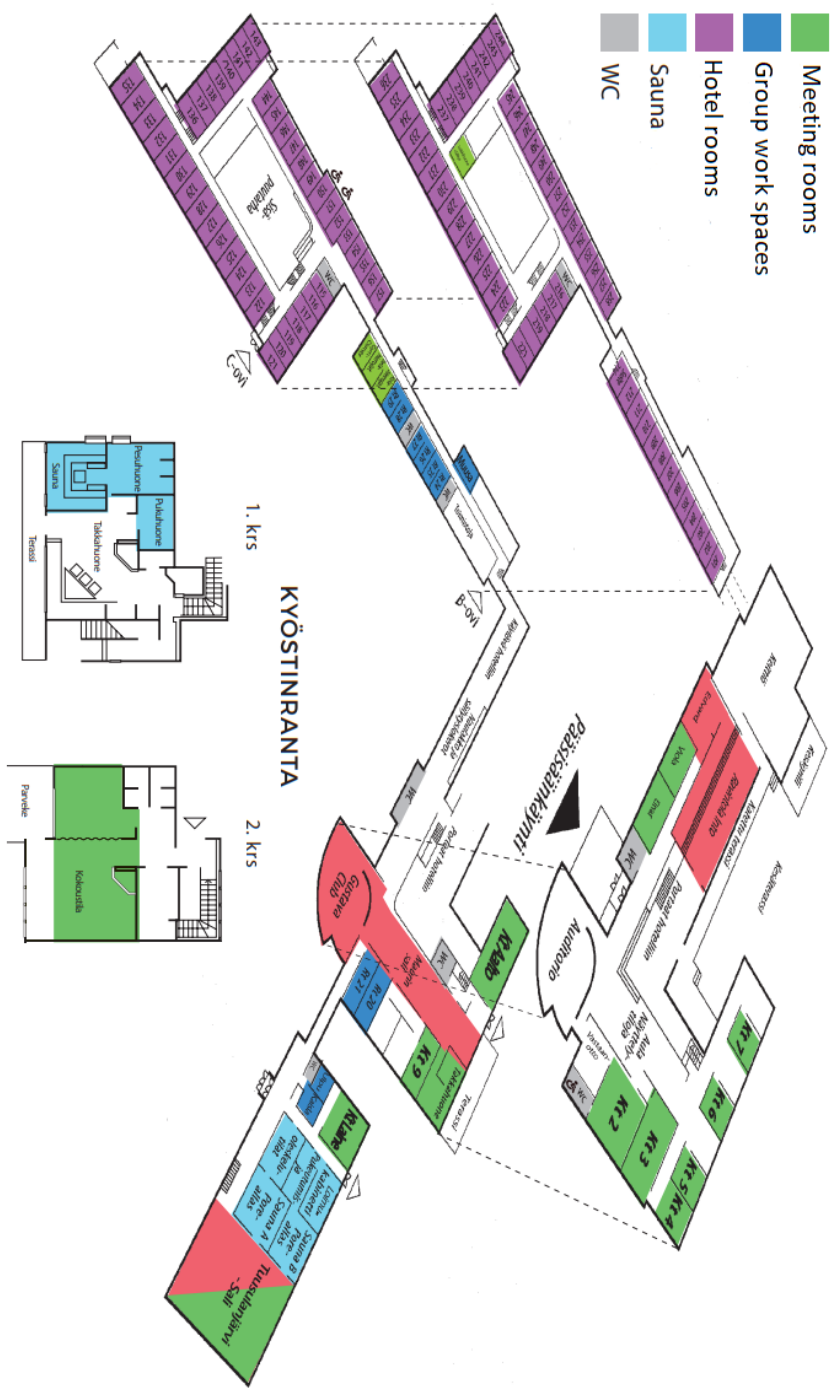
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You can find all materials after conference here:

<https://www.olympiakomitea.fi/seuratoiminta/yhteistyoverkosto/nordic-children-and-youth-sports-network/>

GUSTAVELUND

- Restaurants
- Meeting rooms
- Group work spaces
- Hotel rooms
- Sauna
- WC



1. krs

KYÖSTINRANTA

2. krs